

# **D.C. RAPE CRISIS CENTER**

## **Referral Guide**

**2014-2015**

Revised 2/27/15

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# ABORTION SERVICES

**Funding for abortions:** If callers do not have money to pay for an abortion please have them contact the *D.C. Abortion Fund* at (202) 452-7464 or contact the National Abortion Federation (NAF). If the callers' needs are not met through the D.C. Abortion Fund, Planned Parenthood or NAF, have them call the DCRCC business line at (202) 232-0789 for other referrals.

### **D.C. Abortion Fund**

**Address:** P.O. Box 33722  
Washington, D.C. 20033

**Phone:** (202) 452-7464

**Email:** info@dcabortionfund.org

**Services:** First priority to women who are pregnant because of a sexual assault. They will help others as funds allow. Serves residents in the entire Metro area. Call their hotline and leave a voicemail with all pertinent information and a case manager will get back to you.\*\*

**Website:** [www.dcabortionfund.org](http://www.dcabortionfund.org)

### **Justice Fund Planned Parenthood of Metropolitan Washington**

**Phone:** (202) 347-8500\*\*

**Services:** This Fund is for women going to the Planned Parenthood in Washington, DC. Ask about the Justice Fund when you make your appointment. The Fund can also help pay for contraception, emergency contraception, and ultrasounds.

**Website:** [www.fundabortionnow.org/funds/justice-fund-dc](http://www.fundabortionnow.org/funds/justice-fund-dc)

## Planned Parenthood (Three Locations: DC, Virginia, Maryland)

\*All Planned Parenthood numbers lead to the main recording.

### **Planned Parenthood of Metro Washington:**

**Address:** 1108 16th St. NW  
Washington, DC 20036

**Office Phone:** (202) 347-8512

**Office Phone Hours:** M-F 9-5 Sat 9-2pm

**National Hotline:** (800) 230-PLAN (7526)

**Fax:** (202) 347-0281\*\*

**Clinic Hours:** Monday, Wednesday-Friday 9am-4:30pm\*\*  
Tuesday 11am-6pm\*\*  
Saturday 9am-3pm\*

**Pregnancy Testing:** (Walk-Ins)Urine Test: under 2-3 weeks late for period: \$18; Beta Test: \$40

**Abortion Hours:** Call clinic for schedule

**Abortion Services:** Counseling before abortion & follow-up, sonogram, vital signs. Patient can be sedated through IV, or consciously sedated.

**Parental Consent:** Not required

**Fees:** Abortion Pill: \$475; In-Clinic: 4-11 weeks - \$425, 12-13 weeks - \$475, 14 weeks - \$525; Conscious Sedation: 4-11 weeks \$525, 12-13 weeks \$575, 14 weeks \$525, 15 weeks \$600, 16-19 weeks \$700-1075. \*\*

**Payment:** Accepts some insurance. Cash, money orders, credit cards and personal checks accepted. Contact the appointment office @ the office phone for financial aid assistance (and information on Justice Fund) Be persistent. Medicaid accepted only in the case of rape, incest, or with a doctor's note stating that having a baby would endanger the mother's life. Pricing is on a sliding scale.

**Other Services:** All other GYN services available and HIV testing. Associated with the Justice Fund (provides screenings for them).

**Spanish:** Latina clinic open everyday.

**Morning After Pill:** (Walk-Ins\*\*)Available

**Website:** [www.plannedparenthood.org/ppmw](http://www.plannedparenthood.org/ppmw)

**Planned Parenthood, other DC locations:**

**Address:** 3937A Minnesota Ave. NE  
Washington, DC 20019  
**Phone:** (202) 388-4770  
**Fax:** (202) 388-4777\*\*  
**Services:** Birth control education and supplies, emergency contraception, well women exams, HIV testing, STI testing, urinary tract infection testing and treatment, and pregnancy testing and counseling. No abortion services at this location.  
**Hours:** Monday-Thursday 10-6pm\*\*  
**Fees:** Medicaid and insurance accepted. Fees for services based upon household income (must bring proof of household income). Accepts cash, debit/credit, and money orders.

**Planned Parenthood Virginia:**

**Address:** 303 S. Maple Ave, Ste. 300,  
Falls Church, VA 22046  
**Phone:** (703) 533-5651  
**Fax:** (703) 533-1929  
**Phone Hours:** Monday - Friday 9 am- 5 pm  
Saturday 9 am-3 pm  
**Clinic Hours:** Monday, Thursday, Friday 9 am- 5pm\*\*  
Tuesday 11 am- 7pm\*\*  
\*\*Appointment required for all services except Emergency Contraceptives, HIV and Pregnancy testing.  
**Pregnancy Testing:** Walk-in during office hours.  
**Abortion Hours:** Pre-operation appointment over the phone  
Friday and Saturday 9 am-11:30 am procedure  
**Other Services:** Pre- and post-abortion counseling, birth control education and supplies, STI testing, Urinary Tract Infection testing and treatment  
**Parental Consent:** One parent must be informed 24 hours before and give consent  
**Anesthesia:** Only local, conscious sedation  
**Fees:** Call the office for prices.  
**Payment:** Payment due at the time of service. Accepts Credit Cards, cash, check, VA Medicaid only, Kaiser (only for abortions), and most Blue Cross/Blue Shield plans.  
**Spanish:** Yes  
**Morning After Pill:** Available on a walk-in basis

**Planned Parenthood Maryland:**

**Address:** 1400 Spring Street # 450  
Silver Spring, MD 20910  
**Phone:** (301) 608-3448  
**Phone Hours:** Monday 11 am - 7pm  
Tuesday-Friday 9 - 5 pm  
Saturday 9 am - 5 pm  
**Office/Clinic Hrs:** Monday 11 am- 6:30 pm\*\*  
Wednesday – Thursday 9:00-4:30pm\*\*  
Friday 8:30-4:30pm\*\*  
Saturday 8:30-3:00pm\*\*  
**Pregnancy Testing:** Urine Test: \$18  
**Abortion Hours:** Mandatory appointment is scheduled by doctor. Call during office hours.

**Other Services:** Counseling before abortion & follow-up, pregnancy testing, emergency contraception, HIV and STI testing, well women exams, birth control, urinary tract infection testing and treatment

**Parental Consent:** One parent must be informed. Can be excused by a doctor.

**Anesthesia:** Only local, conscious sedation

**Fees:** 5 weeks- high risk, depends on individual; 4-11 weeks \$425, 12-13 weeks \$475, 14 weeks \$525. Sedation + \$100\*\*

**Payment:** Some insurance. Cash, money orders, credit cards, NO PERSONAL CHECKS.

**Spanish:** Yes

**Morning After Pill:** Available

**Other Maryland locations:**

**Address:** 19650 Clubhouse Road, Suite 104  
Gaithersburg, MD 20879

**Phone:** (301) 208-1300

**Clinic Hours:** Monday, Friday 9am – 5pm  
Tuesday 11am – 7pm  
Saturday 9am – 5pm

**Services:** Pregnancy testing, emergency contraception, HIV and STI testing, well woman exams, birth control, urinary tract infection testing and treatment. No abortions offered at this location.

**Fees:** Medicaid and insurances accepted. Fees based upon household income (must bring proof). Accepts cash, credit/debit cards, and money orders.

**Spanish:** Yes

**Morning after pill:** Yes

## Abortion Services - Other Clinics

**Dr. Johnson’s Women’s Health Center**

**Address:** 3794 Martin Luther King Ave., SE  
Washington, DC 20032

**Phone:** (202) 563-1300

**Office Hours:** Open Saturdays

**Pregnancy Testing:** Wednesday, Thursday, Friday 9am-4pm by appointment only  
Urine Test: \$20 Blood Test: \$50 with exam \$75 and \$50 for 2nd time

**Hrs for Abortions:** Hours vary, call office for times. Be prepared to stay for hours. Appointments required!

**Abortion Services:** Follow up care within two weeks.

**Parental Consent:** Required for patients under 18.

**Anesthesia:** Local.

**Fees:** CASH ONLY  
6-11 weeks \$250.00\*\*  
12 weeks \$300.00\*\*  
+ an additional \$25 if blood type is unknown  
Abortions not given after 12 weeks of pregnancy.

**Spanish:** No

**Payment:** Cash only.

**Other Services:** Morning after pill provided. All other GYN services are available.

**National Abortion Federation (NAF)**

*NOTE: the NAF is an exclusively a referral service. They will assist in funding, and finding a good clinic or a qualified doctor. When talking to a survivor, ask them to call the Hotline*

**Address:** 1660 L Street NW, Suite 450  
Washington, DC 20036  
**Phone:** (202) 667-5881  
**Fax:** (202) 667-5890  
**Clinic referral:** (877) 257-0012 (clinic referral only, no funding)  
**Clinic referral hrs:** Monday-Friday 7am – 11pm\*\*  
Saturday - Sunday: 9am – 9pm\*\*  
**Hotline** (800) 772-9100  
**Hotline Hours:** Monday-Friday 9am-9pm\*\*  
Saturday 9am - 5pm\*\*  
**Email:** maf@prochoice.org  
**Website:** www.prochoice.org

### Washington Surgi-Clinic

**Phone:** (877) 659-9403 or (202) 659-9403  
**Address:** 2112 F Street NW, Suite #400  
Washington, DC 20037  
**Office Hours:** Monday – Friday: 8am – 6pm  
Saturday: 8am – 12pm  
**Pregnancy Testing:** Appt only: M-F 9am-1pm. Urine - \$30, Blood - \$30  
**Hours for Abortions:** By appointment only. 6 ½ weeks along. Morning appointments only!  
**Services Included:** Everything that day, then a follow-up within the next 2 weeks. They also have Depo-provera.  
**Parental Consent:** Required for patients under 16 years old  
**Anesthesia:** General, twilight, and local anesthesia available  
**Fees:** Call ahead to verify prices  
Local: Tuesday – Saturday / General: Thursday and Saturday  
7-11 weeks \$275.00                      7-11 weeks \$450.00  
12-14 weeks \$290.00                    12-14 weeks \$475.00  
14 weeks \$460.00                        14-16 weeks \$600.00  
15 weeks \$525.00                        15 weeks \$750.00  
16 weeks \$795.00 awake                16 weeks \$995.00 asleep  
17 weeks \$1350.00                        17 weeks \$1350.00  
18 weeks \$1695.00                        18 weeks \$1695.00  
19 weeks \$1995.00                        19 weeks \$1995.00  
20 weeks \$2400.00                        20 weeks \$2400.00  
**Payment:** Cash or credit card only  
**Other Services:** Other GYN services available at low cost. Walk-in, confidential HIV testing  
**Hours:** Tuesday-Friday 9:30 am- 11 am  
**Morning After Pill:** Provided for \$75.  
**Email:** washsurgiclinic@aol.com  
**Website:** www.washingtonsurgi-clinic.com

# ADOPTION SERVICES

## Adoption Services - District of Columbia

DC Government Department of Child and Family Services  
Adoption/ Foster Care Recruitment Hotline: (202) 671-5683

### DC Child and Family Services Main Information

**Address:** 200 I St. SE  
Washington, DC 20003\*\*

**Phone:** (202) 442-6100

**Office Hours:** Monday-Friday 8am – 4:45pm

**Adoption or Foster Care Information:** (202) 671-LOVE (5683)

**Report Child Abuse and Neglect:** (202) 671-SAFE (7233)

**Services:** If a woman wanted to give a child up, he/she would go into the DC system. This agency does not function like a private adoption agency! Must be a DC Resident

**Fees:** No fees; Public Agency

**Info:** Call for more information. Information is different for each case.

**Website:** [www.cfsa.dc.gov](http://www.cfsa.dc.gov)

**Email:** [cfsa@dc.gov](mailto:cfsa@dc.gov)

### Family Matters of Greater Washington

**Address:** 1509 16th Street, NW  
Washington, DC 20036

**Phone:** (202) 289-1510

**Fax:** (202) 518-8929

**Office Hours:** Monday-Friday 8:30 am - 5 pm, other times by appointment

**Services:** Foster care and adoption services; Winter and Summer camps offered; teen mother housing; senior services; mental health counseling.

**Website:** [www.familymattersdc.org](http://www.familymattersdc.org)

**Email:** [info@familymattersdc.org](mailto:info@familymattersdc.org)

### Catholic Charities Archdiocese of Washington D.C. Pregnancy and Adoption Services

**Address:** 924 G St. NW  
Washington, DC 20001

**Phone:** (202) 772-4300

**Fax:** (202) 772-4408

**Services:** Can provide assistance to individuals who want to put children up for private adoption

**Fees:** No fees

**Website:** <http://www.catholiccharitiesdc.org>

## Adoption Services - Maryland

### Catholic Charities of Maryland- Pregnancy and Adoption Services

**Address:** 2601 N. Howard St., Suite 200  
Baltimore, MD 21218

**Office Phone:** (410) 547-5490\*\*

**Counselor:** (877) 677-9524 or (410) 659-4043

**Hours:** Monday-Friday 8:30am- 5pm

**Services:** Provide assistance to individuals who want to put children up for private



adoption. Offers short-term foster care for infants while the mother reconsiders adoption plans

**Website:** <http://www.catholiccharities-md.org/adoptions/>  
**Email:** [decision@cc-md.org](mailto:decision@cc-md.org)

## Adoption Services - Virginia

### Catholic Charities of Virginia

**Address:** 5294 Lyngate Court  
Burke, VA 22015  
**Phone:** (703) 425-0100  
**After-hours:** (703) 973-0129  
**Fax:** (703) 425-2886  
**Office Hours:** Monday-Friday 8:30 am – 4:30 pm  
**Services:** Provide counseling if they want to do parenting or adoption- Master's Level Counselors. They can place children in homes.  
**Fees:** Free for pregnant women.  
**License:** Licensed in Virginia ONLY  
**Website:** <http://centerforadoptionsservices.org/>  
**Email:** [info@centerforadoptionsservices.org](mailto:info@centerforadoptionsservices.org)

### The Datz Foundation

**Address:** 311 Maple Avenue West, Suite E  
Vienna, VA 22180  
**Phone:** (703) 242-8800  
**Fax:** (703) 242-8804  
**Office Hours:** Monday-Friday 9am-5pm  
**Services:** Can help birth mother place a child with a family. Works with other area agencies  
**Fees:** No fees for placing the children.  
**Licensing:** Maryland, DC, Virginia, and North Carolina  
**Website:** [www.datzfoundation.org](http://www.datzfoundation.org)  
**Email:** [meckman@datzfoundation.org](mailto:meckman@datzfoundation.org) (Mark Meckman)

# AIDS/HIV

## AIDS/HIV - Information and Support

### AIDS info (Formerly: NIH/AIDS Clinical Trials Information Hotline)

**Phone:** 1-800-HIV-0440 (1-800-448-0440)  
**TTY:** 1-888-480-3739  
**Fax:** (301) 315-2818  
**Hours:** Monday – Friday: 1pm – 4pm\*\*  
**Address:** AIDS info  
P.O. Box 6303  
Rockville, MD 20849-6303  
**Services:** Investigates drugs and enrollment (referrals). Offers information, publications, and technical assistance for HIV and HIV-related diseases.  
**Spanish/Deaf:** Spanish & TTY services available  
**Website:** <http://aidsinfo.nih.gov>  
**Live help:** [http://aidsinfo.nih.gov/live\\_help/](http://aidsinfo.nih.gov/live_help/) (one-on-one real time chat service)  
**Email:** ContactUs@aidsinfo.nih.gov

### CDC INFO (Formerly the National AIDS Hotline)

**Phone:** 1-800-CDC-INFO (232-4636)  
**TTY:** 1-888-232-6348  
**Hours:** Monday – Friday 8am-8pm\*\*  
**Services:** Anonymous, confidential AIDS information, including treatment and clinical trials currently available. Referrals are available.  
**Spanish/Deaf:** Spanish and TTY services available  
**Website:** <http://www.cdc.gov/hiv/>  
**Email:** cdcinfo@cdc.gov

### Community Health Care, Inc.

#### **Unity Health Care East Of the River Health Center**

**Address:** 123 45<sup>th</sup> St., NE  
Washington, DC 20019  
**Phone:** (202) 388-7891  
**Fax:** (202) 388-5202  
**Appointment Line:** (202) 469-4699  
**Hours:** Monday, Tuesday, Thursday, Friday 8:00am-4:45pm  
Wednesday 11am-7:30pm  
To reach a physician after hours, call (301) 953-4574  
**Services:** Primary health care, and support services for HIV positive individuals and persons with AIDS. Pediatrics, cardiology, ophthalmology, dermatology, podiatry, pulmonary medicine, OB-GYN, rheumatology, urology, social services, laboratory services, case management, and surgery services.  
**Fees:** Sliding scale, insurance is accepted: some private insurance, Medicare, Medicaid, HealthRight/Alliance, Unison, and Chartered Health/Alliance.  
**Spanish/Deaf:** Yes  
**Website:** [www.unityhealthcare.org/HealthCenters/ServiceEastRiver.html](http://www.unityhealthcare.org/HealthCenters/ServiceEastRiver.html)

### **Damien Ministries**

**Mailing Address:** P.O. Box 10202  
Washington, DC 20018

**Street address:** 2200 Rhode Island Ave., NE  
Washington, DC 20018

**Phone:** (202) 526-3020

**Fax:** (202) 526-9770

**Food Bank:** (202) 526-3188

**Food Bank Hours:** Tuesday, Thursday 11:30am-3pm  
Wednesday 1:30pm-6pm

**Office Hours:** 10am -6pm

**Services:** Transitional Housing for men, women, and children who are HIV+. Apartment style living, substance abuse counseling, life skill counseling, individual counseling, support groups, spiritual development, access to the food bank, case management, retreats, and pastoral outreach to prisons, nursing homes, and private homes.

**Requirements:** To be eligible: individuals must have at least three months of sobriety; adults must be 18 years old; adult male or female must have one or two children; must receive Temporary Assistance to Needy Families (TANF), by TANF-eligible, receive SSI or income from employment; must submit a police clearance (criminal records do not automatically disqualify); must be Stage I or Stage II of HIV infection (documented by physician or health care provider); and must be free of tuberculosis and other communicable diseases (as documented by a physician or health care provider).

**Restrictions:** Referrals preferred from social worker.

**Website:** [www.damienministries.org](http://www.damienministries.org)

**Email:** [info@damienministries.org](mailto:info@damienministries.org)

### **D.C. Department of Health Administration for HIV/AIDS**

**Address:** 899 North Capitol St NE, 4<sup>th</sup> Floor  
Washington, DC 20002

**Admin Phone:** (202) 671-4900

**Fax:** (202) 673-4365

**Hours:** Monday- Friday 8:15 am – 4:45 pm

**Info line:** (202) 311-AIDS

**Services:** HAHSTA partners with health and community-based organizations to offer testing and counseling, prevention education and intervention, free condoms, medical support, free medication and insurance, housing, nutrition, personal care, emergency services, and direct services at its STI and TB Clinics and more for residents of the District and the metropolitan region.

**Fees:** Free

**Email:** [http://dchealth.dc.gov/\\*\\*](http://dchealth.dc.gov/**)

### **HIV Antibody Testing (anonymous) – DC HIV Counseling, Testing, and Referral Services**

**Phone:** (202) 332-EXAM (3926)

**Hours:** Monday, Wednesday 12:30p-6:30p  
Tuesday, Thursday, and Friday 9:30a-4:30p

**Services:** Give referrals—where and how to get HIV testing. Results in 20 minutes!

**Spanish:** Available

**Website:** [www.dchealth.dc.gov/doh](http://www.dchealth.dc.gov/doh)

### **Gay/Bisexual Health Clinic – Whitman Walker Clinic**

**Address:** 1701 14<sup>th</sup> St. NW  
Washington, DC 20009  
**Phone:** (202) 745-7000\*\*  
**Fax:** (202) 745-6162  
**Result Line:** (202) 745-6112  
**Hours:** Monday: 5:30-7:30pm  
Friday: 1:30-4:30pm  
Tuesday/Thursday: walk-ins 6pm  
**Spanish:** Yes  
**Email:** appointments@wwc.org

### **Metro Teen AIDS**

**Mailing Address:** P.O. Box 15577  
Washington, DC 20003  
**Address:** 651 Pennsylvania Avenue SE  
Washington, DC 20001  
**Phone:** (202) 543-9355  
**Fax:** (202) 543-8249  
**Hours:** Monday-Friday 10am-8pm  
**Services:** Free HIV Testing, call center for more information. Provide a variety of free groups for adolescents, age 13-24, who are HIV+. Focus on prevention and education. (Look under support group section). Three centers available, walk-in. Also offer workshops and counseling. Offers free pregnancy testing and free Gonorrhea and Chlamydia testing.  
**Website:** [www.metroteenaids.org](http://www.metroteenaids.org)

### **National AIDS Prevention Information Network**

**Mailing Address:** PO Box 6003  
Rockville, MD 20849-6003  
**Phone:** 1-800-458-5231  
**Fax:** 1-888-282-768  
**Hours:** Monday-Friday 9 am - 6 pm  
**Website:** [www.cdcnpin.org](http://www.cdcnpin.org)  
**Email:** [info@cdcnpin.org](mailto:info@cdcnpin.org)  
**Live Online Chat:** Yes

### **Project Inform**

**Address:** 273 Ninth St.  
San Francisco, CA 94103\*\*  
**Hotline:** (800) 822-7422 (National HIV Treatment Hotline)  
**Phone:** (415) 558-8669  
**Fax:** (415) 558-0684  
**HIV Services:** HIV treatment and information on treatments, drugs, and infections for HIV+ people only. If give them address, they will send a packet of info. Will also answer questions over the phone.  
**Website:** [www.projectinform.org](http://www.projectinform.org)

### **Infectious Disease Specialist**

**Jose M. Bordon, MD, Ph.D, AAHIVS**

**Address:** Providence Medical Bldg, 1150 Varnum St NE, Ste 108  
**Phone Number:** (202) 448-4052

### Upper Cardozo Community Health Center (Unity Healthcare)

**Address:** 3020 14th St NW  
Washington, DC 20009

**Phone:** (202) 745-4300

**Physician after hours:** (301) 953-4574

**Fax:** (202) 299-1708

**Hours:** Monday-Friday: 8am-10pm  
Saturday/Sunday: 8am-2pm  
Urgent hours start at 5pm

**Pharmacy Phone:** (202) 722-5124

**Pharmacy Hours:** Monday-Friday: 8:30am- pm  
Saturday: 9am-5pm

**Pharmacy Address:** 508 Kennedy Street NW  
Washington, DC 20010

**WIC Hours:** Monday-Friday: 8:30am-5pm  
Saturday: 8am-12pm

**Services:** Primary medical, dental, specialty care, including OB/GYN and HIV Care, health education, laboratory services, We Can Program, Social Services, including adolescent services, case management, and WIC.

**Fees:** Sliding scale based on income. Free services available for those in need.

**Insurance:** Accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance, and other private insurance plans

### Virginia HIV, STI, Viral Hepatitis Hotline

\*Disease prevention hotline

**Phone:** (800) 533-4148

**Hours:** Monday-Friday: 8am-5pm

**Services:** Statewide toll-free lines staffed by trained counselors to answer questions and provide crisis intervention, referrals, and written educational materials regarding STIs, HIV/AIDS, and Viral Hepatitis

**Website:** <http://www.vdh.state.va.us/epidemiology/DiseasePrevention/hotline.htm>

### Whitman-Walker Clinic – Regional Locations

#### *Elizabeth Taylor Medical Center*

**Address:** 1701 14<sup>th</sup> St NW  
Washington, DC 20009

**Phone:** (202) 745-7000

**Fax:** (202) 745-6162\*\*

**Hours:** Monday-Thursday 8am-8pm  
Friday 8am-5pm

**HIV Testing Hours:** Monday, Wednesday 9am-6pm  
Tuesday, Thursday, Friday 9am-5pm

**Fees:** Free, donations required for certain services

**Services:** Primary medical care, HIV/AIDS-related care and culturally sensitive gay, lesbian, bisexual, and transgender health care. ANONYMOUS testing

**Website:** [http://www.wwc.org/hiv\\_aids\\_services/etmc.htm](http://www.wwc.org/hiv_aids_services/etmc.htm)

**Email:** [wwcinfo@whitman-walker.org](mailto:wwcinfo@whitman-walker.org)

### ***Max Robinson Center***

**Address:** 2301 Martin Luther King Jr. Ave, SE  
Washington, DC 20020  
**Phone:** (202) 797-3567  
**Hours:** Monday-Friday 9am-5pm  
**Services:** Primary medical care, mental health and addiction treatment, HIV testing and counseling, dental care, day treatment, and case management.  
**Fees:** Sliding scale; takes Medicaid, Medicare, DC Alliance, private PPO plans  
**Spanish:** Available  
**Website:** [www.wwc.org/regional\\_centers/max\\_robinson.html](http://www.wwc.org/regional_centers/max_robinson.html)  
**Email:** [mrcwwc@whitman-walker.org](mailto:mrcwwc@whitman-walker.org)

## HIV and STI Testing

**NOTE:** Most hospitals will do a *confidential* HIV test. That is, they may report positive results to the Department of Health. An *anonymous* test, on the other hand, is one in which there is no way for anyone else to find out that a test was done, regardless of the results. Clients are anonymously provided an identification number and do not have to disclose their real names.

### **Alexandria Health Department**

**Address:** 4480 King Street, 2<sup>nd</sup> Floor  
Alexandria, VA 22302  
**HIV/AIDS Clinic:** (703) 746-4976  
**STI Clinic:** (703) 746-4846  
**Case Management:** (703) 746-4899 (Care Clinic, AIDS Drug Assistance & Primary Medical Care)  
**Fax:** (703) 746-4979  
Monday-Friday: 8am-12pm, 1pm-5pm  
**Spanish-speaking health information specialists available at ext. 232**  
**Hours:** STI Clinic: Wednesday: 4pm-6pm  
HIV Clinic: Wednesday: 1pm-3pm, Thursday: 5pm-6:30pm  
**Services:** Provide free, anonymous, and confidential HIV and STI testing on a walk-in basis (No appointment necessary).

### **Arlington County Public Health**

**Address:** 2100 Washington Blvd, 2<sup>nd</sup> Floor  
Arlington, VA 22204  
**Phone:** (703) 228-1200  
**Fax:** (703) 228-1255  
**TTY:** (703) 228-1298  
**HIV Clinic Hours:** Wednesday: 3pm-6pm, Thursday: 12pm-2pm (no appointment necessary)  
**STI Clinic Hours:** Monday: 12pm-3pm, Thursday: 3pm-6pm (appointment only)  
**Services:** Provides free, anonymous or confidential HIV testing. Also have AIDS and drug assistant program for those with no insurance and/or no/low income. Intake only; Arlington County residents only

**Joseph Willard Health Center**

**Address:** 3750 Old Lee Hwy.  
Fairfax, VA 22030-1806  
**Phone:** (703) 246-7100 (TTY: 711)  
**Clinic Hours:** Monday 8am-3:30pm (walk-ins welcome)  
Tuesday 10am-6pm  
Wednesday 8am-3:30pm (walk-ins welcome)  
Thursday by appointment only  
Friday 7:30am-12pm  
**Confidential STI Testing Hours:** Tuesday: 10am-11:30am  
Wednesday: 5pm-6pm only  
**HIV Testing:** First and Third Wednesday every month, 5-6:30pm  
**Fees:** Free  
**Spanish/Deaf:** Access to Spanish interpreters and TTY. Other languages available.  
**Services:** TB testing, immunization, pregnancy testing, refugee health screening, international travel vaccines, and WIC

**Montgomery County Health Department - (Multiple Locations-Not all listed)**

**Up-County:** 12900 Middlebrook Rd  
Germantown, MD 20874  
**Office Phone:** 240-777-3420  
**Hours:** Monday-Friday: 7:45am-5pm  
**Mid-County:** 1301 Piccard Dr. (Montgomery County Crisis Center)  
Rockville, MD 20850  
**24-Hr Crisis Line:** 240-777-4000  
**24-Hour TTY #:** 240-777-4815  
**Office Hours:** Monday-Friday 8:30am-5pm  
**Down County:** 3300 Briggs Chaney Rd.  
Silver Spring, MD 20904  
**Office Phone:** 240-777-4470  
**Hours:** Monday-Friday 8:30am-4pm  
**STI/HIV Testing:** Dennis Ave. Health Center  
2000 Dennis Ave.  
Silver Spring, MD 20902  
**Phone:** (240) 777-1790  
**Hours:** Monday-Friday 8am-4pm (with extended clinic hours)  
**Fees:** \$10 donation for STI clinic required  
**Services:** ANONYMOUS and free HIV testing. Confidential STI testing done by appointment only. Appointments cannot be made more than a week in advance. Most appointments made one day in advance. MUST PROVIDE PROOF OF RESIDENCE IN MONTGOMERY UNLESS GETTING AN HIV TEST! Oraquick (quick oral HIV test) on Tuesday only  
**Website:** [www.montgomerycountymd.gov/hhs](http://www.montgomerycountymd.gov/hhs)

**Planned Parenthood**

(See ABORTION and PREGNANCY ASSISTANCE for locations and phone numbers)

**Hours:** Varies by location  
**Fees:** \$25 for adults, \$10 for teens, sliding scale.  
**Services:** ANONYMOUS testing. By appointment only.  
**Spanish/Deaf:** Spanish

**ALCOHOL AND DRUG ASSISTANCE**

# Hotlines

## Alcoholics Anonymous

**Address:** 4530 Connecticut Ave NW, Suite 111  
Washington, DC 20008  
**Office Number:** (202) 966-9783  
**24-Hour Hotline:** (202) 966-9115  
**Spanish:** (202) 797-9738 (answering machine)  
**Fax:** (202) 966-4499  
**Locations:** Must call first for a complete listing of times and places. Literature is available.  
**Website:** <http://www.aa-dc.org>

## Al-Anon/Alateen (for family and friends of alcoholics)

**Address:** PO Box 10898  
Parkville, MD 21234-0898  
**Hours:** Monday-Friday: 2pm-6pm (& 24-hr. info recording)  
Saturday: 10am-1pm  
**Phone (DC):** (202) 635-2023  
**Phone (Baltimore):** (410)-832-7094 (check website for more MD numbers)  
**Locations:** DC, Montgomery County, PG County, South Maryland suburbs.  
**Service Center Address:** Seekers Church Building  
278 Carroll Street NW  
Washington, DC 20012  
**Fee:** No dues, donations accepted from members only  
**Website:** <http://www.marylanddc-alanon.org/>  
**Email:** Area24@MarylandDC-Alanon.org

## Georgetown University Medical Center—Psychiatry Department

**Address:** 3800 Reservoir Rd, NW,  
Kober Cogan Building, 5<sup>th</sup> Floor  
Washington, DC 20007  
or  
2115 Wisconsin Ave, Suite 200  
**Phone:** (202) 944-5400  
**Contact:** Babette Wise, Drug/Alcohol counselor  
**Fax:** (202) 944-5402  
**Hours:** Monday - Friday, 8:30am-5pm  
Call for appointment.  
**Services:** Referrals, advising and treatment. Treatment can include group, individual or family. Outpatient and geriatric programs offered. Services for spouses of substance abusers

## Nar-anon – for friends and family of someone with a substance addiction (Multiple Locations)

**National Address:** 22527 Crenshaw Blvd. Suite 200B  
Torrance, CA 90505  
**Phone:** (800) 477-6291



**Fax:** (310) 534-8688  
**Meeting Address:** Gethsemane Baptist Church (small dining room)  
5119 4<sup>th</sup> Street, NW  
Washington, DC 20011  
**Meeting Time:** Thursdays: 6:30pm  
**Meeting Address:** Providence Hospital – Seton House  
1053 Buchanan St, NE  
Washington, DC 20017  
**Meeting Time:** Sundays: 1:30pm  
**Website:** <http://www.nar-anon.org>  
**Email:** wso@nar-anon.org

#### **Narcotics Anonymous**

**Mailing Address:** PO Box 9863  
Washington, DC 20016  
**Phone:** (202) 399-5316  
(800) 543-4670 (24 hrs, automated)  
**Services:** Call 24-hours for listing of meeting times and places, as well as resources and referrals.  
**Web Site:** <http://www.cprna.org>  
**Email:** helpline@cprna.org

#### **National Council on Alcoholism and Drug Dependence**

**Phone:** (800) 622-2255 24-hour HOPE line providing affiliate referrals  
**Business:** (212) 269-7797  
**Fax:** (212) 269-7510  
**Address:** 20 Exchange Place  
New York, NY 10005  
**Services:** Referrals and information. Help teens with problems.  
**Website:** [www.ncadd.org](http://www.ncadd.org)  
**Email:** national@ncadd.org

#### **Psychiatric Institute of DC**

**Phone:** (202) 885-5600 (24-hours)  
(202) 885-5610 Admissions for appointments  
**Address:** 4228 Wisconsin Ave., NW  
Washington, D.C. 20016  
Walk-in: 24hrs  
**Services:** Assessment (free) and referrals. Outpatient and in-patient treatment center are also available. Services provided for children, adolescents, and adults. Trauma Center & Detox.  
**Web:** [www.psychintstitute.com](http://www.psychintstitute.com)

## Drug Treatment Programs

#### **Addiction Prevention and Recovery Administration (APRA)**

**Business:** (202) 727-8857

**Address:** 1300 1<sup>st</sup> Street, NE  
Washington, DC 20002  
**Contact:** Shaun Snyder- Interim Senior Deputy Director  
**Hours:** 8:30am-5:30pm  
**Services:** Counselors assess patients and make referrals  
**Assessment Referral Center Address:** 70 N Street NE  
Washington, DC  
**Assessment Referral Center Phone:** (202) 727-8473

**Against Drugs and Alcohol with Planned Treatment (ADAPT)**

*Child and Family Assistance*

**Phone:** (202) 727-3966  
**Hotline:** (202) 671-7233  
**Address:** 400 6<sup>th</sup> Street, SW  
Washington, DC 20024  
Sylvester Judge, Supervisors & ADAPT Family Services

**Alcohol & Drug Services (ADS) of Fairfax County**

**Phone:** (703) 934-5476 Entry and Referral Services  
**Fax:** (703) 934-8742  
**TTY:** (703) 322-9080  
**Address:** 3900 Jermantown Rd., Suite 201,  
Fairfax, VA 22030  
**Hours:** 8:30am-4pm  
**Contact:** William H. Williams, Program Manager: (703) 934-5476  
**Services:** Referrals for treatment, outpatient counseling. Offers programs for youth, adolescents, adults, elderly, the homeless population, and women  
**Eligibility:** Must live or work in Fairfax County  
**Fees:** Sliding scale

**Cheverly County Addiction Program** (Falls under Prince George's County Addiction Program)

**Phone:** (301) 583-5920  
**Address:** 3003 Hospital Drive, Ground Floor  
Cheverly MD 20785  
**Hours:** Monday –Thursday 6:45am-7:30pm  
Friday 6:45am-5pm  
**Services:** Outpatient program. Counseling and medication offered depending on need.  
Methadone treatment available.  
**Fees:** Sliding scale

**Criminal Justice Division**

**Address:** 1300 1<sup>st</sup> Street, NE, 2<sup>nd</sup> Floor  
Washington, DC 20002  
**Contact:** Assistant Attorney General Lanny A. Breuer  
**Criminal Division Citizen Phone Line:** (202) 353-4641  
**DOJ Switchboard:** (202) 514-2000  
**Hours:** Monday – Friday 9am-1pm, 2pm-5:30pm  
**Services:** Urine monitoring, Alcohol screening, Client tracking, Referrals to appropriate APRA treatments, Prisoners program  
**Email:** criminal.division@usdoj.gov

**DuPont Circle Club**

**Phone:** (202) 234-STEP main # to the building

**Address:** 1623 Connecticut Ave, NW, Suite 200  
Washington, DC 20009  
**Hours:** Daily: 7:30am-1pm, 4pm-9:30pm  
Tuesday/Thursday: meetings offered at 3pm  
**Services:** Alcohol and substance abuse meetings, survivor of incest meetings, sex and love addicts meetings, and gamblers meetings. Debtors Anonymous; Overeaters Anonymous; Co-Dependents Anonymous  
**Website:** www.dupontcircleclub.org

**RAP, Inc. (Regional Addiction Program)**

**Phone:** (202) 462-7500  
**Fax:** (202) 462-7507  
**Address:** 1949 4<sup>th</sup> Street, NE  
Washington, DC 20002  
**Hours:** Intakes Monday – Thursday 9-5.  
**Services:** 24 hour facility provides medical services, psychological services, individual, family, parental counseling and education. Outpatient primary medical care offered for people with HIV. Emergency shelter for males with HIV  
**Email:** [info@rapinc.org](mailto:info@rapinc.org)

**Salvation Army Harbor Lights**

**Phone:** (202) 269-6333  
**Address:** 2100 New York Avenue, NE  
Washington, DC 20002  
**Services:** Residential treatment center for drug and alcohol abuse. Open 24 hours.  
**Contact:** Mr. Askew

**Second Genesis**

**Phone:** (301) 563-1545  
**Address:** Anne Arundel Facility /DC Residential Facility /Mellwood Residential Facility  
107 Circle Dr. /1320 Harvard St. NW /4620 Melwood Rd.  
Crownsville, MD 21032/Washington, DC 20009/Upper Marlboro, MD 20772  
**Office Hours:** Monday- Friday: 9am- 5pm  
**Services:** Provides residential and outpatient substance abuse treatment and rehabilitation, services to men, women, women with children (up to 10 years of age), and individuals with co-occurring disorders.  
**Website:** <http://www.secondgenesis.org/>  
**Email:** [info@secondgenesis.org](mailto:info@secondgenesis.org)

**University of Maryland Health Center**

**Phone:** (301) 314-8184  
**Nurse Line:** (301) 314-9386

**Hours:** M-F 8AM-6PM

Sat 9AM-12PM  
**Services:** Outpatient treatment program. Alcohol prevention; Substance Abuse Intervention Program: education and counseling. **For registered students only**  
**Contact:** (301) 314-8106  
Ronnie Brown, Substance Abuse Program  
Nancy Harrise (Mental Health, Survivor Counseling)

# Transitional Housing

## Oxford Houses, Inc. – General Services

**Phone:** (301) 587-2916  
**Toll Free:** (800) 689-6411  
**Fax:** (301) 589-0302  
**Address:** Various Locations throughout DMV  
**Services:** Self-supporting, autonomous, self-governing recovery houses; must be sober and drug-free, non disruptive and pay rent; no counselors available. AA/NA oriented.  
**Web:** [www.oxfordhouse.org](http://www.oxfordhouse.org)  
**Email:** [info@oxfordhouse.org](mailto:info@oxfordhouse.org)

## **BISEXUAL, GAY, LESBIAN AND TRANSGENDER COMMUNITY RESOURCES**

### Black Lesbian Support Group

**Phone:** (202) 797-3593 # transfers to the mental health info line  
**Address:** 1810 14<sup>th</sup> Street, NW  
Washington, DC 20009  
**Services:** Group Session that meets the 1<sup>st</sup>, 2<sup>nd</sup>, and 4<sup>th</sup> Saturday of the month  
3-5pm. 35+ group that meets 1st Saturday of the month.  
**Meeting Address:** University of DC, Building 38, B level, 4.0 lounge

**Website:** [www.blsg.org](http://www.blsg.org)  
**Email:** [postmaster@blsg.org](mailto:postmaster@blsg.org)

#### **DC Center: for the LGBT Community**

**Phone:** (202) 682-2245  
**Address:** 1318 U Street, NW  
Washington, DC 20009  
**Hours:** Monday-Friday: 12pm-6pm  
Saturday: 11am-3pm  
**Services:** Provides support and recourses for LGBT community members.  
**Website:** [www.thedccenter.org](http://www.thedccenter.org)  
**Email:** [contact@thedccenter.org](mailto:contact@thedccenter.org)

#### **Helping Individual Prostitutes Survive (HIPS)**

**Phone:** (202) 232-8150  
**Hotline:** (800) 676-HIPS  
**Fax:** (202) 232-8304  
**Address:** 1309 Rhode Island Ave. NE, Suite B  
Washington, DC 20078  
or  
PO Box 21394  
Washington, DC 20009  
**Services:** Assists female, male and transgender individuals engaging in sex work in DC and in leading healthy lives.  
**Website:** [www.hips.org](http://www.hips.org)  
**Email:** [hips@hips.org](mailto:hips@hips.org)

#### **Max Robinson Center (Whitman-Walker Clinic)**

**Phone:** (202) 678-8877  
**Address:** 2301 Martin Luther King, Jr Ave. SE  
Washington, DC  
**Hours:** Monday-Friday: 9am-6pm  
**Services:** Anonymous testing and Full AIDS clinic; Therapy, dental, physicals, etc.  
**Fees:** Free  
**Spanish/Deaf:** Spanish and ASL

#### **Sexual Minority Youth Assistance League (SMYAL)**

**Phone:** (202) 546-5940  
**Fax:** (202) 544-1306  
**Address:** 410 7th Street SE  
Washington, DC 20003  
**Hours:** Call for hours  
**Services:** Peer support groups, counseling for bisexuals, gays, lesbians and transgender persons.  
Youth leadership program for 13-21 year-olds

#### **Whitman Walker Clinic**

**Phone:** (202) 797-3500  
**Address:** 1407 S St. NW  
Washington, DC 20009  
**Hours:** Monday-Friday: 9am-5pm  
**Services:** Telephone and walk-in counseling. Library available; Legal services; Referrals to lesbian-sensitive therapists given and other area resources.

**Whitman-Walker Lesbian Services**

**Address:** 1701 14<sup>th</sup> St., NW

**Hours:** Monday: 5:30pm-7:30pm  
Friday: 1:30pm-4:30pm

**Contact:** Provides gynecological care, peer support groups, health education, and therapy.  
Currently a 2-3 week appointment waiting period.

# CHILDREN'S SERVICES

See also: Mental Health, Rape Crisis Centers & Programs

## Hotlines

### Al-Anon/Alateen- Family of Alcoholics

**Phone:** (757) 563-1600  
**Information Line:** (800) 344-2666  
**Intake Line:** (888) 425-2666  
**Hours:** Monday-Friday: 8am-6pm  
Inner AA Group. Also provides services in Spanish and French

### Childhelp USA

**Phone:** (480) 922-8212  
**Hours:** Monday-Friday: 8:30am-5:30pm (Mountain Standard Time)  
**Toll Free:** (800) 422-4453 24hrs  
**Fax:** (480) 922-7061  
**Address:** National Headquarters  
15757 N. 78<sup>th</sup> Street, Suite B  
Scottsdale, AZ 85260  
**Services:** Crisis counseling for child abuse and neglect, Referrals, Information, educational programs, (SUBS) Speak Up Be Safe  
**Spanish/Deaf:** Spanish speakers available, over 140 different languages  
**Website:** [www.childhelp.org](http://www.childhelp.org)

### Nar-Anon (for families of drug abusers)

**Phone:** (800) 477-6291  
**Hours:** Monday-Thursday: 9am-5pm (Pacific Standard Time)  
Friday: 9am-3pm  
**Services:** Available to family and friends of drug abusers. Call for meeting times and locations.  
**Website:** [www.naranon-maryland.com](http://www.naranon-maryland.com) (lists meetings for Maryland, Washington, DC and Northern Virginia)  
**Email:** [wso@nar-anon.org](mailto:wso@nar-anon.org)

### National Center for the Prosecution of Child Abuse

**Phone:** (703) 549-9222  
**Fax:** (703) 836-3195  
**Address:** 99 Canal Center Plaza, Suite 330  
Alexandria, VA 22314  
**Services:** Literature, workshops and assistance to child abuse prevention professionals. Prosecutors, no victim assistance.  
**Email:** [ncpca@ndaa.org](mailto:ncpca@ndaa.org)

### National Runaway Switchboard

**Phone:** 1-800-RUNAWAY 24hrs  
**Services:** Crisis intervention and referral for runaway and family.

# Child Protection Services – District of Columbia

## DHS Child and Family Protective Services

**Phone:** (202) 442-6100 (Child and Family Services)  
**Hotline:** (202) 671-7233  
**Fax:** (202) 727-6505  
**Address:** 400 6<sup>th</sup> Street, SW  
Washington, DC 20024  
**Hours:** Monday-Friday: 8:15am-4:45pm  
**Services:** To report child abuse, contact Police Dept or DHHS. Provide referrals, etc. OECD provides subsidized child care to eligible working parents. Provides investigation.  
**Spanish/Deaf:** Some Spanish available.  
**Email:** cfsa@dc.gov  
**Website:** [www.cfsa.dc.gov](http://www.cfsa.dc.gov)

## Safe Shores—DC Children’s Advocacy Center

**24HrHotline:** (202) 671-SAFE (7233)  
**Phone:** (202) 645-3200  
**Fax:** (202) 280-1082  
**Address:** 429 O Street, NW  
Washington, DC 20001  
**Hours:** Monday - Friday 8:30am-5:30pm  
**Services:** Assist agencies like MPD in investigation of child abuse. Also provide therapy, clothing and on-site meals for clients. **NO SHELTERS.** Deals with children ages 0-13 ONLY  
**Fees:** Free  
**Spanish/Deaf:** Interpreters available if necessary.  
**Website:** [www.safeshores.org](http://www.safeshores.org)  
**Email:** [team@safeshores.org](mailto:team@safeshores.org)

# Child Protection Services - Maryland

## Montgomery County Protective Services and Child Welfare Services

**Phone:** (240) 777-3500 Administrative Line  
(240) 777-4417 24hr Reporting Crisis Line  
(240) 777-3556 TTY (office hours only)  
**Address:** 1301 Piccard Drive  
Rockville, MD 20850  
**Hours:** Monday-Friday: 8:30am-5pm  
**Fees:** Free  
**Services:** Investigates and follows up on cases of child abuse and neglect as well as providing other family services. Can provide some legal and counseling referrals. Walk-ins accepted.  
**Spanish/Deaf:** Some Spanish

## Prince George’s County Protective Services



**Phone:** (301) 909-2000 -- Social Services Front Desk  
 (301) 909-7000 -- Personnel Line  
 (301) 909-2450 -- Child Abuse  
 (301) 699-8605 -- After 4:30 p.m. Crisis Line  
**TTY:** (800) 735-2258  
**Hours:** Monday-Friday: 8am-5pm; Walk-ins accepted.  
**Fees:** Free  
**Services:** Investigates and follows up cases of child abuse and neglect. It provides medical, legal, and counseling referrals. Walk-ins accepted.  
**Spanish/Deaf:** Spanish.

## Child Protection Services – Virginia

### Alexandria Protective Services

**Phone:** (703) 746-5800  
**TTY :** (703) 836-1493  
**Address:** 2525 Mt. Vernon Ave.  
 Alexandria, VA 22301/  
 1900 N Beauregard Street, Suite 200  
 Alexandria, VA 22311  
**Hours:** 8:30am-5pm  
**Fees:** Free  
**Services:** For Alexandria residents only. Investigates and follows up cases of child abuse and neglect. Provides family services. Referral service. Walk-ins accepted.  
**Spanish/Deaf:** Spanish interpreters available.

### Arlington Protective Services

**Hotline:** (703) 228-1500 (24 hours)  
**Phone:** (703) 228-1550  
**TTY:** (703) 228-1598  
**Address:** Department of Human Services  
 3033 Wilson Blvd., Suite 500A, Arlington, VA 22201  
**Hours:** Monday - Friday 8:30am-5pm; 24-hour phone service. (evening appointments available)  
**Fees:** Free  
**Services:** Investigates and follows up cases of child abuse and neglect. Referral service. Appointments preferred. Walk-ins accepted but not guaranteed.  
**Spanish/Deaf:** Spanish.

### Fairfax Protective Services

**Phone:** (703) 324-7400  
**Richmond State Hotline:** (800) 552-7096 \*regular # transfers to Richmond after hours  
**Address:** 12011 Government Center Pkwy  
 Fairfax, VA 22035-1102  
**Hours:** Monday-Thursday: 8:00am-5:00pm  
 Friday: 8:00am-4:30pm  
**Hotline 24 hours**  
**Fees:** Free  
**Services:** Investigates and follows up cases of child abuse/neglect. Provides referrals to help people find mental health centers, therapy, community resources, etc.  
**Spanish/Deaf:** Spanish and referrals to deaf services.

### National Center for Missing and Exploited Children

**Phone:** (703) 274-3900  
**Hotline:** (800) THE-LOST (800-843-5678)  
**Fax:** (703) 224-2212  
**Address:** 699 Prince Street  
Alexandria, Virginia 22314-3175  
**Hours:** Monday-Friday: 9am-5:30pm  
**Services:** Finds missing children, and assists victims of child abduction and exploitation, their families, and professionals who serve them  
**Website:** [www.ncmec.org](http://www.ncmec.org)

## Child Counseling – District of Columbia

### Department of Mental Health

**Administrative:** (202) 673-7440  
**Hotline:** 1 (888) 793-4357  
**Address:** 64 New York Ave, NE, 4<sup>th</sup> Floor  
Washington, DC 20002  
\*Currently at 609 H Street NE, but will be back at the main building in Sept.  
**Hours:** 8:30am-5pm (Administrative Offices)  
**Hotline 24 hours**  
**Fees:** Free  
**Services:** Family and individual counseling referrals.  
**Languages:** Spanish, French, Korean, Vietnamese, Chinese (some)

### DC Police Communications

(To make non-emergency reports call 311, for emergencies dial 911)  
**Non-Emergency business line:** (202) 737-4404  
**DC Police Youth Division:** (202) 576-6768  
**Child Abuse and Incest:** (202) 671-7233  
**DC Gov. Information Line:** (202) 727-1000  
**Spanish/Deaf:** No formal services, interpreter can be requested.

### Dickinson, Pentz, McCall, Honnald

**Phone:** (202) 728-1166  
**Address:** 1660 L St NW, #503  
Washington, DC 20036  
**Hours:** Monday–Friday: 7am-8pm  
**Fees:** sliding scale, \$100/hr is their standard fee. No Medicaid  
**Ages:** 16 and older  
**Services:** Long or short term therapy for individuals and couples. Offer sex education, counseling for rape survivors, children of sexual abuse, and for sexual dysfunction.  
They also treat sex offenders.  
**Spanish/deaf:** None.

### Family Matters of Greater Washington

**Phone:** (202) 289-1510  
**Address:** 1509 16<sup>th</sup> St NW

Washington, DC 20036  
**Hours:** Monday-Friday: 8:30am-5pm; evening appointments available, but will see right away in emergency  
**Fees:** Call for prices... sliding scale  
**Services:** Individual, family and group counseling. Child services: foster care, adoption, camps. Aging care. Crisis intervention available individually and in groups.  
**Spanish/Deaf:** Spanish interpreter  
**Website:** [www.familymattersdc.org](http://www.familymattersdc.org)

#### **Family & Medical Counseling Services, Inc. (FMCS)**

**Phone:** (202) 889-7900  
**Address:** 2041 Martin Luther King, Jr. Avenue, SE #311  
Washington, DC 20020  
**Hours:** Monday-Friday 8:30am-5:30pm. Evenings and Saturdays by appointment only.  
**Fees:** Call for prices  
**Services:** Individuals, families, groups, and adolescents. Counseling and Psychotherapy. Marriage counseling, alcohol/substance abuse counseling. Support groups. HIV/AIDS services: case management, nutrition, food bank, entitlements, health care ed. Primary medical care for HIV.  
**Spanish/Deaf:** None  
**Website:** [www.fmcsinc.org](http://www.fmcsinc.org)  
**Email:** [fmcsinc@fmcsinc.org](mailto:fmcsinc@fmcsinc.org)

#### **Main Child and Family Services**

**Phone:** (202) 442-6100  
**Hotline:** (202) 671-7233  
**Adoption & Foster Care Hotline:** (202) 671-5683  
**Public Info:** (202) 442-6180  
**Address:** 400 6<sup>th</sup> Street, SW  
Washington, DC 20024  
**Hours:** Monday–Friday: 8:00am-4:45pm  
Hotline 24 hours  
**Fees:** Free or low-cost  
**Services:** Referred after crisis or neglect. 24hr intakes, crisis intervention, deals with neglected children and families with children. Family preservation, family support, foster care, adoption.  
**Spanish/Deaf:** Spanish (uses language line)  
**Website:** [www.cfsa.dc.gov](http://www.cfsa.dc.gov)

#### **Meyer Treatment Center**

**Phone:** (202) 237-2700\*\*  
**Address:** 5028 Wisconsin Ave Suite 400 NW  
Washington, DC 20016  
**Hours:** *Phones:* Monday-Friday: 8:30am-5pm  
*Therapy:* Monday-Friday: 8am-8pm  
**Services:** Long or short term individual counseling, family therapy, psychotherapy for clients of all ages. No session limits. Community Mental Health Outpatient service only with a minimum fee of \$50—Medication management clinic for out of network plans  
**Fees:** sliding scale with a minimum of \$50. Insurance accepted.  
**Spanish/Deaf:** Spanish, French, German, Croatian, Yiddish. No deaf services.  
**Website:** [www.wspdc.org](http://www.wspdc.org)

### Progressive Life Center

**Phone:** (202) 842-2016  
**Fax:** (202) 349-7687  
**Address:** 1933 Montana Ave., NE  
Washington, DC 20002  
**Hours:** Monday–Thursday: 8:30am-5:30pm  
Friday: 8:30am-5:00pm  
**Contact:** Peter Fitts  
**Fees:** Call for prices  
**Services:** Provides Behavioral Health, Child & Family Welfare Services. They also have programs focused on the social, emotional and spiritual well-being of African-Americans and Africans throughout diaspora. Provides organizational development and training.  
**Spanish:** Available  
**Website:** [www.ntuplc.org](http://www.ntuplc.org)

### Psychiatric Institute of DC

**Phone:** (202) 885-5600  
(800) 369-2273  
**Address:** 4228 Wisconsin Ave NW  
Washington, DC 20016  
**Hours:** 24 hours  
**Fees:** No sliding scale. Most insurance accepted. Medicare. Medicaid for children under 18 in the MD and DC area only.  
**Services:** A week- 30 day in-patient program. Four programs: Adolescent Unit, Survivors of Abuse (acute care), and Adult Substance Abuse unit, Psychiatric Unit. Out-patient support groups for survivors of trauma and chemical dependency. Children unit as young as 5. Partial-day program 5 days per week dealing with regular adult issues, geriatrics, and survivors of trauma.  
**Spanish/Deaf:** ASL interpreters if needed (not available 24/7)  
**Website:** [www.psychinstitute.com](http://www.psychinstitute.com)

### Victims of Crime Assistance Program (VOCAP)

**Child and Adolescent Protection Center** (part of Children’s Hospital)

**Phone:** (202) 476-3000  
**Appointment Line:** (202) 476-4950  
**Children’s International BEAR Line:** (888) 884-BEAR  
**CAPS:** (202) 476-4100  
**Address:** 111 Michigan Ave, NW  
Washington, DC 20010  
**Hours:** Office 8:30am-12pm and 1pm-4pm; On-call clinician 24 hrs in ER  
**Fees:** Call for prices  
**Services:** Services are for child and adolescent victims of intentional or non-accidental physical injury, *sexual abuse or assault*, children who are hospitalized and classified under hospital protocol as Victims of Violence. On-call clinician provides experienced and skilled crisis intervention. Additionally case management and referral services.  
**Spanish/Deaf:** Interpreters available through the hospital

### Victim Service Center

(Run by the Center for Child Protection and Family Support)

**Phone:** (202) 544-3144  
**Fax:** (202) 547-3601  
**Address:** 714 G St. SE  
Washington, DC 20003  
**Contact:** Linda Cherry  
**Hours:** Monday-Friday: 9am-5pm, extended by appointment.  
**Fees:** Free  
**Services:** The Family Support Center provides preventive and community workshops, outreach, housing, tutoring, food, and utilities assistance. They also have mental health services for children ages 4-17 that have been victims of child abuse, neglect, and witnesses of violence.  
**Spanish/Deaf:** None  
**Website:** [www.stopchildabuse.org](http://www.stopchildabuse.org)

## Child Counseling - Maryland

### Affiliated Santé Group

**Phone:** (301) 572-6585  
**Fax:** (301) 572-5062  
**Address:** 12120 Plum Orchard Drive  
Silver Spring, MD 20904  
**Hours:** Monday–Friday: 8:30am-4:30pm; additional evening and weekend hours  
**Fees:** Sliding scale. Medicaid accepted.  
**Services:** Long and short term individual and family therapy. Support groups for children whose parents are divorced or separated. Groups for special topics (self-esteem, social skills, etc.) Accepts clients of all ages.  
**Spanish/Deaf:** No Spanish; access to deaf services  
**Website:** [www.thesantegroup.org](http://www.thesantegroup.org)

### Family Services Foundation

**Phone:** (301) 459-2121 ext. 200—front desk  
**TTY:** (301) 731-6141  
**Fax:** (301) 459-0675  
**Address:** 5301 76th Ave  
Landover Hills, MD 20784  
**Hours:** Monday/Thursday: 9am-9pm  
Tuesday/Friday: 9am-5pm  
Wednesday: 9am-9pm  
**Fees:** Sliding fee based upon income; Accepts all insurance  
**Services:** Short/long term therapy for individuals & families, support groups for parents & teens. Accepts clients 4 yrs. and older.  
**Spanish/Deaf:** Deaf Services available.  
**Website:** [www.fsfinc.org](http://www.fsfinc.org)

## Child Counseling – Virginia

### Alexandria Domestic Violence Program

**Phone and TTY:** (703) 838-4911  
**Sexual Assault Number:** (703) 683-7273  
**Domestic Violence Hotline:** (703) 746-4911  
**Hours:** 24 hours

**Address:** 421 King St. #400  
Alexandria, VA 22314  
**Fees:** Free for Alexandria residents or, if assault happened in Alexandria  
**Services:** Individual counseling and support groups. Shelter, outreach counseling, and court advocacy.  
**Spanish/Deaf:** Spanish interpreters. TTY available on hotline. (uses language line)  
**Website:** [www.alexandria.gov/domesticviolence](http://www.alexandria.gov/domesticviolence)

### Reston Counseling Center

**Phone:** (703) 437-0400  
**Address:** 1800 Town Center Dr.  
Reston, VA 20109  
**Hours:** Monday-Thursday: 10am-8pm  
Friday: 10am-6pm  
Saturday by appointment only  
**Services:** Counseling for children, adolescents, and adults. Have staff members who specialize in CSA and trauma for both adults and children. Also depression, PTSD, stress, anxiety, hypnosis, play therapy, sex therapy,  
**Intake:** contact Linda Jackson for initial appointment  
**Fees:** Sliding scale, accept some insurance; have payment programs.  
**Spanish/Deaf:** Must bring own interpreter

### Columbia Associates in Psychiatry

**Phone:** (703) 841-1290  
**Address:** 2501 N. Glebe Road, Suite 303  
Arlington, VA 22207  
**Hours:** Monday-Friday: 8:30am-5pm  
**Fees:** MSW's: \$300 for initial evaluation and then \$150-250/Session. Psychologist: \$200 for initial evaluation and then \$165/Session. No sliding scale; no free services; no Medicaid. **DON'T ACCEPT MOST INSURANCE. ONLY ACCEPT TRICARE.** EAP Program only through Arlington County.  
**Services:** Individual counseling for clients most ages, inpatient counseling with psychiatrist, family therapy. Also outpatient therapy, medication management, and psychological testing.

### Dominion Psychiatric Treatment Center

**Phone:** (703) 536-2000  
**Address:** 2960 Sleepy Hollow Road  
Falls Church, VA 22044  
**Hours:** 24 hours  
**Fees:** Insurance — Medicaid (no adult 21 years or older), no MD Medicaid  
**Services:** In-patient child, adolescent, and adult care. Deals with abuse trauma recovery, eating disorders, and dual diagnosis. Have partial programs for children, adolescents, and adults. Crisis intervention includes intake assessment/referral and eating disorder support group. Intake assessment/referral and support groups are free  
**Spanish/Deaf:** Foreign language and deaf interpreters available if needed.

### East River Family Strength Collaborative

**Phone:** (202) 397-7300

**Address:** 3917 Minnesota Avenue, NE Ward: 7  
Washington, DC 20019  
**Hours:** Monday-Thursday: 8:30am–8pm  
Friday: 8:30am-5pm  
**Services:** Family Services Division provides support to families through information and referral services. Objectives include keeping families together and reducing incidences of child abuse and neglect to maximize the strengths of the family to live independently in a community.

### **Family Counseling Center**

**Phone:** (703) 368-1683  
**Contact:** Dr. William McLaughlin  
**Address:** 9300 Grant Avenue, Suite 300  
Manassas, VA 20110  
**Hours:** Monday-Friday: 9am-5pm (call for appointment)  
**Services:** Private Mental Health Center offering a comprehensive range of services for children, adolescents and adults. Staff includes psychiatrists, psychologists, clinical social workers, professional counselors. Services include crisis intervention, psychotherapy, groups, etc for areas such as child sexual abuse and trauma, school problems, adolescent issues, ADHD/behavioral problems, etc.  
**Intake:** by appointment, call center for initial evaluation and clinical director will assign staff member whose experience best meets needs of particular clients.  
**Fees:** accept private health insurance.

### **Northern Virginia Family Service**

**Oakton-Headquarters: (571) 748-2500**  
**Address:** 10455 White Granite Drive, Suite 100  
Oakton, VA 22124  
**Alexandria: (571) 748-2840**  
**Address:** 5249 Duke Street, Suite 308  
Alexandria, VA 22304  
**Loudon: (571) 748-2790**  
**Address:** 2 Pidgeon Hill Drive, Suite 430  
Sterling, VA 20165  
**Tysons Corner: (571) 748 2860**  
**Address:** 8301 Greensboro Drive, Suite 103  
McLean, VA 22102  
**Multicultural Info & Referral Hotline: (703) 533-3302**  
**Hours:** Monday-Friday: 9am-5pm  
**Fees:** Call for prices  
**Services:** One-on-one individual counseling available for \$90/hr as well as family counseling. Also tobacco prevention programs. Job training. Medical and dental services  
**Spanish/Deaf:** Spanish speakers on site but no Spanish speaking counselor  
**Website:** [www.nvfs.org](http://www.nvfs.org)  
**Email:** [info@nvfs.org](mailto:info@nvfs.org)

### **Northwest Center for Community Mental Health**

**Phone:** (703) 481-4100  
**Address:** 1850 Cameron Glen Dr., Suite 600

Reston VA  
**Hours:** Monday-Thursday: 8am-9pm  
Friday: 8am-5pm by appointment.  
Emergency walk-ins Monday-Friday: 9am-5pm.  
**Fees:** \$100 Sliding scale. Serve those without insurance.  
**Services:** Treats Fairfax County residents ONLY. Out-patient counseling for youth (5 and up) to adults, and geriatrics. Connected with abused women's shelter, emergency service. Offers crisis intervention and groups for domestic violence, and the mentally handicapped. Anger management group for abusers. Many support groups. Links to inpatient services, adolescent and adult day treatment programs. Adolescent program is set up like a school program, and for adults they help maintain stability after leaving the hospital.  
**Spanish/Deaf:** Several Spanish speaking counselors.

### **Sexual Assault Response and Awareness - Alexandria Office on Women**

**24 hr hotline:** (703) 683-7273  
**Office Number:** (703) 838-5030  
**Office of Women:** (703) 746-5030  
**Address:** 421 King Street, Suite 400  
Alexandria, VA 22314  
**Office Hours:** Monday-Friday: 8am-5pm  
**Fees:** Free  
**Services:** 24-hour hotline; support groups including adolescent, adult CSA survivors, creative expression. Short term counseling for adults and children. Medical and legal advocacy. Will accompany survivor to ANOVA Fairfax Hospital, Alexandria Police, and Alexandria Courts. Must live in Alexandria or be victimized in that city/county. Support groups also offered to non-Alexandria residents.  
**Spanish/Deaf:** Multicultural coordinator fluent in Spanish. No TTY. List of Deaf interpreters available.

### **(Woodbridge) Child & Family Counseling Center**

**Phone:** (703) 670-5738  
**Address:** Village Square, 13649 Office Place, Suite 102  
Woodbridge, VA 22192  
**Hours:** Monday-Friday: 9am-12pm & 2pm-5pm (close at 4pm on Fri)  
Therapists here Monday-Friday  
**Fees:** PhD's: \$110-95; LICSW \$100-85  
**Services:** Individual counseling, family therapy for clients age 5 and older.

### **Woodburn Center**

**Phone:** (703) 573-0523  
**Entry Referral:** (703) 383-8500  
**Emergency Number:** (703) 573-5679  
**Address:** 3340 Woodburn Rd  
Annandale, VA 22003  
**Hours:** 24 hours for emergency  
**Fees:** Sliding scale for Fairfax County residents  
**Services:** Individual for clients of all ages and family counseling for clients up to age 18.  
Support groups.  
**Spanish/deaf:** Spanish and deaf, Vietnamese, Arabic



# Parenting Programs

## Bell Multicultural High School

**Phone:** (202) 939-7700

**Address:** 3101 16 St. NW  
Washington, DC

**Services:** Specialized child and teen parent day care development program. All teen mothers attend regular classes while their children ages 2-36 months stay in the day care located within the school.

# DEAF SERVICES

**NOTE:** DCRCC can sometimes provide a deaf or signing counselor; we can also provide referrals to deaf therapists who work on sexual assault issues. For referrals to counseling, see below or have the survivor call the DCRCC Business line using a relay service (preferred method) or calling the Center at TTY (202) 328-1371.

**All business lines will need to be called using a relay service.**

## Assistance

### Alcoholics Anonymous (AA)

**Phone:** (202) 966-9115  
**Website:** [www.aa-dc.org](http://www.aa-dc.org)  
**Email:** [aa-dc@starpower.net](mailto:aa-dc@starpower.net)

### Alexandria Child and Family Protective Services

**Phone:** (703) 746-5800  
**TTY:** (703) 836-1493

### Alternative Solutions Center

**Fax:** (301) 493-6044  
**Email:** [asc@ascdeaf.com](mailto:asc@ascdeaf.com)  
**Services:** Deaf-owned and operated psychotherapy and consulting practice staffed by Deaf licensed professional therapists.  
**Website:** <http://www.ascdeaf.com/home.html>

### Arlington Sexual Assault

**TTY:** (703) 358-4610

### CDC Info: HIV/AIDS and STI Hotline

**Info/education:** Monday-Friday: 8am-8pm (Eastern Standard Time)  
**Hotline:** (800)-232-4636  
**TTY:** (888) 232-6348

### Deaf Abused Women's Network (DAWN)

**TTY:** (202) 861-0258  
**Fax:** (202) 742-1730  
**Video-Phone:** (202) 559-5366  
**24 hour Hotline/TTY:** (866) 290-DAWN (3296)  
**Or** [hotline@deafdawn.org](mailto:hotline@deafdawn.org)  
**Address:** 5231 1<sup>st</sup> Place, NE  
Washington, DC 20011  
**Website:** [www.deafdawn.org](http://www.deafdawn.org)  
**Email:** [info@deafdawn.org](mailto:info@deafdawn.org)

### Deaf-REACH

**TTY & Voice:** (202) 832-6681  
**Fax:** (202) 832-8454  
**Services:** Counseling and referrals regarding housing, job skills, etc.  
**Website:** [www.deaf-reach.org](http://www.deaf-reach.org)

**Equal Employment Opportunity Commission (E.E.O.C.)**

**Phone:** (202) 663-4900  
**TTY:** (202) 663-4494  
**General Inquiry/Complaint:** (800) 669-4000  
**Field Office:** (800) 408-8075  
**Employee Line at Headquarters:** (202) 663-4791  
**Website:** [www.eeoc.gov](http://www.eeoc.gov)  
**Email:** [info@ask.eeoc.gov](mailto:info@ask.eeoc.gov)

**Montgomery County Sexual Assault/Abuse Crisis Center**

**Crisis Center:** (240) 777-4000  
**Sexual Assault:** (240) 777-1355  
**VASA (Victims Assistance of Sexual Assault):** (240) 777-1355 after hours line  
**VASA Address:** 1301 Picard Drive  
Rockville, MD  
**VASA Hours:** Monday-Friday: 8am-4pm

**National Domestic Violence Hotline**

**Phone:** 1-800-799-SAFE(7233)  
**TTY:** (800) 787-3224 24 hrs. Provides information and referrals.  
**Website:** [www.ndvh.org](http://www.ndvh.org)

**Psychiatric Institute of DC**

**Phone:** (202) 885-5610 admission  
**TTY:** (202) 885-5615  
**Address:** 4228 Wisconsin Ave, NW Washington, DC 20016  
**Services:** In-patient, partial hospitalization, intensive out-patient services for all adolescents up (13+). Day treatment for trauma and PTSD; Specialized program for chemical dependency.  
**Website:** [www.psychinstitute.com](http://www.psychinstitute.com)

**Sign Language Associates**

**Phone:** (301) 946-9710  
**TTY/VOICE:** (301) 946-9710  
**Hours:** 8am-5pm Interpreting Service.  
**Email:** [info@signlanguage.com](mailto:info@signlanguage.com)  
**Website:** [www.signlanguage.com](http://www.signlanguage.com)

## Deaf Services Police

**Alexandria Police**

**TTY: (703) 838-4896 24hrs**

**Arlington Police & Fire**

**Non-emergency TTY: (703) 228-4613**

**Emergency TTY: 911**

**D.C. Metropolitan Police**

**TTY: 311**

**Emergency TTY: 911**

**Montgomery County Police**

**TTY: 911 24hrs**

**TTY/Voice Non-emergency: (301) 279-8000**

**General Info TTY: (240) 777-2545**

**Prince George's County Police**

**TTY: (301) 333-4000 24 hours (non-emergency)**

**Emergency TTY: 911**

## Deaf Services - Relay Services

**NOTE:** Anyone can use the relay services; just call the number and they will either relay the information from voice to TTY or from TTY to voice. Speak in the first person when using the relay service.

**D.C. Relay Service**

**TTY/Voice: 711**

**TTY: (800) 643-3768**

**Voice: (800) 643-3769**

Access for deaf DC residents, DC employees, and Gallaudet University students. Available to DCRCC.

**Maryland Relay Service**

**TTY/Voice: 711**

**TTY: (800) 735-2258**

**Voice: (800) 201-7165**

Access for deaf MD residents and MD employees.

**Virginia Relay Service**

**TTY/Voice: 711**

**TTY: (800) 828-1120**

**Voice: (800) 828-1140**

Access for deaf VA residents and VA employees.

# SERVICES FOR PERSONS WITH DISABILITIES

**The DC Center for Independent Living, Inc.**

**Main Office:** (202) 388-0033  
**Fax:** (202) 398-3018  
**TTY:** (202) 388-0277  
**Address:** 1400 Florida Avenue, NE  
Washington, DC 20002

**Anacostia Satellite Site**

**Phone:** (202) 889-5802  
**Fax:** (202) 889-1159  
**Address:** 2041 Martin Luther King Jr. Ave SE\*\*  
Washington, DC 20020  
**Hours:** MTuThF: 8:15am-4:45pm; W 11am-7pm\*\*  
**Services:** Staff and volunteers assist DC residents with disabilities to become more self-sufficient, understand and advocate for their rights and services to which they are entitled, and to work collectively for a barrier-free society. Programs include an independent living program for older individuals who are blind (vision aids, vision evaluations, reader service, etc.) And also a transition training center, a program for persons with traumatic brain injuries. Refer to transitional housing  
**Fees:** free  
**Spanish and TTY only available at Main Office**

# DOMESTIC VIOLENCE

*SEE ALSO: Rape Crisis Centers, Shelters, and Mental Health sections*

*FOR PERPTRATORS: See Offenders Programs*

## Crisis Intervention

### Alexandria Domestic Violence Program

**Phone:** (703) 838-4911  
**Address:** 421 King Street, Suite 400 Alexandria, VA 22314  
**Hours:** 24 hour phones  
**Services:** Provide crisis counseling, support groups, court advocacy, and outreach for battered women and their children. This is also a shelter.  
**Eligibility:** Must be Alexandria resident and for shelter must be actively in danger  
**Intake:** Screening process. Must call first.  
**Spanish/Deaf:** Both available

### Arlington County Victims of Violence Program

**Hotline:** (703) 228-4848 (24/7)  
**Business:** (703) 228-1200\*\* (Monday - Friday, 8am-5pm)  
**TDD:** (703) 228-1598  
**Address:** 3033 Wilson Boulevard, Arlington, VA 22201  
**Hours:** 24 hours; business line M-F 8am-5pm  
**Fees:** none  
**Services:** Services available primarily to Arlington County Residents. Group and individual counseling. Companion services are upon request. Accompany survivor to hospital and courts. Has ongoing support groups for violence but only periodic ones for sexual assault. Advocacy, referrals, and community education.  
**Spanish/Deaf:** Spanish counselors available:  
Dama Vasquez...(703)228-1513  
Mari Michoud...(703)228-1517  
Deaf Interpreters available upon request

### Asian Pacific Islander Domestic Violence Resource Project

**Phone:** (202) 464-4477  
**Hours:** M-F 10am-6pm  
**Services:** Advocates are available who speak Cantonese, Farsi, Hindi, Hmong, Japanese, Korean, Mandarin, Nepali, Punjabi, Tagalog, Thai, Urdu, and Vietnamese.  
**Website:** www.dvrp.org

### CHANA (Counseling, Helpline and Aid Network for Abused Women)

**Phone:** (410) 234-0023\*\*  
**Hours:** MTh 8:30am-8:30pm TuWF 8:30am-5:30pm\*\*  
**Address:** 101 W. Mount Royal Ave.  
Baltimore City, MD 21201-5781  
**Services:** Hotline, support group, individual counseling, safehouse, legal services and referrals for Jewish victims of domestic violence. Rabbinical and lay professional training, speaker's bureau.

**Comprehensive Psychiatric Emergency Program** (Formerly: Emergency Psychiatric Response Division)

**Admin:** (202) 673-9319  
**Crisis Line/TTY:** (202) 561-7000  
**Hours:** 24 hours  
**Fees:** No fee  
**Services:** Affiliated with St Elizabeth's. Off-site intervention available. CPEP will send unit to meet someone if necessary.

**DC City-wide Domestic Violence Hotline**

**Hotline:** (202) 333-STOP

**Doorways for Women and Families**

**Phone:** (703) 237-0881  
**Services:** Provide crisis counseling, support groups, court advocacy, and outreach for battered women and their children. This is also a shelter.

**DC Coalition Against Domestic Violence**

**Phone:** (202) 299-1181  
**Address:** 5 Thomas Circle, NW  
Washington, DC 20005  
**Website:** [www.dccadv.org](http://www.dccadv.org)

**DC Safe**

**Phone:** (202) 879-8740  
**Address:** PO Box 7412  
Washington, DC 20044  
**Services:** Provides emergency services, court advocacy, and system reform in DC area  
**Website:** [dcsafe.org](http://dcsafe.org)

**District Alliance for Safe Housing (DASH)**

**Phone:** (202) 462-3274  
**Address:** 1926 14<sup>th</sup> Street, NW, #B  
Washington, DC 20009  
**Website:** [www.dashdc.org](http://www.dashdc.org)

## Legal Assistance

**Georgetown University Domestic Violence Clinic**

**Phone:** (202) 662-9640  
**Address:** 111 F Street, NW, Suite 334  
Washington, DC 20001  
**Hours:** Monday-Friday 9am-5pm (appt. only)  
**Services:** Work on Civil Protection Orders for victims of domestic abuse. Work done by students so less availability in summer. By appointment only. Make intake referrals and take cases.  
**Fees:** Free  
**Spanish/Deaf:** Spanish may be available  
**Email:** [dvclinic@law.georgetown.edu](mailto:dvclinic@law.georgetown.edu)  
**Website:** [www.law.georgetown.edu](http://www.law.georgetown.edu)

### **Network for Victim Recovery of DC (NVRDC)**

**Phone:** (202) 472-1727  
**Fax:** (202) 472-1723  
**Address:** The Lighthouse: Center for Healing  
5321 1<sup>st</sup> Place, NE  
Washington, DC 20011  
**Website:** [www.nvrdc.org](http://www.nvrdc.org)

### **International Women's Human Rights Clinic**

**Phone:** (202) 662-9640  
**Address:** 111 F Street NW, Rm 334  
Washington, DC 20001  
  
**Hours:** Monday - Friday 9am-5pm (appt. only)  
**Fees:** Free  
**Services:** Propose legislation to help enhance womens rights. Collect data on the persecution of women in other countries.  
**Website:** [www.law.georgetown.edu](http://www.law.georgetown.edu)

### **Legal Services of Northern Virginia**

**Address:** 3401 Columbia Pike, Suite 301  
Arlington, VA 22204  
**Phone:** (703) 778-6800  
**Fax:** (703) 532-3733  
**Main Office:** 6066 Leesburg Parkway, Suite 500 Falls Church, VA 22041  
**Hours:** Business: Monday-Friday: 9am-5pm; Call for intake hours; closed for lunch 12:30pm-1:30pm  
**Services:** Serves Arlington, Fairfax, Alexandria, Prince William and Loudon counties, Route 1, Callmore (near 7 Corners) call for separate locations. Legal assistance and advocacy for men and women in domestic violence situations, survivors of sexual assault and CSA, etc. Civil cases only, no criminal or traffic cases.  
**Spanish/Deaf:** Spanish Intake Specialist; No TTY, but will assist Deaf survivors  
**Website:** [www.lsnv.org](http://www.lsnv.org)  
**Email:** [webadmin@lsnv.org](mailto:webadmin@lsnv.org)

### **Virginia Lawyer Referral Service**

**Phone:** (800) 552-7977  
**Services:** Refer one lawyer in the area for a half hour consultation (phone or in-service).  
**Fees:** Consultation has a \$35 fee. (Takes Visa & Mastercard)  
**Hours:** 9am-5pm Closed on state holidays.

### **The Women's Center**

See entry in Mental Health.

## Resource Guide/Services



## **DC Resources for Domestic Violence Survivors (Resource Manual)**

**Available:** On Google Docs or at [http://www.dccadv.org/docs/resource\\_manual.pdf](http://www.dccadv.org/docs/resource_manual.pdf)

### **Domestic Violence Resource Clinic**

**Phone:** (202) 425-7573  
**Address:** Westminster Presbyterian Church  
400 I Street, SW  
Washington, DC 20024  
**Website:** [clinic@devlp.org](mailto:clinic@devlp.org)  
**When:** Every Wednesday from 1:00 -- to 3:30 pm

## Spanish Services

### **AYUDA (Legal Services for DV cases)**

**Phone:** (202) 387-4848  
**Address:** 6925 B Willow Street, NW  
Washington, DC 20009  
**Hours:** Monday-Friday: 9am-5pm  
Consultation: Thursday: 9am-11am (by appointment ONLY)\*\*  
**Fees:** Consultation for immigration – \$40 (Cash Only)\*\*  
**Services:** Immigration and domestic violence cases in DC only, for Latina women. Offers legal assistance, and referrals. Hermanas Unidas is a support group for battered Latina women. Immigration help for both males and females.  
**Website:** [www.ayudainc.org](http://www.ayudainc.org)  
**Languages:** Spanish, Polish, and French interpreters available. No deaf services.

### **La Clinica del Pueblo**

**Phone:** (202) 462-4788  
**Fees:** On a sliding scale  
**Services:** Counseling and support for battered Hispanic and immigrant women  
**Website:** [www.lcdp.org](http://www.lcdp.org)

# ELDERLY ASSISTANCE

## Adult Protection Services

**24 Hour Hotline:** (202) 541-3950

**Address:** 64 New York Avenue, NE, 4<sup>th</sup> Floor  
Washington, DC 20001

**Services:** Provide services for ages 18 and up dealing with abuse, neglect, and exploitation issues. DC residents only. Must have physical or mental impairment.

## Barney Neighborhood House Aging Program

**Phone:** (202) 939-9020

**Fax:** (202) 939-5755

**Address:** 5656A 3<sup>rd</sup> Street, NE, (Ward 4 only)  
Washington, DC 20011

**Hours:** Monday-Friday: 9:00am-5:00pm\*\*

## Call 'N' Ride (WEHTS Office)

**Phone:** (202) 715-7652

**Address:** 2601 18th St., NE  
Washington DC 20018

**Hours:** Monday-Friday: 7:30am-6pm

\*Call 'n' Ride is a transportation service funded by the DC Office on Aging and administered by WEHTS. It allows elderly (60 years or older) DC residents who meet certain eligibility requirements to obtain transportation for a portion of its normal cost. It is a **curb-to-curb** service, and trips may be made for any purpose. Once your application has been approved, you will be issued a photo ID card and a coupon order form. You may buy coupons on a **sliding scale fee depending upon income**. The coupons *must* be paid for by check or money order. Taxicabs provide the transportation. Drivers will accept CALL 'N' RIDE coupons to cover the cost of fares for trips that you take. To find out if you are eligible for **CALL 'N' RIDE** services, please call the office.

## D.C. Office On Aging

**Phone:** (202) 724-5622

**Hours:** M-F 8:30am-5pm

**Address:** 500 K Street, NE  
Washington, DC 20002

They provide over forty different services for seniors 60 yrs and older. They have everything from senior housing to emergency assistance. Call for specific information.

## Seabury

**Phone:** (202) 529-8701

**Fax:** (202) 832-0127

**Address:** 2900 Newton Street, NE (wards 5)  
Washington, DC 20018

**Hours:** Monday-Friday: 9am-5pm

## Iona Senior Services

**Phone:** (202) 895-9448

**TTY:** (202) 895-9444

**Fax:** (202) 895-0244

**Address:** 4125 Albemarle St, NW

Washington, DC 20016  
**Hours:** Monday-Friday: 9am-5pm  
**Website:** [www.iona.org](http://www.iona.org)  
**Email:** [info@iona.org](mailto:info@iona.org)

### **Iona Transportation Resources**

**Phone:** (202) 895-0234  
**Fax:** (202) 895-0244  
**Address:** 4125 Albemarle St NW  
Washington, DC 20016  
**Hours:** Monday-Friday: 9am -5pm  
**Services:** If you are 60 years or older and live in the IONA Senior Services Area (West of Rock Creek Park), call the above number, one week in advance, to arrange for transportation. DC Resident wards coordinate and provide transportation for senior citizens.

### **Metro Access**

All routes have accessible buses, but not all are bus accessible. Will arrange a wheelchair lift bus to be put on a bus route once or on a regular schedule. Wheelchair users must be able to enter and exit the bus by themselves or bring an escort. Call 24 hours in advance and before 3pm.

### **Metro Paratransit Service for the Disabled**

**Phone:** (301) 562-5360  
**Metro's Department of Americans with Disabilities Act** will arrange door-to-door transportation for anyone who is disabled regardless of age. Any destination currently served by metrobus or metrorail. Applications must be completed and submitted with a physician's statement.

\*\*Starting June 27, 2004, any Metro Access customer (person w/disability) and 1 accompanying customer may ride Metrobus and Metrorail free for a 18-month trial period. Call Metro Access at (301) 562.5370 between 8am-4:30pm, weekdays, for more info.

### **Metrobus Discounts**

**Metrobus Access:** (202) 962-1234  
**Services:** Persons 65 and older can get a discount card that allows them to ride for ½ price. Available at Giant Food Stores, Public Libraries, and IONA Senior Services. Proof of age/photo ID required. Must obtain card in advance (cannot purchase at station).  
**Website:** [www.wmata.com](http://www.wmata.com)

### **National Center on Elder Abuse**

**Phone:** (855) 500-3537  
**Hours:** 9am-5pm  
**Website:** [www.ncea.aoa.gov](http://www.ncea.aoa.gov)  
**Email:** [ncea-info@aoa.hhs.gov](mailto:ncea-info@aoa.hhs.gov)

### **National Clearinghouse on Abuse in Later Life**

**Phone:** (608) 255-0539  
**Website:** www.ncall.org  
**Email:** ncall@wcadv.org

**National Committee for the Prevention of Elder Abuse**

**Phone:** (202) 682-4140  
**Website:** www.preventelderabuse.org  
**Email:** ncpea@verizon.net

**UPO Senior Life Center**

**Phone:** (202) 547-0569  
**Address:** 1508 East Capitol Street, NE  
Washington, DC 20003  
**Hours:** Monday-Friday: 8:30am-4:30pm

**UPO Senior Services**

**Phone:** (202) 238-4711  
**Hours:** Monday-Friday: 9am-5pm  
**Contact:** Dianna Guinyard –Community Director  
**Eligibility:** 18 years and above

# EMERGENCY FOOD

## 6<sup>th</sup> Presbyterian Church

**Phone:** (202) 723-5377  
**Address:** 5413 16<sup>th</sup> St, NW  
Washington, DC 20011  
**Hours:** 12:30pm-2pm (every 2<sup>nd</sup> and 4<sup>th</sup> Wed of every month)  
**Restrictions:** for anyone; a person may receive a food bag twice; after 2 visits, required to have a referral

## Action for Peace Through Prayer & Aid

**Phone:** (202) 939-0754  
**Address:** 319 R Street, NW  
Washington, DC 20001  
**Hours:** 9-6pm (Monday-Saturday) Call for appointment  
**Services:** Food, clothing, chapel service, hair cuts (once a month: first Thursday at 2pm), dance class for children (4pm Tuesday), pastoral counseling; bilingual (Korean and English); free wedding dress service for homeless (sliding fee scale for laundry)  
**Restrictions:** none mentioned

## Andromeda Transcultural Health

**Phone:** (202) 291-4707  
**Address:** 1400 Decatur Street, NW  
Washington, DC 20011  
**Hours:** Monday-Friday: 9pm-5pm  
**Services:** HIV/AIDS services; primary care; case management, mental health, substance abuse counseling  
**Restrictions:** none mentioned  
**Website:** [www.andromedatransculturalhealth.org](http://www.andromedatransculturalhealth.org)

## A.P. Shaw Food Pantry

**Phone:** (202) 562-1874  
**Address:** 3209 5<sup>th</sup> St. NW  
Washington, DC 20020  
**Hours:** Tuesday, Wednesday, Thursday: 12pm-3pm  
**Services:** emergency food (canned goods), clothing  
**Restrictions:** DC residents; ID required for food; no restrictions on clothing

## Berean Baptist Church

**Phone:** (202) 829-8454  
**Address:** Department of Community and Social Services  
924 Madison Street, NW  
Washington, DC 20011  
**Hours:** Friday: 9am-11am  
**Services:** food and clothing; religious counseling

## Food and Friends

**Phone:** (202) 269-2277

**Address:** 219 Riggs Road, NE  
Washington, DC 20011  
**Hours:** Monday-Thursday: 8am-5pm  
Friday/Saturday: 8am-2pm  
**Services:** home delivered meals for people with AIDS, cancer, and other life challenging illnesses; bilingual in Spanish and English  
**Restrictions:** referrals preferred

**Greater Washington Urban League Aging Services**

\*Contact Headquarters

**Phone:** (202) 265-8200  
**Address:** 2901 14<sup>th</sup> Street, NW  
Washington, DC 20009

**Plymouth Congregational Church Food Pantry**

**Phone:** (202) 723-5330  
**Address:** 5301 North Capitol Street, NE  
Washington, DC 20011  
**Hours:** 10-noon (Sat)  
**Services:** emergency food  
**Restrictions:** Written referral from agency, facility, or church member who can certify need of client required

**S.O.M.E. (Main Office)**

**Phone:** (202) 797-8806  
**Address:** 600 O Street, NW  
Washington, DC 20001

# GYNECOLOGISTS (PRIVATE)

## Ellen Whitaker M.D.

**Phone:** (202) 877-7000  
**Address:** 106 Irving Street NW  
North Tower Suite 4400  
Washington, DC 20010  
**Hours:** Monday-Friday: 9am-1pm; 2pm- 4pm

## H. Yeni Komshian, M.D.

**Phone:** (301) 656-5920  
**Address:** 5530 Wisconsin Avenue Suite 855  
Chevy Chase, MD 20815  
**Language:** English, Arabic, French, German, Turkish

## Peggy Scurry, M.D.

**Phone:** (202) 291-0124  
**Address:** Howard University Hospital  
**Hours:** Monday-Friday: 8am-5pm  
1 month wait for new patients  
**Fees:** Accept most insurance; without insurance call for prices  
**Spanish/Deaf:** Can make arrangements

## Sara L. Imershein, M.D.

**Address:** 2311 M. St. NW, Suite 304  
Washington, DC 20037  
**Phone:** (202) 466-4800  
**Fax:** (202) 466-4808  
**Hours:** Monday - Friday 8am-4pm

# HEALTH CARE FOR THE HOMELESS

*See also: Shelters*

## Unity Health Care, Inc.

**Main office:** (202) 715-7900  
**Fax:** (202) 544-4393  
**Address:** 1220 12<sup>th</sup> St. SE, Suite 120  
Washington, DC 20003  
**Website:** [www.unityhealthcare.org](http://www.unityhealthcare.org)  
**Email:** [info@unityhealthcare.org](mailto:info@unityhealthcare.org)

Below is a list of clinics provided by Unity Health Care, Inc. The clinics mainly offer general health care, such as treatment for common colds, STIs, and follow-up treatment. Some do HIV testing but you need to call and find out.

## 801 East Building for the Homeless

**Phone:** (800) 535-7252  
**Address:** St. Elizabeth's Hospital Grounds  
2700 Martin Luther King, Jr. Ave, SE  
Washington, DC 20032

## Blair Shelter

**Phone:** (800) 535-7252  
**Address:** 635 I St. NE, Ward 6  
Washington, DC 20002  
**Hours:** Tuesday: 5:30pm-9pm  
**Restrictions:** Males only; primary medical care

## Central Union Mission Center for the Homeless

**Phone:** (202) MISSION (202-647-7466)  
**Address:** 1631 14th Street, NW  
Washington, DC 20009

## Christ House Medical Shelter

**Phone:** (202) 328-1100  
**Fax:** (202) 232-4972  
**Address:** 1717 Columbia Road, NW  
Washington, DC 20009  
**Service Hours:** Monday, Tuesday, Thursday: 1pm (first come, first serve)  
**Dr. Hours:** Monday, Tuesday, Friday: 12:30pm (first come, first serve)

## Federal City Shelter Clinic (CCNV)

**Phone:** (202) 508-0500  
**Address:** 425 2nd St. NW  
Washington, DC 20001  
**Hours:** Monday-Friday: 7:45am-4pm  
**Services:** Primary medical care for adult men and women, HIV testing and treatment, case management, psychiatric services, social services, substance abuse counseling and referrals.  
**Eligibility:** Permanent 24 hours shelter for adults, call (202) 393-1909. Stay is about 1 year.



**Admission:** Men on Sundays at 6am. Elderly (over 50), Women, and Handicapped admitted on a daily basis.

**Friendship Place Clinic**

**Phone:** (202) 364-1419  
**Address:** 4713 Wisconsin Ave., NW  
Washington, DC 20016  
**Hours:** Monday: 12:30pm-4pm,  
Tuesday-Friday: 8:30am-11:30am, 1pm-3pm  
**Services:** Comprehensive case management; permanent housing for formerly homeless mentally ill; temporary housing (walk-in)

**Good Hope Road Clinic (formerly Bethlehem Clinic)**

**Phone:** (202) 610-7280  
**Address:** 1638 Good Hope Road, SE  
Washington, DC 20020  
**Hours:** Monday-Friday: 8am-4:45pm  
**Intake:** Families, Women and Men  
**Services:** Primary medical care for adult men and women, HIV testing and treatment, case management, psychiatric services, social services, TB screenings and substance abuse referrals.  
**Website:** [www.unityhealthcare.org](http://www.unityhealthcare.org)

**Harborlights (Salvation Army)**

**Phone:** (202) 269-6333  
**Address:** 2100 NY Ave NE  
Washington, DC 20002

**NY Ave Shelter**

**Phone:** (202) 281-3884  
**Address:** 1355 NY Ave NE  
Washington, DC 20002

# HOSPITALS

**NOTE:** Survivors should go to a hospital in the area where they were raped, not where they live. Women raped in DC must go to a DC hospital. MD residents must go to a hospital in the County where they were raped. VA residents should call the hospital first. They will be asked where they were raped and directed to the correct hospital.

Female MD's may not be available; however, hospitals have a female attendant (usually a nurse) in the room with the survivor.

Although Police may be routinely called, survivors are not required to talk to the police or report the rape unless they wish to do so. Only at D.C., Alexandria, Arlington, and Fairfax Hospitals patients are required to talk to the police if they want FREE services. **The Rape Kit is always free. The hospital may charge a fee for any additional services provided.**

All hospitals accept Medicaid and no up front payment is needed. Survivors will be billed at a later date.

\*See end of section for hospitals which DO NOT treat rape survivors.

## Hospitals - District of Columbia

### Children's National Medical Center

**Address:** 111 Michigan Ave. NW  
Washington, DC 20010

**Main Number:** (202) 476-5000

**ER:** (202) 476-5433  
(800) 884-5433

**Testing/Counseling:** Child Protective Services does not see children in crisis. All survivors who have been assaulted within 72 hours are seen by Sexual Assault Nurse Examiners (SANE). Survivor is given complete physical examination as well as tested for gonorrhea and pregnancy. HIV test done by request. Advised to return for follow-up treatment. Emotional support routinely provided for both survivor and parents. Treats up to age 18.

**Reporting Policy:** Will report to the police unless survivor refuses to provide information.

**Consent Policy:** Parental consent is not required for rape survivors.

**Fees:** Sliding scale

**Female Gynecologist:** Sometimes available. Survivor can request one. No guarantee.

**Morning After Pill:** Prescribed but not dispensed, have to ask for it. Given to minors who are rape survivors.

**Spanish/Deaf:** Have Spanish and ASL interpreters.

**Public Transportation:** Metro Red Line to Brookland, shuttle available to hospital

**Website:** [www.childrensnational.org](http://www.childrensnational.org)

### Georgetown University Hospital

**Main Number:** (202) 444-2000

**ER:** (202) 444-2119

**Address:** 3800 Reservoir Road, NW  
Washington, DC 20007

**Testing/Counseling:** Psychiatrist on call 24hrs; Refers survivor for further counseling: No abortions done; STI, HIV & Pregnancy testing in clinic not ER

**Reporting Policy:** Parents must consent to a police report.

**Consent Policy:** Officially, will not treat survivors under 18 w/o parental consent.

**Fees:** \$250-350. Fee is for the Emergency room visit and any tests that Georgetown University Hospital runs. Fee charged even if report to police. Fees may vary depending on the situation. Some fees may be less and some more.

**Female Gynecologist:** Sometimes available. Can request one, but no guarantee.

**Morning After Pill:** Not available. No birth control.

**Tranquilizers:** Depends on case.

**Spanish/Deaf:** Spanish and ASL interpreters available.

**Public Transportation:** Red Line to Dupont Circle, transfer to either the D2 or D4 bus found on P street, which runs straight to the hospital.

**Website:** [www.georgetownuniversityhospital.org](http://www.georgetownuniversityhospital.org)

### **George Washington University Hospital Center**

**Business:** (202) 715-4000

**ER & Nursing Unit:** (202) 741-4911

**Toll Free:** (888) 449-3627 (physician referral #)

**Address:** 900 23rd St., NW  
Washington, DC 20037

**Testing/Counseling:** STI treatment provided and info. given. HIV testing available. Counseling services available through social services department. If extreme emergency, social services worker is on call.

**Reporting Policy:** Will report to police no matter what

**Consent Policy:** Depends on case whether or not hospital will contact parents. They sometimes refer minors to Children's Hospital.

**Fees:** Payment plan. No sliding scale

**Female Gynecologist:** Sometimes available. Survivor can request one. No guarantee.

**Morning After Pill:** Dispense and prescribed if requested.

**Tranquilizers:** given at doctors discretion.

**Spanish/Deaf:** Spanish and ASL interpreters.

**Public Transportation:** Blue/Orange Line to Foggy Bottom. The hospital is located directly across the street from the exit.

**Website:** [www.gwhospital.com](http://www.gwhospital.com)

### **Howard University Hospital**

**Phone:** (202) 865-6100

**Address:** 2041 Georgia Ave, NW  
Washington, DC 20030

**Services:** Sexual Assault Nurse Examiners Program (SANE) for adults

**Testing/Counseling:** SANE or ER doctor treat in the ER and provide referrals. Social services do follow-up & counseling. Counseling regarding pregnancy and STI. STI screening and HIV testing available. Counseling through social services available.

**Reporting Policy:** Police will be called.

**Consent Policy:** Parental consent needed for minors.

**Fees:** Free through SANE program only, requires police report.

**Female Gynecologist:** Female SANE unless unavailable then on-call ER physician.

**Morning After Pill:** Available through SANE Program only

**Tranquilizers:** Available.

**Spanish/Deaf:** Spanish & ASL interpreters available.

**Public Transportation:** Green Line to Shaw. Bus 70 on 7th St. (Accessible from Silver Spring).

**Website:** [www.huhosp.org](http://www.huhosp.org)

### Providence Hospital

**Phone:** (202) 269-7000  
**Address:** 1150 Varnum St. NE  
Washington, DC 20017  
**Testing/Counseling:** STI and pregnancy tests given. HIV testing available if requested. No counselors on site, but can give referrals. Social workers on site. The survivor is allowed to have one person with her at all times. RCC counselors are allowed in this area.  
**Reporting Policy:** Case management  
**Fees:** No sliding scale. Call for fees.  
**Female Gynecologist:** Sometimes available. Survivor can request one. No guarantee.  
**Morning After Pill:** Not available. No contraception provided.  
**Tranquilizers:** Available.  
**Spanish/Deaf:** Can call for Spanish and ASL interpreters.  
**Public Transportation:** Red Line to Brookland, Bus 80 (Fort Totten)  
**Website:** [www.provhosp.org](http://www.provhosp.org)

### United Medical Center

**Phone:** (202) 574-6000  
**ER:** (202) 574-5465  
**Address:** 1310 Southern Ave, SE  
Washington, DC  
**Services:** Treat rape survivors who do not want to PG County Hospital. Sex Squad is called and they bring a rape kit for the examination.  
**Fees:** Free rape kit  
**Reporting Policy:** Police are always called  
**Consent Policy:** Unclear  
**Morning After Pill:** Not available  
**Tranquilizers:** Available but rarely given  
**Spanish/Deaf:** Arrange for Spanish and ASL interpreters. Call in advance.  
**Website:** [www.united-medicalcenter.com](http://www.united-medicalcenter.com)

### Washington Hospital Center

**ER:** (202) 877-3627  
**Main Services:** (202) 877-7000  
**Address:** 110 Irving St., NW  
Washington, DC 20010  
**Hours:** 24 hr ER  
**Testing/Counseling:** Pregnancy and STI tests given from 8-4:30pm. HIV tests available. Use DCRCC for counseling. Social services occasionally on-site. Assault kit is used in examination.  
**Reporting Policy:** Police called at survivor's discretion. Must report to the police if survivor is under 18.  
**Consent Policy:** Parental consent required for under 18 yrs. The consent policy depends on the situation.  
**Fees:** No sliding scale. Financial counselors decide payment  
**Female Gynecologist:** Sometimes available. Survivor can request one.  
**Morning After Pill:** Prescribed in ER  
**Tranquilizers:** Available  
**Spanish/Deaf:** Access to Spanish and Deaf interpreters  
**Public Transportation:** Red Line to Brookland. Then H2 and H4 buses.  
**Website:** [www.whcenter.org](http://www.whcenter.org)

# Hospitals - Maryland

## Holy Cross Hospital

**Phone:** (301) 754-7000

**Address:** 1500 Forest Glen Road  
Silver Spring, MD 20910

**Testing/Counseling:** Testing and counseling for STI, pregnancy and HIV tests provided at patient's request. Counseling referrals made. Montgomery Co. DCRCC companions routinely called. \*They have *Religious counselors* from every denomination available should the survivor request one.

**Reporting Policy:** Always report to police.

**Consent Policy:** Parental consent

**Fees:** Will treat regardless of ability to pay.

**Female Gynecologist:** Sometimes available. Survivor can request one. No guarantee. They will also refer the Survivor to the nearest SANE Program.

**Morning After Pill:** Not available, but will give referrals.

**Tranquilizers:** Available.

**Spanish/Deaf:** Spanish and deaf interpreters.

**Public Transportation:** Red Line to Forest Glen Metro-Ride On Bus #8.

**Website:** [www.holycrosshealth.org](http://www.holycrosshealth.org)

## Prince George's General Hospital

**Phone:** (301) 618-2000

**Address:** 3001 Hospital Dr.  
Cheverly MD 20785

**Testing/Counseling:** Assault must have occurred in PG County or the survivor must be a PG resident in order to receive Emergency Treatment. STI, pregnancy test but NO HIV testing. Separate examination room. PG RCC staff always present at exam. Follow-up counseling available. Counseling provided by PGRCC. Group counseling/support group. Rape survivor group for adults.

**Reporting Policy:** Police are called at survivor's discretion.

**Consent Policy:** Parental consent is only required for follow-ups for children under age 16. Consent is not required for initial exam.

**Fees:** Initial visit and exam FREE only if reported to police.

**Female Gynecologist:** Sometimes available. Survivor can request one. No guarantee.

**Morning After Pill:** Available; Prescribed by the doctor

**Tranquilizers:** Available

**Spanish/Deaf:** Arrange Spanish and ASL interpreter by appointment

**Public Transportation:** Orange Line to Cheverly. A12 bus

**Website:** [www.dimensionshealth.org](http://www.dimensionshealth.org)

# Hospitals - Virginia

## Fairfax Hospital (INOVA Emergency Care Center)

**Address:** 3300 Gallows Road  
Falls Church, VA 22042

**Phone:** (703) 776-4001

**ER:** (703) 776-3111

**Sexual Assault Services Nurse:** (703) 776-3505

(Emergency access facility sends survivors to Fairfax)

**Testing/Counseling:** Testing for STI, Pregnancy, HIV testing. Survivors are seen in Pediatric Abuse Section since it is more private. Survivors treated by nurses on the special Sexual Assault Unit. Counseling referrals can be made. Pediatric sexual assault nurse.

**Reporting Policy:** Police must be called to be treated by the Sexual Assault Nurses. If survivor doesn't want to report, they will be treated by the ER or in the clinic--No evidence is collected.

**Consent Policy:** Parental needed for children under 13, some exceptions--call.

**Fees:** FREE if report to police

**Female Gynecologist:** 6 female nurses who examine if survivor reports to police. If doesn't report, go to ER & may/may not get female gyno.

**Morning After Pill:** No, but is part of SANE exam

**Tranquilizers:** Rarely given, possibly if child needs to be sedated

**Spanish/Deaf:** Arrange Spanish and ASL interpreters

**Public Transportation:** Orange Line to Dun Loring exit, transfer to 26C bus.

### Inova Alexandria Hospital

**Phone:** (703) 504-3000

**Address:** 4320 Seminary Road  
Alexandria, VA

**Testing/Counseling:** STI & Pregnancy testing. Referrals for HIV testing & counseling. Always call RCC & survivor is referred to Rape Victim Companion Program in Alexandria

**Reporting Policy:** Police are always called

**Consent Policy:** Parental consent

**Fees:** Billed to insurance; all are treated

**Female Gynecologist:** Sometimes available. Can request but no guarantee.

**Morning After Pill:** available.

**Tranquilizers:** Given when appropriate, but only on one dose basis.

**Spanish/Deaf:** Access to Spanish interpreters.

**Public Transportation:** Blue/Yellow Line to King Street Station. 28B bus (Tysons Corner). Call for information on DASH passes, Metro tokens, and cab service within the city.

### Virginia Hospital Center (formerly Arlington Hospital)

**Phone:** (703) 558-5000

**Address:** 1701 N. George Mason Drive  
Arlington, VA

**Testing/Counseling:** STI and pregnancy tests available. Referrals for counseling. Have a nurse that will stay with the survivor.

**Reporting Policy:** Patient must sign general consent for examination.

**Consent Policy:** Depends on situation.

**Fees:** FREE if report to police. Sliding scale. Base fee \$130

**Female Gynecologist:** Sometimes available. Survivor can request one. No guarantee.

**Morning After Pill:** Prescription available if requested.

**Tranquilizers:** available at Doctor's discretion.

**Spanish/Deaf:** Arrange Spanish and ASL interpreters.

**Public Transportation:** Orange Line to Ballston. Metro Bus 10C

**Website:** <http://www.virginiahospitalcenter.com/>

## \*Hospitals that do not treat rape survivors:

### **St. Elizabeth Hospital (Mental Health)**

**Phone:** (202) 562-4000  
**CPEP:** (202) 673-9319  
**Address:** 1100 Alabama Avenue, SE  
Washington, DC

### **Medstar Montgomery General Hospital**

**Phone:** (301) 774-8882  
**Address:** 18101 Prince Philip Drive  
Olney, MD 20832  
**Website:** [www.medstarmontgomery.com](http://www.medstarmontgomery.com)

## **HOTLINES**

### **Access Helpline (Department of Mental Health)**

(Formerly Emergency Psychological Response Division)

**Phone:** 1-888-793-4357  
**Information:** Hotline and referrals for any mental health crisis/issue

### **AIDS Information Line**

**Phone:** (202) 332-AIDS  
**Hours:** 24 hours/7 days

**AIDS Hotline in Spanish**

**Phone:** (800) 344-7432  
**Hours:** 7 days/week 8am-2am

**Al-Anon/Alateen**

**Phone:** (202) 882-1334  
**Hours:** Monday-Friday: 2pm-6pm.  
**Information:** Information Center has lists of meetings and literature for family members and friends of alcoholics.

**Alcohol Hotline**

**Phone:** (800) 331-2900  
**Hours:** 24 hours/7 days  
**Information:** Alcohol and drug info and referrals; No counselors

**Alcoholics Anonymous (AA)**

**Phone:** (202) 966-9115  
**(Spanish):** (703) 360-5447 or (301) 587-6191 or (202) 545-1050  
**Hours:** 10am-10pm 365 days a year/14 hour calls are accepted  
**Information:** Volunteer hotline. Referrals only, no counselors; Intergroup  
**Website:** [www.aa-dc.org](http://www.aa-dc.org)

**Answers Please!**

**Phone:** (202) INFO 211 / 311 / (202) 463-6211  
**Information:** A 24 hour computerized central information and referral network of social services. Callers are connected to professional Community Resource Advisors who provide direct links to public, private and social service programs throughout DC community. Multilingual

**Childhelp U.S.A.**

**Phone:** (800) 422-4453  
**Hours:** 24 hours/7 days  
**Information:** Crisis counseling regarding child abuse and neglect; Referrals

**Children of the Night**

**Phone:** (800) 551-1300  
**Hours:** 24 hours/7 days  
**Information:** Anyone involved in prostitution, but will deal with most everything else too. Give referrals and information. Shelter for former child prostitutes ages 11-17 only.

**Community Crisis Services**

Prince George's County Hotline and Suicide Prevention Center  
**Crisis Response: (301) 927-4500**



**Homeless Hotline: 1-888-731-0999**  
**Suicide: (301) 864-7130 or 1-800-SUICIDE (784-2433)**  
**Hours: 24 hours**  
**Website: [www.communitycrisis.org](http://www.communitycrisis.org)**

**CrisisLink**

**Phone: (703) 527-4077 or 1-800-SUICIDE (784-2433) or 1-800-273-TALK**  
**Information: Deals with suicide and any crisis situation**  
**Website: [www.crisislink.org](http://www.crisislink.org)**

**Emergency Contraception Hotline**

**Phone: 1-800-584-9911 or 1-888-NOT 2 LATE**  
**Hours: 24 hours**  
**Information: By Association of Reproductive Health Providers; Confidential hotline available in both English and Spanish. The Hotline has a directory of over 1,800 family planning clinics, private doctors, and university health centers who will prescribe emergency contraception. (The morning after pill)**

**Emergency Management Agency Hotline**

**Phone: (202) 727-6161**  
**Hours: 24 hours**  
**Information: Any emergency for Washington, DC (terrorist attack, chemical spill, etc.)**

**Exhale**

**Phone: (866) 439-4253**  
**Hours: Monday-Friday: 5pm-10pm  
Saturday-Sunday: 12pm-10pm**  
**Information: Serves women who have an abortion and their family and friends**  
**Website: <http://www.4exhale.org/>**

**Fairfax Survivor Assistance Network / Victim Assistance Network**

**Phone: (703) 360-RAPE**  
**TTY: (703) 435-1235**  
**Hours: 24 hours**  
**Information: Provides general information, information on legal options, societal services, counseling and support groups for sexual assault and domestic violence survivors. Provides referrals. Call and request Spanish speaking counselors. Free**

therapy (DV & SA support groups) for individuals raped in or residents of Fairfax County.

**Futures Without Violence**

(Formerly named Family Violence Prevention Program)

**Phone: (202) 595-7382**  
**Phone: 1-800-799-SAFE (for emergency)**  
**Fax: (202) 299-1292**  
**Address: 1630 Connecticut Avenue, NW, Suite 501  
Washington, DC 20009**  
**Website: [www.futureswithoutviolence.org](http://www.futureswithoutviolence.org)**  
**Email: [info@futureswithoutviolence.org](mailto:info@futureswithoutviolence.org)**

**Gay & Lesbian Hotline of Whitman-Walker Clinic**

**Phone:** (202) 332-2437  
**Hours:** 7pm-10pm, 7 days a week  
**Information:** Peer counseling, referrals, info, Spanish.

**Gay & Lesbian National Hotline**

**Phone:** (888) 843-4564  
**Hours:** Monday-Friday: 4pm-12midnight  
Saturday: 12noon-5pm EST  
**Website:** [www.glbp@nationalhelpcenter.org](http://www.glbp@nationalhelpcenter.org)

**Helping Individual Prostitutes Survive (H.I.P.S.)**

**Phone:** (800) 676-HIPS  
**Office:** (202) 232-8150  
**Fax:** (202) 232-8304  
**Hours:** 24 hours

\*HOTLINE for females and males & transgender males under 21 who are in danger or want to leave prostitution. They also have a van service that offers outreach, counseling and referrals on Thursday 11pm-5am, Fridays and Saturdays from 10pm to 6am. They also distribute condoms. Client advocates provide referrals for shelter, clothing, medical care, etc via hotline.

**Website:** [www.hips.org](http://www.hips.org)  
**Email:** [hips@hips.org](mailto:hips@hips.org)

**Homeless Shelter Line for Prince George's County**

**Phone:** (301) 864-7095 or (888) 731-0999  
**Hours:** 24 hours  
**Information:** Referrals for homeless shelters in PG County

**Maryland Domestic Violence Hotline**

**Phone:** (800) MD-HELPS  
**Hours:** Monday-Friday: 9am-5pm  
**Information:** No counselors; State Coalition provide referrals

**Montgomery County Hotline**

**Phone:** (301) 738-2255  
**Information:** General purposes, suicidal callers, people who are just lonely, also make referrals; for anyone, not just Mont Co.

**My Sister's Place Hotline**

**Phone:** (202) 529-5991  
**Hours:** 24hrs  
**Information:** Provides a shelter for women and children (male children up to age 12.) Counseling and referrals.

**Narcotics Anonymous (NA)**

**Phone:** (202) 399-5316

**Hours:** 24hrs  
**Information:** Serves DC metro area.

**National Abortion Federation (NAF)**

**Phone:** (800) 772-9100  
**Hours:** Monday-Friday: 7am-11pm  
Saturday: 9am-9pm  
**Information:** Counseling regarding options and procedures. Referrals and information about qualified abortion providers. Also provide funding assistance.

**National AIDS & STI Hotline**

**Phone:** (800) CDC-INFO  
**TTY:** (800) 243-7889  
**Spanish:** (800) 344-7432  
**Hours:** 24 hours  
**Information:** Run by CDC; answers questions and provides referrals

**National CDC Info Hotline**

**Phone:** (800) 232- 4636  
**Hours:** Monday-Friday: 4pm-8pm

**National Center for the Prosecution of Child Abuse**

**Phone:** (703) 549-9222  
**Hours:** Monday-Friday: 8:30am-5pm  
**Information:** Literature and professional workshops.

**National Center for Victims of Crime**

**Phone:** (202) 467-8700  
**Fax:** (202) 467-8701  
**TTY:** (800) 211-7996  
**Hours:** Monday-Friday: 10am-6pm  
**Address:** 2000 M Street, NW, Suite 480  
Washington, DC 20036

**National Domestic Violence Hotline**

**Phone:** (800) 799-SAFE  
**TTY:** (800) 787-3224  
**Hours:** 24 hrs  
**Information:** Provide info and referrals. Has Spanish interpreters and access to the ATT language line

**National Helpline**

**Phone:** (800) 662-HELP  
**Hours:** 24 hrs  
**Information:** Substance abuse and mental health information and treatment referrals

**National Runaway Switchboard**

**Phone:** (800) RUNAWAY  
**TTY:** (800) 621-0394  
**Hours:** 24hrs  
**Information:** Crisis intervention and referral for runaways and their families. Translation available for 100+ languages

**Phone Friend**

**Phone:** (202) 223-2244  
**Hours:** Monday-Friday: 3pm-9pm  
Saturday: 1pm-5pm  
**Ages:** 5-15 years  
**Information:** Deals with any issue

**Prince George's County Hotline**

**Voice/TTY:** (301) 864-7161  
**Hours:** 24 hrs  
**Information:** Crisis and suicide prevention center

**Poison Control**

**Phone:** (800) 222-1222  
**Hours:** 24 Hours

**Rape, Abuse and Incest National Network (R.A.I.N.N.)**

**Phone:** (800) 656-HOPE  
**Information:** National Rape hotline number which directly connects you to your nearest rape crisis center.

**24 Hour Online Hotline:** <https://hotline.rainn.org>

**Sexual Assault Response Awareness Program**

**Phone:** (888) 947-7273  
(703) 947-7273 (Serves Alexandria, VA residents)  
**Hours:** 24 hrs  
**Information:** Provides court advocacy, support groups run by advocates; Can assist deaf; no TTY

**Women's Health Line**

**Phone:** (800) 994-9662  
**Hours:** Monday-Friday: 9am-5pm

**Shelter Hotline**

**Phone:** (800) 535-7252  
For shelter referrals, outreach and transportation services to homeless persons in the D.C. area

**STI Hotline**

**Phone:** (800) 227-8922  
**Hours:** Monday-Friday: 9am-6pm  
**Information:** Provides on STIs & AIDS over phone and will send written info; referrals to clinics  
**Website:** [www.ashaSTD.org](http://www.ashaSTD.org)

**Victim Assistance and Sexual Assault Program**

Part of the Montgomery County Community Crisis Center.  
**General Crisis Number:** (240) 777-4000  
**Direct Number for VA & SA Program:** (240) 777-1355  
**TTY:** (240) 777-4815

**Virginia Family Violence and Sexual Assault Hotline**

**Phone:** (800) 838-82380

**Information:** Crisis intervention and referrals for those affected by domestic violence and sexual assault

# INTERNATIONAL RESOURCES

## International Crime Victim Compensation Program Directory

**Website:** [www.ojp.usdoj.gov/ovc/intdir/intdir.htm](http://www.ojp.usdoj.gov/ovc/intdir/intdir.htm)

## International Justice Statistics

**Website:** [www.ojp.usdoj.gov/bjs/ijis.htm](http://www.ojp.usdoj.gov/bjs/ijis.htm)

## The World Factbook of Criminal Justice Systems

**Website:** [www.ojp.usdoj.gov/bjs/abstract/wfcj.htm](http://www.ojp.usdoj.gov/bjs/abstract/wfcj.htm)

## Australia

South Eastern Centre Against Sexual Assault (SECASA)

**Website:** [www.secasa.com.au](http://www.secasa.com.au)

## Belarus

Young Women Christian Association of Belarus

**Website:** [ywcabelarus@telecom.by](mailto:ywcabelarus@telecom.by)

**Address:** Krupskaya 2-70  
2201108 Minsk

**Phone:** **Belaru375-17 2 4637 45**

## Bermuda

The Women's Resource Centre

**Website:** [www.wrcbermuda.com](http://www.wrcbermuda.com)

**Address:** 'Cap-a-Laige' - Charities House  
25 Point Finger Road  
Paget DV04  
Bermuda

**Phone:** **441-295-3882**

**Hotline:** **441-295-7273**

**Email:** [wrc@wrcbermuda.com](mailto:wrc@wrcbermuda.com)

## Bolivia

Defensor del Pueblo- Advice Center

**Website:** [www.defensordelpueblo.es](http://www.defensordelpueblo.es)

**Address:** Heriberto Gutierrez 2374  
La Paz Bolivia

**Phone:** **00591-2 33269**

## Botswana

Metlhaetsile Women's Centre, MWIC

**Website:** mwic@bc.bw  
**Address:** Private Bag 42  
**Phone:** Mochudi Botswana267- 377239

### Canada

Canadian Association of Sexual Assault Centres- Vancouver, BC

**Website:** [www.casac.ca](http://www.casac.ca)  
**Phone:** (604) 876-2622  
**Fax:** (604) 876-2622  
**Email:** casac01@shaw.ca

Victoria Women's Sexual Assault Centre- Victoria, BC

**Website:** [www.vwsac.com](http://www.vwsac.com)  
**Phone:** (250) 383-5545  
**Hotline:** (250) 383-3232

Sexual Assault/Domestic Violence Care Centre- Hamilton, Ontario

**Website:** [sadvcarecentre@hhsc.ca](mailto:sadvcarecentre@hhsc.ca)  
**Phone:** (905) 521-2100 x 73557  
**Hotline:** (905) 525-4162

The Sexual Assault/Rape Crisis Centre of Peel- Mississauga, Ontario

**Website:** [www.sexualassault-peel.com](http://www.sexualassault-peel.com)  
**Hotline:** (905) 273-9442  
1-(800) 810-0180

Ottawa Rape Crisis Center- Ottawa, Ontario

**Phone:** (613) 562-2334  
**Hotline:** (613) 562-2333  
**Website:** [www.orcc.net](http://www.orcc.net)

Toronto Rape Crisis Centre- Toronto, Ontario

**Website:** [www.trccmwar.ca](http://www.trccmwar.ca)  
**Hotline:** (416) 597-8806

Montreal Rape Crisis Centre- Montreal, Quebec

**Phone:** (514) 934-0354  
**Hotline:** (514) 931-4504

### Estonia

Tartu Counseling Center

**Website:** [tnk@tnk.tartu.ee](mailto:tnk@tnk.tartu.ee)  
**Address:** Postimja p.k. 196  
51003 Tartu  
**Phone:** (+372) 742-7555

### Finland

The Rape Crisis Centre Tukinainen

**Website:** [kristina.valkama@tukinainen.kolmbus.fi](mailto:kristina.valkama@tukinainen.kolmbus.fi)  
**Address:** PL 243  
00121 Helsinki  
Finland  
**Phone:** +358 (0) 9-58 60 360

**Hotline: 0800-97899**

### **Israel**

Rape Crisis Center- Haifa

**Website:** [www.usembassy-israel.org.il/publish/civic/iscivorg.html#15](http://www.usembassy-israel.org.il/publish/civic/iscivorg.html#15)

**Address:** POB 44628  
Haifa 31445 Israel

**Phone:** **972 4 8641278**

**Email:** [hrcc@zahav.net.il](mailto:hrcc@zahav.net.il)

### **Japan**

Tokyo Rape Crisis Center

**Website:** [www.tokyo-rcc.org](http://www.tokyo-rcc.org)

**Address:** Jyoto  
P.O. Box 7  
Koto-ku, Tokyo 136-8691

**Phone:** **03-3207-3692**

### **Mexico**

Casa Amiga-Centro de Crisis A.C.

**Website:** [www.casa-amiga.org](http://www.casa-amiga.org)

**Address:** Durango #1916  
Cd. Juarez, Chihuahua, Mexico

**Phone:** **(01 656) 6908300**

**(01 656) 6908301**

### **New Zealand**

Auckland Rape Crisis

**Website:** [www.rapecrisis.org.nz](http://www.rapecrisis.org.nz)

**Phone:** **09-360-4001**

**Email:** [info@rapecrisis.org.nz](mailto:info@rapecrisis.org.nz)

### **Pakistan**

Sahil

**Website:** [www.sahil.org](http://www.sahil.org) (deals specifically with child abuse)

**Address:** Office No. 13, 1<sup>st</sup> Floor  
Al-Babar Center, F-8 Markaz  
Islamabad, Pakistan  
Islamabad, Pakistan

**Phone:** **92-51-260636, 2856950**

**Fax:** **(92-51) 2254678**

**Toll-Free Line:0800-13518**

**Email:** [info@sahil.org](mailto:info@sahil.org)

### **Philippines**

GABRIELA- National Alliance of Women's Organizations in the Phillipines

**Website:** [members.tripod.com/~gabriela\\_p](http://members.tripod.com/~gabriela_p)

**Address:** P.O. Box 4386  
Manila 2800



**Phone:** 632-371-2302  
**Email:** gabwomen@yahoo.com

**Russia**

Crisis Centre for Women

**Website:** women@aport.ru  
**Address:** Lermontova 315, 10  
Irkutsk 664082  
**Phone:** +395 2 465869

**South Africa**

Rape Crisis- Cape Town

**Website:** [www.rapecrisis.org.za](http://www.rapecrisis.org.za)

Speak Out

**Website:** [www.speakout.org.za](http://www.speakout.org.za)

**United Kingdom**

Victim Support National Office- London

**Hotline:** 0845 303 0900

For a map of UK rape crisis centers:

**Website:** [www.rapecrisis.co.uk/ukgroups.htm](http://www.rapecrisis.co.uk/ukgroups.htm)

Rape Crisis Federation- Wales and England- Nottingham

**Website:** [www.rapecrisis.co.uk](http://www.rapecrisis.co.uk)  
**Phone:** 0115 934 8474

Scottish Rape Crisis Network

**Website:** [www.rapecrisisscotland.org.uk](http://www.rapecrisisscotland.org.uk)

Victim Support Scotland- Edinburgh

**Website:** [www.victimsupportsco.demon.co.uk](http://www.victimsupportsco.demon.co.uk)  
**Phone:** 0131 668 4486

Drug Rape Trust

**Phone:** +44 (0) 1702 317695

# LEGAL SERVICES

## Government Programs

### DC Crime Victim Compensation Program

**Phone:** (202) 879-4216  
**Address:** 515 5<sup>th</sup> St, NW, Room 104, Washington, DC 20001  
**Hours:** Monday-Friday: 9am-5pm  
**Fees:** Free  
**Services:** Assists innocent violent crime victims with crime-related expenses: medical, funeral, loss wages, etc, when there are no other funds to cover losses. This is for crimes that occurred in D.C. only.

### DC Department of Human Rights

**Phone:** (202) 727-4559  
**Address:** 441 4th St NW, Suite 570 North  
**Hours:** 8:30am-5pm; no intakes on Fridays  
**Fees:** Free  
**Services:** For all types of discrimination complaints, including sexual harassment. Call to schedule intake and certify.  
**Spanish/Deaf:** Spanish.

### DC Superior Court Multi-Door Dispute Resolution Program

**Phone:** (202) 879-1549  
**Hours:** Monday-Friday: 8:30am-5:00pm  
**Address:** 515 5<sup>th</sup> Street, NW, Suite 114  
Washington, DC 20001  
**Fees:** Free  
**Services:** Resolving civil disputes without filing a law suit, involving \$2000 or more-including custody, child support, spousal support, visitation and/or property division. Also resolves small claims disputes (\$2000 or less) such as accidents.  
**Spanish/Deaf:** Use language line for Spanish callers; some Spanish-speaking staff

### Equal Employment Opportunity Commission (EEOC)

**Phone:** 1-800-669-4000  
**TTY:** 1-800-669-6820  
**Address:** 131 M St. NE, Fourth Floor, Suite 4NW02F  
Washington, DC 20507-0100  
**Hours:** Walk-ins: Monday-Friday: 8am-4:30pm  
**Fees:** Free  
**Services:** For filing charges of sexual harassment and discrimination. Must file charge within 300 days of alleged discriminatory act. EEOC performs investigation: interviews complaint, employer, and any witnesses. If probable cause of discrimination found, EEOC will call perpetrator and if he does not comply, he can be subpoenaed. Will request back pay, lost benefits and reinvestment, depending on circumstances. Covers Businesses employing 15 or more persons (Title 7). *NOTE:* DC employees may first need to file with the Dept. of Human

Rights (202-724-1385). Persons employed by the federal government must first file within their agency.

**Spanish/Deaf:** Spanish. Deaf persons should call TTY to set up appointment with EEOC employees who know ASL.

### **Victim Witness Assistance Unit**

**Phone:** (202) 514-7130

**Fax:** (202) 616-2117

**Address:** 555 4th St. NW Suite 1412

**Hours:** 8:30am-5pm

**Fees:** Free

**Services:** Help guide survivors through the criminal justice system. Offers short-term counseling, and referrals regarding counseling, medical, and legal services. Also assists witness who were threatened or harassed. Can give information on court proceedings and provides speakers for Community Education. Can get monetary compensation if they qualify. (also, see US Attorney's Office)

**Spanish/Deaf:** Spanish. Access to deaf interpreters.

## LEGAL AID CLINICS

These clinics provide free legal services and are also good places to go to report mistreatment at the hands of the police, or other concerns about inadequate or inappropriate law enforcement behavior.

### **American University Legal Aid Clinic**

**Phone:** (202) 274-4140

**Address:** 4801 Massachusetts Ave., NW Suite 417  
Washington, DC

**Hours:** 9am-5pm

**Fees:** Free

**Services:** Domestic Violence and child support cases only. Ability to take cases based on availability of students.

**Spanish/Deaf:** Some Spanish.

### **Ayuda, Inc.**

**Phone:** (202) 387-4848

**Address:** 6925 Willow Street, NW  
Washington, DC 20012

**Hours:** Monday-Friday: 9am-4pm

**Fees:** Free for SA consultations

**Services:** Immigration and domestic violence cases for Latina women. Offers legal assistance, referrals, and support groups. Hermanas Unidas is a support group for battered Latina women.

**Spanish/Deaf:** Spanish (language line)

**Website:** [www.ayudainc.org](http://www.ayudainc.org)

### **Bread for the City**

**Phone:** (202) 265-2400 (NW #)  
(202) 587-0527 (SE #)

**Address:** 1525 7<sup>th</sup> St., NW  
Washington, DC 20001

**Eligibility:** must be low-income  
**Services:** Provides food, clothing, medical care, and legal and social services for low-income DC residents.

**CARECEN Central American Resource Center of Washington**

**Phone:** (202) 328-9799  
**Address:** 1460 Columbia Rd., NW  
Washington, DC 20009  
**Hours:** Monday-Friday: 9am-5pm  
**Fees:** free; \$20 for translation services  
**Services:** Services for Central Americans. Limited help with immigration applications. Mostly handle cases involving Protective Status for Salvadorans. They have citizenship training and classes. Assistance with housing, community support services and provide translation services (letter, phone calls, etc.)  
**Spanish/Deaf:** Spanish  
**Website:** [www.carecencdc.org](http://www.carecencdc.org)  
**Email:** [info@carecencdc.org](mailto:info@carecencdc.org)

**Catholic University of America**

**Phone:** (202) 319-6788  
**Address:** 3602 John McCormick Rd, NE  
Washington, DC 20064  
**Services:** Free legal services in cases involving domestic violence, child custody, abuse and neglect, public benefits, special education, landlord and tenant disputes. Causes taken depending on availability.  
**Website:** [law.cua.edu](http://law.cua.edu)

**Georgetown University Domestic Violence Clinic and International Women's Human Rights Clinic**

**Phone:** (202) 662-9640  
**Fax:** (202) 662-9530  
**Address:** 600 New Jersey Avenue, NW, Suite 334  
Washington, DC 20001  
**Hours:** Monday-Friday: 9am-5:30pm; only do referrals for intake  
**Fees:** Free  
**Services:** Work on Civil Protection Orders for victims of domestic abuse. Work done by students so less availability in summer. By appointment only.  
**Spanish/Deaf:** Make referrals for Spanish and Deaf.  
**Website:** [www.law.georgetown.edu/clinics/sdc](http://www.law.georgetown.edu/clinics/sdc)

**George Washington University Law and Legal Aid Clinic**

**Phone:** (202) 994-7463  
**Address:** 2000 G Street, NW, Suite 200  
Washington, DC  
**Hours:** Monday-Friday: 9am-5:30pm  
**Fees:** Call for prices  
**Services:** Handles cases regarding: administrative, civil, immigration, small businesses, domestic violence and vaccine injury. For low-income DC residents ONLY. Vaccine clinic. During the school year. Must call first for an appointment; walk-ins not accepted.  
**Spanish/Deaf:** Use relay service for hearing impaired

### **Legal Aid Society of D.C.**

**Phone:** (202) 628-1161  
**Address:** 1331 H Street, NW Suite 350  
Washington, DC 20005  
**Hours:** Monday-Friday: 9am-5pm  
NW location walk-in intake:  
Monday: 12:30pm-6pm  
Thursday: 12:30pm-4pm  
**Eligibility:** must be low-income  
**Fees:** Free  
**Services:** Family/landlord tenant law, domestic/family law and Child custody law. Civil protection order. General public assistance. Give referrals if income is too high to qualify.  
**Spanish/Deaf:** Spanish, French, Vietnamese, access to ASL, & uses language line

### **Legal Counsel for the Elderly**

**Phone:** (202) 434-2120  
**Services:** Free service for people DC residents that are 60 or older. Helps with problem with housing situations and finances.  
**Fee:** Sliding scale depending on income

### **Maryland Volunteer Lawyers Service (MVLS)**

**Phone:** (410) 547-6537  
**Outside Baltimore:** (800) 510-0050  
**Address:** One North Charles St., Suite 222  
Baltimore, MD 21201  
**Hours:** Monday-Thursday: 9am-1pm  
Friday: 9am-12pm  
**Services:** Provides free or reduced fee civil legal representation to low-income individuals throughout Maryland  
**Website:** [www.mvlslaw.org](http://www.mvlslaw.org)

### **Neighborhood Legal Services Program**

**Address:** 680 Rhode Island Ave NE (serving NW & NE WDC)  
Washington, DC  
**Phone:** (202) 269-5100  
**Address:** 3101 Martin Luther King Jr. Ave, SE (serving SE & SW WDC)  
Washington, DC  
**Hours:** Monday-Friday: 9am-4:30pm  
Intakes Monday-Friday all day  
**Fees:** Free  
**Eligibility:** low-income; DC resident or person with legal issue(s) in DC  
**Services:** Free civil legal services for eligible DC residents and those with legal issues in DC.  
**Spanish/Deaf:** Spanish.  
**Website:** [www.nlsp.org](http://www.nlsp.org)

### **Women's Center, The**

See entry in Mental Health.

# Legal Organizations

## Domestic Violence Assistance Project (affiliated w/ House of Ruth-MD)

**Phone:** (888) 880-7884  
**Address:** 2201 Argonne Dr.  
Baltimore, MD 21218  
**Contacts:** Deena Hausner or Antonio Arenas: (240) 777-9078  
Staff Attorneys  
(If leave a message, must indicate that it is a safe number to call or he/she won't call back.)  
**Hours:** 8:30am to 4:30pm  
**Services:** Provides legal services to survivors of sexual assault and domestic violence  
**Spanish/Deaf:** Spanish interpreter or language resource for translation services  
**Website:** [www.hruth.org](http://www.hruth.org)

## Network for Victim Recovery of DC (NVRDC)

**Phone:** (202) 472-1727  
**Fax:** (202) 472-1723  
**Address:** The Lighthouse: Center for Healing  
5321 1<sup>st</sup> Place, NE  
Washington, DC 20011  
**Website:** [www.nvrdc.org](http://www.nvrdc.org)

# Private Attorneys

**NOTE:** The areas of law that a private attorney may be able to help a survivor with are as follows: third party liability, real estate/landlord tenant, civil protection orders, employment discrimination/sexual harassment, and general litigation.

## Bode & Grenier, LLP

**Contact:** Marian K. Riedy, Esq.  
**Address:** 1150 Connecticut Ave NW, 9<sup>th</sup> floor  
Washington, DC 20036  
**Phone:** 202-828-4100  
**Fees:** Call Marian Riedy for information  
**Website:** [www.bode.com](http://www.bode.com)

## Harmon, Curran, Spielberg & Eisenberg

**Address:** 1726 M St, NW Suite 600  
Washington, DC 20036  
**Phone:** (202) 328-3500  
**Services:** Anne Spielberg and Ruth Eisenberg  
Civil suits on sexual harassment and sexual discrimination. Free telephone consultation.  
**Hours:** 9am-5:30pm, by appointment only  
**Fees:** Attorneys set own rates-call for more info; sliding scale may be possible  
**Website:** [www.harmoncurran.com](http://www.harmoncurran.com)

# U.S Attorneys Office

Main Line (202)252-7566

## MEAL SERVICES

### Arlington Homeless Bagged Meal Program

**Phone:** (703) 820-4357  
**Hours:** 6pm-6:20pm at the Oakland MiniPark (9<sup>th</sup> and N. Oakland St); 6:30-6:45pm at the Rosslyn Metro (between McDonald's and Burger King) North Moore Street everyday  
**Services:** Food is provided in 2 outdoor locations 365 days a year  
**Restrictions:** none mentioned

### Bag Lunch Program

**Phone:** (703) 635-9053  
**Address:** 322 North Alfred Street  
Alexandria, VA 22314  
**Hours:** 11:30am-12noon (Monday-Friday)- all year; Sat- Oct- April (bag lunches are not provided during summer months)

### Church of the Pilgrims

**Phone:** (202) 387-6612  
**Address:** 2201 P Street, NW  
Washington, DC 20037  
**Hours:** 1:15pm-2pm, Sundays only  
**Services:** meals services only available on Sunday  
**Restrictions:** none mentioned  
**Website:** [www.churchofthepilgrims.org](http://www.churchofthepilgrims.org)

### First Baptist Church of Deanwood

**Phone:** (202) 397-2011  
**Address:** 1008 45<sup>th</sup> Street, NE  
Washington, DC 20019  
**Hours:** Monday-Friday: 4:45pm- 6pm  
**Services:** "Feeding Hungry" on rotated months (June; speak with Dorothy Carter 4:45pm-6pm); "Meals on Wheels" (Nov. 1-April 1; Thursdays), now offering a year round program in far NE, hosted by 12 different churches  
**Restrictions:** none mentioned

### Miriam's Kitchen

**Phone:** (202) 452-8926  
**Address:** 2401 Virginia Ave, NW  
Washington, DC 20037  
**Hours:** 6:30am- 8am (Monday-Friday) Breakfast;  
8am-10am (Monday-Friday) after-breakfast program: yoga, writing, poetry, music, art  
12pm-2pm (Wednesday) Lunch  
4:45pm-6pm Dinner

**Services:** Breakfast, counseling, case management, legal services (through partnership with the Washington Legal Clinic), medical clinic (through partnership with Unity Health Care); handicap accessible; Bilingual (Spanish, English); Case management Wednesday 8am-4pm—admin  
**Restrictions:** none mentioned

### Queen of Peace

**Phone:** (202) 562-6890  
**Address:** Missionaries of Charity  
3310 Wheeler Road, SE  
Washington, DC 20032  
**Hours:** 3:30pm-8:30am (daily) and 9:30am-11am  
**Services:** soup kitchen, shelter for pregnant women at same location for no charge  
**Restrictions:** must call for appointment; women under 18 must have parent/guardian approval; homeless pregnant women; also accepts children under 5 with mothers; do not take people under 18 unless it's an emergency

### S.O.M.E. (Main Office)

**Phone:** (202) 797-8806  
**Address:** 600 O Street, NW  
Washington, DC 20001

### Thrive DC

**Phone:** (202) 737-9311  
**Address:** SE Steven Episcopal Church  
1525 Newton Street, NW, Suite 1G  
Washington, DC 20001  
**Hours:** Monday-Friday: 8:30-6pm  
**Services:** wheelchair accessible, vegetarian meal option, legal assistance, employment training, emergency referrals, computer workshop, showers, laundry  
**Restrictions:** none mentioned  
**Website:** <http://thrivedc.org>

# MEDICAL CLINICS



**Alexandria City Health Department**

**Phone:** *Family Planning*  
4480 King Street, 2<sup>nd</sup> Floor  
Alexandria, VA  
**(703) 746-4922**  
*Pregnancy Testing*  
**(703) 746-4922**  
*STI Clinic*  
4480 King Street, 2<sup>nd</sup> Floor  
Alexandria, VA  
**(703) 746-4846**  
**Address:** 517 North Saint Asaph Street  
**Services:** Family planning, pregnancy testing, STI Clinic

**Alexandria Hospital**

**Phone:** **(866) 256-6372**

**Arlington Anonymous HIV Testing**

**Phone:** **(703) 228-5200**

**Arlington Health Clinic**

**Phone:** **(703) 228-1200** – Family Planning  
**(703) 228-1200** – Pregnancy Testing  
**Address:** 2100 Washington Blvd., 2<sup>nd</sup> Floor  
Arlington, VA 22204  
**Services:** Family planning, STI clinic, pregnancy testing

**Bailey Health Center**

**Phone:** **(703) 237-3446**  
**Address:** 6196 Arlington Blvd., Falls Church

**Bread for the City**

**Phone:** **(202) 265-2400** (NW location)  
**(202) 561-8587** (SE location)  
**Address:** 1525 7th St. NW Washington, DC 20001  
1640 Good Hope Rd, SE Washington, DC 20020  
**Hours:** Monday-Thursday: 9 a.m. -5p.m. (NW location)  
Monday-Thursday: 9 a.m. – 5 p.m. (SE location)  
Both locations open on Friday: 9am-12pm  
**Fees:** Free (for DC residents only)  
**Services:** Adult general medicine, pediatrics, OB/GYN care and job physicals.  
Southeast Medical Clinic is operated by Unity Healthcare. Non-medical services include food pantry, clothing room, social services, and legal services.  
**Spanish/Deaf:** Spanish interpreters; ASL interpreters for deaf persons.  
**Website:** [www.breadforthecity.org](http://www.breadforthecity.org)

**Casey Health Center**

**Phone:** (703) 519-5979  
**Address:** 1200 N Howard Street  
Alexandria, VA 22304

**Clínica del Pueblo, La**

**Phone:** (202) 462-4788  
**Address:** 2831 15<sup>th</sup> St., NW  
Washington, D.C. 20009-4607  
**Hours:** Monday-Friday: 9 a.m. -5p.m.  
**Fees:** Charge on a sliding scale, depending on income; takes United insurance  
**Services:** Provides general medical care, primarily to the Latino community (but will not deny services to anyone). Free walk-in HIV testing and counseling. Develops women and family programs as well as mental health programs. Teen clinic is every Thursday 3p-5p of the month. Diabetes and TB Monday 9am-11am. Chiropractor 4:30pm-9pm.  
**Waiting Period:** Call last Monday of month between 8:30a-9a to schedule appointment for new patients.  
**Spanish/Deaf:** Spanish; interpreting department available  
**Website:** [www.lcdp.org](http://www.lcdp.org)

**Community of Hope Health Services (Marie Reed Health Center)**

**Phone:** (202) 232-9022  
**Fax:** (202) 232-8494  
**Address:** 2250 Champlain Street, NW  
Washington, DC 20009  
**Hours:** Monday, Thursday, Friday: 8am-5pm  
Tuesday & Wednesday: 8:30am-5pm  
**Fees:** Sliding scale. Medicaid or self-pay. First time physicals are \$55 for adults, \$40 for children. general visits are \$30.  
**Services:** Family practice, internal medicine, OB/GYN and pre-natal care. Also operates a family shelter (202) 232-7356 with intakes done by the DC Central Intake Office. Substance abuse and HIV testing and counseling. Parenting skills and counseling for children.  
**Spanish/Deaf:** Spanish  
**Website:** [www.communityofhopedc.org](http://www.communityofhopedc.org)

**Fairfax County Health Center**

**Phone:** (703) 246-2205  
**Address:** 10777 Main Street  
Fairfax, VA

**Fairfax Hospital OB/GYN Clinic**

**Phone:** (703) 776-3418  
**Address:** 3300 Gallow Road  
Falls Church, VA 22042

**Falls Church Clinic**

**Phone:** (703) 534-8343  
**Address:** 6245 Leesburg Pike

**Herndon-Reston Center**

**Phone:** (703) 481-4242  
**Address:** 1850 Cameron Glen Drive  
Reston, VA

**Joseph Willard Health Center**

**Phone:** (703) 246-7100  
**Address:** 3750 Old Lee Hwy  
Fairfax, VA

**Loudon County Health Center**

**Phone:** (703) 777-0236  
**Address:** 209 Gibson Street, NW

**Manassas Health Clinic**

**Phone:** (703) 792-4700  
**Address:** 9301 Lee Avenue

**Planned Parenthood -- see entries in Abortion and Pregnancy Assistance**

**Prince William Hospital**

**Phone:** (703) 369-8073

**Sentara Potomac Hospital**

**Phone:** (703) 523-1000  
**Address:** 2300 Opitz Boulevard  
Woodbridge, VA

**North County Health Center**

**Phone:** (703) 689-2180  
**Address:** 11484 Washington Place

**Reston Hospital**

**Phone:** (703) 689-9000

**SOME, Inc. (So Others Might Eat) Medical Clinic**

**Phone:** (202) 797-8806  
**Address:** 60 O St., NW  
Washington, DC 20001  
(Dining Room)  
71 O St., NW  
Washington, DC 20001

**Hours:** Monday-Friday: 8-4p.m.  
Physicals by appointment on Monday, Tuesday, and Wednesday  
Social services Monday, Tuesday, Wednesday, Friday 8am-9am; Tuesday, Wednesday, Friday from 1pm-2pm  
Medical services 8am-11am; walk-ins for first 3 people.  
Behavioral counseling walk-in Monday-Friday: 8am-11am and Monday-Wednesday 1pm-3pm...appointment necessary. However for medical services you must come in before 11am if you do not have an appointment.

**Fees:** Donations requested.

**Eligibility:** Medical services only for homeless (anyone living on the street or in a shelter).

**Services:** General medicine. Serves primarily homeless people. Prefer appointments but can accept up to two walk-ins per morning. HIV education, counseling, and testing. Serves breakfast (7:30am-8:30am) and lunch (11:30am-1:00pm) for homeless people. The men must arrive at 7:30 to pick up a ticket. Only first 25 people only. Showers are available for Tuesday through Friday, men 9am-11am; women 1pm-2pm.

**Spanish/Deaf:** None

**Website:** [www.some.org](http://www.some.org)

**Contact:** Linda Hollingshed (202-797-0701 ex 118)

**South County Health Center**

**Phone:** (703) 704-6100  
**Address:** 8350 Richmond Hwy  
Alexandria, VA

**Springfield Center**

**Phone:** (703) 569-1031  
**Address:** 8136 Old Keene Mill Road

**Sudley North Office (Manassas)**

**Phone:** (703) 792-7700  
**Address:** 7751 Ashton Ave.  
Manassas, VA 20109

**Unity Healthcare – Brentwood Square Health Center**

**Phone:** (202) 832-8818  
**Fax:** (202) 832-8575  
**Address:** 1201 Brentwood Road, NE  
Washington, DC 20018  
**Hours:** Monday-Friday: 8:15am-4:45pm

**Fees:** Clinic is closed Monday-Friday from 12pm-1pm  
DC Health Care Alliance; Medicaid; self-pay; sliding scale with proof of income

**Services:** Family practice; OB/GYN

**Website:** <http://www.unityhealthcare.org/Unity/Brentwood.htm>

**Unity Healthcare - East of the River Health Center**

**Phone:** (202) 388-7890

**Fax:** (202) 388-5202  
**Address:** 123 45<sup>th</sup> St., NE  
Washington, DC 20019  
**Hours:** Monday, Tuesday, Thursday, Friday: 8:30am-5pm  
Wednesday: 11am-7:30pm  
**Services:** Outpatient services. Comprehensive primary health care. Adult medicine, cardiology, dentistry, family wellness center, homeless health care, mental health and social services, OB/GYN, pediatrics, podiatry, school & insurance physical exams, WIC program. Surgery by consultation  
**Fees:** Accepts all major insurance; sliding scale; self-pay  
**Spanish/Deaf:** Spanish-multilingual staff; deaf use phone relay service  
**Website:** [http://www.unityhealthcare.org/Unity/east\\_of\\_the\\_river.htm](http://www.unityhealthcare.org/Unity/east_of_the_river.htm)

### Virginia Hospital Center

**Phone:** (703) 558-6144  
**Address:** 1701 N. George Mason Drive  
Arlington, VA 22205

### Unity Healthcare, Inc. - Upper Cardozo Center

**Phone:** (202) 518-6459  
**Fax:** (202) 462-6128  
**Address:** Upper Cardozo Health Center  
3020 14th St., NW  
Washington, DC 20009  
**Hours:** Monday, Tuesday, Thursday, Friday: 8:30am-5pm  
Wednesday: 11am-7:30pm  
**Intake:** Women, Men, and Children. Adult medicine, pediatrics, OB/GYN, and referrals.  
**Fees:** Depends on income  
**Services:** In-patient services. Comprehensive primary health care provided. Adult medicine, family wellness center, homeless health care, mental health and social services, OB/GYN, pediatrics, podiatry, and school and insurance physical exams.  
**Spanish/Deaf:** Spanish  
**Website:** [www.unityhealthcare.org](http://www.unityhealthcare.org)

### Woodbridge Clinic

**Phone:** (703) 792-7300  
**Address:** 4001 Prince William Pkwy, Suite 101  
Woodbridge, VA  
**Hours:** Monday-Friday: 8am-4:30pm

# OB/GYN PRACTICES

### Arlington Women's Center (Sp, CNM)

**Phone:** (703) 717-4600  
**Address:** Arlington

### Birth Center – Birth Care and Women's Health

**Phone:** (703) 549-5070  
**Address:** 1501 King Street

**Candace Thurston, MD**

**Phone:** (703) 834-1071  
**Address:** Reston and Fairfax

**D.C. Practices – Capital Women’s Care**

**Phone:** (202) 331-9293  
**Hours:** Monday-Friday: 1am-4:30pm

**Eveline Marquardt, MD**

**Phone:** (703) 668-0520  
**Address:** Reston

**Fairfax OB/GYN Assoc. (CNM)**

**Phone:** Fairfax: (703) 391-1500  
Woodbridge: (703) 690-2295

**Glenna Andersen, MD (CNM) & Darya Maanavi, MD**

**Phone:** (703) 560-1611  
**Address:** Alexandria

**Jane Piness, MD**

**Phone:** (703) 717-4093  
**Address:** Arlington

**Jean-Gilles Tchabo, MD**

**Phone:** (703) 558-6591  
**Address:**

**Joanne Gutliph, MD**

**Phone:** Manassas: (703) 361-7778  
Gainesville: (571) 261-2236

**Lori Maciulla, MD**

**Phone:** (703) 528-4900  
**Address:** 6707 Old Dominion Drive, #300  
Mclean, VA 22102

**Capitol Women’s Care**

**Phone:** (703) 368-1969  
**Address:** Manassas

**Marina Martinez, MD & Jennifer Kilmer, MD**

**Phone:** (703) 717-4050  
**Address:** Arlington

**Miguel Gomez, MD (Sp)**

**Phone:** Vienna: (703) 281-7620

**Prince William OB/GYN Assoc.**

**Phone:** Manassas: (703) 361-7778

Gainesville: (571) 261-2236

**Richard Pei, MD**

**Phone:** (703) 698-9668  
**Address:** Annandale

**Sergio Rimola, MD (Sp)**

**Phone:** Vienna: (703) 448-9140

**Stefanie Filak, MD**

**Phone:** (703) 550-4848  
**Address:** 5021 Seminary Road, #109  
Alexandria, VA 22311

**The Physician and Midwife Collaborative Practice (CNM)**

**Phone:** (703) 370-4300  
**Address:** Alexandria

**Virginia Women's Health Assoc.**

**Phone:** Reston: (703) 435-2555

**Women to Women – Gwen Patterson-Cobbs, MD**

**Phone:** (703) 816-4152  
**Address:** Arlington and Lansdowne

# MENTAL HEALTH

See also: Hotlines, Rape Crisis Centers, Ritual Abuse, Suicide Prevention, Support/Therapy Groups

## Mental Health – District of Columbia

### Andromeda Transcultural Health Center

**Phone:** (202) 291-4707  
**Address:** 1400 Decatur St., NW  
Washington, DC 20011  
**Hours:** Monday-Friday: 9am-5pm\*\*  
**Primary Focus:** General mental and physical health services  
**Services Provided:** Substance abuse treatment, mental treatment, HIV Treatment  
**Fees:** \$50 if the person has no insurance. Otherwise, it is a sliding scale.  
Free pre/post HIV test counseling, Free STD testing & screening. \*\*  
**Type of Care:** Outpatient  
**Special Programs/Groups:** Persons with HIV/AIDS, Women, Minorities\*\*  
**Forms of Payment Accepted:** Self payment, Medicaid, Medicare, Private health insurance  
**Payment Assistance:** \Payment assistance  
**Special Language Services:** French, Spanish  
**Website:** [www.andromedatransculturalhealth.org](http://www.andromedatransculturalhealth.org)

### Center for Mental Health- Anacostia

**Phone:** (202) 561-1423  
**Address:** 2041 Martin Luther King Jr. Ave. #103  
Washington, DC 20020\*\*  
**Website:** [www.anacostiacycenter.org](http://www.anacostiacycenter.org)  
**Services Provided:** Low counseling services  
**Fee:** Medicaid is charged \$20

### Community Connections\*\*

**Phone:** (202) 546-1512 – Main Line  
Intake Coordinator: Tasha Bradley 202-281-2954 \*\*  
Intake Director: Suzanne Bechard 202-608-4743 \*\*  
**Address:** 801 Pennsylvania Ave, SE Suite 201  
Washington, D.C. 20003-2152  
**Hours:** Monday-Friday: 8am-5pm  
**Fees:** No private insurance, only straight DC Medicaid; if no insurance, the Department of Mental Health assumes cost  
**Services:** Offers counseling, therapy, and support groups for trauma survivors. Case management, Psychiatric treatment  
Women's Trauma Therapy, Anger Management Therapy\*\*  
**Eligibility:** must have mental illness  
**Website:** [www.communityconnectionsdc.org](http://www.communityconnectionsdc.org)  
**Email:** [info@ccdc1.org](mailto:info@ccdc1.org)



### **DC Department of Mental Health**

**Phone:** (202) 673-2200  
**Fax:** (202) 673-3433  
**TDD/TYY:** (202) 673-7500  
**Hotline:** (888) 793-4357  
**Address:** 609 H St. NE, 5<sup>th</sup> Floor  
Washington, DC 20002  
**Hours:** 24hours Referral Service.  
**Services:** Provides emergency care and comprehensive mental health services and support to DC residents in need. No private insurance. Medication monitoring, case management. Suicide and crisis line.  
**Website:** dmh.dc.gov  
**Email:** dmh@dc.gov

### **Family Matters of Greater Washington**

**Phone:** (202) 289-1510  
**Address:** 1509 16<sup>th</sup> ST NW  
Washington, DC 20036  
**Hours:** Monday-Friday: 8:30am-5pm; evening appointments available.  
**Fees:** sliding scale  
**Services:** Individual, family and group counseling. Child services.  
**Spanish/Deaf:** Spanish and deaf interpreters-sometimes available  
**Website:** [www.familymattersdc.org](http://www.familymattersdc.org)

### **Family and Medical Counseling Service, Inc. (FMCS)**

**Phone:** (202) 889-7900  
**Address:** 2041 Martin Luther King, Jr. Avenue, SE Suite 300  
Washington, DC 20020  
**Hours:** Monday-Friday:8:30am-5:30pm  
**Fees:** Sliding Scale; private insurance.  
**Services:** Individuals, families, groups, and adolescents. Counseling and Psychotherapy. HIV/AIDS outreach and entitlement counseling. Marriage counseling, alcohol/substance abuse counseling. Support groups. Food bank, nutritionist.  
**Spanish/Deaf:** Spanish, ASL  
**Email:** [fmcsinc@fmcsinc.org](mailto:fmcsinc@fmcsinc.org)

### **Georgetown University Hospital Outpatient Psychiatry**

**Phone:** (202) 687-1606  
**Fax:** (202) 687-7277  
**Address:** 3800 Reservoir Rd NW  
Washington, DC 20007  
**Hours:** Monday-Friday: 8:30am-5pm by appointment  
**Fees:** Sliding scale, insurance.  
**Services:** Psychotherapy, couples, group counseling. Accept clients of all ages, have a child psychologist.  
**Spanish/Deaf:** Can arrange for ASL and Spanish interpreter.  
**Website:** <http://georgetownpsychiatry.org>

### **Northwest Family Center**

**Phone:** (202) 673-2042

**Fax:** (202) 673-7642  
**Address:** 1250 U St. NW, 2<sup>nd</sup> Floor  
Washington, DC 20009  
**Hours:** Monday: 8:30am–9pm  
Tuesday: 8:30am-8pm  
Wednesday: 8:30am-8pm  
Thursday: 8:30am-8pm  
Friday: 8:30am-6pm  
**Fees:** Sliding scale  
**Services:** Any health insurance accepted. Serving children, youth, and their families with emotional, learning, or behavioral problems. Emphasis on working with families. ADHD and Hearing Impaired clinics. Therapeutic summer camp. Refer emergencies to Access (202) 727-6944.  
**Spanish/Deaf:** Spanish and deaf services

### **Psychiatric Institute of DC**

**Phone:** (202) 885-5600  
(800) 369-2273  
**TTY:** (202) 965-8403  
**Address:** 4228 Wisconsin Ave. NW,  
Washington, DC 22066  
**Hours:** 24-hour intake, call (202) 885-5610  
**Fees:** No sliding scale. Most insurance accepted.  
**Services:** In-patient program no longer than 10 days. Four programs:  
1) Adolescent Unit (for children between 5 and 18 in MD/DC area)  
2) Survivors of Abuse (acute care), and Adult Substance Abuse unit, Psychiatric Unit.  
3) Out-patient support groups for survivors of trauma and also chemical dependency. Outpatient program is once a week. Intensive outpatient program is 5 days a week, 2 hours a day.  
4) Partial day programs 5 days-a-week dealing with regular adult issues, geriatrics, and for trauma survivors. Day testing is 10am-4pm  
**Website:** [www.psychinstitute.com](http://www.psychinstitute.com)

### **Women's Growth and Therapy Center**

**Phone:** (202) 483-9376  
**Fax:** (202) 364-6156  
**Address:** 2607 Connecticut Ave., NW  
Washington, DC 20008  
**Hours:** Monday-Friday: 7am-8pm (business) by appointment\*\*  
**Fees:** Insurance; Initial consultation \$90; sliding scale \$70-120 depending on counselor. Group fee \$70/session. Accepts clients 18 years and older.  
**Services:** Individual, couple, and group counseling. Psychotherapy specializing in sexual abuse, depression, anxiety disorders, relationship issues.  
**Spanish/Deaf:** ASL

### **Viva Partnership, LLC**

**Phone:** (202) 265-1000  
**Address:** 1555 Connecticut Ave, NW, Suite 401  
Washington, DC 20036  
**Hours:** Contact office for information.  
**Fees:** Sliding scale

**Services:** Individual, group psychotherapy, retreats, and workshops. Psychotherapy uses the empowerment approach to capitalize on individual's strengths, and seeking to work through blocks using methods that incorporate mind, body, and spirit, such as EMDR and Neurofeedback.

**Spanish/Deaf:** No interpreters available.

**Web:** [www.vivapartnership.com](http://www.vivapartnership.com)

## Mental Health - Maryland

### Montgomery County Crisis Center

**Phone:** (240) 777-4190 (Administrative line for 9 a.m.-5p.m.) \*\*

**TTY:** (240) 777-4815

**Address:** 1301 Piccard Drive  
Rockville, MD 20850

**24 hr Hotline (7 days):** (301) 738-2255

**24 hr Sexual Assault Services/Crisis Line:** (240) 777-4000

**Mobile Crisis Team (24 hour):** (240) 777-4000

**Sexual Assault Programs-Admin Line:** (240) 777-1355

**Abused Person's Programs/Intakes (9-5):** (240) 777-4195

**24 hr Abused Person's Programs/Crisis Line:** (240) 777-4673

**Hours:** 24 hrs

**Fees:** Free / Schedule sessions: sliding scale\*\*

**Services:** Emergency crisis intervention. Short-term counseling. Children and adults of Montgomery County are eligible for services.

**Spanish/Deaf:** Spanish speaking therapist on staff. Have access to ASL interpreters.

**Website:** [www.montgomerycountymd.gov/hhstmpl.asp?url=/content/hhs/crisis\\_center/default.asp](http://www.montgomerycountymd.gov/hhstmpl.asp?url=/content/hhs/crisis_center/default.asp)

### Montgomery County Health and Human Services Health Access Team

**Phone:** (240) 777-1770  
(240) 777-4000 (Emergency)  
(240) 777-1450 (Child and Adolescent Mental Health Clinic)

**Address:** 255 Rockville Pike  
Rockville, MD  
1301 Piccard Drive  
Rockville, MD

**Hours:** Monday-Friday: 8:30am-5pm  
Walk-ins 8:30am or 12:30pm for evaluations

**Fees:** No charge. Accepts individuals without health insurance or state insurance only; no private insurance taken

**Services:** Montgomery County Residents only. Walk-in is for an evaluation with a therapist. Will then be referred to a treatment facility.

**Spanish/Deaf:** Spanish, French, and Vietnamese; uses language line

### Threshold Services, Inc. – Outpatient Mental Health Centers

(Formerly Rockville Mental Health Services)

**Phone:** 301-461-8993 (Silver Spring) \*\*  
301-467-8959 (Rockville) \*\*

**Address:** 8818 Georgia Ave. 751 Twinbrook Pkwy. 1<sup>st</sup> Fl  
Silver Spring, MD 20902 Rockville, MD 20851

**Hours:** Monday-Friday: 9am-5pm; closed for 30 minutes at 12p, for lunch

**Fees:** Medicaid or Medicare. Uninsured patients will be accepted on a case by case

**Services:** basis, contingent to income.  
Montgomery County residents only. Medication monitoring. Individual and group counseling for chronic mentally ill patients.  
**Spanish/Deaf:** None.  
**Website:** <http://www.thresholdservices.org/>

## Mental Health - Virginia

### Alexandria Mental Health Center / Community Services Board

**Phone:** (703) 746-3400  
**TTY:** (703) 838-5054  
**Address:** 720 N. St. Asaph Street  
Alexandria, VA  
**Hours:** Monday, Tuesday, Wednesday: 8am-9pm  
Thursday & Friday: 8am-5:00pm  
**Fees:** Depends on ability to pay  
**Services:** Walk-in services available.  
After hours walk-ins and telephone patients referred to emergency services. Therapy for individuals, group, and families. Psychiatric treatment also. Accepts clients of all ages.  
**Spanish/Deaf:** Spanish counselors available; Deaf interpreters available

### Dominion Psychiatric Treatment Center

**Phone:** (703) 536-2000  
**TTY:** (703) 538-2872  
**Address:** 2960 Sleepy Hollow Road  
Falls Church, VA 22044  
**Hours:** 24 hrs  
**Fees:** Insurance, Ballpark figure of \$600  
**Services:** In-patient child, adolescent, and adult psychiatric care. Specializes in abuse trauma recovery, eating disorders, dual diagnosis. Crisis intervention includes intake evaluation/ assessment, which is free. All types of groups: eating disorders, men's issue, parent support. Also has a partial hospitalization unit.  
**Spanish/Deaf:** Spanish interpreters available. ASL interpreters can be arranged.

### Fairfax County Community Services Board: Four Sites

#### Mount Vernon Center for Community Mental Health

**Address:** 8119 Holland Road  
Alexandria, VA 22306  
**Phone:** (703) 360-6910  
**Hotline 24 hrs (Victim Assistance Network):** (703) 360-7273  
**TTY:** (703) 799-8253  
**Spanish TTY (Springfield Community Health Center):** (703) 451-1245  
**Hours:** Monday, Wednesday, Friday: 8am-5pm  
Tuesday & Thursday; 8am-9pm  
Emergency services Monday-Friday: 9am-5pm or 24hrs: Cecil Woodburn Center (703) 573-5679.  
**Fees:** sliding scale beginning at \$2 (based on income and services)  
**Services:** Connected with the VAN network at the mental health center. Fairfax County residents ONLY. Provide dual diagnosis treatment. Offers out-patient counseling

**Spanish/Deaf:** of all types. In addition individual counseling there are support groups. Spanish speaking therapist available. Connected to the Springfield Community Health Center.

### **Northwest Center for Community Mental Health**

**Phone:** (703) 481-4100  
**Intake Line (1<sup>st</sup> time callers):** (703) 383-8500  
**Address:** 1850 Cameron Glen Drive, Suite 600  
Reston VA 20190  
**Hours:** Monday: 8am-7pm  
Tuesday: 8am-9pm  
Wednesday: 8am-9pm  
Thursday: 8am-9pm  
Friday: 8am-5pm  
Refer emergency clients to Woodburn Center  
**Fees:** Sliding scale.  
**Services:** Treats Fairfax County residents ONLY. Out-patient counseling for youth (5 and up) to adults (including geriatrics). Connected with abused women's shelter, emergency service. Offers crisis intervention and groups for sex offenders and domestic violence. Anger management group for abusers.  
**Spanish/Deaf:** A few Spanish speaking counselors in every center.

### **John Marshall Family Institute**

**Phone:** (703) 243-1050  
**Crisis Line:** (703) 527 4077  
**Address:** 2501 N. Glebe Road, Suite 202  
Arlington VA 22207-3558  
**Hours:** Monday–Friday by appointment only. Some evenings and Saturday hours.  
**Fees:** Insurance. Individual \$80. Medicaid and Medicare are accepted. Sliding scale.  
**Services:** Therapy for survivors of sexual assault. Individual and family counseling. They have a playroom for children and a psychiatrist who sees children, adolescents and adults.

### **Multicultural Clinical Centers**

**Phone:** (703) 354-0000  
**Address:** 6563 Edsall Road  
Springfield, VA  
**Hours:** Monday–Friday: 9am-5pm  
**Fees:** Flat Fees: Individual, couple, and family (LISW): \$78  
**Services:** Counseling, emphasizes importance of culture in crisis/therapy.  
**Languages:** Sign language; Cambodian, Farsi, French, Hebrew, Indian, Korean, Portuguese, Spanish and Vietnamese.  
**Website:** <http://www.mccva.com/>

### **Women's Center, The – Vienna location**

**Phone:** (703) 281-2657  
**Fax:** (703) 242-1454  
**Address:** *Administrative Building*  
133 Park Street, N.E.

Vienna, VA 22180  
**Intake Building**  
127 Park Street, N.E.  
Vienna, VA 22180

**Hours:** Monday-Thursday: 9am-8pm  
Friday: 9am-5pm  
Saturday: 9am-3pm

**Services:** Individual psychological counseling, on-going support and therapy groups, educational workshops, and career counseling. Support & therapy groups. Also legal services, financial services, and educational programs. Rolling admission; monthly fees for on-going therapy.

**Website:** [www.thewomenscenter.org](http://www.thewomenscenter.org)

# MORNING-AFTER PILL

## Overview

Emergency contraception (EC) can **prevent** pregnancy *after* unprotected vaginal intercourse. It is also called "morning-after" contraception, emergency birth control, or backup birth control. EC must be started up to 120 hours — five days — after unprotected intercourse to reduce the risk of pregnancy. The sooner it is started, the better. EC reduces the risk of pregnancy by 75-89 percent when the first dose is taken within 72 hours. EC contains hormones found in birth control pills and prevents pregnancy by stopping ovulation or fertilization. Theoretically, EC could also prevent implantation, but that has not been proven scientifically. **Plan B®** is a brand of hormone pills approved by the U.S. Food and Drug Administration (FDA) specifically for emergency contraception. Certain birth control pills may also be prescribed for use as emergency contraception. Some EC regimens use "combination pills" with estrogen and progestin — synthetic hormones like the ones a woman's body makes. Others, such as Plan B, are progestin-only. EC will not cause an abortion or affect an existing pregnancy. Still, a woman should not use emergency contraception if she is pregnant.

## How does the "morning-after" pill work?

The morning-after pill prevents fertilization by creating an "inhospitable" environment in the uterus for the sperm. Ectopic pregnancy, or fertilization in the fallopian tube, is still possible because only implantation in the uterus itself is prevented by the morning-after pill.

## Effectiveness

Progestin-only EC reduces the risk of pregnancy by 89 percent if started within 72 hours of unprotected intercourse. For example, eight out of 100 women will become pregnant after having unprotected sex once during the second or third week of their cycles. But only one woman out of 100 will become pregnant after taking progestin-only EC. Combination EC reduces the risk of pregnancy by 75 percent if started within 72 hours of unprotected intercourse. Only two out of 100 will become pregnant after taking combination EC. Emergency contraception is meant as backup birth control only. EC is not as effective as the correct and consistent use of reversible contraception the IUD, the shot, the pill, the patch, or the ring. EC does not continue to prevent pregnancy during the rest of the cycle. Other methods of birth control must be used. Emergency contraception offers no protection against sexually transmitted infections. You may want to consider testing for sexually transmitted infections if there is a possibility that unprotected sex put you at risk.

## Getting EC

Plan B is now available over the counter for women 18 and older. Plan B and other forms of emergency contraception are also available by prescription for all women. Contact your local Planned Parenthood at 1-800-230-PLAN to get EC or to get a prescription for EC if you are younger than 18. You

may also get EC at your local pharmacy if you are older than 18. If you are younger than 18, you may want to ask your clinician for a prescription for EC before you need it. This will allow you to use EC in emergency situations without having to wait to get an appointment.

### **Emergency Contraception Hotline**

**Phone:** 1-800-584-9911 or 1-888-NOT 2 LATE  
24 hr. confidential hotline available in both English and Spanish.  
The Hotline has a directory of over 1,800 family planning clinics, private doctors, and university health centers who will prescribe emergency contraception (the morning after pill).

## Morning-After Pill – Hospitals – District of Columbia

### **George Washington University Hospital**

**Phone:** (202) 715-4000  
**Address:** 900 23<sup>rd</sup> Road NW  
Washington, DC  
**Services:** Provide exams, pills, pregnancy test  
**Fees:** approx \$200

## Morning-After Pill – Hospitals - Maryland

### **Prince George’s General Hospital (Domestic Violence and Sexual Assault Center)**

**Phone:** (301) 618-3154 (Sexual Assault Center)  
**Address:** 3001 Hospital Drive  
Cheverly, MD  
**Services:** Will give the morning-after pill free if reported assault and have evidence collected for a sex kit. Must have a negative pregnancy test.

## Morning-After Pill – Hospitals - Virginia

### **Inova Alexandria Hospital**

**Phone:** (703) 504-3066 Emergency Department  
(703) 504-3000  
**Address:** 4320 Seminary Road  
Alexandria, Virginia 22304  
**Hours:** 24-hour emergency room  
**Services:** Some doctors will provide the morning after pill.  
**Website:** [www.inova.org](http://www.inova.org)

### **Virginia Hospital Center (formerly Arlington Hospital)**

**Phone:** (703) 558-6161 Emergency Department  
**Address:** 1701 N. George Mason Drive  
Fairfax, VA  
**Hours:** Emergency room is 24 hours.  
**Services:** Provide morning-after pill for sexual assault cases. Some doctors will give morning-after pill in other cases (warranted or requested).  
**Fee:** If police are involved, no fee (police pay). If police are not involved: emergency

**Website:** room fee.  
[www.virginiahospitalcenter.com](http://www.virginiahospitalcenter.com)



# OFFENDER PROGRAMS

See also: *Support/Therapy Groups – Offender Groups.*

**The DC Rape Crisis Center does not treat perpetrators; please refer them to the following:**

## **Afro-American Counseling & Psychotherapy Institute**

**Phone:** 202-723-0030

## **Alexandria Office on Women, Domestic Violence Program**

**Phone:** (703) 838-4911

TTY- same number

**Address:** 421 King Street, Suite 400, Alexandria VA 22314

**Hours:** 24hrs

**Fees:** Free

**Services:** Open to Alexandria residents ONLY. Offers anger management group for offenders in battery cases. English and Spanish women's support group. Also have a 24-hour shelter.

**Spanish/Deaf:** ASL interpreters, and Spanish speaking social worker. Access over phone to all other languages.

## **Anger Management Techniques**

**Address:** Rockville, MD

**Phone:** (301) 963-2473

**Fees:** Call office to inquire

**Services:** Dispute resolution, anger management training, counseling

## **Family Matters of Greater Washington**

See entry in *Mental Health – District of Columbia*

## **Family Crisis Shelter, Inc. of Prince George's County**

See entry in *Women's Shelters – Maryland.*

## **Fairfax County Victims Assistance Network**

See entry in *Support/Therapy Groups – Offender Groups.*

## **Maryland Institute for Individuals and Family Therapy Ltd.**

**Address:** 7307 Baltimore Ave., Suite 208 College Park, MD

11249 Lockwood Dr. Silver Spring, MD

**Phone:** (301) 277-3250

**Hours:** Monday - Friday 9:00a.m.- 5:00 p.m. Saturday 10:00 a.m. – 1:00 p.m.

**Fees:** Individual \$125-135, Groups \$100. Accept Medicare; Accept some other insurance

**Services:** Have several groups: adult sex offenders (male), survivors of incest, adolescent sex offenders. Individual counseling as well.  
Can offer counseling for any outpatient mental health issues

## **Northwest Center for Community Mental Health**

See entry in *Mental Health – Virginia.*

## **Child Protection Services**

See entry in *Support/Therapy Groups – Adolescent Support Groups.*

## **Dickinson, Panson, McKall, Honald**

See entry in *Children's Services – D.C. Child Counseling*.

**Hotlines: CrisisLink, Access Helpline, Family Violence Prevention, Montgomery County Hotline**

**To receive immediate help:**

<b>CrisisLink Hotline</b>	1-800-273-TALK
<b>Montgomery Crisis Hotline</b>	301-738-2255
<b>Prince George's Co. Hotline</b>	301-864-7161
<b>Phone Friend Hotline (5-15 yrs.)</b>	202-223-2244

# OUT OF STATE RESOURCES

## Alabama Coalition Against Rape

**Phone:** (334) 264-0123  
**Location:** Montgomery, AL

## Alaska Network on Domestic Violence & Sexual Assault (ANDVSA)

**Phone:** (907-586-3650  
**Location:** Juneau, AK

## Arizona Sexual Assault Network (AzSAN)

**Phone:** (480) 831-1986  
**Location:** Phoenix, AZ

## Arkansas Coalition Against Sexual Assault

**Phone:** (479) 527-0900  
**Location:** Fayetteville, AR

## CALCASA Rape Prevention Resource Center

**Phone:** (916) 446-2520  
**Location:** Sacramento, CA

## Colorado Coalition Against Sexual Assault

**Phone:** (303) 861-7033  
**Location:** Denver, CO

## Connecticut Sexual Assault Crisis Services (CONNSACS)

**Phone:** (860) 282-9881  
**Location:** East Hartford, CT

## Contact Delaware

**Phone:** (302) 761-9800  
**Location:** Wilmington, DE

## Florida Council Against Sexual Violence

**Phone:** (850) 297-2000  
**Location:** Tallahassee, FL

## Georgia Network to End Sexual Assault (GNESA)

**Phone:** (404) 815-5261  
**Location:** Atlanta, GA

## Guam Healing Arts Crisis Center

**Phone:** (671) 647-5351

**Location:** Tamuning, GU  
**Hawaii State Coalition for the Prevention of Sexual Assault**  
**Phone:** (808) 733-9038  
**Location:** Honolulu, HI

**Idaho Coalition Against Sexual & Domestic Violence (ICASDV)**  
**Phone:** (208) 384-0419  
**Location:** Boise, ID

**Illinois Coalition Against Sexual Assault (ICASA)**  
**Phone:** (217) 753-4117  
**Location:** Springfield, IL

**Indiana Coalition Against Sexual Assault**  
**Phone:** (317) 423-0233  
**Location:** Indianapolis, IN

**Iowa Coalition Against Sexual Assault**  
**Phone:** (515) 244-7424  
**Location:** Des Moines, IA

**Kansas Coalition Against Sexual & Domestic Violence**  
**Phone:** (785) 232-9784  
**Location:** Topeka , KS

**Kentucky Association of Sexual Assault Programs**  
**Phone:** (866) 375-2727  
**Location:** Frankfort, KY

**Louisiana Foundation Against Sexual Assault (LAFASA)**  
**Phone:** (985) 345-5995  
**Location:** Hammond, LA

**Maine Coalition Against Sexual Assault**  
**Phone:** (207) 626-0034  
**Location:** Augusta, ME

**Maryland Coalition Against Sexual Assault**  
**Phone:** (410) 974-4507  
**Location:** Arnold, MD

**Jane Doe Inc./MCASADV**  
**Phone:** (617) 248-0922  
**Location:** Boston, MA

**Michigan Coalition Against Domestic & Sexual Violence**

**Phone:** (517) 347-7000  
**Location:** Okemos, MI

**Minnesota Coalition Against Sexual Assault**

**Phone:** (651) 209-9993  
**Location:** St. Paul, MN

**Missouri Coalition Against Sexual Assault**

**Phone:** (573) 636-8776  
**Location:** Jefferson City, MO

**Montana Coalition Against Domestic Violence and Sexual Assault**

**Phone:** (406) 443-7794  
**Location:** Helena, MT

**Nebraska Domestic Violence/Sexual Assault Coalition**

**Phone:** (402) 476-6256  
**Location:** Montgomery, AL

**Nevada Coalition Against Sexual Violence**

**Phone:** (702) 990-3460  
**Location:** Las Vegas, NV

**New Hampshire Coalition Against Domestic & Sexual Violence**

**Phone:** (603) 224-8893  
**Location:** Concord, NH

**New Jersey Coalition Against Sexual Assault**

**Phone:** (609) 631-4450  
**Location:** Trenton, NJ

**New Mexico Coalition of Sexual Assault Programs**

**Phone:** (505) 883-8020  
**Location:** Albuquerque, NM

**New York City Alliance Against Sexual Assault**

**Phone:** (212) 229-0345  
**Location:** New York, NY

**New York State Coalition Against Sexual Assault**

**Phone:** (518) 482-4222  
**Location:** Albany, NY

**North Carolina Coalition Against Sexual Assault**

**Phone:** (888) 737-CASA (2272)  
**Location:** Raleigh, NC

**North Dakota Council on Abused Women's Services/CASAND**

**Phone:** (701) 255-6240  
**Location:** Bismarck, ND

**Oklahoma Coalition Against Domestic Violence and Sexual Assault**

**Phone:** (405) 524-0700  
**Location:** Oklahoma City, OK

**Oregon Coalition Against Domestic and Sexual Violence**

**Phone:** (503) 230-1951  
**Location:** Portland, OR

**Pennsylvania Coalition Against Rape (PCAR)**

**Phone:** (717) 728-9740  
**Location:** Enola, PA

**Day One (Rhode Island)**

**Phone:** (401) 421-4100  
**Location:** Providence, RI

**South Carolina Coalition Against Domestic Violence & Sexual Assault**

**Phone:** 1-800-260-9293  
803-256-2900  
**Location:** Columbia, SC

**South Dakota Coalition Against Domestic Violence & Sexual Assault**

**Phone:** (605) 945-0869  
**Location:** Pierre, SD

**Tennessee Coalition Against Domestic and Sexual Violence**

**Phone:** (615) 386-9406  
**Location:** Nashville, TN

**Texas Association Against Sexual Assault**

**Phone:** (512) 474-7190  
**Location:** Austin, TX

**Utah Coalition Against Sexual Assault**

**Phone:** (801) 746-0404  
**Location:** Salt Lake City, UT

**Vermont Network Against Domestic Violence and Sexual Assault**

**Phone:** (802) 223-1302

**Location:** Montpelier, VT

**Virginia Sexual and Domestic Violence Action Alliance**

**Phone:** (434) 979-9002

**Location:** Charlottesville, VA

**Washington Coalition of Sexual Assault Programs**

**Phone:** (360) 754-7583

**Location:** Olympia, WA

**West Virginia Foundation for Rape Information and Services**

**Phone:** (304) 366-9500

**Location:** Fairmont, WV

**Wisconsin Coalition Against Sexual Assault**

**Phone:** (608) 257-1516

**Location:** Madison, WI

**Wyoming Coalition Against Domestic Violence & Sexual Assault**

**Phone:** (307) 755-5481

**Location:** Laramie, WY

**NOTE: If no information is found for the state you are looking for you may also refer to the RAINN (Rape, Abuse and Incest National Network) website where local Crisis Centers for their area may be found. Instruct them to Google: centers.rainn.org then click on “Local rape crisis centers/sexual assault...” then follow instructions (e.g. Pick a state or enter zip code)**

# **PARK POLICE OF D.C., MARYLAND, AND VIRGINIA**

Any assault which occurs on federal property should be reported to the DC Park Police. Assaults which occur on Maryland state property should be reported to Maryland Park Police and assaults which occur on Virginia state property should be reported to Virginia Park Police. All phone lines run 24 hours.

## **United States Parks**

### **DC Park Police**

**Voice and TTY:** (202) 610-7500  
**Address:** 1100 Ohio Dr., SW  
Washington, DC 20024

## **Maryland**

### **Montgomery County Park Police**

**24 hrs:** (301) 949-3010  
**TTY:** (301) 942-1645  
**Address:** 12751 Layhill Road  
Silver Spring, MD 20906

### **Prince George's County Park Police**

**Phone:** (301) 459-9088  
**Emergency:** (301) 459-3232  
**Address:** 6700 Riverdale Road  
Riverdale, MD 20737

## **Virginia**

### **Fairfax County Park Police**

**Phone:** (703) 691-2131  
**TTY:** (703) 204-2264  
**Address:** 3911 Woodburn  
Fairfax County, VA 22030

# **POLICE SEXUAL ASSAULT UNITS**



# District of Columbia

**\*If an emergency: CALL 911**

## DC Sexual Assault Unit

**Phone:** (202) 727-3700

**Address:** 300 Indiana Ave., NW

**\*This number may also be used to be connected to the Children's Sexual Assault Unit.**

The Caller may also choose to:

If the report is for an **adult** call Police communications at **(202) 727-1010** and they will dispatch a beat cop who will talk to the survivor first and then contact a detective in the Sexual Assault Unit.

If the report is for a **child**: call DHS/CFS at **201-671-SAFE** if the child was assaulted by someone in their family or call police communications at **(202) 727-1010** if the child was assaulted by someone outside of their family.

# Maryland

## Prince George's County Sexual Assault Unit

**Phone:** (301) 772-4908

**Address:** 7600 Barlowe Road  
Landover, MD

# Virginia

## Alexandria Police

**24 hrs:** (703) 838-4444

**Address:** 2003 Mill Road,  
Alexandria, VA 22314

## Arlington Special Victims Unit

**Before 10p.m. weekdays: (703) 228-4138**

## Fairfax County Investigative Unit

**Phone:** (703) 838-4911

**Police Communications: (703) 527-4077**

**Criminal Investigations: (703) 246-7800**

**Address:** 4100 Chain Bridge Rd, Massey Building, 9th floor  
Fairfax, VA

# PREGNANCY ASSISTANCE

*(These clinics do not provide ABORTIONS with the exception of some Planned Parenthood locations.)*

**Family Place, The**

**Phone:** (202) 265-0149  
**Address:** 3309 16th St NW  
**Hours:** M-F 9 a.m. -5p.m.  
**Fees:** Free  
**Services:** Pre-natal classes for pregnant women and care for parents with children up to 5 years old. Domestic violence and parenting discussions. Referrals. Emergency food and clothing for those who qualify. Lunch (11:45 a.m. -12:30p.m.). Make an appointment for intake. No pregnancy testing.  
**Spanish/Deaf:** Classes are Spanish literate. Offer ASL.  
**Website:** [www.thefamilyplacedc.org](http://www.thefamilyplacedc.org)

**Northwest Pregnancy Center**

**Pregnancy center:** (202) 483-7008  
**Address:** 2702 Ontario Rd NW  
Washington, DC 20009  
**Hours:** Monday, Tuesday, Thursday and Friday 9:00 a.m. -5:00p.m.  
Wednesday- closed  
Saturday -Call for appointment  
**Fees:** Free  
**Services:** Free pregnancy test, baby supplies, referrals for prenatal care, and long-term counseling. Maternity housing for homeless pregnant women and children (Must be clean and sober for at least 1 year, no police record). Must call for appointments and for interviews.  
**Intakes:** Takes about a week and a half. Must obtain a doctor and police clearance.  
**Spanish/Deaf:** Some Spanish is available.  
**Website:** [www.northwestcenter.net](http://www.northwestcenter.net)

**Planned Parenthood** – see also Abortion for other locations

**Address:** 370 S. Washington St., Falls Church, VA 22046  
**Phone:** (703) 533-5651  
**Hours:** Monday 9a.m.-5p.m., Tuesday 9a.m.- 5p.m., Wednesday 9a.m.- 5p.m., Thursday 9a.m.- 5p.m., Friday 9a.m.- 5 p.m. Saturday 9 a.m.- 3p.m.  
**Services:** Pregnancy Testing; Counseling for pregnancy options; Need appointment for pregnancy options counseling; Serves everyone in the Metro area. Abortions.  
**Walk-in Hours:** M, TH, Sat- 9:30-3:30; T- 10 a.m. -7p.m.; W- 12p.m.-3p.m.; F- 11 a.m. -3p.m.  
**Fees:** Sliding Scale, Pregnancy Testing- \$7-\$18; Pregnancy options- \$18  
**Spanish:** Yes  
**Website:** [www.ppmw.org](http://www.ppmw.org)

**Planned Parenthood / Ophelia Egypt Center (Title X clinic)**

**Phone:** (202) 388-4770  
**Address:** 3937 Minnesota Ave. NE  
Washington, DC 20009  
**Hours:** Monday, Wednesday, Thursday and Friday 9a.m. – 5p.m.  
Tuesday 9a.m.- 6p.m.  
**Fees:** Sliding-scale. Medicaid accepted. Blue Cross/ Blue Shield accepted.  
**Services:** Pregnancy testing and GYN care. HIV testing every other Wednesday.  
Morning after pill available. Reproductive health care services. No abortions.  
**Spanish/Deaf:** No/Yes (ASL Line)  
**Website:** [www.ppmw.org](http://www.ppmw.org)

**Women's Services Center**

**Phone:** (202) 698-3766  
**Address:** Located in Building #13, D.C. General Hospital Campus  
**Hours:** Medication: M-F 7:15 a.m. -11:30am; 1:30 p.m.- 2:30 p.m.  
Weekends/Holidays: 7:15 a.m. - 10:15 a.m.  
Clinic: 7 a.m. - 3:30 p.m.  
Weekends/Holidays: 7 a.m. -11am  
**Fees:** sliding scale  
**Services:** For women who are 18 and older, D.C. residents, are pregnant or have small children, and are drug users who are within child-bearing ages. WSC offers: support groups, medical exams, counseling, multi-modality drug treatment and health care referrals.

## **PRIVATE THERAPISTS**

(For a list of private therapists in the metro area please call the DC Rape Crisis Center business line (202) 232-0789 during business hours (M-F 9 a.m. – 5 p.m.)

**Lamar Henderson**

240-472-5209

**Shobar Nayar**

301-806-6506

**Schwanna C. Qualls**

202-413-6240

# RAPE CRISIS CENTERS AND PROGRAMS

## Rape Crisis Centers and Programs - District of Columbia

### DC Rape Crisis Center

**24 hr Hotline:** (202) 333-RAPE  
**Business Line:** (202) 232-0789  
**TTY(9 a.m. -5p.m.):** (202) 328-1371  
**Address:** PO Box 34125, Washington, DC 20043  
**Business Hours:** 9:00 a.m. - 5:00 p.m., Counseling available 8 a.m. – 7 p.m.  
**Fees:** No charge  
**Services:** Individual and group counseling by trained therapists free of charge for adults and children. Child therapy involving cognitive-behavioral art therapy and play therapy is available. Crisis intervention and companion services by volunteers who can accompany client at hospital, police station, and through the judicial process FREE.  
**Spanish/Deaf:** Spanish-speaking therapists and volunteers are available.

## Rape Crisis Centers and Programs - Maryland

### Anne Arundel County Sexual Assault Crisis Response Center

**Hotline:** (410) 222-RAPE  
**Address:** 7493 Baltimore-Annapolis Blvd.  
Glenburnie, MD 21061  
**Hours:** All lines answered 24 hours a day.  
**Fees:** Free  
**Services:** They have a therapist on-call, individual and group counseling, and hospital advocacy. They serve all age groups, men and women. The center focuses on rape/sexual assault, child sexual abuse, secondary victims(family, etc), adult survivors of sexual abuse. Their therapy is anonymous and confidential. Also give referrals.  
**Spanish/Deaf:** Would provide interpreter if needed.

### Prince George's County Sexual Assault Center

**Phone:** (301) 618-3154  
**TTY:** (301) 618-3607  
**Address:** PG Hospital Center, 3001 Hospital Dr., Cheverly, MD  
**Hours:** Monday-Thursday 8:00 a.m. -8:00p.m.; Friday 8:00a.m.-4:30p.m.; Saturday 8:00a.m.-4p.m. (someone will answer the phone, but no one is seen)  
**Fees:** Free  
**Services:** Individual, family and group therapy. Support groups. Provide medical exams for forensic evidence only if reporting to police. Companion services available at PG Hospital Center and volunteers sometimes available to meet with survivors in court. Accepts clients of all ages. 24hr hotline which is the same number as the business line.  
**Spanish/Deaf:** Deaf Interpreter service and TTY but no ongoing counseling. Interpreters available for French, Spanish, Middle-Eastern and Asian dialects.

### STTAR Center, The

**24 hr Hotline:** (410) 997-3292  
**Business:** (410) 290-6432

**Address:** 9810 Patuxent Woods Drive, Suite C, Columbia, MD 21046  
**Hours:** Monday- Thursday 10:00 a.m. -7:00p.m.  
Friday 10:00a.m. - 2:00p.m.  
**Fees:** Sliding scale to \$40 per session. Accepts insurance. If no insurance, sliding scale (\$0-\$90) based on income. Free intake.  
**Services:** For victims of sexual crimes and child abuse. Services available to residents of Maryland. Howard County residents have priority. Follow-up counseling/psychotherapy by trained therapists for clients of all ages. Crisis intervention and companion services by volunteers who can accompany client to hospital, police station, and through the judicial process FREE. Legal accompaniment for children, adults, and families.  
**Spanish/Deaf:** Some volunteers speak Spanish, but none of the therapists do. Would provide interpreter for the deaf.  
**Website:** www.sttarcenter.org

**Victim Assistance & Sexual Assault Program**  
(part of the Montgomery County Crisis Center)

**Phone:** (240) 777-1355  
**Hotline:** (301) 315-4357  
**Fax:** (240) 777-1329  
**TTY:** (240) 777-1347  
**Address:** 1301 Piccard Dr., Suite 4100  
Rockville, MD 20850  
**Hours:** (Business) Monday - Thursday 9 a.m. – 7 p.m.; Friday 9 a.m. – 5 p.m.  
Counseling by appointment only.  
**Fees:** Sliding scale; Depends on income.  
**Services:** Available to residents/persons assaulted in Montgomery County ONLY. 6 months-1 year duration counseling and support groups available on a sliding scale. Will send a companion to hospital or police station to meet survivors. Accepts clients of all ages.  
**Spanish/Deaf:** 2 ASL interpreters, 4 therapist and survivor assistants that speak Spanish and French. Interpreters provided if needed.

## Rape Crisis Centers and Programs – Virginia

**Arlington County Victims of Violence Program**

**Hotline:** (703) 228-4848  
**Business:** (703) 228-1515  
**TTY:** (703) 228-5242  
**Address:** 3033 Wilson Blvd., Arlington, VA 22205  
**Hours:** 24 hr Hotline  
**Fees:** Sliding scale for counseling. Victims Assistance services free.  
**Services:** Services available primarily to Arlington County Residents. Group and Individual counseling. Companion services are available 24hrs. Accompany survivor to hospital and courts. Has periodic support groups call for list. Accepts clients 3 yrs and older.  
**Spanish/Deaf:** 2 Spanish counselors available:  
Dama Dasquez: (703) 228-4869, Mirtha Jones: (703) 228-4867

**Loudon County Survivor Witness Program**

**Business:** (703) 777-0417  
**Address:** 18 East Market St.  
Leesburg, VA 20176  
**Hours:** 8:30am-5pm Monday-Friday  
**Fees:** Free to victims of crime in Loudon County  
**Services:** Refer counselors through referrals. Works with police. Companion program. Notifies witness of court date, prepares witness with information, restitution, and education on

procedure. **Accepts clients of all ages.** Crisis intervention, refer to more substance counseling, Courtroom advocacy (has a Sexual Assault case manager). Can be paged thru Sheriff's office.

**Spanish/Deaf:** Can refer persons to Spanish counselor on short notice. Sheriff's Department has a TTY.

**Prince William County Sexual Assault Victims Advocacy Services (S.A.V.A.S)**

**Hotline:** (703) 368-4141  
**Office:** (703) 497-1192  
**TTY:** (703) 368-6544  
**Address:** PO Box 4783 Woodbridge, VA 22194  
**Hours:** Monday-Friday 10 a.m. – 4 p.m. (business); 24 hours (hotline)  
**Fees:** Free  
**Services:** Available to all, but mostly PW County. Information and referrals. Support groups for adults molested as children, teens, parental support, rape survivors, and significant others of survivors. Men's support groups also. Free counseling as needed if no group available. Companion services to court and hospital. Accepts adolescents and adults. Also offers RAD classes (self-defense).

**Spanish/Deaf:** Spanish speaking advocates and counselors; no deaf services

**Rappahannock Counsel Against Sexual Assault**

**Business:** (540) 371-6771  
**Hotline:** (540) 371-1666 (for after 5 p.m.)  
**Address:** 2601 Princess Anne, Suite 104  
Fredericksburg, VA 22401  
**Mailing Address:** 2601 Princess Anne, Suite 102  
Fredericksburg, VA 22401  
**Hours:** Monday-Friday 9 am – 5 pm; 24 hr hotline  
**Fees:** Free  
**Services:** Available to all in Rappahannock area. Support groups for adult survivors, significant others of survivors, teens, male survivors, plus education workshops, and crisis intervention. Referrals. Companion program. Accepts clients 13 yrs and older (varies). They also have legal advocacy and hospital companionship.

**Spanish/Deaf:** Limited Spanish and Sign language (varies).

**Sexual Assault Response and Awareness (SARA)**

**Phone:** (703) 838-5030  
**Hotline:** (703) 683-RAPE 24hrs  
**TTY:** (703) 838-5053  
**Address:** 421 King Street, Suite 400, Alexandria, VA 22314  
**Hours:** Monday-Friday 8am -5pm  
**Fees:** Suggested donations  
**Services:** Services available to Alexandria residents and to victims assaulted in Alexandria. Support groups open to all VA residents, but first priority is to Alexandria residents. Have short-term individual counseling as well as support groups for adult survivors of Incest and Sexual Assault survivors and partners of survivors. 24hr Companion service to hospital and through court proceedings. Police available through hotline.

**Spanish/Deaf:** Spanish speaking staff and volunteers; TTY but no services for deaf

**Virginia Sexual and Domestic Violence Action Alliance**

**Hotline:** (703) 704-6355  
**Business:** (703) 360-7273  
**TTY:** (703) 799-8253  
**Address:** 8119 Holland Rd., South County Bldg., Alexandria, VA 22306  
**Fees:** Free  
**Services:** Priority to Fairfax County residents. Individual counseling for up to 6 weeks.

Support groups for Sexual Assault survivors, domestic violence, and parents of children assaulted by a non-family member, sex. assault seminar for concerned men. Referrals for medical help, shelters, and legal assistance. Have companion services, but not always 24 hrs. Center has access to a women's shelter. Also will provide information and legal information to victims of stalkers.

**Spanish/Deaf:**

Spanish, French, Hindi, Korean, Nepali, Ugandan speaking counselors and male counselors available on request. TTY not directly connected with hotline.

# RITUAL ABUSE

Ritual abuse is a brutal form of abuse. The focus of the abuse can be children, adolescents, and/or adults. It consists of physical, sexual, and psychological abuse involving the use of rituals (not necessarily satanic). The physical abuse is usually severe, sometimes including torture and killing. The sexual abuse is painful and humiliating. It is intended as a means of control over the survivor. The psychological abuse involves mind control techniques, sometimes mind altering drugs and ritual intimidation.

See **THERAPIST REFERRAL GUIDE IN DCRCC OFFICE (Anne Riley or Dr. Wilson)**

# SELF-DEFENSE COURSES

## Self-Defense Courses - D.C./Maryland/Virginia area

### DC-IMPACT

**Phone:** (202) 328-1203  
**Address:** 1716 Newton Street, NW Washington, DC 20010-1822 (18<sup>th</sup> & Newton St)  
**Office hours:** Monday – Friday 12-5pm  
**Class locations:** Varies - facilities in DC, MD, and VA  
**Classes:** a) 1-session basic workshop (offered 8-10 times per year.)  
\*Co-ed, though usually predominantly female.  
b) Full-length self-defense course 25 hrs. Single sex.  
**Fees:** \$49 for option A, \$595 for option B (discounts available)  
**Website:** <http://www.dcimpact.org/>  
**Email:** [Info@dcimpact.org](mailto:Info@dcimpact.org)

### Langelan & Associates

A group or organization that wants a training class should call Marty Langelan at 301-654-0176.

## Self-Defense Courses - District of Columbia

### DC Self-Defense Karate Association

(The DCRCC works a great deal with them through the year.)

**Phone:** (202) 328-1203  
**Address:** 1716 Newton Street  
Washington, DC 20010  
**Hours:** Monday- Friday 12-5pm  
**Website:** <http://www.dcsdka.org/>

### Sexual Assault Awareness Month (SAAM)

DCRCC-coordinated program offers workshops in April.

### Universal Martial Arts Center

**Phone:** (202) 387-8622 cell phone number  
**Fax:** (202) 387-1797



**Address:** 716 Georgia Ave NW  
**Phone:** (301) 585-8622  
**Fax:** (301) 585-8620  
**Address:** 8120 Georgia Avenue  
**Silver Spring, MD 20910**  
**Classes:** Ongoing, coed  
**Hours:** Monday - Friday, 7 am - 9:30 pm  
**Fee:** Rates vary, but willing to offer free courses to survivors of domestic Violence  
**Web:** www.universalmartialartscenter.com  
**Email:** info@universalmartialartscenter.com

## Self-Defense Courses - Virginia

### Jeff Smith Karate

**Phone:** (703) 450-4422  
**Address:** 21800 Town Center Plaza Suite #263  
Sterling, VA 20164  
**Classes:** Offers 3-session courses every other month (both single-sex and coed).  
**Fee:** Trial classes for \$10  
**Website:** <http://www.jeffsmithkarate.com>  
**Email:** [wcjskarate@aol.com](mailto:wcjskarate@aol.com)

## Self-Defense Courses - Maryland

### Black Belt University

**Voice mail:** (301) 736-7616  
Leave name and number  
**Address:** 7823 Suite G, Parsons Dr., Forestville, MD 20747  
9407 Darcy Road, Upper Marlboro, MD 20772  
**Classes:** A) 4-week course (four 50 minute sessions). Single-sex or coed.  
B) Key chain self-defense seminar (1 day, 3 hours). Single-sex or coed.  
**Fee:** \$65 (only if referred by DCRCC, otherwise *much* more expensive)

### Wu Shen Tao

**Phone:** (301) 270-0665  
**Address:** P.O. Box 5927  
Takoma Park, MD 20913  
**Services:** Group and private instructional courses for adults and children in different forms of martial arts. Ongoing co-ed courses in defense at \$85/month. Also offers quarterly group workshops in women's self-defense (5- and 10- hour courses) at \$20/hour.  
**Web:** <http://www.wushentao.com/>  
**Email:** wushen@wushentao.com

## SEX TRADE (PROSTITUTION) ASSISTANCE

### **Children of the Night**

**Hotline:** 1-800-551-1300  
**Business:** (818) 908-4474  
**Address:** 14530 Sylvan Street  
Van Nuys, California 91411  
**Services:** 24-hour hotline for women and children involved in prostitution, but will deal with most everything else too. Give referrals and information. Located in CA.

### **Helping Individual Prostitutes Survive (HIPS)**

**Business:** (202) 232-8150  
**Hotline:** 1-800-676-HIPS  
**Address:** 1309 Rhode Island Avenue, NE, #2B  
Washington, DC 20018  
**Outreach Director:** Katie Aldworth  
**Client Advocate:** Gigi Thomas  
**Hours:** 10 a.m. – 6 p.m. business; 24 hr hotline  
**Services:** 24-hour help for female prostitutes, male and transgendered sex workers of all ages. Also have a van services 10p.m.-5am Fridays and Saturdays and 10p.m.-1am Thursdays to do crisis intervention, education and support. H.I.P.S. offers immediate shelter, counseling, temporary housing, food and clothing, peer education and support groups for male and transgendered sex workers. Also provide referrals.  
**Spanish/Deaf:** No  
**Website:** [www.hips.org](http://www.hips.org)

### **Polaris Project**

**Hotline:** 1-888-3737-888 (24 hr)  
**Business:** (202) 745-0008  
**Hours:** 9 a.m. – 5 p.m. business; 24-hr hotline  
**Address:** P.O. Box 77892; Washington, DC 20013  
**Services:** 24-hour help for victims of all forms of human trafficking, including sex and labor trafficking. Polaris provides comprehensive case management services, counseling, support groups, and a daily drop-in center. Crisis Response/Emergency Services available. Polaris Project works with people of all ages.  
**Spanish/Deaf:** Yes/No  
**Website:** [www.polarisproject.org](http://www.polarisproject.org)

# SEXUALLY TRANSMITTED INFECTIONS (STI) CLINICS

See also: AIDS/HIV, Medical Clinics

## Bread for the City (Northwest Center)

**Phone:** (202) 265-2400  
**Address:** 1525 7th St. NW  
**Hours:** M-F 9 a.m. -4p.m.  
**Fees:** Free.  
**Services:** Must be a DC resident. GYN by appointment only. Food, social agencies, legal agencies, general medicine and STI testing.  
**Spanish/Deaf:** Spanish; interpreters for deaf clients  
**Website:** www.breadforthecity.org

## Center for Disease Control (CDC) National Prevention Information Line

(National STI Hotline)

**Phone:** 1-800-232-4436  
**Hours:** M-F 8 a.m. -11p.m.  
**Website:** <http://www.cdc.gov/STI/>

## Planned Parenthood

**Phone:** (202) 347-8512  
**Address:** 1108 16th St. NW  
Washington, DC 20036:  
**Hours:** Monday-Friday 9:00a.m.- 5:00p.m. Saturday 9:00a.m.-2:00p.m.  
Clinic: Monday-Wednesday, Friday 9:00a.m.-4:30p.m. Thursday 8:30a.m.-4:30p.m.  
Saturday 9:00a.m.-2:00p.m.

**Phone:** (202) 388-4770  
**Address:** 3937 Minnesota Ave, NE 20019:  
Phone & Clinic: Monday- Friday 9 :00a.m.- 5 :00p.m. Saturday 10 :00a.m.-2 :00p.m.

**Phone :** (703) 533-5651  
**Address:** 370 S. Washington St., Ste 300  
Falls Church, VA 22046:  
Phone: Monday-Friday 9:00a.m. -5:00p.m. Saturday 9:00a.m. -3:00p.m.  
Clinic: Monday, Thursday, Friday, Saturday 9:00a.m.-5:00p.m. Tuesday 9:00a.m.-8:00p.m. Wednesday 12:00p.m.-6:00p.m.  
1400 Spring St. Suite 450, Silver Spring, MD 20910:

**Phone:** (301) 608-3448  
**Address:** 1400 Spring St. Suite 450  
Silver Springs, MD 20910  
Phone: Monday- Friday: 9:00a.m.- 5:00p.m. Saturday 10:00a.m.-2:00p.m.  
Clinic: Monday 9:00a.m.-6:00p.m. Tuesday- Thursday 9:00a.m.-4:00p.m.  
Saturday 8:30a.m.-1:00p.m.  
**Fees:** depends and payment is expected at time of service  
**Services:** Physical exam including pap smear for established patients. \$95-100 based on income.  
**Spanish/Deaf:** Spanish. Will arrange for deaf interpreters.

## SE STI Clinic

**Phone:** (202) 698-4070

**Address:** 19th St. & Massachusetts, SE (building 8 at D.C. General)  
**Hours:** Mon - Friday 8am-3pm: First come, first served but will serve everyone  
**Fees:** Free  
**Services:** HIV and any STI testing. Hepatitis A & B vaccination.  
**Spanish/Deaf:** No- must bring an interpreter.  
**Website:** <http://dchealth.gov>

# SHELTERS

## Shelter Hotline 1-800-535-7252

For shelter referrals, outreach and transportation services to homeless persons in the D.C. area

## Shelters for Women

## Women's Shelters - District of Columbia

### Calvary Women's Services

**Phone:** (202) 289-2111  
**Address:** 928 5th St. NW  
**Hours:** Business: 9 a.m. – 5 p.m.  
Shelter: M-Sat 5 p.m. – 8 am, Sun 24 hrs. (residents)  
**Residents:** 25  
**Services:** Serve dinner to residents at 6 p.m. every day. Life skills program for 8 weeks. Various support groups 7 days a week. Provides tokens for transportation; limited storage space; access to phone and laundry. Case management, A.A. and N.A. meetings.  
**Eligibility:** Single, adult homeless women. Must be 18 years or older and have a referral (DV victim, eviction papers, etc.) Call for intake info. Wait-list of 10 people. Women must go to shelter to put name on the wait-list at 7 p.m. – 8 p.m. Everyday after that they must call the office from 10 a.m. – 2 p.m. to keep their name on the list. If they fail to call, they lose their spot on the waiting list. Also, not handicapped-accessible. Must be able to climb stairs and do light chores.  
**Spanish/Deaf:** No Spanish or deaf  
**Website:** [www.calvaryservices.org](http://www.calvaryservices.org)

### Catholic Charities

#### New York Avenue HAC

**Phone:** (202) 772-4300  
**Address:** 1355-57 New York Ave, NE  
Washington, DC 20002  
**Hours:** Business: 7am-7pm for clients  
Shelter: 24/7  
**Residents:** 360  
**Eligibility:** Homeless men who are 18 or older

#### John Young Center at the Federal City Center

**Phone:** (202) 639-8469  
**Address:** 119 D Street, NW

Washington, DC 20001  
**Hours:** 7pm-7am  
**Residents:** 80-100  
**Eligibility:** single adult women who are 18 or older who are homeless

**Harriet Tubman Women's Shelter**

**Phone:** (202) 547-1924  
**Address:** 1900 Massachusetts Ave SE  
Washington, DC 20003  
**Hours:** 7p-7a  
**Eligibility:** homeless women

**Hermano Pedro Day Shelter**

**Phone:** (202) 246-6643  
**Address:** Sacred Heart Parish, 3211 Pine Street, NW  
Washington, DC 20010  
**Hours:** M-F 7:30 am - 4:00 pm  
**Eligibility:** Homeless and other low-income men and women  
**Services:** Serves breakfast and lunch, showers, laundry and clothing. Bilingual social services and group therapy.

**DC General Hypothermia Shelter**

**Phone:** 1-800-535-7252  
**Hours:** 7pm-7am daily  
**Residents:** 75  
**Eligibility:** homeless

**Coalition for the Homeless**

**Phone:** (202) 347-8870  
**Address:** 1234 Massachusetts Ave., NW, Suite C-1015  
Washington, DC 20005  
**Hours:** M-F 9am-5pm  
**Services:** residential transitional housing, emergency shelter, substance abuse counseling, employment services, bilingual staff (Spanish, English)

**Community for Creative Non-Violence (CCNV)**

**Phone:** (202) 393-1909  
(202) 393-4409  
**Fax:** (202) 783-3254  
**Hours:** 24 hrs-doors closed from midnight to 5:30 am. Opens once every half hour.  
**Number of Residents:** 150 women, 900 men (approx.)  
**Services:** Permanent 24-hour shelter for adult women and men.  
**Eligibility:** Adult women and men. Intake for women stops at 9 p.m. Intake for men under 50 is on Sundays at 6 a.m. Intake for men over 50 is 24 hours. Drug-free (no alcohol or drugs allowed in building).  
**Admission Process:** Intakes daily at 9am with a picture ID. Allowed to stay up to 6 months.  
Allowed to stay up to 2 weeks without a picture ID.  
**Spanish/Deaf:** No Spanish or deaf  
**Website:** <http://users.erols.com/ccnv>  
**Phone:** (202) 393-1909  
**Address:** 425 2<sup>nd</sup> St., NW, WDC, 20001  
**Hours:** Office M-S 9-5p.m.; Shelter 24hrs, 7 days a week.  
**Number of Residents:** 1350 (150 women)  
**Services:** Medical services and HIV testing. Clean and sober department. Infirmary unit. Men only.  
**Eligibility:** Permanent 24 hr shelter for adults. Stay approx. 6 months.  
**Admission Process:** Men on sundays at 6am. Elderly (over 50), women and handicapped on a daily basis – call ahead of time.

### **Dwelling Place for Abused Elderly**

**Phone:** (202) 583-7602  
**Address:** 2812 Pennsylvania, SE  
Washington, DC 20020  
**Hours:** 24/7  
**Residents:** 7  
**Services:** temporary shelter with social services, clothing, medical and dental services, housing assistance, counseling, crisis intervention, transportation and educational services  
**Eligibility:** must be 60 years or older, be a DC resident and able to use steps. Referrals and proof of residency required. By appointment only.

### **Courtney's House**

**Phone:** (202) 276-4487  
**Address:** Opening soon  
**Hours:** 24/7  
**Residents:** 10  
**Services:** long-term shelter for sex trafficked girls between the ages of 11 and 17 years

### **Community of Hope**

**Phone:** (202) 232-7356  
(202) 724-4208 (Central Intake Office)  
**Address:** 2250 Champlaign Street, NW, Washington, DC 20009  
**Hours:** M-W 9 a.m. - 5p.m.; Th 1- 8p.m.; F 9 a.m. – 12 p.m.  
**Intake:** Families (small families only). Referrals done through  
**Services:** Case management, housing aid, and substance abuse.  
**Website:** www.communityofhopedc.org  
**Email:** info@communityofhopedc.org

### **House of Ruth Homeless Shelter**

**Phone:** (202) 667-7001  
**Address:** S Thomas Circle, NW  
**Hours:** Open 24 hrs  
**No. of Residents:** 64  
**Eligibility:** Adult homeless women. Length of stay based on individual situation. Emergency Shelter.  
**Admission:** Walk-in first come, first served at 4:30 p.m.. Case workers must call for eligibility before sending a client.  
**Services:** Breakfast, case workers, etc. Can give references to other programs such as Mother's Program, Unity Inn, and Battered Women's shelter. Counseling and support groups for women staying in the shelter. Dinner is served from 4:30-5p.m.. Empowerment Center is open 9-3:30 M-F. The activities there include field trips, arts and crafts and movies. Provide meals, health clinic on site, day program, therapeutic activities, and services.  
**Website:** www.houseofruth.org

### **Mt. Carmel**

**\*not an emergency shelter**

**Phone:** (202) 289-6315  
**Address:** 471 G Place NW  
**Hours:** 24 hours  
**Number of Residents:** 20  
**Eligibility:** 25 and older biological women in transition. Must be clean and sober. Must be referred to case manager if not an emergency. Social workers available to help women. Substance abuse counselor available. Can stay up to 90 days.

**Admission Process:** Intake by interview (2).

**Spanish/Deaf:** None.

### **My Sister's Place**

**Phone:** (202) 529-5261

**Hotline:** (202) 529-5991

**Address:** P.O. Box 29596, Washington, DC 20017

**Hours:** 24 hrs

**Number of Residents:** 24 women

**Eligibility:** Battered women and children, sons to age 12. Must be clean and sober.

**Admission Process:** Intake over phone on hotline.

**Services:** Emergency shelter. Assist women with finding jobs, apartments, anything they would need to get back on their feet. Will help with getting kids to school, finding daycare etc. Also has a counseling center.

**Spanish/Deaf:** Spanish, ASL interpreters provided - varies.

**Website:** [www.mysistersplacedc.org](http://www.mysistersplacedc.org)

### **Open Doors Shelter for Women**

**Phone:** (202) 639-8093

**Case Management Office:** (202) 408-9584

**Address:** 425 2nd Street, NW  
Washington, DC 20001

**Hours:** 24 hrs

**Residents:** 108

**Services:** 18 24-hour beds with case management for women

**Website:** <http://www.newhopeministriesdc.org/id3.html>

### **Virginia Williams Family Resource Center**

**Phone:** (202) 526-0017

**Address:** 920 A Rhode Island Avenue, NE

**Hours:** Monday-Friday 8:15 a.m. -4:45p.m.

**Services:** Must come FIRST thing in the morning for central intake facility for DC families seeking shelter. Employment, training and placement offered. Social services available.

**Eligibility:** Need ID, SS# and a letter explaining living circumstances.

**Spanish/Deaf:** Spanish and interpreters for deaf

BETHANY CENTER does all intakes for Luther Place, Harriet Tubman, Sarah House, and Anna Center. To enter any of these program you must go through

Bethany Center first.

**Bethany Day Center**

**Phone:** (202) 939-2076  
**Fax:** (202) 319-1508  
**Address:** 1333 N St., NW  
Washington, DC 20005  
**Hours:** Monday-Friday 7:30 am– 4pm, Sat-Sun & Holidays 9am-4pm  
**Eligibility:** Adult women. Day program which provides support groups. RAP group and teen support group. Also have a women’s Substance abuse issues group: 3 meetings a week at the church across the street. Also provide lunch, counseling, and case management.  
**Web:** <http://www.nstreetvillage.org/>  
**Email:** [info@nstreetvillage.org](mailto:info@nstreetvillage.org)

Referrals for Anna Center, Harriet Tubman, Luther Place, and Sarah House.

**Luther Place Night Shelter**

**Phone:** (202) 387-5464  
**Address:** 1333 N St, NW  
**Hours:** M-F 4p.m.-7:30am, Sat-Sun 4p.m.-9am  
**Number of Residents:** 31  
**Eligibility:** Adult single, homeless women. To get into the night shelter the woman must have a recent physical exam (the center can help set that up). If the woman is in recovery from substance abuse she must be in a program; if the woman has mental health issues, she is not required to see a psychiatrist, decisions made on a case by case basis. TB test must be done within two weeks prior to intake. Can get one M-F 10 a.m. -12p.m..  
**Admission:** Must call **Bethany Center (202) 939-2060** before 3p.m. for intake. Must also go to Bethany in person after call.  
**Services:** Include dinner, which is served from 7 - 7:30 p.m. and breakfast on the weekends at 7 a.m. and on weekdays 6 – 7 a.m. at the center across the street.  
**Spanish/Deaf:** None

## Women’s Shelters - Maryland

**Bethesda House**

**Phone:** (301) 907-9597  
**Address:** 4848 Cordell Avenue  
Bethesda, MD 20814  
**Hours:** 24/7  
**Services:** shelter, 3 meals, case management  
**Eligibility:** referrals required from Montgomery County Government, ID and proof of residency required

**Community Ministry of Prince George’s County**

**Phone:** (301) 499-2319  
**Address:** 311 68<sup>th</sup> Place



Seat Pleasant, MD 20743  
**Hours:** 8:30am- 5pm M-F  
**Services:** community place café, smoking cessation and community base smoking prevention, community base anti-gang prevention, wheelchair accessible  
**Eligibility:** homeless, low income residents of Prince George's County

**Family Crisis Shelter, Inc. of Prince George's County**

**Address:** 3601 Taylor St., Brentwood, MD 20722  
**Office Number:** (301) 779-2100  
**Office Hours:** Monday-Friday 8:30a.m.-5:00p.m.  
**Group Hours:** Monday-Wednesday & Friday 8:30a.m.-9:00p.m. Thursday 8:30a.m.-7:00p.m.  
**Hotline:** (301) 731-1203 -24 hours  
**Fax:** (301) 779-2104

**Montgomery County Crisis Center**

**Phone:** (240) 777-4000 (Administrative line for 9 a.m.-5p.m.)  
**TTY:** (240) 777-4815  
**Address:** 1301 Piccard Drive, Rockville, MD 20850  
**24 hr Hotline (7 days):** (240) 777-4000  
**24 hr Sexual Assault Services/Crisis Line:** (240) 777-4000  
**Mobile Crisis Team (Daily 12p.m.-midnight):** (240) 777-4000  
**Sexual Assault Programs-Admin Line:** (240) 777-1355  
**Abused Person's Programs/Intakes (9-5):** (240) 777-4195  
**24 hr Abused Person's Programs/Crisis Line:** (240) 777-4673  
**Hours:** 24 hrs  
**Fees:** Sliding scale. First visit is free.  
**Services:** First visit anyone, continuing services for Montgomery County residents ONLY. Crisis line and walk-in services. Counseling, legal advice (need appointment), assessment and referrals for abused persons, sexual assault services and companion services (need appointment), emergency shelter for abused women. Also have abused person's program. Referral services available. Crisis intervention. Outreach for stress debriefing. For traumatic incidents outreach to community.  
**Spanish/Deaf:** Spanish speaking therapist on staff. Have access to ASL interpreters.

**Stepping Stones Shelter**

**Phone:** (301) 251-0567  
**Address:** P.O. Box 712  
Rockville, MD 20848  
**Hours:** 9am-5pm M-F  
**Services:** food, clothing, case management  
**Eligibility:** women or men with children  
**Website:** www.steppingstonesshelter.org

## Women's Shelters - Virginia

**Alexandria Battered Women's Shelter**

**Phone:** (703) 838-4911

**Alexandria Office on Women**

**Phone:** (703) 838-5030

**24 hr. Hotline:** (703) 683-RAPE Sexual Assault Hotline  
(703) 838-4911 Domestic Violence Hotline  
**Address:** 421 King Street Suite 400, Alexandria, VA 22314  
**Hours:** 8:30-5p.m. (office)  
**Number of Residents:** 14  
**Eligibility:** For Alexandria Residents only. Domestic Violence Program and Shelter for battered women and children (boys under 14 or through 17 on case by case basis). Maximum stay: 28 days.  
**Admission Process:** Intake over phone.  
**Spanish/Deaf:** Counseling and support groups available for Hispanic women and abusers. The Domestic Crisis Line has access to Spanish interpreters.  
**Website:** ci.alexandria.va.us/oow

### **ALIVE! House**

**Phone:** (703) 684-1430  
**Address:** 125 South Payne Street  
Alexandria, VA 22314  
**Hours:** 24/7 (services), 9am-5pm (business hrs)  
**Services:** emergency shelter, handicap accessible  
**Eligibility:** serves women and families only (no single men). No walk-ins.

### **Arlington Safe House for Battered Women and Children**

**Phone:** (703) 237-0881

### **Bethany House for Battered Spouses**

**Phone:** (703) 658-9500  
**Fax:** (703) 658-9522  
**Address:** 6121 Lincolnia Road, Suite 303, Alexandria, VA 22312  
**Hours:** M-F 9 a.m. -5:30p.m. (office)  
**Number of Residents:** 45  
**Eligibility:** Battered women and their children (girls up to 16 years old and boys up to 12 years old).  
**Services:** Provide long-term housing (4-6 months max. stay), counseling, support groups, etc.  
**Intake:** Must call Administrative office for an interview.  
**Spanish/Deaf:** No services available.  
**Website:** [www.bhmv.org](http://www.bhmv.org)

### **Fairfax County Women's Shelter**

**Business and Hotline:** (703) 435-4940  
**TTY:** (703) 435-1235  
**Fax:** (703) 435-4940  
**Mailing Address:** 1850 Cameron Glen Drive, Suite 600, Reston, VA 20190  
**Hours:** 24hrs.  
**Number of Residents:** 17  
**Eligibility:** Battered women and their children. Maximum stay is 21 days. Residents or those that live or work in Fairfax County only. Exceptions depending on space and circumstances.  
**Admission Process:** Must call for telephone screening. Information is confidential.  
**Additional Services:** Individual and group counseling is required by residents.  
**Spanish/Deaf:** Translators and language lines as needed

### **Volunteers of American Chesapeake, Inc.**

**Phone:** (703) 820-7623  
**Address:** Baileys Crossroads Community Shelter  
 3525 Moncure Avenue  
 Falls Church, VA 22041  
**Hours:** 24/7  
**Residents:** 50  
**Services:** 24 hour shelter with meals, social services, clothing, public health nurse, mental health counseling, substance abuse counseling, adult education classes, aftercare program  
**Eligibility:** referrals may be required, call for bed availability, single adults (18+)

## Teen Shelters - District of Columbia

\*As a general rule, parents or guardians will be contacted if the stay is longer than 24 hours.

### Girls and Boys Town of Washington

**Phone:** (202) 832-7343  
**National Hotline:** 1-800-448-3000  
**Address:** 4801 Sargent Road, NE  
 Washington, DC 20017  
**Hours:** M-F 8:30am-5:30pm  
**Residents:** 16, wheelchair accessible  
**Eligibility:** boys and girls ages 9-18  
**Website:** www.boystownwashingtondc.org

### Sasha Bruce House

**Business:** (202) 546-4900  
**Hotline:** (202) 547-7777  
**Shelter:** 1022 Maryland Ave, NE DC  
**Address:** 741 8<sup>th</sup> Street SE, Washington, DC  
**Hours:** 24hrs  
**Number of Residents:** 15  
**Eligibility:** **Will accept MD, VA and DC residents.** Co-ed teen facility for ages 12-17. Parents are contacted within 72 hours. Maximum stay is 2 weeks (but can be prolonged if necessary).  
**Admission Process:** Walk-in or over the phone. Need parental consent and always require family to participate.  
**Spanish/Deaf:** Access to both Spanish and ASL interpreters.  
**Website:** www.sashabruce.org  
**Email:** gjohnson@sashabruce.org

## Teen Shelters - Maryland

### Hearts and Homes for Youth, Inc.

**Phone:** (301) 589-8444  
**Address:** 1320 Fenwick Lane, Suite 800, Silver Spring, MD  
**Hours:** Monday-Friday 9a-5p  
**Services:** Education, Residential, mental health and independent living programs. Crisis shelter and long-term residential housing for teens ages 13-18. Therapeutic foster care for children from birth-age 21. Independent living care for older teens. Therapeutic group home for children ages 8-12 and 13-17.  
**Website:** www.hh4y.org

# Teen Shelters - Virginia

## Alternative House

**Phone:** (703) 356-6360  
1-800-SAY TEEN

**Address:** 2100 Gallows Rd, Vienna VA 22182

**Hours:** 24hrs

**Number of Residents:** 8

**Eligibility:** Accepts Metro area residents. 13-17 years (18 spec. circumstances) Co-ed teen shelter. Maximum stay is 2 weeks. Offers individual, group, and family counseling. In case of abuse, CPS is contacted. Otherwise parents contacted for permission to stay.

**Admission Process:** Over-the-phone and in-person intake.

**Other Services:** Provides recreational activities and outings. Referrals to foster homes and the Keller Center for substance abuse. Also walk-in counseling (no walk-ins for the shelter).

**Spanish/Deaf:** No services Available

**Website:** www.thealternativehouse.org

## Assisting Young Mothers (AYM)

**Phone:** (703) 280-2162

**Address:** 2710 Elsmore Street  
Fairfax, VA 22031

**Services:** 18-month transitional living, group home provides food, shelter, counseling, support.

**Eligibility:** women 18-21 and their children, must be pregnant and parenting mothers (children must be 4 or younger), women must work or attend school

# SHELTERS FOR THE HOMELESS

\*See also: Health Care for the Homeless

## Main S.O.M.E.

\*central office for all S.O.M.E. shelters

**Phone:** (202) 797-8806

**Address:** 71 O St NW  
Washington, DC 20001-1290

**Hours:** Monday - Friday 8:00-4:00pm  
Monday - Friday 8-5pm (clinic)

**Eligibility:** Low-income or homeless individuals and families.

**Intake:** Walk-in

**Services:** Housing for families in need. Breakfast served from 7:30 to 8:30am and lunch from 11:30-1p.m.. Main Some also has a medical clinic, a dental office, clothing and shower rooms, a center for employment training and social services. Substance abuse treatment, both in- and out-patient.

## SOME Anna Cooper House

**Phone:** (202) 328-6644

**Address:** 1338 R St. NW DC 20009-6644

**Services:** 50 rooms of temporary, long-term housing. All housing is drug and alcohol free.

Both Jeremiah and Anna Cooper houses are subsidized by HUD, tenants pay 30% of their income for rent.

**Intakes:** Terina Williams -- (202) 328-6644

### **SOME Dwelling Place**

**Main Office:** (202) 582-7138

**Shelter:** (202) 583-7602

**Address:** 2812 Pennsylvania Ave. SE DC 20020-7138

**Hours:** Shelter is open 24 hours

Senior Center hours - M-F 10-2p.m.

**Services:** Senior Center is a day program for senior citizens over 60, living in the community. Provides social work services, counseling, meals, health education services, recreation and transportation.

**Intake:** walk-in

**Contact:** Senior Center—**Edwinta Jenkins**

Shelter—**David Lamason**

\*The Shelter is for abused elderly over 60. It is a transitional shelter for 7 senior citizens who have been battered, neglected or psychologically abused. Max. stay is 90 days or until housing is found. Intake for shelter by referral, contact David Lamason

### **SOME Harvest House**

**Phone:** (202) 292-4403

**Address:** 1307 1<sup>st</sup> Street, NW, Washington, DC 20001

**Hours:** 24 hr. Program.

**Office Hours:** M-F 8:30 a.m. -4:30 p.m.

**Number of Residents:** 12

**Services:** The Harvest House is a transitional place for women who have completed the 90 day in-patient program for drug abuse. The home stresses recovery first and then employment. The stay is 4 months.

**Intake:** Referrals only.

**Contact:** Program coordinator or Addictions counselor.

### **SOME Jeremiah House**

**Phone:** (202) 292-4401

**Address:** #2 18th St. SE DC 20003-1605

**Services:** Housing for single adults (Sub., Section 8)

**Intakes:** Over the telephone as well as a follow-up interview.

### **SOME Jordan House**

**Phone:** (202) 526-8491

**Address:** 1509 North Capitol Street, NE  
Washington, DC 20002

**Fax:** (202) 526-0564

**Hours:** 24 hr. program

**Services:** Residential treatment program for DC residents experiencing psychiatric crises.

### **SOME Shalom House**

**Phone:** (202) 832-3451

**Address:** 1876 4th St. NE DC 20002-1575

**Services:** Residence for 93 formerly homeless men and women, including the elderly and the disabled. Must be capable of independent living. Must pay rent with a stable income. Must be clean and sober for at least 6 months.

**Intakes:** Pre-screening over the phone and interview needed.

**Contact:** James Edelin and Deena Bubrich

### **SOME Thea Bowman House**

**Phone:** (202) 292-4485  
**Address:** 4065 Minnesota Avenue, NE DC 20019-3503  
**Services:** Offers transitional (max. 2 years), affordable housing to formerly homeless families only. Must have had 6 months of treatment if an (former) addict. Low income housing for families in transition or in a documented housing crisis. Rent is 30% of net income.  
**Intake:** Contact coordinator: Portia M-Laws, 8:30 a.m. -4:30p.m.

## Other Homeless Shelters

### **Isaiah House**

**Phone:** (202) 797-8806 extension: 269  
**Address:** 75 Hanover Place NW DC  
**Hours:** M-F 8 a.m. -4p.m.  
**Services:** For Men and Women. This is a therapeutic day program for homeless people who are mentally ill. Offers social work services, counseling, educational programs, and recreation. Socializing program.

### **Unity Health Care Medical Clinic and Social Work Department (CCNV Social Work Office)**

**Phone:** (202) 393-2290  
**Hours:** 24 hours  
**Services:** Provides social workers and counseling to women and men

# SOUTH ASIAN WOMEN SERVICES

## Therapy and Mental Health

### **CHAI (Counselors Helping South Asians/Indians, INC.)**

**Phone:** (443) 615-1355  
**Services:** CHAI is a non profit organization that provides information and referrals to the South Asian community for therapy as well as outreach materials on mental health in the Baltimore/Washington metropolitan area.  
**Website:** [www.chaicounselors.org/](http://www.chaicounselors.org/)

# SPANISH SERVICES

## Spanish Services - AIDS Services

### **Center for Disease Control (CDC) AIDS Line**

**Phone:** 1-800-344-7432  
**Hours:** 24/7

### **National AIDS (& STI) Information Clearing House**

**Hours:** Phone: 1-800-344-7432  
7 days; 8a-2a

**Services:** Referrals, information on treatment and clinical trials.

**Prevention Information Network**

**Phone:** 1-800-458-5231

**Hours:** M-F: 9 a.m. -8p.m.

**Services:** Referrals, information on treatment & clinical trials.

## Spanish Services - Child Care

**Barbara Chambers Day Care Center**

**Phone:** (202) 387-6755

(202)387-0214

**Address:** 1470 Irving St. NW. Washington, DC 20010

**Hours:** M-F 7 a.m. -6p.m.

**Fees:** \$125 per week/ \$500 per month

**Services:** Day care for children ages 2 ½-5 yrs. Also for children 5-14 before and after school hours. There are 31 slots available through the Department of Human Services- these slots are available on a sliding scale. 3 meals free. Non-traditional child care 6m-10p.m. Mon-Fri.

**Website:** www.barbarachambers.org

**Family Place, The**

(for pregnant women and parents with children under 3).

**Phone:** (202) 265-0149

**Address:** 3309 16th St. NW Washington, DC 20010

**Hours:** M-F: 8:30 a.m. -5p.m.

**Fees:** Free

**Services:** For pregnant women and parents with children under 3. Family support services, domestic violence, pre-natal classes, and parenting discussions. Also do referrals. Serve lunch from 12-1 p.m. Intakes are done when they come in for the first time.

**Website:** www.thefamilyplacedc.org

**GAP (Centro de Cuidado Infantil)**

**Phone:** (202) 462-3636

**Address:** 3636 16th St. NW. Suite A-131. Washington, DC 20010

**Hours:** 7 a.m. -6p.m.

**Fees:** \$240/week for children up to age 2yrs.  
\$210/week for children 2-4yrs. Accept DHS contracts and vouchers.

**Services:** Day care for children 6 wks to 4 yrs.

**Website:** www.gapccc.org

**Latin American Youth Center**

**Phone:** (202) 319-2225

**Address:** 1419 Columbia Rd., NW. Washington, DC 20009

**Hours:** 8 a.m. -8p.m., Teen Center, M-F, Saturday 10am-5pm

**Fees:** Free

**Services:** After school programs for youth 7-21. English classes, computer classes, AmeriCorps, job placement, and clerical training. Social services, program for teen mothers. Transitional living program for boys.

**Website:** www.layc-dc.org

### **Mary's Center for Maternal and Child Care**

**Main Phone:** 202-483-8196  
**Phone:** (202) 483-8196  
**Fax:** (202) 797-2628  
**Address:** 2333 Ontario Rd, NW Washington, D.C. 20009  
508 Kennedy Street, N.W. Washington, D.C. 20011  
**Hours:** M-F 8:30-5p.m., call for appointment  
**Fees:** sliding scale, accept Medicaid.  
**Services:** Pediatrics, prenatal care. Women's health and teenage program. Social workers. Also offer parenting classes, family literacy programs and STI prevention.  
**Website:** www.maryscenter.org  
**Email:** info@maryscenter.org

### **Rosemount Center**

**Phone:** (202) 265-9885  
Fax: (202) 265-2636  
**Address:** 2000 Rosemont Ave. NW, Washington, DC 20010  
**Hours:** M-F 7:30 a.m. -6:00p.m.  
**Fees:** sliding scale  
**Services:** Infant, toddler, and preschool programs. Therapeutic nursery, and case management. Daycare.  
**Intakes:** Through social services.  
**Website:** www.rosemountcenter.com

## Spanish Services - Domestic Violence

### **Alexandria Office on Women Domestic Violence Program**

**Phone:** (703) 838-5030  
**Spanish/English**  
**24-hrs. Hotline:** (703) 838-4911  
**Address:** 421 King St, Suite 400, Alexandria, VA  
**Hours:** Monday – Friday 8:00a.m.- 5:00p.m.  
**Fees:** Free  
**Services:** Women and children. For Alexandria residents only. Domestic Violence hotline and shelter. Crisis intervention and referrals on phone. Small shelter for women and children. Counseling and support groups for survivors of battering, and sexual assault. Sub-group of the Alexandria Rape Victim Companion Program.

## Spanish Services - Education Services

### **Change, Inc.**

**Phone:** (202) 387-3725  
**Address:** 1413 Parks Rd. NW  
**Hours:** Monday – Friday 9:00 a.m. -5:30p.m.  
**Fees:** Free  
**Services:** Programs in nutrition, income management, housing, health, and employment education. Provide counseling and referrals about health programs and services (particularly HIV and substance abuse). Have a translator for Spanish, French and Portuguese clients. Computer classes.



### Educational Organization for United Latin Americans (EOFULA)

**Phone:** (202) 483-5800  
Fax: (202) 588-5806  
**Address:** 1842 Carver Street, NW  
Washington, DC 20009  
**Hours:** Monday-Friday 9:00 a.m. -5:00p.m.

### Latin American Youth Center

**Phone** (202) 319-2225  
**Fax:** (202) 462-5696  
**Address:** 1419 Columbia Road, NW Washington, DC 20009  
**Services:** Advocacy, substance abuse prevention and treatment, case management, counseling, crisis intervention, housing, tutoring assistance.  
**Website:** www.layc-dc.org

## Spanish Services - Housing Assistance

### Coalition for the Homeless

**Phone:** (202) 347-8870  
**La Casa** (202) 673-3592 (All-male shelter)  
**Coalition:** 1234 Massachusetts Ave, NW, Suite C1015, WDC 20005  
**Shelter:** 1436 Irving Street, NW (emergency shelter for men only)  
**Hours:** Monday -Friday 9:00 a.m. -5:00p.m.  
**Fees:** Free.  
**Services:** Emergency shelter and 2 transitional houses for MEN. Two transitional homes for substance abusers. Veterans are given priority in one of the homes. Family shelters. Case workers will refer people. La Casa (the male shelter) has 25 emergency beds, the rest are transitional.  
**Website:** www.dccfh.org

### Housing Counseling Services

**Phone:** (202)667-7007  
**Address:** 2410 17<sup>th</sup> Street. NW. Suite 100  
Washington, DC 20009  
**Hours:** Monday –Friday 8:00 a.m.- 5:00p.m.  
**Fees:** Free.  
**Services:** Help with housing problems such as landlord/tenant problems, late mortgage payments, and credit. Assist with first time home buyers. Advocacy, provides training workshops.  
**Website:** www.housingetc.org

## Spanish Services - Legal Assistance

### Ayuda, Inc.

**Phone:** (202) 387-4848  
(See also Legal section for more information)  
**Address:** 1707 Kalorama Road, NW  
**Hours:** Monday- Friday 9:00 a.m. -5:00 p.m.  
**Fees:** \$20 consultations  
**Services:** Immigration and domestic violence cases for Latina women. Offers legal assistance, and referrals. Hermanas Unidas is a support group for battered Latina women. No legal advice is given over the phone, you must make an appointment.

### Carecen

**Phone:** (202) 328-9799  
**Fax:** (202) 328-7894  
**Address:** 1460 Columbia Rd, NW  
Washington, DC 20009  
**Hours:** Monday-Friday 9:00a.m.-5:00p.m.; consultations: Monday-Friday 9:00a.m.-5:00p.m. first come, first serve  
**Fees:** \$15  
**Services:** Services for Latino Americans only. Limited help with immigration applications. Mostly handle cases involving Protective Status for Salvadorans. One stop service-filling out employment forms, Medicaid application and assist with translation. Also provides citizenship training and classes  
**Spanish:** Yes  
**Web:** [www.carecencdc.org](http://www.carecencdc.org)

### National Center for Victims of Crime

**Phone:** (800) FYI-CALL  
TTY: (800) 211-7996  
**Services:** Referrals for counseling, legal assistance, support groups, and victim's compensation.

### Neighborhood Legal Services Program

Northeast/ Northwest Office

**Address:** 701 4th St., NW. Washington, DC 20001  
**Phone:** (202) 269-5100  
**Hours:** Monday – Friday 9:00a.m.- 4:30p.m.

Southeast/ Southwest Office

**Address:** 3101 Marin Luther King Ave. SE. Washington, DC 20032  
**Phone:** (202) 678-2000  
**Hours:** Monday – Friday 9:00a.m.- 4:30p.m  
**Fees:** Free to income eligible clients  
**Services:** Civil litigation, non-criminal, divorces, no custody cases unless part of divorce. Also deal with Social Security, Medicare, Medicaid, AFDC and food stamp denial cases. Housing cases-landlord/tenant. No child support unless part of divorce case.  
**Website:** [www.nlsp.org](http://www.nlsp.org)

## **SPANISH SERVICES – MEDICAL & MENTAL HEALTH CLINICS**

### Andromeda

**Phone:** (202) 291-4707  
**Hotline:** (202) 291-9100  
**Address:** 1400 Decatur St. NW  
**Hours:** Monday - Friday 9:00 a.m. -5:00p.m.  
**Fees:** \$50 per visit. Sliding Scale. Insurance accepted.  
**Services:** Center for counseling substance abusers, refugees, child abuse, HIV (confidential), and referrals. They also have marriage, group, and individual counseling.  
**Intake:** call for an appointment  
**Insurance:** Medicare, Medicaid accepted.  
**Website:** [www.andromedahealthcenter.org](http://www.andromedahealthcenter.org)

### **Clínica del Pueblo**

**Phone:** (202) 462-4788  
**Address:** 2831 15<sup>th</sup> Street, NW  
**Hours:** Monday, Tuesday, Thursday, Friday 8:30 a.m. -5:00p.m.  
Wednesday 2:00p.m.-8:00p.m.  
**Fees:** Free (\$10 donation accepted)  
**Services:** Provides general medical care, primarily to the Latino-American community. Free HIV testing and counseling (both confidential and anonymous). Develops woman and family programs as well as mental health programs. Teen clinic. By appointment ONLY.  
**Waiting Period:** often 4-5 weeks.  
**Website:** www.lcdp.org

### **Multicultural Clinical Centers**

**Phone:** (703) 354-0000  
**Address:** 6563 Edsall Rd. Springfield, VA 22151  
**Hours:** M-F 9-5p.m. (office)  
Evenings and Weekends (Psychotherapy)  
**Fees:** Flat fee (\$75 for therapy)  
**Services:** All types of counseling, emphasizes importance of culture in responding to crisis/therapy. Homebase counseling (go to patient's home do counseling).  
**Spanish/Deaf:** Spanish, Cambodian, Farsi, French, Hebrew, Indian, Korean, Portuguese, Vietnamese, Iranian, Pakistani, etc.  
**Website:** www.mccva.com

### **Multicultural Services Division**

**Phone:** (202) 673-2058  
**Address:** 1250 U St. NW  
**Hours:** M-F 8:30 a.m. -5:00p.m.  
**Fees:** sliding scale and insurance  
**Services:** Psychiatric and counseling services.  
**Spanish/Deaf:** English, Spanish and French speakers available.

### **Planned Parenthood** – see entries in Abortion for more details

**Phone:** (202) 347-8512  
**Address:** 1108 16th St. NW DC:  
**Phone:** (301) 608-3448  
**Address:** 1400 Spring St. Suite 450, Silver Spring MD:  
**Phone:** (703) 533-5651  
**Address:** 370 S. Washington St., Falls Church, VA:  
**Hours:** Monday-Friday 9:00 a.m. -5:00p.m., but may differ on certain days  
**Fees:** sliding scale  
**Services:** All Gynecological services.

### **Sacred Heart Community Center**

**Phone:** (202) 234-8000  
**Address:** 16<sup>th</sup> St. and Park NW  
**Hours:** Monday- Friday 9:00a.m.-5:00p.m.  
**Services:** Distributes food to needy families. Works in conjunction with the Hispanic Catholic Center with referrals.

**Website:** www.shcstheheart.org

**Spanish Catholic Center**

**Phone:** (202) 939-2437  
**Dental:** (202) 939-2423  
**Medical, Social Services, Employment, Immigration:** (202) 939-2400  
**Address:** 1618 Monroe St. NW, Washington DC 20009  
**Hours:** Monday -Friday 8:30-5:00p.m.  
**Fee:** Sliding scale. Medical and dental only uninsured.  
**Services:** Medical and dental clinic. Social & employment Food distribution, legal counseling, immigration counseling. Intake by appointment only.

**Upper Cardozo Health Center**

**Phone:** (202) 745-4300  
**Address:** 3020 14th St NW (Upper Cardozo)  
**Hours:** Monday 8:00a.m.-7:30p.m. Tuesday - Friday 8:00a.m.- 5:00p.m. Wednesday (HEALTH CENTER) 10:00A.M.-7:00P.M.  
**Fees:** Sliding scale, depending on income.  
**Services:** Pediatrics, OBGYN, internal medicine, podiatry, dental services, WIC, and social workers. Provide services for homeless people.  
**Insurance:** Medicaid, Medicare, some private.

**Whitman-Walker Clinic**

**Phone:** (202) 797-3500  
**Address:** 1701 14<sup>th</sup> St., NW  
**Hours:** Monday-Friday 9:00 a.m. -6:00p.m.  
**Fees:** Income based  
**Services:** Variety of services for gays and lesbians: medical, legal, housing, substance abuse, education, and HIV counseling.

# STALKING

## National Center for Victims of Crime

**Phone:** 1-800-FYI-CALL  
**Services:** Provides referrals for counseling and legal assistance.

## Victim Assistance Network of Fairfax County

**Hotline:** (703) 360-7273  
**TTY:** (703) 435-1235  
**Address:** 8119 Holland Rd., Alexandria, VA 22306  
**South County Center:** 8350 Richmond Highway, Suite 507  
Alexandria, VA 22309  
**Email:** fcvan@erols.com  
**Website:** www.fcdvc.org/van.htm  
**Hours:** 24 hour hotline.  
**Services:** Referrals, legal assistance, counseling, and support on what to do if your being stalked. Educational programs. Sexual abuse, domestic violence, one on one and group counseling. Provide referral services for incest survivors.

# SUICIDE PREVENTION

\*You can also call 911

## Suicide Prevention – District of Columbia

### Comprehensive Psychiatric Emergency Program

*(Formerly: Emergency Psychological Response Division)*

**Phone: (202) 673-9319**

**Crisis Hotline: (888)793-4357**

## Suicide Prevention – Maryland

### Baltimore Hotline:

**24 hr hotline: (410) 752-2272**

### Community Crisis Services

**Hotline: (301) 864-7161**

### Hyattsville Hotline:

**24 hr hotline: (301) 864-7130**

### Montgomery County Hotline

**24 hr hotline: (301) 738-2255**

**Business: (240) 777-4000**

### Prince George's County Hotline:

**24 hr hotline: (301) 864-7161**

## Suicide Prevention – Virginia

### CrisisLink (Northern VA Hotline):

**24 hr hotline: (703) 527-4077**

### Prince William County:

**24 hr hotline: (703) 368-4141**

### Norfolk:

**24 hr hotline: (757) 622-1126**

### Roanoke:

**24 hr hotline: (540) 344-1948**

# SUPPORT GROUPS

## DC Rape Crisis Center

**Business:** (202) 232-0789  
**Hotline:** (202) 333-RAPE  
**Services:** Offers Support Groups throughout the year for rape survivors, adults sexually abused as children, and for women in recovery from drug and/or alcohol abuse.

## Sexual Assault Center

**Phone:** (301) 618-3154  
**Address:** Prince George's Hospital Center  
PG Sexual Assault Center  
3001 Hospital Drive  
Cheverly, MD 20785  
**Services:** Provide support group for PG County teens and parents who have been sexually assaulted in PG County. Ongoing, free, individual therapy. Also do forensic exams and have SANE nurses on staff.

## SOS (Support Our Survivors) Center

**Main Office:** (202) 299-1181  
**Court Advocacy:** (202) 879-7851  
(202) 879-7857  
**SOS Center:** (202) 889-8878  
**Hours:** Monday-Friday 9:00 a.m. -5:00p.m. (court advocacy hours 8:30a.m.- 4:30pm.  
**Fees:** FREE  
**Services:** Support for survivors of domestic violence. Case management and resource referrals, crisis intervention, assistance with emergency needs and help with transportation expenses (limited).  
**Intake:** Over the phone or in person  
**Website:** www.dccadv.org

## Survivors of Sexual Assault Group

**Phone:** (703) 746-5030  
**24 hr. hotline:** (703) 683-7273  
**Address:** Office on Women, 421 King Street, Suite 400, Alexandria, VA 22314  
**Services:** Free of charge for Alexandria residents or those raped within the city limits. Incest and rape survivor groups. Designed for women no longer in crisis but who want mutual support in rebuilding their lives. They have a group for adult survivors of sexual assault, a group for adult survivors of CSA, a group for adolescent survivors of sexual assault, and a group for partners of survivors of sexual assault.

## Women's Support Groups

**24 hr. hotline:** (703) 360-7273  
**Fairfax County Victim Assistance Network:** (703) 704-6727  
**Services:** Free support groups for female survivors of non-incest sexual abuse & domestic violence. They have sexual assault therapists. Free individual therapy for survivors of sexual assault and/or domestic violence. Free educational prevention programs.

## Women's Center, The

**Phone:** (703) 281-2657

**Address:** 133 Park St., NE, Vienna VA 22180  
**Services:** counseling, group therapy, incest survivors group, experts in domestic violence mediation, workshops, classes (assertiveness training), etc.  
**Fee:** \$45 for non-licensed, \$75-100 for licensed, depending on therapist.  
**Contact:** Janet Kimberling (Clinical Director)  
Jane Delpopolo—group coordinator (703-281-4928 x307)  
**Website:** www.thewomenscenter.org

### Women's Center (Washington, D.C.)

**Phone:** (202) 293-4580  
**Address:** 1101 15<sup>th</sup> St, NW, Suite 202, Washington, DC 20005  
**Fees:** Sliding Scale; also call for information  
Licensed Therapist: \$81  
Non-licensed: \$41  
**Services:** Group Counseling, Individual counseling. Personal Growth education programs.  
**Website:** www.thewomenscenter.org  
**Spanish/Deaf:** Spanish speaking counselors available.

## ADOLESCENT SUPPORT GROUPS

### Child Protection Services

**Phone:** (202) 884-4950  
**Medical appointment and inquiry line:** (202) 884-4100  
**Address:** 111 Michigan Ave. (Children's Hospital)  
**Services:** Therapy group for *teenage girls* (ages 14-17). Also treat male survivors and juvenile offenders. Groups meet weekly (there is a fee).  
**Fee:** They take insurance and Medicaid.  
**Contact:** Dr. Herman Tolbert  
Section 6717

### Metro Teen AIDS

**Phone:** (202) 543-9355  
**Address:** 651 Pennsylvania Ave., SE, Washington, DC 20003  
**Hours:** Monday-Friday: 9:00a.m-5:00p.m.  
Drop-in center is open late afternoon and evenings (4-8 p.m.)  
**Services:** Provide support and information for adolescents who are HIV+. Focus on HIV/AIDS prevention and education. A variety of support groups are offered.  
**Website:** www.metroteenaids.org

### Support Groups for Teens

**Phone:** (703) 281-2657  
**Address:** The Women's Center, 133 Park Street, NE, Vienna, VA. 22180  
**Topics Include:** Eating disorders, drugs and alcohol, school performance, adult children of dysfunctional families, men's groups, health groups, surviving betrayal which focuses on dealing with anger and shock. Individual and career counseling. Call for appointment with Jane Delpopolo.  
**Fee:** Depends on therapist.

## CHILD SEXUAL ASSAULT (CSA)/INCEST SURVIVORS SUPPORT GROUPS



### **Adult Survivors of Abuse**

**Phone:** (202) 885-5752  
**Address:** The Center for Post-Traumatic and Associative Disorders, Psychiatric Institute,  
4228 Wisconsin Ave NW  
**Services:** Community education groups for adult survivors of CSA. 1 women's group, 1  
men's group, 1 group for partners.

### **Manassas Family Counseling Center**

**Phone:** (703) 368-1683  
**Address:** 8421 Dorsey Circle suite 102 Manassas, VA  
**Services:** All kinds of group therapy available off and on.  
**Contact:** Dr. William McGlottwin

### **Survivors of Incest Anonymous**

**Phone:** (410) 893-3322  
**Address:** PO box 190 Benson, MD 21018  
**Services:** Information line and weekly groups. 18 and older, abuse occurred prior to 18. 12  
step program for women and men who were abused or think they were abused as  
children. Many different groups such as men only, women only, women and  
men. Call for schedule and contact person.  
**Website:** www.siawso.org

### **Survivors of Sexual Abuse Group (Women's Center)**

**Phone:** (703) 281-2657  
**Address:** 133 Park St. NE, Vienna, VA 22180  
**Services:** Groups meet once/week for 1 ½ hours. Individual counseling as well.  
**Fees:** Flexible fees. Individual counseling fees vary depending on type of therapist.  
**Contact:** Intake desk  
**Spanish/Deaf:** No deaf interpreters but Spanish, Italian, Arabic, Yiddish and German available

## **SEXUAL ASSAULT MALE SURVIVOR SUPPORT GROUPS**

### **David O. McCall, PhD**

**Phone:** (202) 728-1166  
**Address:** 1660 L Street, NW, Suite 503  
**Hours:** M-F, 7:30 a.m. -8:00p.m.  
**Intake:** Must call for appointment  
**Services:** Therapy center and many therapists.

## **OFFENDER SUPPORT GROUPS**

*NOTE: The policy of the DCRCC is to not work with offenders, whether they want to talk on the  
hotline or come in for counseling. We do, however, provide referrals.*

\*See also: Offender Programs

### Fairfax County Victims Assistance Network

**Hotline:** (703) 360-7273

**ADAPT**

**(Domestic Violence**

**Services):** (703) 968-4052

**Business Line:** (703) 968-4000

**Fee:** Free for women, men and children who are domestic violence and sexual assault survivors. Offender program is 18 weeks and costs \$ 420, there is a \$60 intake charge and a \$20 charge for each group.

**Services:** **24-hour hotline!** Provide free counseling, offer support groups for domestic abuse and sexual abuse. They have a men's and women's program for offenders. It is 4 months long with a follow up for individuals. Call for details and location nearest.

**Information:** Call Business line for information about specific programs!

## **PARENTS OF SURVIVORS SUPPORT GROUPS**

### Fairfax County Victim Assistance Network

**Phone:** (703) 704-6727

**Hotline:** (703) 360-7273

**TTY:** (703) 799-8253

**Services:** Groups for parents of sexually abused kids by non-family members

**Contact:** Anne Van Ryzin

### Institute for Individual and Family Therapy

**Phone:** (301) 277-3250

**Address:** Maryland Institute, 7307 Baltimore Avenue, Suite 208, College Park, MD 20740

**Hours:** 8:00 a.m. -6:00p.m.

**Fees:** Limited insurance accepted, sliding scale

**Services:** Counseling provided, licensed psychologists and social workers, family and individual therapy, referrals, walk-ins accepted, but prefer appointments.

## **SURVIVOR ASSISTANCE PROGRAMS**

### DC Crime Victim Compensation Program

**Phone:** (202) 879-4236

**Address:** 515 5<sup>th</sup> St., NW, Rm 203, Washington, DC 20001

**Hours:** Monday -Friday 9:00 a.m. -5:00p.m.

**Fees:** Free  
**Services:** Assists innocent crime victims (adults and children) with crime-related expenses: medical, funeral, lost wages, etc, when there are no other funds to cover losses. Also provide reimbursement for occupational therapy and mental health expenses. This is for crimes that occurred in D.C. Also provides referrals.

**National Organization for Victim Assistance**

**Phone:** (703) 535-NOVA  
**Hot line:** 1-800-TRYNOVA (1-800-879-6682) \ (703) 535-6682  
**Address:** NOVA, 510 King Street, Suite 424  
Alexandria, VA 22314  
**Hours:** Monday-Friday 9:00 a.m. -6:00p.m. (varies)  
**Fees:** Free  
**Services:** National Hotline for victims of violent crimes. Provides referrals, and information.  
**Spanish/Deaf:** None  
**Website:** www.trynova.org

## **WOMEN’S EMPLOYMENT RESOURCES**

**DC Employment Justice Center**

**Phone:** (202) 828-WORK (9675)  
**Overflow Voicemail:** (202) 659-9589  
**Address:** 727 15<sup>th</sup> Street NW, 2<sup>nd</sup> Floor  
Washington, DC 20005  
**Hours:** Monday-Friday 9:00 a.m. -6:00p.m. W 6p.m.-8p.m., free employment and legal clinic for low income workers at Bread for the City, 1625 7<sup>th</sup> St, NW  
**Services:** Offers support and legal advice if you feel that you are having difficulties at your place of employment. If you are a survivor and need assistance with your employer, for example, for missing work, attend the Women’s Rights clinic on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of every month from 6p.m.-8p.m. at Bread for the City (see above).  
**Website:** www.DCEJC.org  
**E-mail:** justice@dcejc.org

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