

FAQs for Winter CIA Training—Need to Know Tips

Attendance: Arriving on time to all scheduled workshops is a requirement of graduation and consideration for volunteering on the hotline. Attendance will be monitored by DCRCC.

- You can miss a maximum 2 days of training unless you have already arranged accommodations. *If you have missed any days of training, you are required to make all of them up.*
- *Make up sessions will be scheduled through Amanda based on her availability via email*

Location: Unless otherwise indicated, all trainings will be held at Dominion Church, 5335 1st PI NE (Directly next door to DCRCC). Trainings are scheduled for Monday and Wednesday evenings and select Saturdays. —*see provided training dates for full listing*

Supplies & Materials: All participants are required to bring an empty **composition notebook** and **binder** for use during training. These will stay at DCRCC until Graduation from training. Please bring these with you to the first day of training, Saturday, January 7th.

Communication: If you will be late or absent from training, call and email Amanda to alert her. For any questions and concerns, please email Amanda directly to schedule relevant follow up.

Point People: All regular communication related to training will be communicated via email.

Amanda Lindamood-Director of Training & Community Engagement

Cell: 703-835-1975 **Direct Line:** 202-618-5089

Email: alindamood@dcrc.org

Food: Participants are encouraged to bring food individually and or arrange a potluck schedule with fellow volunteers. Participants are free to eat during training, though DCRCC will not provide food.

- In regards to Potluck items, we are encouraging all food to be vegetarian friendly so we may accommodate as many people as we can

Evaluation: Acceptance into training does not guarantee graduation. Participants will be observed throughout the entirety of training, and any red flags or concerns will be directly communicated.

- All participants are required to complete and submit a pre and post test
- We will administer a group role play evaluation that all participants are required to complete

Graduation: Graduation is held on March 1st, and serves as a transition into DCRCC's volunteer corps. All workshops and required paperwork must be completed prior to then. It is open to friends and family.

Media Consent: DCRCC asks for your consent to photograph training sessions; a consent form will be given for you to choose to sign as you feel comfortable.

Support: DCRCC staff and volunteers are available for any support you may need as things come up during training. Independence and privacy will be balanced with collaboration and self care tools.

Terms of Service: DCRCC provides confidential, crisis support via an anonymous hotline. All communication regarding calls is confidential and protected information. Volunteers are required to take **12 hours of hotline a month** for a minimum of **a year**, as well as attend **monthly in person supervision** to continue refining their skills and monitor your experience and available support system.

CIA Training dates—flow of workshops

Orientation--Monday, December 21st 5-8 pm (Open House)

Saturday, January 7th 10-4 pm Power, Trauma & Consent

Monday, January 9th 6:30-9 pm History & Intro to Movement

Wednesday, January 11th 6:30-9 pm CSA & Youth Development

Wednesday, January 18th 6:30-9 pm Neurobiology & Mental Health

Saturday, January 21st 10-3 pm SAL Scale & Safety Planning

Monday, January 23rd 6:30-9 pm Identity & Systems

Wednesday, January 25th 6:30-9 pm Systems of Power and Rape Culture

Monday, January 30th 6:30-9 pm Gender and Sexual Orientation

Wednesday, February 1st 6:30-9 pm Human Development and Developmental Trauma

Saturday, February 4th 10-4 pm Survivor Centered Advocacy, SART & RTS, Role Play & Hotline Practice

Monday, February 6th 6:30-9 pm Advocacy—Power, Bias and Intersectionality

Wednesday, February 8th 6:30-9 pm Crisis Intervention & Secondary Trauma

Wednesday, February 15th 6:30-9 pm Mandated Reporting, Role and Boundary Setting

Monday, February 20th 6:30-9 pm Coping and Loss

Monday, February 22nd 6:30-9 pm SANE Program, Logistics and Expectations

Wednesday, February 27th 6:30-9 pm Applying DCRCC's Theory of Change

Monday, March 1st Graduation 6:30-8:00 pm

Following Graduation: Regular volunteering programming includes—

- Monthly socials (voluntary)
- Monthly self care events (voluntary)
- Monthly supervision (required)
- Regular DCRCC events (voluntary)