

“My Feelings”

Art and Movement Workshop

DCRCC offers a child-led exploration of emotion, empathy and mindfulness. Participants will explore ways to express their feelings and communicate their needs. Activities include role playing, art projects, call & response, and games.



**Sunday,
September 11**

2:00 pm

Mt. Pleasant Neighborhood Library
3160 16th ST NW
Washington DC, 20010
202-671-3125

dclibrary.org/mtpleasant



Contact for additional information
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