

D.C. RAPE CRISIS CENTER

Referral Guide

2014-2015

Revised 2/27/15

TABLE OF CONTENTS

Abortion Services	3
Planned Parenthood Clinics	3
Other Clinics	5
Adoption Services	7
AIDS/HIV	9
Information and Support	9
Whitman-Walker Clinic	12
HIV and STI Testing	11,13
Alcohol and Drug Assistance	15
Hotlines	15
Treatment Programs	17
Transitional Housing	19
Bisexual, Gay, Lesbian & Transgender Resources	20
Children's Services	22
Hotlines	22
Child Protection Services	23
D.C.	23
Maryland	23
Virginia	24
Children's counseling	25
D.C.	25
Maryland	28
Virginia	29
Parenting Programs	32
Deaf Services	33
Assistance	33
Police	35
Relay Services	35
Disabilities, Services for People with	36
Domestic Violence	37
Crisis Intervention	37
Legal Assistance	38
Resource Guide/Services	40
Spanish Services	40
Elderly Assistance	41
Emergency Contraception —see Morning-After Pill	
Emergency Food	44
Gynecologists (Private)n	46
Health Care for the Homeless	47
Hospitals	49
D.C.	49
Maryland	52
Virginia	53
Hospitals that do <i>not</i> treat rape survivors	54
Hotlines and other resources	55
International Resources	61
Legal Services	65
Government Programs	65
Legal Aid Clinics	66
Legal Organizations	69
Private Attorneys	69
U.S. Attorney's Office	70
Meal Service	70
Medical Clinics	72
OB/GYN Practices	77

Mental Health Services	79
D.C.	79
Maryland	82
Virginia	83
Morning-After Pill	85
Information	85
Providers	86
Offender Programs	88
Out of State Resources	90
Park Police	95
Police Sexual Assault Units	96
Pregnancy Assistance	97
Private Therapists... (Call business line for list)	98
Prostitution —see Sex Trade Workers Assistance	
Rape Crisis Centers and Programs	99
D.C.	99
Maryland	99
Virginia	100
Ritual Abuse	103
Self-Defense	103
Sex Trade Workers Assistance (Prostitution)	105
Sexually Transmitted Infections (STI) Clinics	106
Shelters	107
Women	107
D.C.	107
Maryland	112
Virginia	113
Teens	114
D.C.	114
Maryland	115
Virginia	115
S.O.M.E. Shelters for the Homeless	116
Other Homeless Shelters	117
South Asian Women Services	118
Spanish Services	118
AIDS/HIV Assistance	118
Child Care	118
Domestic Violence	120
Education	120
Housing Assistance	120
Legal Assistance	121
Medical and Mental Health Clinics	122
Stalking	125
Suicide Prevention	126
Support/Therapy Groups	127
Adolescent Survivors	128
CSA/Incest Survivors	129
Male Survivors	129
Offenders	130
Parents of Survivors	130
Survivor Assistance Programs	131
Women's Employment Resources	131
Index	132

ABORTION SERVICES

Funding for abortions: If callers do not have money to pay for an abortion please have them contact the *D.C. Abortion Fund* at (202) 452-7464 or contact the National Abortion Federation (NAF). If the callers' needs are not met through the D.C. Abortion Fund, Planned Parenthood or NAF, have them call the DCRCC business line at (202) 232-0789 for other referrals.

D.C. Abortion Fund

Address: P.O. Box 33722
Washington, D.C. 20033

Phone: (202) 452-7464

Email: info@dcabortionfund.org

Services: First priority to women who are pregnant because of a sexual assault. They will help others as funds allow. Serves residents in the entire Metro area. Call their hotline and leave a voicemail with all pertinent information and a case manager will get back to you.**

Website: www.dcabortionfund.org

Justice Fund Planned Parenthood of Metropolitan Washington

Phone: (202) 347-8500**

Services: This Fund is for women going to the Planned Parenthood in Washington, DC. Ask about the Justice Fund when you make your appointment. The Fund can also help pay for contraception, emergency contraception, and ultrasounds.

Website: www.fundabortionnow.org/funds/justice-fund-dc

Planned Parenthood (Three Locations: DC, Virginia, Maryland)

*All Planned Parenthood numbers lead to the main recording.

Planned Parenthood of Metro Washington:

Address: 1108 16th St. NW
Washington, DC 20036

Office Phone: (202) 347-8512

Office Phone Hours: M-F 9-5 Sat 9-2pm

National Hotline: (800) 230-PLAN (7526)

Fax: (202) 347-0281**

Clinic Hours: Monday, Wednesday-Friday 9am-4:30pm**
Tuesday 11am-6pm**
Saturday 9am-3pm*

Pregnancy Testing: (Walk-Ins)Urine Test: under 2-3 weeks late for period: \$18; Beta Test: \$40

Abortion Hours: Call clinic for schedule

Abortion Services: Counseling before abortion & follow-up, sonogram, vital signs. Patient can be sedated through IV, or consciously sedated.

Parental Consent: Not required

Fees: Abortion Pill: \$475; In-Clinic: 4-11 weeks - \$425, 12-13 weeks - \$475, 14 weeks - \$525; Conscious Sedation: 4-11 weeks \$525, 12-13 weeks \$575, 14 weeks \$525, 15 weeks \$600, 16-19 weeks \$700-1075. **

Payment: Accepts some insurance. Cash, money orders, credit cards and personal checks accepted. Contact the appointment office @ the office phone for financial aid assistance (and information on Justice Fund) Be persistent. Medicaid accepted only in the case of rape, incest, or with a doctor's note stating that having a baby would endanger the mother's life. Pricing is on a sliding scale.

Other Services: All other GYN services available and HIV testing. Associated with the Justice Fund (provides screenings for them).

Spanish: Latina clinic open everyday.

Morning After Pill: (Walk-Ins**)Available

Website: www.plannedparenthood.org/ppmw

Planned Parenthood, other DC locations:

Address: 3937A Minnesota Ave. NE
Washington, DC 20019
Phone: (202) 388-4770
Fax: (202) 388-4777**
Services: Birth control education and supplies, emergency contraception, well women exams, HIV testing, STI testing, urinary tract infection testing and treatment, and pregnancy testing and counseling. No abortion services at this location.
Hours: Monday-Thursday 10-6pm**
Fees: Medicaid and insurance accepted. Fees for services based upon household income (must bring proof of household income). Accepts cash, debit/credit, and money orders.

Planned Parenthood Virginia:

Address: 303 S. Maple Ave, Ste. 300,
Falls Church, VA 22046
Phone: (703) 533-5651
Fax: (703) 533-1929
Phone Hours: Monday - Friday 9 am- 5 pm
Saturday 9 am-3 pm
Clinic Hours: Monday, Thursday, Friday 9 am- 5pm**
Tuesday 11 am- 7pm**
**Appointment required for all services except Emergency Contraceptives, HIV and Pregnancy testing.
Pregnancy Testing: Walk-in during office hours.
Abortion Hours: Pre-operation appointment over the phone
Friday and Saturday 9 am-11:30 am procedure
Other Services: Pre- and post-abortion counseling, birth control education and supplies, STI testing, Urinary Tract Infection testing and treatment
Parental Consent: One parent must be informed 24 hours before and give consent
Anesthesia: Only local, conscious sedation
Fees: Call the office for prices.
Payment: Payment due at the time of service. Accepts Credit Cards, cash, check, VA Medicaid only, Kaiser (only for abortions), and most Blue Cross/Blue Shield plans.
Spanish: Yes
Morning After Pill: Available on a walk-in basis

Planned Parenthood Maryland:

Address: 1400 Spring Street # 450
Silver Spring, MD 20910
Phone: (301) 608-3448
Phone Hours: Monday 11 am - 7pm
Tuesday-Friday 9 - 5 pm
Saturday 9 am - 5 pm
Office/Clinic Hrs: Monday 11 am- 6:30 pm**
Wednesday – Thursday 9:00-4:30pm**
Friday 8:30-4:30pm**
Saturday 8:30-3:00pm**
Pregnancy Testing: Urine Test: \$18
Abortion Hours: Mandatory appointment is scheduled by doctor. Call during office hours.

Other Services: Counseling before abortion & follow-up, pregnancy testing, emergency contraception, HIV and STI testing, well women exams, birth control, urinary tract infection testing and treatment

Parental Consent: One parent must be informed. Can be excused by a doctor.

Anesthesia: Only local, conscious sedation

Fees: 5 weeks- high risk, depends on individual; 4-11 weeks \$425, 12-13 weeks \$475, 14 weeks \$525. Sedation + \$100**

Payment: Some insurance. Cash, money orders, credit cards, NO PERSONAL CHECKS.

Spanish: Yes

Morning After Pill: Available

Other Maryland locations:

Address: 19650 Clubhouse Road, Suite 104
Gaithersburg, MD 20879

Phone: (301) 208-1300

Clinic Hours: Monday, Friday 9am – 5pm
Tuesday 11am – 7pm
Saturday 9am – 5pm

Services: Pregnancy testing, emergency contraception, HIV and STI testing, well woman exams, birth control, urinary tract infection testing and treatment. No abortions offered at this location.

Fees: Medicaid and insurances accepted. Fees based upon household income (must bring proof). Accepts cash, credit/debit cards, and money orders.

Spanish: Yes

Morning after pill: Yes

Abortion Services - Other Clinics

Dr. Johnson’s Women’s Health Center

Address: 3794 Martin Luther King Ave., SE
Washington, DC 20032

Phone: (202) 563-1300

Office Hours: Open Saturdays

Pregnancy Testing: Wednesday, Thursday, Friday 9am-4pm by appointment only
Urine Test: \$20 Blood Test: \$50 with exam \$75 and \$50 for 2nd time

Hrs for Abortions: Hours vary, call office for times. Be prepared to stay for hours. Appointments required!

Abortion Services: Follow up care within two weeks.

Parental Consent: Required for patients under 18.

Anesthesia: Local.

Fees: CASH ONLY
6-11 weeks \$250.00**
12 weeks \$300.00**
+ an additional \$25 if blood type is unknown
Abortions not given after 12 weeks of pregnancy.

Spanish: No

Payment: Cash only.

Other Services: Morning after pill provided. All other GYN services are available.

National Abortion Federation (NAF)

NOTE: the NAF is an exclusively a referral service. They will assist in funding, and finding a good clinic or a qualified doctor. When talking to a survivor, ask them to call the Hotline

Address: 1660 L Street NW, Suite 450
Washington, DC 20036
Phone: (202) 667-5881
Fax: (202) 667-5890
Clinic referral: (877) 257-0012 (clinic referral only, no funding)
Clinic referral hrs: Monday-Friday 7am – 11pm**
Saturday - Sunday: 9am – 9pm**
Hotline (800) 772-9100
Hotline Hours: Monday-Friday 9am-9pm**
Saturday 9am - 5pm**
Email: maf@prochoice.org
Website: www.prochoice.org

Washington Surgi-Clinic

Phone: (877) 659-9403 or (202) 659-9403
Address: 2112 F Street NW, Suite #400
Washington, DC 20037
Office Hours: Monday – Friday: 8am – 6pm
Saturday: 8am – 12pm
Pregnancy Testing: Appt only: M-F 9am-1pm. Urine - \$30, Blood - \$30
Hours for Abortions: By appointment only. 6 ½ weeks along. Morning appointments only!
Services Included: Everything that day, then a follow-up within the next 2 weeks. They also have Depo-provera.
Parental Consent: Required for patients under 16 years old
Anesthesia: General, twilight, and local anesthesia available
Fees: Call ahead to verify prices
Local: Tuesday – Saturday / General: Thursday and Saturday
7-11 weeks \$275.00 7-11 weeks \$450.00
12-14 weeks \$290.00 12-14 weeks \$475.00
14 weeks \$460.00 14-16 weeks \$600.00
15 weeks \$525.00 15 weeks \$750.00
16 weeks \$795.00 awake 16 weeks \$995.00 asleep
17 weeks \$1350.00 17 weeks \$1350.00
18 weeks \$1695.00 18 weeks \$1695.00
19 weeks \$1995.00 19 weeks \$1995.00
20 weeks \$2400.00 20 weeks \$2400.00
Payment: Cash or credit card only
Other Services: Other GYN services available at low cost. Walk-in, confidential HIV testing
Hours: Tuesday-Friday 9:30 am- 11 am
Morning After Pill: Provided for \$75.
Email: washsurgiclinic@aol.com
Website: www.washingtonsurgi-clinic.com

ADOPTION SERVICES

Adoption Services - District of Columbia

DC Government Department of Child and Family Services
Adoption/ Foster Care Recruitment Hotline: (202) 671-5683

DC Child and Family Services Main Information

Address: 200 I St. SE
Washington, DC 20003**

Phone: (202) 442-6100

Office Hours: Monday-Friday 8am – 4:45pm

Adoption or Foster Care Information: (202) 671-LOVE (5683)

Report Child Abuse and Neglect: (202) 671-SAFE (7233)

Services: If a woman wanted to give a child up, he/she would go into the DC system. This agency does not function like a private adoption agency! Must be a DC Resident

Fees: No fees; Public Agency

Info: Call for more information. Information is different for each case.

Website: www.cfsa.dc.gov

Email: cfsa@dc.gov

Family Matters of Greater Washington

Address: 1509 16th Street, NW
Washington, DC 20036

Phone: (202) 289-1510

Fax: (202) 518-8929

Office Hours: Monday-Friday 8:30 am - 5 pm, other times by appointment

Services: Foster care and adoption services; Winter and Summer camps offered; teen mother housing; senior services; mental health counseling.

Website: www.familymattersdc.org

Email: info@familymattersdc.org

Catholic Charities Archdiocese of Washington D.C. Pregnancy and Adoption Services

Address: 924 G St. NW
Washington, DC 20001

Phone: (202) 772-4300

Fax: (202) 772-4408

Services: Can provide assistance to individuals who want to put children up for private adoption

Fees: No fees

Website: <http://www.catholiccharitiesdc.org>

Adoption Services - Maryland

Catholic Charities of Maryland- Pregnancy and Adoption Services

Address: 2601 N. Howard St., Suite 200
Baltimore, MD 21218

Office Phone: (410) 547-5490**

Counselor: (877) 677-9524 or (410) 659-4043

Hours: Monday-Friday 8:30am- 5pm

Services: Provide assistance to individuals who want to put children up for private

adoption. Offers short-term foster care for infants while the mother reconsiders adoption plans

Website: <http://www.catholiccharities-md.org/adoptions/>
Email: decision@cc-md.org

Adoption Services - Virginia

Catholic Charities of Virginia

Address: 5294 Lyngate Court
Burke, VA 22015
Phone: (703) 425-0100
After-hours: (703) 973-0129
Fax: (703) 425-2886
Office Hours: Monday-Friday 8:30 am – 4:30 pm
Services: Provide counseling if they want to do parenting or adoption- Master's Level Counselors. They can place children in homes.
Fees: Free for pregnant women.
License: Licensed in Virginia ONLY
Website: <http://centerforadoptionsservices.org/>
Email: info@centerforadoptionsservices.org

The Datz Foundation

Address: 311 Maple Avenue West, Suite E
Vienna, VA 22180
Phone: (703) 242-8800
Fax: (703) 242-8804
Office Hours: Monday-Friday 9am-5pm
Services: Can help birth mother place a child with a family. Works with other area agencies
Fees: No fees for placing the children.
Licensing: Maryland, DC, Virginia, and North Carolina
Website: www.datzfoundation.org
Email: meckman@datzfoundation.org (Mark Meckman)

AIDS/HIV

AIDS/HIV - Information and Support

AIDS info (Formerly: NIH/AIDS Clinical Trials Information Hotline)

Phone: 1-800-HIV-0440 (1-800-448-0440)
TTY: 1-888-480-3739
Fax: (301) 315-2818
Hours: Monday – Friday: 1pm – 4pm**
Address: AIDS info
P.O. Box 6303
Rockville, MD 20849-6303
Services: Investigates drugs and enrollment (referrals). Offers information, publications, and technical assistance for HIV and HIV-related diseases.
Spanish/Deaf: Spanish & TTY services available
Website: <http://aidsinfo.nih.gov>
Live help: http://aidsinfo.nih.gov/live_help/ (one-on-one real time chat service)
Email: ContactUs@aidsinfo.nih.gov

CDC INFO (Formerly the National AIDS Hotline)

Phone: 1-800-CDC-INFO (232-4636)
TTY: 1-888-232-6348
Hours: Monday – Friday 8am-8pm**
Services: Anonymous, confidential AIDS information, including treatment and clinical trials currently available. Referrals are available.
Spanish/Deaf: Spanish and TTY services available
Website: <http://www.cdc.gov/hiv/>
Email: cdcinfo@cdc.gov

Community Health Care, Inc.

Unity Health Care East Of the River Health Center

Address: 123 45th St., NE
Washington, DC 20019
Phone: (202) 388-7891
Fax: (202) 388-5202
Appointment Line: (202) 469-4699
Hours: Monday, Tuesday, Thursday, Friday 8:00am-4:45pm
Wednesday 11am-7:30pm
To reach a physician after hours, call (301) 953-4574
Services: Primary health care, and support services for HIV positive individuals and persons with AIDS. Pediatrics, cardiology, ophthalmology, dermatology, podiatry, pulmonary medicine, OB-GYN, rheumatology, urology, social services, laboratory services, case management, and surgery services.
Fees: Sliding scale, insurance is accepted: some private insurance, Medicare, Medicaid, HealthRight/Alliance, Unison, and Chartered Health/Alliance.
Spanish/Deaf: Yes
Website: www.unityhealthcare.org/HealthCenters/ServiceEastRiver.html

Damien Ministries

Mailing Address: P.O. Box 10202
Washington, DC 20018

Street address: 2200 Rhode Island Ave., NE
Washington, DC 20018

Phone: (202) 526-3020

Fax: (202) 526-9770

Food Bank: (202) 526-3188

Food Bank Hours: Tuesday, Thursday 11:30am-3pm
Wednesday 1:30pm-6pm

Office Hours: 10am -6pm

Services: Transitional Housing for men, women, and children who are HIV+. Apartment style living, substance abuse counseling, life skill counseling, individual counseling, support groups, spiritual development, access to the food bank, case management, retreats, and pastoral outreach to prisons, nursing homes, and private homes.

Requirements: To be eligible: individuals must have at least three months of sobriety; adults must be 18 years old; adult male or female must have one or two children; must receive Temporary Assistance to Needy Families (TANF), by TANF-eligible, receive SSI or income from employment; must submit a police clearance (criminal records do not automatically disqualify); must be Stage I or Stage II of HIV infection (documented by physician or health care provider); and must be free of tuberculosis and other communicable diseases (as documented by a physician or health care provider).

Restrictions: Referrals preferred from social worker.

Website: www.damienministries.org

Email: info@damienministries.org

D.C. Department of Health Administration for HIV/AIDS

Address: 899 North Capitol St NE, 4th Floor
Washington, DC 20002

Admin Phone: (202) 671-4900

Fax: (202) 673-4365

Hours: Monday- Friday 8:15 am – 4:45 pm

Info line: (202) 311-AIDS

Services: HAHSTA partners with health and community-based organizations to offer testing and counseling, prevention education and intervention, free condoms, medical support, free medication and insurance, housing, nutrition, personal care, emergency services, and direct services at its STI and TB Clinics and more for residents of the District and the metropolitan region.

Fees: Free

Email: http://dchealth.dc.gov/**

HIV Antibody Testing (anonymous) – DC HIV Counseling, Testing, and Referral Services

Phone: (202) 332-EXAM (3926)

Hours: Monday, Wednesday 12:30p-6:30p
Tuesday, Thursday, and Friday 9:30a-4:30p

Services: Give referrals—where and how to get HIV testing. Results in 20 minutes!

Spanish: Available

Website: www.dchealth.dc.gov/doh

Gay/Bisexual Health Clinic – Whitman Walker Clinic

Address: 1701 14th St. NW
Washington, DC 20009
Phone: (202) 745-7000**
Fax: (202) 745-6162
Result Line: (202) 745-6112
Hours: Monday: 5:30-7:30pm
Friday: 1:30-4:30pm
Tuesday/Thursday: walk-ins 6pm
Spanish: Yes
Email: appointments@wwc.org

Metro Teen AIDS

Mailing Address: P.O. Box 15577
Washington, DC 20003
Address: 651 Pennsylvania Avenue SE
Washington, DC 20001
Phone: (202) 543-9355
Fax: (202) 543-8249
Hours: Monday-Friday 10am-8pm
Services: Free HIV Testing, call center for more information. Provide a variety of free groups for adolescents, age 13-24, who are HIV+. Focus on prevention and education. (Look under support group section). Three centers available, walk-in. Also offer workshops and counseling. Offers free pregnancy testing and free Gonorrhea and Chlamydia testing.
Website: www.metroteenaids.org

National AIDS Prevention Information Network

Mailing Address: PO Box 6003
Rockville, MD 20849-6003
Phone: 1-800-458-5231
Fax: 1-888-282-768
Hours: Monday-Friday 9 am - 6 pm
Website: www.cdcnpin.org
Email: info@cdcnpin.org
Live Online Chat: Yes

Project Inform

Address: 273 Ninth St.
San Francisco, CA 94103**
Hotline: (800) 822-7422 (National HIV Treatment Hotline)
Phone: (415) 558-8669
Fax: (415) 558-0684
HIV Services: HIV treatment and information on treatments, drugs, and infections for HIV+ people only. If give them address, they will send a packet of info. Will also answer questions over the phone.
Website: www.projectinform.org

Infectious Disease Specialist

Jose M. Bordon, MD, Ph.D, AAHIVS

Address: Providence Medical Bldg, 1150 Varnum St NE, Ste 108
Phone Number: (202) 448-4052

Upper Cardozo Community Health Center (Unity Healthcare)

Address: 3020 14th St NW
Washington, DC 20009

Phone: (202) 745-4300

Physician after hours: (301) 953-4574

Fax: (202) 299-1708

Hours: Monday-Friday: 8am-10pm
Saturday/Sunday: 8am-2pm
Urgent hours start at 5pm

Pharmacy Phone: (202) 722-5124

Pharmacy Hours: Monday-Friday: 8:30am- pm
Saturday: 9am-5pm

Pharmacy Address: 508 Kennedy Street NW
Washington, DC 20010

WIC Hours: Monday-Friday: 8:30am-5pm
Saturday: 8am-12pm

Services: Primary medical, dental, specialty care, including OB/GYN and HIV Care, health education, laboratory services, We Can Program, Social Services, including adolescent services, case management, and WIC.

Fees: Sliding scale based on income. Free services available for those in need.

Insurance: Accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance, and other private insurance plans

Virginia HIV, STI, Viral Hepatitis Hotline

*Disease prevention hotline

Phone: (800) 533-4148

Hours: Monday-Friday: 8am-5pm

Services: Statewide toll-free lines staffed by trained counselors to answer questions and provide crisis intervention, referrals, and written educational materials regarding STIs, HIV/AIDS, and Viral Hepatitis

Website: <http://www.vdh.state.va.us/epidemiology/DiseasePrevention/hotline.htm>

Whitman-Walker Clinic – Regional Locations

Elizabeth Taylor Medical Center

Address: 1701 14th St NW
Washington, DC 20009

Phone: (202) 745-7000

Fax: (202) 745-6162**

Hours: Monday-Thursday 8am-8pm
Friday 8am-5pm

HIV Testing Hours: Monday, Wednesday 9am-6pm
Tuesday, Thursday, Friday 9am-5pm

Fees: Free, donations required for certain services

Services: Primary medical care, HIV/AIDS-related care and culturally sensitive gay, lesbian, bisexual, and transgender health care. ANONYMOUS testing

Website: http://www.wwc.org/hiv_aids_services/etmc.htm

Email: wwcinfo@whitman-walker.org

Max Robinson Center

Address: 2301 Martin Luther King Jr. Ave, SE
Washington, DC 20020
Phone: (202) 797-3567
Hours: Monday-Friday 9am-5pm
Services: Primary medical care, mental health and addiction treatment, HIV testing and counseling, dental care, day treatment, and case management.
Fees: Sliding scale; takes Medicaid, Medicare, DC Alliance, private PPO plans
Spanish: Available
Website: www.wwc.org/regional_centers/max_robinson.html
Email: mrcwwc@whitman-walker.org

HIV and STI Testing

NOTE: Most hospitals will do a *confidential* HIV test. That is, they may report positive results to the Department of Health. An *anonymous* test, on the other hand, is one in which there is no way for anyone else to find out that a test was done, regardless of the results. Clients are anonymously provided an identification number and do not have to disclose their real names.

Alexandria Health Department

Address: 4480 King Street, 2nd Floor
Alexandria, VA 22302
HIV/AIDS Clinic: (703) 746-4976
STI Clinic: (703) 746-4846
Case Management: (703) 746-4899 (Care Clinic, AIDS Drug Assistance & Primary Medical Care)
Fax: (703) 746-4979
Monday-Friday: 8am-12pm, 1pm-5pm
Spanish-speaking health information specialists available at ext. 232
Hours: STI Clinic: Wednesday: 4pm-6pm
HIV Clinic: Wednesday: 1pm-3pm, Thursday: 5pm-6:30pm
Services: Provide free, anonymous, and confidential HIV and STI testing on a walk-in basis (No appointment necessary).

Arlington County Public Health

Address: 2100 Washington Blvd, 2nd Floor
Arlington, VA 22204
Phone: (703) 228-1200
Fax: (703) 228-1255
TTY: (703) 228-1298
HIV Clinic Hours: Wednesday: 3pm-6pm, Thursday: 12pm-2pm (no appointment necessary)
STI Clinic Hours: Monday: 12pm-3pm, Thursday: 3pm-6pm (appointment only)
Services: Provides free, anonymous or confidential HIV testing. Also have AIDS and drug assistant program for those with no insurance and/or no/low income. Intake only; Arlington County residents only

Joseph Willard Health Center

Address: 3750 Old Lee Hwy.
Fairfax, VA 22030-1806

Phone: (703) 246-7100 (TTY: 711)

Clinic Hours: Monday 8am-3:30pm (walk-ins welcome)
Tuesday 10am-6pm
Wednesday 8am-3:30pm (walk-ins welcome)
Thursday by appointment only
Friday 7:30am-12pm

Confidential STI Testing Hours: Tuesday: 10am-11:30am
Wednesday: 5pm-6pm only

HIV Testing: First and Third Wednesday every month, 5-6:30pm

Fees: Free

Spanish/Deaf: Access to Spanish interpreters and TTY. Other languages available.

Services: TB testing, immunization, pregnancy testing, refugee health screening, international travel vaccines, and WIC

Montgomery County Health Department - (Multiple Locations-Not all listed)

Up-County: 12900 Middlebrook Rd
Germantown, MD 20874

Office Phone: 240-777-3420

Hours: Monday-Friday: 7:45am-5pm

Mid-County: 1301 Piccard Dr. (Montgomery County Crisis Center)
Rockville, MD 20850

24-Hr Crisis Line: 240-777-4000

24-Hour TTY #: 240-777-4815

Office Hours: Monday-Friday 8:30am-5pm

Down County: 3300 Briggs Chaney Rd.
Silver Spring, MD 20904

Office Phone: 240-777-4470

Hours: Monday-Friday 8:30am-4pm

STI/HIV Testing: Dennis Ave. Health Center
2000 Dennis Ave.
Silver Spring, MD 20902

Phone: (240) 777-1790

Hours: Monday-Friday 8am-4pm (with extended clinic hours)

Fees: \$10 donation for STI clinic required

Services: ANONYMOUS and free HIV testing. Confidential STI testing done by appointment only. Appointments cannot be made more than a week in advance. Most appointments made one day in advance. MUST PROVIDE PROOF OF RESIDENCE IN MONTGOMERY UNLESS GETTING AN HIV TEST!
Oraquick (quick oral HIV test) on Tuesday only

Website: www.montgomerycountymd.gov/hhs

Planned Parenthood

(See ABORTION and PREGNANCY ASSISTANCE for locations and phone numbers)

Hours: Varies by location

Fees: \$25 for adults, \$10 for teens, sliding scale.

Services: ANONYMOUS testing. By appointment only.

Spanish/Deaf: Spanish

ALCOHOL AND DRUG ASSISTANCE

Hotlines

Alcoholics Anonymous

Address: 4530 Connecticut Ave NW, Suite 111
Washington, DC 20008
Office Number: (202) 966-9783
24-Hour Hotline: (202) 966-9115
Spanish: (202) 797-9738 (answering machine)
Fax: (202) 966-4499
Locations: Must call first for a complete listing of times and places. Literature is available.
Website: <http://www.aa-dc.org>

Al-Anon/Alateen (for family and friends of alcoholics)

Address: PO Box 10898
Parkville, MD 21234-0898
Hours: Monday-Friday: 2pm-6pm (& 24-hr. info recording)
Saturday: 10am-1pm
Phone (DC): (202) 635-2023
Phone (Baltimore): (410)-832-7094 (check website for more MD numbers)
Locations: DC, Montgomery County, PG County, South Maryland suburbs.
Service Center Address: Seekers Church Building
278 Carroll Street NW
Washington, DC 20012
Fee: No dues, donations accepted from members only
Website: <http://www.marylanddc-alanon.org/>
Email: Area24@MarylandDC-Alanon.org

Georgetown University Medical Center—Psychiatry Department

Address: 3800 Reservoir Rd, NW,
Kober Cogan Building, 5th Floor
Washington, DC 20007
or
2115 Wisconsin Ave, Suite 200
Phone: (202) 944-5400
Contact: Babette Wise, Drug/Alcohol counselor
Fax: (202) 944-5402
Hours: Monday - Friday, 8:30am-5pm
Call for appointment.
Services: Referrals, advising and treatment. Treatment can include group, individual or family. Outpatient and geriatric programs offered. Services for spouses of substance abusers

Nar-anon – for friends and family of someone with a substance addiction (Multiple Locations)

National Address: 22527 Crenshaw Blvd. Suite 200B
Torrance, CA 90505
Phone: (800) 477-6291

Fax: (310) 534-8688
Meeting Address: Gethsemane Baptist Church (small dining room)
5119 4th Street, NW
Washington, DC 20011
Meeting Time: Thursdays: 6:30pm
Meeting Address: Providence Hospital – Seton House
1053 Buchanan St, NE
Washington, DC 20017
Meeting Time: Sundays: 1:30pm
Website: <http://www.nar-anon.org>
Email: wso@nar-anon.org

Narcotics Anonymous

Mailing Address: PO Box 9863
Washington, DC 20016
Phone: (202) 399-5316
(800) 543-4670 (24 hrs, automated)
Services: Call 24-hours for listing of meeting times and places, as well as resources and referrals.
Web Site: <http://www.cprna.org>
Email: helpline@cprna.org

National Council on Alcoholism and Drug Dependence

Phone: (800) 622-2255 24-hour HOPE line providing affiliate referrals
Business: (212) 269-7797
Fax: (212) 269-7510
Address: 20 Exchange Place
New York, NY 10005
Services: Referrals and information. Help teens with problems.
Website: www.ncadd.org
Email: national@ncadd.org

Psychiatric Institute of DC

Phone: (202) 885-5600 (24-hours)
(202) 885-5610 Admissions for appointments
Address: 4228 Wisconsin Ave., NW
Washington, D.C. 20016
Walk-in: 24hrs
Services: Assessment (free) and referrals. Outpatient and in-patient treatment center are also available. Services provided for children, adolescents, and adults. Trauma Center & Detox.
Web: www.psychintstitute.com

Drug Treatment Programs

Addiction Prevention and Recovery Administration (APRA)

Business: (202) 727-8857

Address: 1300 1st Street, NE
Washington, DC 20002
Contact: Shaun Snyder- Interim Senior Deputy Director
Hours: 8:30am-5:30pm
Services: Counselors assess patients and make referrals
Assessment Referral Center Address: 70 N Street NE
Washington, DC
Assessment Referral Center Phone: (202) 727-8473

Against Drugs and Alcohol with Planned Treatment (ADAPT)

Child and Family Assistance

Phone: (202) 727-3966
Hotline: (202) 671-7233
Address: 400 6th Street, SW
Washington, DC 20024
Sylvester Judge, Supervisors & ADAPT Family Services

Alcohol & Drug Services (ADS) of Fairfax County

Phone: (703) 934-5476 Entry and Referral Services
Fax: (703) 934-8742
TTY: (703) 322-9080
Address: 3900 Jermantown Rd., Suite 201,
Fairfax, VA 22030
Hours: 8:30am-4pm
Contact: William H. Williams, Program Manager: (703) 934-5476
Services: Referrals for treatment, outpatient counseling. Offers programs for youth, adolescents, adults, elderly, the homeless population, and women
Eligibility: Must live or work in Fairfax County
Fees: Sliding scale

Cheverly County Addiction Program (Falls under Prince George's County Addiction Program)

Phone: (301) 583-5920
Address: 3003 Hospital Drive, Ground Floor
Cheverly MD 20785
Hours: Monday –Thursday 6:45am-7:30pm
Friday 6:45am-5pm
Services: Outpatient program. Counseling and medication offered depending on need.
Methadone treatment available.
Fees: Sliding scale

Criminal Justice Division

Address: 1300 1st Street, NE, 2nd Floor
Washington, DC 20002
Contact: Assistant Attorney General Lanny A. Breuer
Criminal Division Citizen Phone Line: (202) 353-4641
DOJ Switchboard: (202) 514-2000
Hours: Monday – Friday 9am-1pm, 2pm-5:30pm
Services: Urine monitoring, Alcohol screening, Client tracking, Referrals to appropriate APRA treatments, Prisoners program
Email: criminal.division@usdoj.gov

DuPont Circle Club

Phone: (202) 234-STEP main # to the building

Address: 1623 Connecticut Ave, NW, Suite 200
Washington, DC 20009
Hours: Daily: 7:30am-1pm, 4pm-9:30pm
Tuesday/Thursday: meetings offered at 3pm
Services: Alcohol and substance abuse meetings, survivor of incest meetings, sex and love addicts meetings, and gamblers meetings. Debtors Anonymous; Overeaters Anonymous; Co-Dependents Anonymous
Website: www.dupontcircleclub.org

RAP, Inc. (Regional Addiction Program)

Phone: (202) 462-7500
Fax: (202) 462-7507
Address: 1949 4th Street, NE
Washington, DC 20002
Hours: Intakes Monday – Thursday 9-5.
Services: 24 hour facility provides medical services, psychological services, individual, family, parental counseling and education. Outpatient primary medical care offered for people with HIV. Emergency shelter for males with HIV
Email: info@rapinc.org

Salvation Army Harbor Lights

Phone: (202) 269-6333
Address: 2100 New York Avenue, NE
Washington, DC 20002
Services: Residential treatment center for drug and alcohol abuse. Open 24 hours.
Contact: Mr. Askew

Second Genesis

Phone: (301) 563-1545
Address: Anne Arundel Facility /DC Residential Facility /Mellwood Residential Facility
107 Circle Dr. /1320 Harvard St. NW /4620 Melwood Rd.
Crownsville, MD 21032/Washington, DC 20009/Upper Marlboro, MD 20772
Office Hours: Monday- Friday: 9am- 5pm
Services: Provides residential and outpatient substance abuse treatment and rehabilitation, services to men, women, women with children (up to 10 years of age), and individuals with co-occurring disorders.
Website: <http://www.secondgenesis.org/>
Email: info@secondgenesis.org

University of Maryland Health Center

Phone: (301) 314-8184
Nurse Line: (301) 314-9386

Hours: M-F 8AM-6PM

Sat 9AM-12PM
Services: Outpatient treatment program. Alcohol prevention; Substance Abuse Intervention Program: education and counseling. **For registered students only**
Contact: (301) 314-8106
Ronnie Brown, Substance Abuse Program
Nancy Harrise (Mental Health, Survivor Counseling)

Transitional Housing

Oxford Houses, Inc. – General Services

Phone: (301) 587-2916
Toll Free: (800) 689-6411
Fax: (301) 589-0302
Address: Various Locations throughout DMV
Services: Self-supporting, autonomous, self-governing recovery houses; must be sober and drug-free, non disruptive and pay rent; no counselors available. AA/NA oriented.
Web: www.oxfordhouse.org
Email: info@oxfordhouse.org

BISEXUAL, GAY, LESBIAN AND TRANSGENDER COMMUNITY RESOURCES

Black Lesbian Support Group

Phone: (202) 797-3593 # transfers to the mental health info line
Address: 1810 14th Street, NW
Washington, DC 20009
Services: Group Session that meets the 1st, 2nd, and 4th Saturday of the month
3-5pm. 35+ group that meets 1st Saturday of the month.
Meeting Address: University of DC, Building 38, B level, 4.0 lounge

Website: www.blsg.org
Email: postmaster@blsg.org

DC Center: for the LGBT Community

Phone: (202) 682-2245
Address: 1318 U Street, NW
Washington, DC 20009
Hours: Monday-Friday: 12pm-6pm
Saturday: 11am-3pm
Services: Provides support and recourses for LGBT community members.
Website: www.thedccenter.org
Email: contact@thedccenter.org

Helping Individual Prostitutes Survive (HIPS)

Phone: (202) 232-8150
Hotline: (800) 676-HIPS
Fax: (202) 232-8304
Address: 1309 Rhode Island Ave. NE, Suite B
Washington, DC 20078
or
PO Box 21394
Washington, DC 20009
Services: Assists female, male and transgender individuals engaging in sex work in DC and in leading healthy lives.
Website: www.hips.org
Email: hips@hips.org

Max Robinson Center (Whitman-Walker Clinic)

Phone: (202) 678-8877
Address: 2301 Martin Luther King, Jr Ave. SE
Washington, DC
Hours: Monday-Friday: 9am-6pm
Services: Anonymous testing and Full AIDS clinic; Therapy, dental, physicals, etc.
Fees: Free
Spanish/Deaf: Spanish and ASL

Sexual Minority Youth Assistance League (SMYAL)

Phone: (202) 546-5940
Fax: (202) 544-1306
Address: 410 7th Street SE
Washington, DC 20003
Hours: Call for hours
Services: Peer support groups, counseling for bisexuals, gays, lesbians and transgender persons.
Youth leadership program for 13-21 year-olds

Whitman Walker Clinic

Phone: (202) 797-3500
Address: 1407 S St. NW
Washington, DC 20009
Hours: Monday-Friday: 9am-5pm
Services: Telephone and walk-in counseling. Library available; Legal services; Referrals to lesbian-sensitive therapists given and other area resources.

Whitman-Walker Lesbian Services

Address: 1701 14th St., NW

Hours: Monday: 5:30pm-7:30pm
Friday: 1:30pm-4:30pm

Contact: Provides gynecological care, peer support groups, health education, and therapy.
Currently a 2-3 week appointment waiting period.

CHILDREN'S SERVICES

See also: Mental Health, Rape Crisis Centers & Programs

Hotlines

Al-Anon/Alateen- Family of Alcoholics

Phone: (757) 563-1600
Information Line: (800) 344-2666
Intake Line: (888) 425-2666
Hours: Monday-Friday: 8am-6pm
Inner AA Group. Also provides services in Spanish and French

Childhelp USA

Phone: (480) 922-8212
Hours: Monday-Friday: 8:30am-5:30pm (Mountain Standard Time)
Toll Free: (800) 422-4453 24hrs
Fax: (480) 922-7061
Address: National Headquarters
15757 N. 78th Street, Suite B
Scottsdale, AZ 85260
Services: Crisis counseling for child abuse and neglect, Referrals, Information, educational programs, (SUBS) Speak Up Be Safe
Spanish/Deaf: Spanish speakers available, over 140 different languages
Website: www.childhelp.org

Nar-Anon (for families of drug abusers)

Phone: (800) 477-6291
Hours: Monday-Thursday: 9am-5pm (Pacific Standard Time)
Friday: 9am-3pm
Services: Available to family and friends of drug abusers. Call for meeting times and locations.
Website: www.naranon-maryland.com (lists meetings for Maryland, Washington, DC and Northern Virginia)
Email: wso@nar-anon.org

National Center for the Prosecution of Child Abuse

Phone: (703) 549-9222
Fax: (703) 836-3195
Address: 99 Canal Center Plaza, Suite 330
Alexandria, VA 22314
Services: Literature, workshops and assistance to child abuse prevention professionals. Prosecutors, no victim assistance.
Email: ncpca@ndaa.org

National Runaway Switchboard

Phone: 1-800-RUNAWAY 24hrs
Services: Crisis intervention and referral for runaway and family.

Child Protection Services – District of Columbia

DHS Child and Family Protective Services

Phone: (202) 442-6100 (Child and Family Services)
Hotline: (202) 671-7233
Fax: (202) 727-6505
Address: 400 6th Street, SW
Washington, DC 20024
Hours: Monday-Friday: 8:15am-4:45pm
Services: To report child abuse, contact Police Dept or DHHS. Provide referrals, etc. OECD provides subsidized child care to eligible working parents. Provides investigation.
Spanish/Deaf: Some Spanish available.
Email: cfsa@dc.gov
Website: www.cfsa.dc.gov

Safe Shores—DC Children’s Advocacy Center

24HrHotline: (202) 671-SAFE (7233)
Phone: (202) 645-3200
Fax: (202) 280-1082
Address: 429 O Street, NW
Washington, DC 20001
Hours: Monday - Friday 8:30am-5:30pm
Services: Assist agencies like MPD in investigation of child abuse. Also provide therapy, clothing and on-site meals for clients. **NO SHELTERS.** Deals with children ages 0-13 ONLY
Fees: Free
Spanish/Deaf: Interpreters available if necessary.
Website: www.safeshores.org
Email: team@safeshores.org

Child Protection Services - Maryland

Montgomery County Protective Services and Child Welfare Services

Phone: (240) 777-3500 Administrative Line
(240) 777-4417 24hr Reporting Crisis Line
(240) 777-3556 TTY (office hours only)
Address: 1301 Piccard Drive
Rockville, MD 20850
Hours: Monday-Friday: 8:30am-5pm
Fees: Free
Services: Investigates and follows up on cases of child abuse and neglect as well as providing other family services. Can provide some legal and counseling referrals. Walk-ins accepted.
Spanish/Deaf: Some Spanish

Prince George’s County Protective Services

Phone: (301) 909-2000 -- Social Services Front Desk
(301) 909-7000 -- Personnel Line
(301) 909-2450 -- Child Abuse
(301) 699-8605 -- After 4:30 p.m. Crisis Line
TTY: (800) 735-2258
Hours: Monday-Friday: 8am-5pm; Walk-ins accepted.
Fees: Free
Services: Investigates and follows up cases of child abuse and neglect. It provides medical, legal, and counseling referrals. Walk-ins accepted.
Spanish/Deaf: Spanish.

Child Protection Services – Virginia

Alexandria Protective Services

Phone: (703) 746-5800
TTY : (703) 836-1493
Address: 2525 Mt. Vernon Ave.
Alexandria, VA 22301/
1900 N Beauregard Street, Suite 200
Alexandria, VA 22311
Hours: 8:30am-5pm
Fees: Free
Services: For Alexandria residents only. Investigates and follows up cases of child abuse and neglect. Provides family services. Referral service. Walk-ins accepted.
Spanish/Deaf: Spanish interpreters available.

Arlington Protective Services

Hotline: (703) 228-1500 (24 hours)
Phone: (703) 228-1550
TTY: (703) 228-1598
Address: Department of Human Services
3033 Wilson Blvd., Suite 500A, Arlington, VA 22201
Hours: Monday - Friday 8:30am-5pm; 24-hour phone service. (evening appointments available)
Fees: Free
Services: Investigates and follows up cases of child abuse and neglect. Referral service. Appointments preferred. Walk-ins accepted but not guaranteed.
Spanish/Deaf: Spanish.

Fairfax Protective Services

Phone: (703) 324-7400
Richmond State Hotline: (800) 552-7096 *regular # transfers to Richmond after hours
Address: 12011 Government Center Pkwy
Fairfax, VA 22035-1102
Hours: Monday-Thursday: 8:00am-5:00pm
Friday: 8:00am-4:30pm
Hotline 24 hours
Fees: Free
Services: Investigates and follows up cases of child abuse/neglect. Provides referrals to help people find mental health centers, therapy, community resources, etc.
Spanish/Deaf: Spanish and referrals to deaf services.

National Center for Missing and Exploited Children

Phone: (703) 274-3900
Hotline: (800) THE-LOST (800-843-5678)
Fax: (703) 224-2212
Address: 699 Prince Street
Alexandria, Virginia 22314-3175
Hours: Monday-Friday: 9am-5:30pm
Services: Finds missing children, and assists victims of child abduction and exploitation, their families, and professionals who serve them
Website: www.ncmec.org

Child Counseling – District of Columbia

Department of Mental Health

Administrative: (202) 673-7440
Hotline: 1 (888) 793-4357
Address: 64 New York Ave, NE, 4th Floor
Washington, DC 20002
*Currently at 609 H Street NE, but will be back at the main building in Sept.
Hours: 8:30am-5pm (Administrative Offices)
Hotline 24 hours
Fees: Free
Services: Family and individual counseling referrals.
Languages: Spanish, French, Korean, Vietnamese, Chinese (some)

DC Police Communications

(To make non-emergency reports call 311, for emergencies dial 911)
Non-Emergency business line: (202) 737-4404
DC Police Youth Division: (202) 576-6768
Child Abuse and Incest: (202) 671-7233
DC Gov. Information Line: (202) 727-1000
Spanish/Deaf: No formal services, interpreter can be requested.

Dickinson, Pentz, McCall, Honnald

Phone: (202) 728-1166
Address: 1660 L St NW, #503
Washington, DC 20036
Hours: Monday–Friday: 7am-8pm
Fees: sliding scale, \$100/hr is their standard fee. No Medicaid
Ages: 16 and older
Services: Long or short term therapy for individuals and couples. Offer sex education, counseling for rape survivors, children of sexual abuse, and for sexual dysfunction.
They also treat sex offenders.
Spanish/deaf: None.

Family Matters of Greater Washington

Phone: (202) 289-1510
Address: 1509 16th St NW

Washington, DC 20036
Hours: Monday-Friday: 8:30am-5pm; evening appointments available, but will see right away in emergency
Fees: Call for prices... sliding scale
Services: Individual, family and group counseling. Child services: foster care, adoption, camps. Aging care. Crisis intervention available individually and in groups.
Spanish/Deaf: Spanish interpreter
Website: www.familymattersdc.org

Family & Medical Counseling Services, Inc. (FMCS)

Phone: (202) 889-7900
Address: 2041 Martin Luther King, Jr. Avenue, SE #311
Washington, DC 20020
Hours: Monday-Friday 8:30am-5:30pm. Evenings and Saturdays by appointment only.
Fees: Call for prices
Services: Individuals, families, groups, and adolescents. Counseling and Psychotherapy. Marriage counseling, alcohol/substance abuse counseling. Support groups. HIV/AIDS services: case management, nutrition, food bank, entitlements, health care ed. Primary medical care for HIV.
Spanish/Deaf: None
Website: www.fmcsinc.org
Email: fmcsinc@fmcsinc.org

Main Child and Family Services

Phone: (202) 442-6100
Hotline: (202) 671-7233
Adoption & Foster Care Hotline: (202) 671-5683
Public Info: (202) 442-6180
Address: 400 6th Street, SW
Washington, DC 20024
Hours: Monday–Friday: 8:00am-4:45pm
Hotline 24 hours
Fees: Free or low-cost
Services: Referred after crisis or neglect. 24hr intakes, crisis intervention, deals with neglected children and families with children. Family preservation, family support, foster care, adoption.
Spanish/Deaf: Spanish (uses language line)
Website: www.cfsa.dc.gov

Meyer Treatment Center

Phone: (202) 237-2700**
Address: 5028 Wisconsin Ave Suite 400 NW
Washington, DC 20016
Hours: *Phones:* Monday-Friday: 8:30am-5pm
Therapy: Monday-Friday: 8am-8pm
Services: Long or short term individual counseling, family therapy, psychotherapy for clients of all ages. No session limits. Community Mental Health Outpatient service only with a minimum fee of \$50—Medication management clinic for out of network plans
Fees: sliding scale with a minimum of \$50. Insurance accepted.
Spanish/Deaf: Spanish, French, German, Croatian, Yiddish. No deaf services.
Website: www.wspdc.org

Progressive Life Center

Phone: (202) 842-2016
Fax: (202) 349-7687
Address: 1933 Montana Ave., NE
Washington, DC 20002
Hours: Monday–Thursday: 8:30am-5:30pm
Friday: 8:30am-5:00pm
Contact: Peter Fitts
Fees: Call for prices
Services: Provides Behavioral Health, Child & Family Welfare Services. They also have programs focused on the social, emotional and spiritual well-being of African-Americans and Africans throughout diaspora. Provides organizational development and training.
Spanish: Available
Website: www.ntuplc.org

Psychiatric Institute of DC

Phone: (202) 885-5600
(800) 369-2273
Address: 4228 Wisconsin Ave NW
Washington, DC 20016
Hours: 24 hours
Fees: No sliding scale. Most insurance accepted. Medicare. Medicaid for children under 18 in the MD and DC area only.
Services: A week- 30 day in-patient program. Four programs: Adolescent Unit, Survivors of Abuse (acute care), and Adult Substance Abuse unit, Psychiatric Unit. Out-patient support groups for survivors of trauma and chemical dependency. Children unit as young as 5. Partial-day program 5 days per week dealing with regular adult issues, geriatrics, and survivors of trauma.
Spanish/Deaf: ASL interpreters if needed (not available 24/7)
Website: www.psychinstitute.com

Victims of Crime Assistance Program (VOCAP)

Child and Adolescent Protection Center (part of Children’s Hospital)

Phone: (202) 476-3000
Appointment Line: (202) 476-4950
Children’s International BEAR Line: (888) 884-BEAR
CAPS: (202) 476-4100
Address: 111 Michigan Ave, NW
Washington, DC 20010
Hours: Office 8:30am-12pm and 1pm-4pm; On-call clinician 24 hrs in ER
Fees: Call for prices
Services: Services are for child and adolescent victims of intentional or non-accidental physical injury, *sexual abuse or assault*, children who are hospitalized and classified under hospital protocol as Victims of Violence. On-call clinician provides experienced and skilled crisis intervention. Additionally case management and referral services.
Spanish/Deaf: Interpreters available through the hospital

Victim Service Center

(Run by the Center for Child Protection and Family Support)

Phone: (202) 544-3144
Fax: (202) 547-3601
Address: 714 G St. SE
Washington, DC 20003
Contact: Linda Cherry
Hours: Monday-Friday: 9am-5pm, extended by appointment.
Fees: Free
Services: The Family Support Center provides preventive and community workshops, outreach, housing, tutoring, food, and utilities assistance. They also have mental health services for children ages 4-17 that have been victims of child abuse, neglect, and witnesses of violence.
Spanish/Deaf: None
Website: www.stopchildabuse.org

Child Counseling - Maryland

Affiliated Santé Group

Phone: (301) 572-6585
Fax: (301) 572-5062
Address: 12120 Plum Orchard Drive
Silver Spring, MD 20904
Hours: Monday–Friday: 8:30am-4:30pm; additional evening and weekend hours
Fees: Sliding scale. Medicaid accepted.
Services: Long and short term individual and family therapy. Support groups for children whose parents are divorced or separated. Groups for special topics (self-esteem, social skills, etc.) Accepts clients of all ages.
Spanish/Deaf: No Spanish; access to deaf services
Website: www.thesantegroup.org

Family Services Foundation

Phone: (301) 459-2121 ext. 200—front desk
TTY: (301) 731-6141
Fax: (301) 459-0675
Address: 5301 76th Ave
Landover Hills, MD 20784
Hours: Monday/Thursday: 9am-9pm
Tuesday/Friday: 9am-5pm
Wednesday: 9am-9pm
Fees: Sliding fee based upon income; Accepts all insurance
Services: Short/long term therapy for individuals & families, support groups for parents & teens. Accepts clients 4 yrs. and older.
Spanish/Deaf: Deaf Services available.
Website: www.fsfinc.org

Child Counseling – Virginia

Alexandria Domestic Violence Program

Phone and TTY: (703) 838-4911
Sexual Assault Number: (703) 683-7273
Domestic Violence Hotline: (703) 746-4911
Hours: 24 hours

Address: 421 King St. #400
Alexandria, VA 22314
Fees: Free for Alexandria residents or, if assault happened in Alexandria
Services: Individual counseling and support groups. Shelter, outreach counseling, and court advocacy.
Spanish/Deaf: Spanish interpreters. TTY available on hotline. (uses language line)
Website: www.alexandria.gov/domesticviolence

Reston Counseling Center

Phone: (703) 437-0400
Address: 1800 Town Center Dr.
Reston, VA 20109
Hours: Monday-Thursday: 10am-8pm
Friday: 10am-6pm
Saturday by appointment only
Services: Counseling for children, adolescents, and adults. Have staff members who specialize in CSA and trauma for both adults and children. Also depression, PTSD, stress, anxiety, hypnosis, play therapy, sex therapy,
Intake: contact Linda Jackson for initial appointment
Fees: Sliding scale, accept some insurance; have payment programs.
Spanish/Deaf: Must bring own interpreter

Columbia Associates in Psychiatry

Phone: (703) 841-1290
Address: 2501 N. Glebe Road, Suite 303
Arlington, VA 22207
Hours: Monday-Friday: 8:30am-5pm
Fees: MSW's: \$300 for initial evaluation and then \$150-250/Session. Psychologist: \$200 for initial evaluation and then \$165/Session. No sliding scale; no free services; no Medicaid. **DON'T ACCEPT MOST INSURANCE. ONLY ACCEPT TRICARE.** EAP Program only through Arlington County.
Services: Individual counseling for clients most ages, inpatient counseling with psychiatrist, family therapy. Also outpatient therapy, medication management, and psychological testing.

Dominion Psychiatric Treatment Center

Phone: (703) 536-2000
Address: 2960 Sleepy Hollow Road
Falls Church, VA 22044
Hours: 24 hours
Fees: Insurance — Medicaid (no adult 21 years or older), no MD Medicaid
Services: In-patient child, adolescent, and adult care. Deals with abuse trauma recovery, eating disorders, and dual diagnosis. Have partial programs for children, adolescents, and adults. Crisis intervention includes intake assessment/referral and eating disorder support group. Intake assessment/referral and support groups are free
Spanish/Deaf: Foreign language and deaf interpreters available if needed.

East River Family Strength Collaborative

Phone: (202) 397-7300

Address: 3917 Minnesota Avenue, NE Ward: 7
Washington, DC 20019
Hours: Monday-Thursday: 8:30am–8pm
Friday: 8:30am-5pm
Services: Family Services Division provides support to families through information and referral services. Objectives include keeping families together and reducing incidences of child abuse and neglect to maximize the strengths of the family to live independently in a community.

Family Counseling Center

Phone: (703) 368-1683
Contact: Dr. William McLaughlin
Address: 9300 Grant Avenue, Suite 300
Manassas, VA 20110
Hours: Monday-Friday: 9am-5pm (call for appointment)
Services: Private Mental Health Center offering a comprehensive range of services for children, adolescents and adults. Staff includes psychiatrists, psychologists, clinical social workers, professional counselors. Services include crisis intervention, psychotherapy, groups, etc for areas such as child sexual abuse and trauma, school problems, adolescent issues, ADHD/behavioral problems, etc.
Intake: by appointment, call center for initial evaluation and clinical director will assign staff member whose experience best meets needs of particular clients.
Fees: accept private health insurance.

Northern Virginia Family Service

Oakton-Headquarters: (571) 748-2500
Address: 10455 White Granite Drive, Suite 100
Oakton, VA 22124
Alexandria: (571) 748-2840
Address: 5249 Duke Street, Suite 308
Alexandria, VA 22304
Loudon: (571) 748-2790
Address: 2 Pidgeon Hill Drive, Suite 430
Sterling, VA 20165
Tysons Corner: (571) 748 2860
Address: 8301 Greensboro Drive, Suite 103
McLean, VA 22102
Multicultural Info & Referral Hotline: (703) 533-3302
Hours: Monday-Friday: 9am-5pm
Fees: Call for prices
Services: One-on-one individual counseling available for \$90/hr as well as family counseling. Also tobacco prevention programs. Job training. Medical and dental services
Spanish/Deaf: Spanish speakers on site but no Spanish speaking counselor
Website: www.nvfs.org
Email: info@nvfs.org

Northwest Center for Community Mental Health

Phone: (703) 481-4100
Address: 1850 Cameron Glen Dr., Suite 600

Reston VA
Hours: Monday-Thursday: 8am-9pm
Friday: 8am-5pm by appointment.
Emergency walk-ins Monday-Friday: 9am-5pm.
Fees: \$100 Sliding scale. Serve those without insurance.
Services: Treats Fairfax County residents ONLY. Out-patient counseling for youth (5 and up) to adults, and geriatrics. Connected with abused women's shelter, emergency service. Offers crisis intervention and groups for domestic violence, and the mentally handicapped. Anger management group for abusers. Many support groups. Links to inpatient services, adolescent and adult day treatment programs. Adolescent program is set up like a school program, and for adults they help maintain stability after leaving the hospital.
Spanish/Deaf: Several Spanish speaking counselors.

Sexual Assault Response and Awareness - Alexandria Office on Women

24 hr hotline: (703) 683-7273
Office Number: (703) 838-5030
Office of Women: (703) 746-5030
Address: 421 King Street, Suite 400
Alexandria, VA 22314
Office Hours: Monday-Friday: 8am-5pm
Fees: Free
Services: 24-hour hotline; support groups including adolescent, adult CSA survivors, creative expression. Short term counseling for adults and children. Medical and legal advocacy. Will accompany survivor to ANOVA Fairfax Hospital, Alexandria Police, and Alexandria Courts. Must live in Alexandria or be victimized in that city/county. Support groups also offered to non-Alexandria residents.
Spanish/Deaf: Multicultural coordinator fluent in Spanish. No TTY. List of Deaf interpreters available.

(Woodbridge) Child & Family Counseling Center

Phone: (703) 670-5738
Address: Village Square, 13649 Office Place, Suite 102
Woodbridge, VA 22192
Hours: Monday-Friday: 9am-12pm & 2pm-5pm (close at 4pm on Fri)
Therapists here Monday-Friday
Fees: PhD's: \$110-95; LICSW \$100-85
Services: Individual counseling, family therapy for clients age 5 and older.

Woodburn Center

Phone: (703) 573-0523
Entry Referral: (703) 383-8500
Emergency Number: (703) 573-5679
Address: 3340 Woodburn Rd
Annandale, VA 22003
Hours: 24 hours for emergency
Fees: Sliding scale for Fairfax County residents
Services: Individual for clients of all ages and family counseling for clients up to age 18.
Support groups.
Spanish/deaf: Spanish and deaf, Vietnamese, Arabic

Parenting Programs

Bell Multicultural High School

Phone: (202) 939-7700

Address: 3101 16 St. NW
Washington, DC

Services: Specialized child and teen parent day care development program. All teen mothers attend regular classes while their children ages 2-36 months stay in the day care located within the school.

DEAF SERVICES

NOTE: DCRCC can sometimes provide a deaf or signing counselor; we can also provide referrals to deaf therapists who work on sexual assault issues. For referrals to counseling, see below or have the survivor call the DCRCC Business line using a relay service (preferred method) or calling the Center at TTY (202) 328-1371.

All business lines will need to be called using a relay service.

Assistance

Alcoholics Anonymous (AA)

Phone: (202) 966-9115
Website: www.aa-dc.org
Email: aa-dc@starpower.net

Alexandria Child and Family Protective Services

Phone: (703) 746-5800
TTY: (703) 836-1493

Alternative Solutions Center

Fax: (301) 493-6044
Email: asc@ascdeaf.com
Services: Deaf-owned and operated psychotherapy and consulting practice staffed by Deaf licensed professional therapists.
Website: <http://www.ascdeaf.com/home.html>

Arlington Sexual Assault

TTY: (703) 358-4610

CDC Info: HIV/AIDS and STI Hotline

Info/education: Monday-Friday: 8am-8pm (Eastern Standard Time)
Hotline: (800)-232-4636
TTY: (888) 232-6348

Deaf Abused Women's Network (DAWN)

TTY: (202) 861-0258
Fax: (202) 742-1730
Video-Phone: (202) 559-5366
24 hour Hotline/TTY: (866) 290-DAWN (3296)
Or hotline@deafdawn.org
Address: 5231 1st Place, NE
Washington, DC 20011
Website: www.deafdawn.org
Email: info@deafdawn.org

Deaf-REACH

TTY & Voice: (202) 832-6681
Fax: (202) 832-8454
Services: Counseling and referrals regarding housing, job skills, etc.
Website: www.deaf-reach.org

Equal Employment Opportunity Commission (E.E.O.C.)

Phone: (202) 663-4900
TTY: (202) 663-4494
General Inquiry/Complaint: (800) 669-4000
Field Office: (800) 408-8075
Employee Line at Headquarters: (202) 663-4791
Website: www.eeoc.gov
Email: info@ask.eeoc.gov

Montgomery County Sexual Assault/Abuse Crisis Center

Crisis Center: (240) 777-4000
Sexual Assault: (240) 777-1355
VASA (Victims Assistance of Sexual Assault): (240) 777-1355 after hours line
VASA Address: 1301 Picard Drive
Rockville, MD
VASA Hours: Monday-Friday: 8am-4pm

National Domestic Violence Hotline

Phone: 1-800-799-SAFE(7233)
TTY: (800) 787-3224 24 hrs. Provides information and referrals.
Website: www.ndvh.org

Psychiatric Institute of DC

Phone: (202) 885-5610 admission
TTY: (202) 885-5615
Address: 4228 Wisconsin Ave, NW Washington, DC 20016
Services: In-patient, partial hospitalization, intensive out-patient services for all adolescents up (13+). Day treatment for trauma and PTSD; Specialized program for chemical dependency.
Website: www.psychinstitute.com

Sign Language Associates

Phone: (301) 946-9710
TTY/VOICE: (301) 946-9710
Hours: 8am-5pm Interpreting Service.
Email: info@signlanguage.com
Website: www.signlanguage.com

Deaf Services Police

Alexandria Police

TTY: (703) 838-4896 24hrs

Arlington Police & Fire

Non-emergency TTY: (703) 228-4613

Emergency TTY: 911

D.C. Metropolitan Police

TTY: 311

Emergency TTY: 911

Montgomery County Police

TTY: 911 24hrs

TTY/Voice Non-emergency: (301) 279-8000

General Info TTY: (240) 777-2545

Prince George's County Police

TTY: (301) 333-4000 24 hours (non-emergency)

Emergency TTY: 911

Deaf Services - Relay Services

NOTE: Anyone can use the relay services; just call the number and they will either relay the information from voice to TTY or from TTY to voice. Speak in the first person when using the relay service.

D.C. Relay Service

TTY/Voice: 711

TTY: (800) 643-3768

Voice: (800) 643-3769

Access for deaf DC residents, DC employees, and Gallaudet University students. Available to DCRCC.

Maryland Relay Service

TTY/Voice: 711

TTY: (800) 735-2258

Voice: (800) 201-7165

Access for deaf MD residents and MD employees.

Virginia Relay Service

TTY/Voice: 711

TTY: (800) 828-1120

Voice: (800) 828-1140

Access for deaf VA residents and VA employees.

SERVICES FOR PERSONS WITH DISABILITIES

The DC Center for Independent Living, Inc.

Main Office: (202) 388-0033
Fax: (202) 398-3018
TTY: (202) 388-0277
Address: 1400 Florida Avenue, NE
Washington, DC 20002

Anacostia Satellite Site

Phone: (202) 889-5802
Fax: (202) 889-1159
Address: 2041 Martin Luther King Jr. Ave SE**
Washington, DC 20020
Hours: MTuThF: 8:15am-4:45pm; W 11am-7pm**
Services: Staff and volunteers assist DC residents with disabilities to become more self-sufficient, understand and advocate for their rights and services to which they are entitled, and to work collectively for a barrier-free society. Programs include an independent living program for older individuals who are blind (vision aids, vision evaluations, reader service, etc.) And also a transition training center, a program for persons with traumatic brain injuries. Refer to transitional housing
Fees: free
Spanish and TTY only available at Main Office

DOMESTIC VIOLENCE

SEE ALSO: Rape Crisis Centers, Shelters, and Mental Health sections

FOR PERPTRATORS: See Offenders Programs

Crisis Intervention

Alexandria Domestic Violence Program

Phone: (703) 838-4911
Address: 421 King Street, Suite 400 Alexandria, VA 22314
Hours: 24 hour phones
Services: Provide crisis counseling, support groups, court advocacy, and outreach for battered women and their children. This is also a shelter.
Eligibility: Must be Alexandria resident and for shelter must be actively in danger
Intake: Screening process. Must call first.
Spanish/Deaf: Both available

Arlington County Victims of Violence Program

Hotline: (703) 228-4848 (24/7)
Business: (703) 228-1200** (Monday - Friday, 8am-5pm)
TDD: (703) 228-1598
Address: 3033 Wilson Boulevard, Arlington, VA 22201
Hours: 24 hours; business line M-F 8am-5pm
Fees: none
Services: Services available primarily to Arlington County Residents. Group and individual counseling. Companion services are upon request. Accompany survivor to hospital and courts. Has ongoing support groups for violence but only periodic ones for sexual assault. Advocacy, referrals, and community education.
Spanish/Deaf: Spanish counselors available:
Dama Vasquez...(703)228-1513
Mari Michoud...(703)228-1517
Deaf Interpreters available upon request

Asian Pacific Islander Domestic Violence Resource Project

Phone: (202) 464-4477
Hours: M-F 10am-6pm
Services: Advocates are available who speak Cantonese, Farsi, Hindi, Hmong, Japanese, Korean, Mandarin, Nepali, Punjabi, Tagalog, Thai, Urdu, and Vietnamese.
Website: www.dvrp.org

CHANA (Counseling, Helpline and Aid Network for Abused Women)

Phone: (410) 234-0023**
Hours: MTh 8:30am-8:30pm TuWF 8:30am-5:30pm**
Address: 101 W. Mount Royal Ave.
Baltimore City, MD 21201-5781
Services: Hotline, support group, individual counseling, safehouse, legal services and referrals for Jewish victims of domestic violence. Rabbinical and lay professional training, speaker's bureau.

Comprehensive Psychiatric Emergency Program (Formerly: Emergency Psychiatric Response Division)

Admin: (202) 673-9319
Crisis Line/TTY: (202) 561-7000
Hours: 24 hours
Fees: No fee
Services: Affiliated with St Elizabeth's. Off-site intervention available. CPEP will send unit to meet someone if necessary.

DC City-wide Domestic Violence Hotline

Hotline: (202) 333-STOP

Doorways for Women and Families

Phone: (703) 237-0881
Services: Provide crisis counseling, support groups, court advocacy, and outreach for battered women and their children. This is also a shelter.

DC Coalition Against Domestic Violence

Phone: (202) 299-1181
Address: 5 Thomas Circle, NW
Washington, DC 20005
Website: www.dccadv.org

DC Safe

Phone: (202) 879-8740
Address: PO Box 7412
Washington, DC 20044
Services: Provides emergency services, court advocacy, and system reform in DC area
Website: dcsafe.org

District Alliance for Safe Housing (DASH)

Phone: (202) 462-3274
Address: 1926 14th Street, NW, #B
Washington, DC 20009
Website: www.dashdc.org

Legal Assistance

Georgetown University Domestic Violence Clinic

Phone: (202) 662-9640
Address: 111 F Street, NW, Suite 334
Washington, DC 20001
Hours: Monday-Friday 9am-5pm (appt. only)
Services: Work on Civil Protection Orders for victims of domestic abuse. Work done by students so less availability in summer. By appointment only. Make intake referrals and take cases.
Fees: Free
Spanish/Deaf: Spanish may be available
Email: dvclinic@law.georgetown.edu
Website: www.law.georgetown.edu

Network for Victim Recovery of DC (NVRDC)

Phone: (202) 472-1727
Fax: (202) 472-1723
Address: The Lighthouse: Center for Healing
5321 1st Place, NE
Washington, DC 20011
Website: www.nvrdc.org

International Women's Human Rights Clinic

Phone: (202) 662-9640
Address: 111 F Street NW, Rm 334
Washington, DC 20001

Hours: Monday - Friday 9am-5pm (appt. only)
Fees: Free
Services: Propose legislation to help enhance womens rights. Collect data on the persecution of women in other countries.
Website: www.law.georgetown.edu

Legal Services of Northern Virginia

Address: 3401 Columbia Pike, Suite 301
Arlington, VA 22204
Phone: (703) 778-6800
Fax: (703) 532-3733
Main Office: 6066 Leesburg Parkway, Suite 500 Falls Church, VA 22041
Hours: Business: Monday-Friday: 9am-5pm; Call for intake hours; closed for lunch 12:30pm-1:30pm
Services: Serves Arlington, Fairfax, Alexandria, Prince William and Loudon counties, Route 1, Callmore (near 7 Corners) call for separate locations. Legal assistance and advocacy for men and women in domestic violence situations, survivors of sexual assault and CSA, etc. Civil cases only, no criminal or traffic cases.
Spanish/Deaf: Spanish Intake Specialist; No TTY, but will assist Deaf survivors
Website: www.lsnv.org
Email: webadmin@lsnv.org

Virginia Lawyer Referral Service

Phone: (800) 552-7977
Services: Refer one lawyer in the area for a half hour consultation (phone or in-service).
Fees: Consultation has a \$35 fee. (Takes Visa & Mastercard)
Hours: 9am-5pm Closed on state holidays.

The Women's Center

See entry in Mental Health.

Resource Guide/Services

DC Resources for Domestic Violence Survivors (Resource Manual)

Available: On Google Docs or at http://www.dccadv.org/docs/resource_manual.pdf

Domestic Violence Resource Clinic

Phone: (202) 425-7573
Address: Westminster Presbyterian Church
400 I Street, SW
Washington, DC 20024
Website: clinic@devlp.org
When: Every Wednesday from 1:00 -- to 3:30 pm

Spanish Services

AYUDA (Legal Services for DV cases)

Phone: (202) 387-4848
Address: 6925 B Willow Street, NW
Washington, DC 20009
Hours: Monday-Friday: 9am-5pm
Consultation: Thursday: 9am-11am (by appointment ONLY)**
Fees: Consultation for immigration – \$40 (Cash Only)**
Services: Immigration and domestic violence cases in DC only, for Latina women. Offers legal assistance, and referrals. Hermanas Unidas is a support group for battered Latina women. Immigration help for both males and females.
Website: www.ayudainc.org
Languages: Spanish, Polish, and French interpreters available. No deaf services.

La Clinica del Pueblo

Phone: (202) 462-4788
Fees: On a sliding scale
Services: Counseling and support for battered Hispanic and immigrant women
Website: www.lcdp.org

ELDERLY ASSISTANCE

Adult Protection Services

24 Hour Hotline: (202) 541-3950

Address: 64 New York Avenue, NE, 4th Floor
Washington, DC 20001

Services: Provide services for ages 18 and up dealing with abuse, neglect, and exploitation issues. DC residents only. Must have physical or mental impairment.

Barney Neighborhood House Aging Program

Phone: (202) 939-9020

Fax: (202) 939-5755

Address: 5656A 3rd Street, NE, (Ward 4 only)
Washington, DC 20011

Hours: Monday-Friday: 9:00am-5:00pm**

Call 'N' Ride (WEHTS Office)

Phone: (202) 715-7652

Address: 2601 18th St., NE
Washington DC 20018

Hours: Monday-Friday: 7:30am-6pm

*Call 'n' Ride is a transportation service funded by the DC Office on Aging and administered by WEHTS. It allows elderly (60 years or older) DC residents who meet certain eligibility requirement to obtain transportation for a portion of its normal cost. It is a **curb-to-curb** service, and trips may be made for any purpose. Once your application has been approved, you will be issued a photo ID card and a coupon order form. You may buy coupons on a **sliding scale fee depending upon income**. The coupons *must* be paid for by check or money order. Taxicabs provide the transportation. Drivers will accept CALL 'N' RIDE coupons to cover the cost of fares for trips that you take. To find out if you are eligible for **CALL 'N' RIDE** services, please call the office.

D.C. Office On Aging

Phone: (202) 724-5622

Hours: M-F 8:30am-5pm

Address: 500 K Street, NE
Washington, DC 20002

They provide over forty different services for seniors 60 yrs and older. They have everything from senior housing to emergency assistance. Call for specific information.

Seabury

Phone: (202) 529-8701

Fax: (202) 832-0127

Address: 2900 Newton Street, NE (wards 5)
Washington, DC 20018

Hours: Monday-Friday: 9am-5pm

Iona Senior Services

Phone: (202) 895-9448

TTY: (202) 895-9444

Fax: (202) 895-0244

Address: 4125 Albemarle St, NW

Washington, DC 20016
Hours: Monday-Friday: 9am-5pm
Website: www.iona.org
Email: info@iona.org

Iona Transportation Resources

Phone: (202) 895-0234
Fax: (202) 895-0244
Address: 4125 Albemarle St NW
Washington, DC 20016
Hours: Monday-Friday: 9am -5pm
Services: If you are 60 years or older and live in the IONA Senior Services Area (West of Rock Creek Park), call the above number, one week in advance, to arrange for transportation. DC Resident wards coordinate and provide transportation for senior citizens.

Metro Access

All routes have accessible buses, but not all are bus accessible. Will arrange a wheelchair lift bus to be put on a bus route once or on a regular schedule. Wheelchair users must be able to enter and exit the bus by themselves or bring an escort. Call 24 hours in advance and before 3pm.

Metro Paratransit Service for the Disabled

Phone: (301) 562-5360
Metro's Department of Americans with Disabilities Act will arrange door-to-door transportation for anyone who is disabled regardless of age. Any destination currently served by metrobus or metrorail. Applications must be completed and submitted with a physician's statement.

**Starting June 27, 2004, any Metro Access customer (person w/disability) and 1 accompanying customer may ride Metrobus and Metrorail free for a 18-month trial period. Call Metro Access at (301) 562.5370 between 8am-4:30pm, weekdays, for more info.

Metrobus Discounts

Metrobus Access: (202) 962-1234
Services: Persons 65 and older can get a discount card that allows them to ride for ½ price. Available at Giant Food Stores, Public Libraries, and IONA Senior Services. Proof of age/photo ID required. Must obtain card in advance (cannot purchase at station).
Website: www.wmata.com

National Center on Elder Abuse

Phone: (855) 500-3537
Hours: 9am-5pm
Website: www.ncea.aoa.gov
Email: ncea-info@aoa.hhs.gov

National Clearinghouse on Abuse in Later Life

Phone: (608) 255-0539
Website: www.ncall.org
Email: ncall@wcadv.org

National Committee for the Prevention of Elder Abuse

Phone: (202) 682-4140
Website: www.preventelderabuse.org
Email: ncpea@verizon.net

UPO Senior Life Center

Phone: (202) 547-0569
Address: 1508 East Capitol Street, NE
Washington, DC 20003
Hours: Monday-Friday: 8:30am-4:30pm

UPO Senior Services

Phone: (202) 238-4711
Hours: Monday-Friday: 9am-5pm
Contact: Dianna Guinyard –Community Director
Eligibility: 18 years and above

EMERGENCY FOOD

6th Presbyterian Church

Phone: (202) 723-5377
Address: 5413 16th St, NW
Washington, DC 20011
Hours: 12:30pm-2pm (every 2nd and 4th Wed of every month)
Restrictions: for anyone; a person may receive a food bag twice; after 2 visits, required to have a referral

Action for Peace Through Prayer & Aid

Phone: (202) 939-0754
Address: 319 R Street, NW
Washington, DC 20001
Hours: 9-6pm (Monday-Saturday) Call for appointment
Services: Food, clothing, chapel service, hair cuts (once a month: first Thursday at 2pm), dance class for children (4pm Tuesday), pastoral counseling; bilingual (Korean and English); free wedding dress service for homeless (sliding fee scale for laundry)
Restrictions: none mentioned

Andromeda Transcultural Health

Phone: (202) 291-4707
Address: 1400 Decatur Street, NW
Washington, DC 20011
Hours: Monday-Friday: 9pm-5pm
Services: HIV/AIDS services; primary care; case management, mental health, substance abuse counseling
Restrictions: none mentioned
Website: www.andromedatransculturalhealth.org

A.P. Shaw Food Pantry

Phone: (202) 562-1874
Address: 3209 5th St. NW
Washington, DC 20020
Hours: Tuesday, Wednesday, Thursday: 12pm-3pm
Services: emergency food (canned goods), clothing
Restrictions: DC residents; ID required for food; no restrictions on clothing

Berean Baptist Church

Phone: (202) 829-8454
Address: Department of Community and Social Services
924 Madison Street, NW
Washington, DC 20011
Hours: Friday: 9am-11am
Services: food and clothing; religious counseling

Food and Friends

Phone: (202) 269-2277

Address: 219 Riggs Road, NE
Washington, DC 20011
Hours: Monday-Thursday: 8am-5pm
Friday/Saturday: 8am-2pm
Services: home delivered meals for people with AIDS, cancer, and other life challenging illnesses; bilingual in Spanish and English
Restrictions: referrals preferred

Greater Washington Urban League Aging Services

*Contact Headquarters

Phone: (202) 265-8200
Address: 2901 14th Street, NW
Washington, DC 20009

Plymouth Congregational Church Food Pantry

Phone: (202) 723-5330
Address: 5301 North Capitol Street, NE
Washington, DC 20011
Hours: 10-noon (Sat)
Services: emergency food
Restrictions: Written referral from agency, facility, or church member who can certify need of client required

S.O.M.E. (Main Office)

Phone: (202) 797-8806
Address: 600 O Street, NW
Washington, DC 20001

GYNECOLOGISTS (PRIVATE)

Ellen Whitaker M.D.

Phone: (202) 877-7000
Address: 106 Irving Street NW
North Tower Suite 4400
Washington, DC 20010
Hours: Monday-Friday: 9am-1pm; 2pm- 4pm

H. Yeni Komshian, M.D.

Phone: (301) 656-5920
Address: 5530 Wisconsin Avenue Suite 855
Chevy Chase, MD 20815
Language: English, Arabic, French, German, Turkish

Peggy Scurry, M.D.

Phone: (202) 291-0124
Address: Howard University Hospital
Hours: Monday-Friday: 8am-5pm
1 month wait for new patients
Fees: Accept most insurance; without insurance call for prices
Spanish/Deaf: Can make arrangements

Sara L. Imershein, M.D.

Address: 2311 M. St. NW, Suite 304
Washington, DC 20037
Phone: (202) 466-4800
Fax: (202) 466-4808
Hours: Monday - Friday 8am-4pm

HEALTH CARE FOR THE HOMELESS

See also: Shelters

Unity Health Care, Inc.

Main office: (202) 715-7900
Fax: (202) 544-4393
Address: 1220 12th St. SE, Suite 120
Washington, DC 20003
Website: www.unityhealthcare.org
Email: info@unityhealthcare.org

Below is a list of clinics provided by Unity Health Care, Inc. The clinics mainly offer general health care, such as treatment for common colds, STIs, and follow-up treatment. Some do HIV testing but you need to call and find out.

801 East Building for the Homeless

Phone: (800) 535-7252
Address: St. Elizabeth's Hospital Grounds
2700 Martin Luther King, Jr. Ave, SE
Washington, DC 20032

Blair Shelter

Phone: (800) 535-7252
Address: 635 I St. NE, Ward 6
Washington, DC 20002
Hours: Tuesday: 5:30pm-9pm
Restrictions: Males only; primary medical care

Central Union Mission Center for the Homeless

Phone: (202) MISSION (202-647-7466)
Address: 1631 14th Street, NW
Washington, DC 20009

Christ House Medical Shelter

Phone: (202) 328-1100
Fax: (202) 232-4972
Address: 1717 Columbia Road, NW
Washington, DC 20009
Service Hours: Monday, Tuesday, Thursday: 1pm (first come, first serve)
Dr. Hours: Monday, Tuesday, Friday: 12:30pm (first come, first serve)

Federal City Shelter Clinic (CCNV)

Phone: (202) 508-0500
Address: 425 2nd St. NW
Washington, DC 20001
Hours: Monday-Friday: 7:45am-4pm
Services: Primary medical care for adult men and women, HIV testing and treatment, case management, psychiatric services, social services, substance abuse counseling and referrals.
Eligibility: Permanent 24 hours shelter for adults, call (202) 393-1909. Stay is about 1 year.

Admission: Men on Sundays at 6am. Elderly (over 50), Women, and Handicapped admitted on a daily basis.

Friendship Place Clinic

Phone: (202) 364-1419
Address: 4713 Wisconsin Ave., NW
Washington, DC 20016
Hours: Monday: 12:30pm-4pm,
Tuesday-Friday: 8:30am-11:30am, 1pm-3pm
Services: Comprehensive case management; permanent housing for formerly homeless mentally ill; temporary housing (walk-in)

Good Hope Road Clinic (formerly Bethlehem Clinic)

Phone: (202) 610-7280
Address: 1638 Good Hope Road, SE
Washington, DC 20020
Hours: Monday-Friday: 8am-4:45pm
Intake: Families, Women and Men
Services: Primary medical care for adult men and women, HIV testing and treatment, case management, psychiatric services, social services, TB screenings and substance abuse referrals.
Website: www.unityhealthcare.org

Harborlights (Salvation Army)

Phone: (202) 269-6333
Address: 2100 NY Ave NE
Washington, DC 20002

NY Ave Shelter

Phone: (202) 281-3884
Address: 1355 NY Ave NE
Washington, DC 20002

HOSPITALS

NOTE: Survivors should go to a hospital in the area where they were raped, not where they live. Women raped in DC must go to a DC hospital. MD residents must go to a hospital in the County where they were raped. VA residents should call the hospital first. They will be asked where they were raped and directed to the correct hospital.

Female MD's may not be available; however, hospitals have a female attendant (usually a nurse) in the room with the survivor.

Although Police may be routinely called, survivors are not required to talk to the police or report the rape unless they wish to do so. Only at D.C., Alexandria, Arlington, and Fairfax Hospitals patients are required to talk to the police if they want FREE services. **The Rape Kit is always free. The hospital may charge a fee for any additional services provided.**

All hospitals accept Medicaid and no up front payment is needed. Survivors will be billed at a later date.

*See end of section for hospitals which DO NOT treat rape survivors.

Hospitals - District of Columbia

Children's National Medical Center

Address: 111 Michigan Ave. NW
Washington, DC 20010

Main Number: (202) 476-5000

ER: (202) 476-5433
(800) 884-5433

Testing/Counseling: Child Protective Services does not see children in crisis. All survivors who have been assaulted within 72 hours are seen by Sexual Assault Nurse Examiners (SANE). Survivor is given complete physical examination as well as tested for gonorrhea and pregnancy. HIV test done by request. Advised to return for follow-up treatment. Emotional support routinely provided for both survivor and parents. Treats up to age 18.

Reporting Policy: Will report to the police unless survivor refuses to provide information.

Consent Policy: Parental consent is not required for rape survivors.

Fees: Sliding scale

Female Gynecologist: Sometimes available. Survivor can request one. No guarantee.

Morning After Pill: Prescribed but not dispensed, have to ask for it. Given to minors who are rape survivors.

Spanish/Deaf: Have Spanish and ASL interpreters.

Public Transportation: Metro Red Line to Brookland, shuttle available to hospital

Website: www.childrensnational.org

Georgetown University Hospital

Main Number: (202) 444-2000

ER: (202) 444-2119

Address: 3800 Reservoir Road, NW
Washington, DC 20007

Testing/Counseling: Psychiatrist on call 24hrs; Refers survivor for further counseling: No abortions done; STI, HIV & Pregnancy testing in clinic not ER

Reporting Policy: Parents must consent to a police report.

Consent Policy: Officially, will not treat survivors under 18 w/o parental consent.

Fees: \$250-350. Fee is for the Emergency room visit and any tests that Georgetown University Hospital runs. Fee charged even if report to police. Fees may vary depending on the situation. Some fees may be less and some more.

Female Gynecologist: Sometimes available. Can request one, but no guarantee.

Morning After Pill: Not available. No birth control.

Tranquilizers: Depends on case.

Spanish/Deaf: Spanish and ASL interpreters available.

Public Transportation: Red Line to Dupont Circle, transfer to either the D2 or D4 bus found on P street, which runs straight to the hospital.

Website: www.georgetownuniversityhospital.org

George Washington University Hospital Center

Business: (202) 715-4000

ER & Nursing Unit: (202) 741-4911

Toll Free: (888) 449-3627 (physician referral #)

Address: 900 23rd St., NW
Washington, DC 20037

Testing/Counseling: STI treatment provided and info. given. HIV testing available. Counseling services available through social services department. If extreme emergency, social services worker is on call.

Reporting Policy: Will report to police no matter what

Consent Policy: Depends on case whether or not hospital will contact parents. They sometimes refer minors to Children's Hospital.

Fees: Payment plan. No sliding scale

Female Gynecologist: Sometimes available. Survivor can request one. No guarantee.

Morning After Pill: Dispense and prescribed if requested.

Tranquilizers: given at doctors discretion.

Spanish/Deaf: Spanish and ASL interpreters.

Public Transportation: Blue/Orange Line to Foggy Bottom. The hospital is located directly across the street from the exit.

Website: www.gwhospital.com

Howard University Hospital

Phone: (202) 865-6100

Address: 2041 Georgia Ave, NW
Washington, DC 20030

Services: Sexual Assault Nurse Examiners Program (SANE) for adults

Testing/Counseling: SANE or ER doctor treat in the ER and provide referrals. Social services do follow-up & counseling. Counseling regarding pregnancy and STI. STI screening and HIV testing available. Counseling through social services available.

Reporting Policy: Police will be called.

Consent Policy: Parental consent needed for minors.

Fees: Free through SANE program only, requires police report.

Female Gynecologist: Female SANE unless unavailable then on-call ER physician.

Morning After Pill: Available through SANE Program only

Tranquilizers: Available.

Spanish/Deaf: Spanish & ASL interpreters available.

Public Transportation: Green Line to Shaw. Bus 70 on 7th St. (Accessible from Silver Spring).

Website: www.huhosp.org

Providence Hospital

Phone: (202) 269-7000
Address: 1150 Varnum St. NE
Washington, DC 20017
Testing/Counseling: STI and pregnancy tests given. HIV testing available if requested. No counselors on site, but can give referrals. Social workers on site. The survivor is allowed to have one person with her at all times. RCC counselors are allowed in this area.
Reporting Policy: Case management
Fees: No sliding scale. Call for fees.
Female Gynecologist: Sometimes available. Survivor can request one. No guarantee.
Morning After Pill: Not available. No contraception provided.
Tranquilizers: Available.
Spanish/Deaf: Can call for Spanish and ASL interpreters.
Public Transportation: Red Line to Brookland, Bus 80 (Fort Totten)
Website: www.provhosp.org

United Medical Center

Phone: (202) 574-6000
ER: (202) 574-5465
Address: 1310 Southern Ave, SE
Washington, DC
Services: Treat rape survivors who do not want to PG County Hospital. Sex Squad is called and they bring a rape kit for the examination.
Fees: Free rape kit
Reporting Policy: Police are always called
Consent Policy: Unclear
Morning After Pill: Not available
Tranquilizers: Available but rarely given
Spanish/Deaf: Arrange for Spanish and ASL interpreters. Call in advance.
Website: www.united-medicalcenter.com

Washington Hospital Center

ER: (202) 877-3627
Main Services: (202) 877-7000
Address: 110 Irving St., NW
Washington, DC 20010
Hours: 24 hr ER
Testing/Counseling: Pregnancy and STI tests given from 8-4:30pm. HIV tests available. Use DCRCC for counseling. Social services occasionally on-site. Assault kit is used in examination.
Reporting Policy: Police called at survivor's discretion. Must report to the police if survivor is under 18.
Consent Policy: Parental consent required for under 18 yrs. The consent policy depends on the situation.
Fees: No sliding scale. Financial counselors decide payment
Female Gynecologist: Sometimes available. Survivor can request one.
Morning After Pill: Prescribed in ER
Tranquilizers: Available
Spanish/Deaf: Access to Spanish and Deaf interpreters
Public Transportation: Red Line to Brookland. Then H2 and H4 buses.
Website: www.whcenter.org

Hospitals - Maryland

Holy Cross Hospital

Phone: (301) 754-7000

Address: 1500 Forest Glen Road
Silver Spring, MD 20910

Testing/Counseling: Testing and counseling for STI, pregnancy and HIV tests provided at patient's request. Counseling referrals made. Montgomery Co. DCRCC companions routinely called. *They have *Religious counselors* from every denomination available should the survivor request one.

Reporting Policy: Always report to police.

Consent Policy: Parental consent

Fees: Will treat regardless of ability to pay.

Female Gynecologist: Sometimes available. Survivor can request one. No guarantee. They will also refer the Survivor to the nearest SANE Program.

Morning After Pill: Not available, but will give referrals.

Tranquilizers: Available.

Spanish/Deaf: Spanish and deaf interpreters.

Public Transportation: Red Line to Forest Glen Metro-Ride On Bus #8.

Website: www.holycrosshealth.org

Prince George's General Hospital

Phone: (301) 618-2000

Address: 3001 Hospital Dr.
Cheverly MD 20785

Testing/Counseling: Assault must have occurred in PG County or the survivor must be a PG resident in order to receive Emergency Treatment. STI, pregnancy test but NO HIV testing. Separate examination room. PG RCC staff always present at exam. Follow-up counseling available. Counseling provided by PGRCC. Group counseling/support group. Rape survivor group for adults.

Reporting Policy: Police are called at survivor's discretion.

Consent Policy: Parental consent is only required for follow-ups for children under age 16. Consent is not required for initial exam.

Fees: Initial visit and exam FREE only if reported to police.

Female Gynecologist: Sometimes available. Survivor can request one. No guarantee.

Morning After Pill: Available; Prescribed by the doctor

Tranquilizers: Available

Spanish/Deaf: Arrange Spanish and ASL interpreter by appointment

Public Transportation: Orange Line to Cheverly. A12 bus

Website: www.dimensionshealth.org

Hospitals - Virginia

Fairfax Hospital (INOVA Emergency Care Center)

Address: 3300 Gallows Road
Falls Church, VA 22042

Phone: (703) 776-4001

ER: (703) 776-3111

Sexual Assault Services Nurse: (703) 776-3505

(Emergency access facility sends survivors to Fairfax)

Testing/Counseling: Testing for STI, Pregnancy, HIV testing. Survivors are seen in Pediatric Abuse Section since it is more private. Survivors treated by nurses on the special Sexual Assault Unit. Counseling referrals can be made. Pediatric sexual assault nurse.

Reporting Policy: Police must be called to be treated by the Sexual Assault Nurses. If survivor doesn't want to report, they will be treated by the ER or in the clinic--No evidence is collected.

Consent Policy: Parental needed for children under 13, some exceptions--call.

Fees: FREE if report to police

Female Gynecologist: 6 female nurses who examine if survivor reports to police. If doesn't report, go to ER & may/may not get female gyno.

Morning After Pill: No, but is part of SANE exam

Tranquilizers: Rarely given, possibly if child needs to be sedated

Spanish/Deaf: Arrange Spanish and ASL interpreters

Public Transportation: Orange Line to Dun Loring exit, transfer to 26C bus.

Inova Alexandria Hospital

Phone: (703) 504-3000

Address: 4320 Seminary Road
Alexandria, VA

Testing/Counseling: STI & Pregnancy testing. Referrals for HIV testing & counseling. Always call RCC & survivor is referred to Rape Victim Companion Program in Alexandria

Reporting Policy: Police are always called

Consent Policy: Parental consent

Fees: Billed to insurance; all are treated

Female Gynecologist: Sometimes available. Can request but no guarantee.

Morning After Pill: available.

Tranquilizers: Given when appropriate, but only on one dose basis.

Spanish/Deaf: Access to Spanish interpreters.

Public Transportation: Blue/Yellow Line to King Street Station. 28B bus (Tysons Corner). Call for information on DASH passes, Metro tokens, and cab service within the city.

Virginia Hospital Center (formerly Arlington Hospital)

Phone: (703) 558-5000

Address: 1701 N. George Mason Drive
Arlington, VA

Testing/Counseling: STI and pregnancy tests available. Referrals for counseling. Have a nurse that will stay with the survivor.

Reporting Policy: Patient must sign general consent for examination.

Consent Policy: Depends on situation.

Fees: FREE if report to police. Sliding scale. Base fee \$130

Female Gynecologist: Sometimes available. Survivor can request one. No guarantee.

Morning After Pill: Prescription available if requested.

Tranquilizers: available at Doctor's discretion.

Spanish/Deaf: Arrange Spanish and ASL interpreters.

Public Transportation: Orange Line to Ballston. Metro Bus 10C

Website: <http://www.virginiahospitalcenter.com/>

*Hospitals that do not treat rape survivors:

St. Elizabeth Hospital (Mental Health)

Phone: (202) 562-4000
CPEP: (202) 673-9319
Address: 1100 Alabama Avenue, SE
Washington, DC

Medstar Montgomery General Hospital

Phone: (301) 774-8882
Address: 18101 Prince Philip Drive
Olney, MD 20832
Website: www.medstarmontgomery.com

HOTLINES

Access Helpline (Department of Mental Health)

(Formerly Emergency Psychological Response Division)

Phone: 1-888-793-4357
Information: Hotline and referrals for any mental health crisis/issue

AIDS Information Line

Phone: (202) 332-AIDS
Hours: 24 hours/7 days

AIDS Hotline in Spanish

Phone: (800) 344-7432
Hours: 7 days/week 8am-2am

Al-Anon/Alateen

Phone: (202) 882-1334
Hours: Monday-Friday: 2pm-6pm.
Information: Information Center has lists of meetings and literature for family members and friends of alcoholics.

Alcohol Hotline

Phone: (800) 331-2900
Hours: 24 hours/7 days
Information: Alcohol and drug info and referrals; No counselors

Alcoholics Anonymous (AA)

Phone: (202) 966-9115
(Spanish): (703) 360-5447 or (301) 587-6191 or (202) 545-1050
Hours: 10am-10pm 365 days a year/14 hour calls are accepted
Information: Volunteer hotline. Referrals only, no counselors; Intergroup
Website: www.aa-dc.org

Answers Please!

Phone: (202) INFO 211 / 311 / (202) 463-6211
Information: A 24 hour computerized central information and referral network of social services. Callers are connected to professional Community Resource Advisors who provide direct links to public, private and social service programs throughout DC community. Multilingual

Childhelp U.S.A.

Phone: (800) 422-4453
Hours: 24 hours/7 days
Information: Crisis counseling regarding child abuse and neglect; Referrals

Children of the Night

Phone: (800) 551-1300
Hours: 24 hours/7 days
Information: Anyone involved in prostitution, but will deal with most everything else too. Give referrals and information. Shelter for former child prostitutes ages 11-17 only.

Community Crisis Services

Prince George's County Hotline and Suicide Prevention Center
Crisis Response: (301) 927-4500

Homeless Hotline: 1-888-731-0999
Suicide: (301) 864-7130 or 1-800-SUICIDE (784-2433)
Hours: 24 hours
Website: www.communitycrisis.org

CrisisLink

Phone: (703) 527-4077 or 1-800-SUICIDE (784-2433) or 1-800-273-TALK
Information: Deals with suicide and any crisis situation
Website: www.crisislink.org

Emergency Contraception Hotline

Phone: 1-800-584-9911 or 1-888-NOT 2 LATE
Hours: 24 hours
Information: By Association of Reproductive Health Providers; Confidential hotline available in both English and Spanish. The Hotline has a directory of over 1,800 family planning clinics, private doctors, and university health centers who will prescribe emergency contraception. (The morning after pill)

Emergency Management Agency Hotline

Phone: (202) 727-6161
Hours: 24 hours
Information: Any emergency for Washington, DC (terrorist attack, chemical spill, etc.)

Exhale

Phone: (866) 439-4253
**Hours: Monday-Friday: 5pm-10pm
Saturday-Sunday: 12pm-10pm**
Information: Serves women who have an abortion and their family and friends
Website: <http://www.4exhale.org/>

Fairfax Survivor Assistance Network / Victim Assistance Network

Phone: (703) 360-RAPE
TTY: (703) 435-1235
Hours: 24 hours
Information: Provides general information, information on legal options, societal services, counseling and support groups for sexual assault and domestic violence survivors. Provides referrals. Call and request Spanish speaking counselors. Free therapy (DV & SA support groups) for individuals raped in or residents of Fairfax County.

Futures Without Violence

(Formerly named Family Violence Prevention Program)
Phone: (202) 595-7382
Phone: 1-800-799-SAFE (for emergency)
Fax: (202) 299-1292
**Address: 1630 Connecticut Avenue, NW, Suite 501
Washington, DC 20009**
Website: www.futureswithoutviolence.org
Email: info@futureswithoutviolence.org

Gay & Lesbian Hotline of Whitman-Walker Clinic

Phone: (202) 332-2437
Hours: 7pm-10pm, 7 days a week
Information: Peer counseling, referrals, info, Spanish.

Gay & Lesbian National Hotline

Phone: (888) 843-4564
Hours: Monday-Friday: 4pm-12midnight
Saturday: 12noon-5pm EST
Website: www.glbp@nationalhelpcenter.org

Helping Individual Prostitutes Survive (H.I.P.S.)

Phone: (800) 676-HIPS
Office: (202) 232-8150
Fax: (202) 232-8304
Hours: 24 hours

*HOTLINE for females and males & transgender males under 21 who are in danger or want to leave prostitution. They also have a van service that offers outreach, counseling and referrals on Thursday 11pm-5am, Fridays and Saturdays from 10pm to 6am. They also distribute condoms. Client advocates provide referrals for shelter, clothing, medical care, etc via hotline.

Website: www.hips.org
Email: hips@hips.org

Homeless Shelter Line for Prince George's County

Phone: (301) 864-7095 or (888) 731-0999
Hours: 24 hours
Information: Referrals for homeless shelters in PG County

Maryland Domestic Violence Hotline

Phone: (800) MD-HELPS
Hours: Monday-Friday: 9am-5pm
Information: No counselors; State Coalition provide referrals

Montgomery County Hotline

Phone: (301) 738-2255
Information: General purposes, suicidal callers, people who are just lonely, also make referrals; for anyone, not just Mont Co.

My Sister's Place Hotline

Phone: (202) 529-5991
Hours: 24hrs
Information: Provides a shelter for women and children (male children up to age 12.) Counseling and referrals.

Narcotics Anonymous (NA)

Phone: (202) 399-5316

Hours: 24hrs
Information: Serves DC metro area.

National Abortion Federation (NAF)

Phone: (800) 772-9100
Hours: Monday-Friday: 7am-11pm
Saturday: 9am-9pm
Information: Counseling regarding options and procedures. Referrals and information about qualified abortion providers. Also provide funding assistance.

National AIDS & STI Hotline

Phone: (800) CDC-INFO
TTY: (800) 243-7889
Spanish: (800) 344-7432
Hours: 24 hours
Information: Run by CDC; answers questions and provides referrals

National CDC Info Hotline

Phone: (800) 232- 4636
Hours: Monday-Friday: 4pm-8pm

National Center for the Prosecution of Child Abuse

Phone: (703) 549-9222
Hours: Monday-Friday: 8:30am-5pm
Information: Literature and professional workshops.

National Center for Victims of Crime

Phone: (202) 467-8700
Fax: (202) 467-8701
TTY: (800) 211-7996
Hours: Monday-Friday: 10am-6pm
Address: 2000 M Street, NW, Suite 480
Washington, DC 20036

National Domestic Violence Hotline

Phone: (800) 799-SAFE
TTY: (800) 787-3224
Hours: 24 hrs
Information: Provide info and referrals. Has Spanish interpreters and access to the ATT language line

National Helpline

Phone: (800) 662-HELP
Hours: 24 hrs
Information: Substance abuse and mental health information and treatment referrals

National Runaway Switchboard

Phone: (800) RUNAWAY
TTY: (800) 621-0394
Hours: 24hrs
Information: Crisis intervention and referral for runaways and their families. Translation available for 100+ languages

Phone Friend

Phone: (202) 223-2244
Hours: Monday-Friday: 3pm-9pm
Saturday: 1pm-5pm
Ages: 5-15 years
Information: Deals with any issue

Prince George's County Hotline

Voice/TTY: (301) 864-7161
Hours: 24 hrs
Information: Crisis and suicide prevention center

Poison Control

Phone: (800) 222-1222
Hours: 24 Hours

Rape, Abuse and Incest National Network (R.A.I.N.N.)

Phone: (800) 656-HOPE
Information: National Rape hotline number which directly connects you to your nearest rape crisis center.

24 Hour Online Hotline: <https://hotline.rainn.org>

Sexual Assault Response Awareness Program

Phone: (888) 947-7273
(703) 947-7273 (Serves Alexandria, VA residents)
Hours: 24 hrs
Information: Provides court advocacy, support groups run by advocates; Can assist deaf; no TTY

Women's Health Line

Phone: (800) 994-9662
Hours: Monday-Friday: 9am-5pm

Shelter Hotline

Phone: (800) 535-7252
For shelter referrals, outreach and transportation services to homeless persons in the D.C. area

STI Hotline

Phone: (800) 227-8922
Hours: Monday-Friday: 9am-6pm
Information: Provides on STIs & AIDS over phone and will send written info; referrals to clinics
Website: www.ashaSTD.org

Victim Assistance and Sexual Assault Program

Part of the Montgomery County Community Crisis Center.
General Crisis Number: (240) 777-4000
Direct Number for VA & SA Program: (240) 777-1355
TTY: (240) 777-4815

Virginia Family Violence and Sexual Assault Hotline

Phone: (800) 838-82380

Information: Crisis intervention and referrals for those affected by domestic violence and sexual assault

INTERNATIONAL RESOURCES

International Crime Victim Compensation Program Directory

Website: www.ojp.usdoj.gov/ovc/intdir/intdir.htm

International Justice Statistics

Website: www.ojp.usdoj.gov/bjs/ijs.htm

The World Factbook of Criminal Justice Systems

Website: www.ojp.usdoj.gov/bjs/abstract/wfcj.htm

Australia

South Eastern Centre Against Sexual Assault (SECASA)

Website: www.secasa.com.au

Belarus

Young Women Christian Association of Belarus

Website: ywcabelarus@telecom.by

Address: Krupskaya 2-70
2201108 Minsk

Phone: **Belaru375-17 2 4637 45**

Bermuda

The Women's Resource Centre

Website: www.wrcbermuda.com

Address: 'Cap-a-Laige' - Charities House
25 Point Finger Road
Paget DV04
Bermuda

Phone: **441-295-3882**

Hotline: **441-295-7273**

Email: wrc@wrcbermuda.com

Bolivia

Defensor del Pueblo- Advice Center

Website: www.defensordelpueblo.es

Address: Heriberto Gutierrez 2374
La Paz Bolivia

Phone: **00591-2 33269**

Botswana

Metlhaetsile Women's Centre, MWIC

Website: mwic@bc.bw
Address: Private Bag 42
Phone: Mochudi Botswana267- 377239

Canada

Canadian Association of Sexual Assault Centres- Vancouver, BC

Website: www.casac.ca
Phone: (604) 876-2622
Fax: (604) 876-2622
Email: casac01@shaw.ca

Victoria Women's Sexual Assault Centre- Victoria, BC

Website: www.vwsac.com
Phone: (250) 383-5545
Hotline: (250) 383-3232

Sexual Assault/Domestic Violence Care Centre- Hamilton, Ontario

Website: sadvcarecentre@hhsc.ca
Phone: (905) 521-2100 x 73557
Hotline: (905) 525-4162

The Sexual Assault/Rape Crisis Centre of Peel- Mississauga, Ontario

Website: www.sexualassault-peel.com
Hotline: (905) 273-9442
1-(800) 810-0180

Ottawa Rape Crisis Center- Ottawa, Ontario

Phone: (613) 562-2334
Hotline: (613) 562-2333
Website: www.orcc.net

Toronto Rape Crisis Centre- Toronto, Ontario

Website: www.trccmwar.ca
Hotline: (416) 597-8806

Montreal Rape Crisis Centre- Montreal, Quebec

Phone: (514) 934-0354
Hotline: (514) 931-4504

Estonia

Tartu Counseling Center

Website: tnk@tnk.tartu.ee
Address: Postimja p.k. 196
51003 Tartu
Phone: (+372) 742-7555

Finland

The Rape Crisis Centre Tukinainen

Website: kristina.valkama@tukinainen.kolmbus.fi
Address: PL 243
00121 Helsinki
Finland
Phone: +358 (0) 9-58 60 360

Hotline: 0800-97899

Israel

Rape Crisis Center- Haifa

Website: www.usembassy-israel.org.il/publish/civic/iscivorg.html#15

Address: POB 44628
Haifa 31445 Israel

Phone: **972 4 8641278**

Email: hrcc@zahav.net.il

Japan

Tokyo Rape Crisis Center

Website: www.tokyo-rcc.org

Address: Jyoto
P.O. Box 7
Koto-ku, Tokyo 136-8691

Phone: **03-3207-3692**

Mexico

Casa Amiga-Centro de Crisis A.C.

Website: www.casa-amiga.org

Address: Durango #1916
Cd. Juarez, Chihuahua, Mexico

Phone: **(01 656) 6908300**
(01 656) 6908301

New Zealand

Auckland Rape Crisis

Website: www.rapecrisis.org.nz

Phone: **09-360-4001**

Email: info@rapecrisis.org.nz

Pakistan

Sahil

Website: www.sahil.org (deals specifically with child abuse)

Address: Office No. 13, 1st Floor
Al-Babar Center, F-8 Markaz
Islamabad, Pakistan
Islamabad, Pakistan

Phone: **92-51-260636, 2856950**

Fax: **(92-51) 2254678**

Toll-Free Line: **0800-13518**

Email: info@sahil.org

Philippines

GABRIELA- National Alliance of Women's Organizations in the Phillipines

Website: members.tripod.com/~gabriela_p

Address: P.O. Box 4386
Manila 2800

Phone: 632-371-2302
Email: gabwomen@yahoo.com

Russia

Crisis Centre for Women

Website: women@aport.ru
Address: Lermontova 315, 10
Irkutsk 664082
Phone: +395 2 465869

South Africa

Rape Crisis- Cape Town

Website: www.rapecrisis.org.za

Speak Out

Website: www.speakout.org.za

United Kingdom

Victim Support National Office- London

Hotline: 0845 303 0900

For a map of UK rape crisis centers:

Website: www.rapecrisis.co.uk/ukgroups.htm

Rape Crisis Federation- Wales and England- Nottingham

Website: www.rapecrisis.co.uk
Phone: 0115 934 8474

Scottish Rape Crisis Network

Website: www.rapecrisisscotland.org.uk

Victim Support Scotland- Edinburgh

Website: www.victimsupportsco.demon.co.uk
Phone: 0131 668 4486

Drug Rape Trust

Phone: +44 (0) 1702 317695

LEGAL SERVICES

Government Programs

DC Crime Victim Compensation Program

Phone: (202) 879-4216
Address: 515 5th St, NW, Room 104, Washington, DC 20001
Hours: Monday-Friday: 9am-5pm
Fees: Free
Services: Assists innocent violent crime victims with crime-related expenses: medical, funeral, loss wages, etc, when there are no other funds to cover losses. This is for crimes that occurred in D.C. only.

DC Department of Human Rights

Phone: (202) 727-4559
Address: 441 4th St NW, Suite 570 North
Hours: 8:30am-5pm; no intakes on Fridays
Fees: Free
Services: For all types of discrimination complaints, including sexual harassment. Call to schedule intake and certify.
Spanish/Deaf: Spanish.

DC Superior Court Multi-Door Dispute Resolution Program

Phone: (202) 879-1549
Hours: Monday-Friday: 8:30am-5:00pm
Address: 515 5th Street, NW, Suite 114
Washington, DC 20001
Fees: Free
Services: Resolving civil disputes without filing a law suit, involving \$2000 or more-including custody, child support, spousal support, visitation and/or property division. Also resolves small claims disputes (\$2000 or less) such as accidents.
Spanish/Deaf: Use language line for Spanish callers; some Spanish-speaking staff

Equal Employment Opportunity Commission (EEOC)

Phone: 1-800-669-4000
TTY: 1-800-669-6820
Address: 131 M St. NE, Fourth Floor, Suite 4NW02F
Washington, DC 20507-0100
Hours: Walk-ins: Monday-Friday: 8am-4:30pm
Fees: Free
Services: For filing charges of sexual harassment and discrimination. Must file charge within 300 days of alleged discriminatory act. EEOC performs investigation: interviews complaint, employer, and any witnesses. If probable cause of discrimination found, EEOC will call perpetrator and if he does not comply, he can be subpoenaed. Will request back pay, lost benefits and reinvestment, depending on circumstances. Covers Businesses employing 15 or more persons (Title 7). *NOTE:* DC employees may first need to file with the Dept. of Human

Rights (202-724-1385). Persons employed by the federal government must first file within their agency.

Spanish/Deaf: Spanish. Deaf persons should call TTY to set up appointment with EEOC employees who know ASL.

Victim Witness Assistance Unit

Phone: (202) 514-7130

Fax: (202) 616-2117

Address: 555 4th St. NW Suite 1412

Hours: 8:30am-5pm

Fees: Free

Services: Help guide survivors through the criminal justice system. Offers short-term counseling, and referrals regarding counseling, medical, and legal services. Also assists witness who were threatened or harassed. Can give information on court proceedings and provides speakers for Community Education. Can get monetary compensation if they qualify. (also, see US Attorney's Office)

Spanish/Deaf: Spanish. Access to deaf interpreters.

LEGAL AID CLINICS

These clinics provide free legal services and are also good places to go to report mistreatment at the hands of the police, or other concerns about inadequate or inappropriate law enforcement behavior.

American University Legal Aid Clinic

Phone: (202) 274-4140

Address: 4801 Massachusetts Ave., NW Suite 417
Washington, DC

Hours: 9am-5pm

Fees: Free

Services: Domestic Violence and child support cases only. Ability to take cases based on availability of students.

Spanish/Deaf: Some Spanish.

Ayuda, Inc.

Phone: (202) 387-4848

Address: 6925 Willow Street, NW
Washington, DC 20012

Hours: Monday-Friday: 9am-4pm

Fees: Free for SA consultations

Services: Immigration and domestic violence cases for Latina women. Offers legal assistance, referrals, and support groups. Hermanas Unidas is a support group for battered Latina women.

Spanish/Deaf: Spanish (language line)

Website: www.ayudainc.org

Bread for the City

Phone: (202) 265-2400 (NW #)
(202) 587-0527 (SE #)

Address: 1525 7th St., NW
Washington, DC 20001

Eligibility: must be low-income
Services: Provides food, clothing, medical care, and legal and social services for low-income DC residents.

CARECEN Central American Resource Center of Washington

Phone: (202) 328-9799
Address: 1460 Columbia Rd., NW
Washington, DC 20009
Hours: Monday-Friday: 9am-5pm
Fees: free; \$20 for translation services
Services: Services for Central Americans. Limited help with immigration applications. Mostly handle cases involving Protective Status for Salvadorans. They have citizenship training and classes. Assistance with housing, community support services and provide translation services (letter, phone calls, etc.)
Spanish/Deaf: Spanish
Website: www.carecencdc.org
Email: info@carecencdc.org

Catholic University of America

Phone: (202) 319-6788
Address: 3602 John McCormick Rd, NE
Washington, DC 20064
Services: Free legal services in cases involving domestic violence, child custody, abuse and neglect, public benefits, special education, landlord and tenant disputes. Causes taken depending on availability.
Website: law.cua.edu

Georgetown University Domestic Violence Clinic and International Women's Human Rights Clinic

Phone: (202) 662-9640
Fax: (202) 662-9530
Address: 600 New Jersey Avenue, NW, Suite 334
Washington, DC 20001
Hours: Monday-Friday: 9am-5:30pm; only do referrals for intake
Fees: Free
Services: Work on Civil Protection Orders for victims of domestic abuse. Work done by students so less availability in summer. By appointment only.
Spanish/Deaf: Make referrals for Spanish and Deaf.
Website: www.law.georgetown.edu/clinics/sdc

George Washington University Law and Legal Aid Clinic

Phone: (202) 994-7463
Address: 2000 G Street, NW, Suite 200
Washington, DC
Hours: Monday-Friday: 9am-5:30pm
Fees: Call for prices
Services: Handles cases regarding: administrative, civil, immigration, small businesses, domestic violence and vaccine injury. For low-income DC residents ONLY. Vaccine clinic. During the school year. Must call first for an appointment; walk-ins not accepted.
Spanish/Deaf: Use relay service for hearing impaired

Legal Aid Society of D.C.

Phone: (202) 628-1161
Address: 1331 H Street, NW Suite 350
Washington, DC 20005
Hours: Monday-Friday: 9am-5pm
NW location walk-in intake:
Monday: 12:30pm-6pm
Thursday: 12:30pm-4pm
Eligibility: must be low-income
Fees: Free
Services: Family/landlord tenant law, domestic/family law and Child custody law. Civil protection order. General public assistance. Give referrals if income is too high to qualify.
Spanish/Deaf: Spanish, French, Vietnamese, access to ASL, & uses language line

Legal Counsel for the Elderly

Phone: (202) 434-2120
Services: Free service for people DC residents that are 60 or older. Helps with problem with housing situations and finances.
Fee: Sliding scale depending on income

Maryland Volunteer Lawyers Service (MVLS)

Phone: (410) 547-6537
Outside Baltimore: (800) 510-0050
Address: One North Charles St., Suite 222
Baltimore, MD 21201
Hours: Monday-Thursday: 9am-1pm
Friday: 9am-12pm
Services: Provides free or reduced fee civil legal representation to low-income individuals throughout Maryland
Website: www.mvlslaw.org

Neighborhood Legal Services Program

Address: 680 Rhode Island Ave NE (serving NW & NE WDC)
Washington, DC
Phone: (202) 269-5100
Address: 3101 Martin Luther King Jr. Ave, SE (serving SE & SW WDC)
Washington, DC
Hours: Monday-Friday: 9am-4:30pm
Intakes Monday-Friday all day
Fees: Free
Eligibility: low-income; DC resident or person with legal issue(s) in DC
Services: Free civil legal services for eligible DC residents and those with legal issues in DC.
Spanish/Deaf: Spanish.
Website: www.nlsp.org

Women's Center, The

See entry in Mental Health.

Legal Organizations

Domestic Violence Assistance Project (affiliated w/ House of Ruth-MD)

Phone: (888) 880-7884
Address: 2201 Argonne Dr.
Baltimore, MD 21218
Contacts: Deena Hausner or Antonio Arenas: (240) 777-9078
Staff Attorneys
(If leave a message, must indicate that it is a safe number to call or he/she won't call back.)
Hours: 8:30am to 4:30pm
Services: Provides legal services to survivors of sexual assault and domestic violence
Spanish/Deaf: Spanish interpreter or language resource for translation services
Website: www.hruth.org

Network for Victim Recovery of DC (NVRDC)

Phone: (202) 472-1727
Fax: (202) 472-1723
Address: The Lighthouse: Center for Healing
5321 1st Place, NE
Washington, DC 20011
Website: www.nvrdc.org

Private Attorneys

NOTE: The areas of law that a private attorney may be able to help a survivor with are as follows: third party liability, real estate/landlord tenant, civil protection orders, employment discrimination/sexual harassment, and general litigation.

Bode & Grenier, LLP

Contact: Marian K. Riedy, Esq.
Address: 1150 Connecticut Ave NW, 9th floor
Washington, DC 20036
Phone: 202-828-4100
Fees: Call Marian Riedy for information
Website: www.bode.com

Harmon, Curran, Spielberg & Eisenberg

Address: 1726 M St, NW Suite 600
Washington, DC 20036
Phone: (202) 328-3500
Services: Anne Spielberg and Ruth Eisenberg
Civil suits on sexual harassment and sexual discrimination. Free telephone consultation.
Hours: 9am-5:30pm, by appointment only
Fees: Attorneys set own rates-call for more info; sliding scale may be possible
Website: www.harmoncurran.com

U.S Attorneys Office

Main Line (202)252-7566

MEAL SERVICES

Arlington Homeless Bagged Meal Program

Phone: (703) 820-4357
Hours: 6pm-6:20pm at the Oakland MiniPark (9th and N. Oakland St); 6:30-6:45pm at the Rosslyn Metro (between McDonald's and Burger King) North Moore Street everyday
Services: Food is provided in 2 outdoor locations 365 days a year
Restrictions: none mentioned

Bag Lunch Program

Phone: (703) 635-9053
Address: 322 North Alfred Street
Alexandria, VA 22314
Hours: 11:30am-12noon (Monday-Friday)- all year; Sat- Oct- April (bag lunches are not provided during summer months)

Church of the Pilgrims

Phone: (202) 387-6612
Address: 2201 P Street, NW
Washington, DC 20037
Hours: 1:15pm-2pm, Sundays only
Services: meals services only available on Sunday
Restrictions: none mentioned
Website: www.churchofthepilgrims.org

First Baptist Church of Deanwood

Phone: (202) 397-2011
Address: 1008 45th Street, NE
Washington, DC 20019
Hours: Monday-Friday: 4:45pm- 6pm
Services: "Feeding Hungry" on rotated months (June; speak with Dorothy Carter 4:45pm-6pm); "Meals on Wheels" (Nov. 1-April 1; Thursdays), now offering a year round program in far NE, hosted by 12 different churches
Restrictions: none mentioned

Miriam's Kitchen

Phone: (202) 452-8926
Address: 2401 Virginia Ave, NW
Washington, DC 20037
Hours: 6:30am- 8am (Monday-Friday) Breakfast;
8am-10am (Monday-Friday) after-breakfast program: yoga, writing, poetry, music, art
12pm-2pm (Wednesday) Lunch
4:45pm-6pm Dinner

Services: Breakfast, counseling, case management, legal services (through partnership with the Washington Legal Clinic), medical clinic (through partnership with Unity Health Care); handicap accessible; Bilingual (Spanish, English); Case management Wednesday 8am-4pm—admin
Restrictions: none mentioned

Queen of Peace

Phone: (202) 562-6890
Address: Missionaries of Charity
3310 Wheeler Road, SE
Washington, DC 20032
Hours: 3:30pm-8:30am (daily) and 9:30am-11am
Services: soup kitchen, shelter for pregnant women at same location for no charge
Restrictions: must call for appointment; women under 18 must have parent/guardian approval; homeless pregnant women; also accepts children under 5 with mothers; do not take people under 18 unless it's an emergency

S.O.M.E. (Main Office)

Phone: (202) 797-8806
Address: 600 O Street, NW
Washington, DC 20001

Thrive DC

Phone: (202) 737-9311
Address: SE Steven Episcopal Church
1525 Newton Street, NW, Suite 1G
Washington, DC 20001
Hours: Monday-Friday: 8:30-6pm
Services: wheelchair accessible, vegetarian meal option, legal assistance, employment training, emergency referrals, computer workshop, showers, laundry
Restrictions: none mentioned
Website: <http://thrivedc.org>

MEDICAL CLINICS

Alexandria City Health Department

Phone: *Family Planning*
4480 King Street, 2nd Floor
Alexandria, VA
(703) 746-4922
Pregnancy Testing
(703) 746-4922
STI Clinic
4480 King Street, 2nd Floor
Alexandria, VA
(703) 746-4846
Address: 517 North Saint Asaph Street
Services: Family planning, pregnancy testing, STI Clinic

Alexandria Hospital

Phone: **(866) 256-6372**

Arlington Anonymous HIV Testing

Phone: **(703) 228-5200**

Arlington Health Clinic

Phone: **(703) 228-1200** – Family Planning
(703) 228-1200 – Pregnancy Testing
Address: 2100 Washington Blvd., 2nd Floor
Arlington, VA 22204
Services: Family planning, STI clinic, pregnancy testing

Bailey Health Center

Phone: **(703) 237-3446**
Address: 6196 Arlington Blvd., Falls Church

Bread for the City

Phone: **(202) 265-2400** (NW location)
(202) 561-8587 (SE location)
Address: 1525 7th St. NW Washington, DC 20001
1640 Good Hope Rd, SE Washington, DC 20020
Hours: Monday-Thursday: 9 a.m. -5p.m. (NW location)
Monday-Thursday: 9 a.m. – 5 p.m. (SE location)
Both locations open on Friday: 9am-12pm
Fees: Free (for DC residents only)
Services: Adult general medicine, pediatrics, OB/GYN care and job physicals.
Southeast Medical Clinic is operated by Unity Healthcare. Non-medical services include food pantry, clothing room, social services, and legal services.
Spanish/Deaf: Spanish interpreters; ASL interpreters for deaf persons.
Website: www.breadforthecity.org

Casey Health Center

Phone: (703) 519-5979
Address: 1200 N Howard Street
Alexandria, VA 22304

Clínica del Pueblo, La

Phone: (202) 462-4788
Address: 2831 15th St., NW
Washington, D.C. 20009-4607
Hours: Monday-Friday: 9 a.m. -5p.m.
Fees: Charge on a sliding scale, depending on income; takes United insurance
Services: Provides general medical care, primarily to the Latino community (but will not deny services to anyone). Free walk-in HIV testing and counseling. Develops women and family programs as well as mental health programs. Teen clinic is every Thursday 3p-5p of the month. Diabetes and TB Monday 9am-11am. Chiropractor 4:30pm-9pm.
Waiting Period: Call last Monday of month between 8:30a-9a to schedule appointment for new patients.
Spanish/Deaf: Spanish; interpreting department available
Website: www.lcdp.org

Community of Hope Health Services (Marie Reed Health Center)

Phone: (202) 232-9022
Fax: (202) 232-8494
Address: 2250 Champlain Street, NW
Washington, DC 20009
Hours: Monday, Thursday, Friday: 8am-5pm
Tuesday & Wednesday: 8:30am-5pm
Fees: Sliding scale. Medicaid or self-pay. First time physicals are \$55 for adults, \$40 for children. general visits are \$30.
Services: Family practice, internal medicine, OB/GYN and pre-natal care. Also operates a family shelter (202) 232-7356 with intakes done by the DC Central Intake Office. Substance abuse and HIV testing and counseling. Parenting skills and counseling for children.
Spanish/Deaf: Spanish
Website: www.communityofhopedc.org

Fairfax County Health Center

Phone: (703) 246-2205
Address: 10777 Main Street
Fairfax, VA

Fairfax Hospital OB/GYN Clinic

Phone: (703) 776-3418
Address: 3300 Gallow Road
Falls Church, VA 22042

Falls Church Clinic

Phone: (703) 534-8343
Address: 6245 Leesburg Pike

Herndon-Reston Center

Phone: (703) 481-4242
Address: 1850 Cameron Glen Drive
Reston, VA

Joseph Willard Health Center

Phone: (703) 246-7100
Address: 3750 Old Lee Hwy
Fairfax, VA

Loudon County Health Center

Phone: (703) 777-0236
Address: 209 Gibson Street, NW

Manassas Health Clinic

Phone: (703) 792-4700
Address: 9301 Lee Avenue

Planned Parenthood -- see entries in Abortion and Pregnancy Assistance

Prince William Hospital

Phone: (703) 369-8073

Sentara Potomac Hospital

Phone: (703) 523-1000
Address: 2300 Opitz Boulevard
Woodbridge, VA

North County Health Center

Phone: (703) 689-2180
Address: 11484 Washington Place

Reston Hospital

Phone: (703) 689-9000

SOME, Inc. (So Others Might Eat) Medical Clinic

Phone: (202) 797-8806
Address: 60 O St., NW
Washington, DC 20001
(Dining Room)
71 O St., NW
Washington, DC 20001

Hours: Monday-Friday: 8-4p.m.
Physicals by appointment on Monday, Tuesday, and Wednesday
Social services Monday, Tuesday, Wednesday, Friday 8am-9am; Tuesday, Wednesday, Friday from 1pm-2pm
Medical services 8am-11am; walk-ins for first 3 people.
Behavioral counseling walk-in Monday-Friday: 8am-11am and Monday-Wednesday 1pm-3pm...appointment necessary. However for medical services you must come in before 11am if you do not have an appointment.

Fees: Donations requested.

Eligibility: Medical services only for homeless (anyone living on the street or in a shelter).

Services: General medicine. Serves primarily homeless people. Prefer appointments but can accept up to two walk-ins per morning. HIV education, counseling, and testing. Serves breakfast (7:30am-8:30am) and lunch (11:30am-1:00pm) for homeless people. The men must arrive at 7:30 to pick up a ticket. Only first 25 people only. Showers are available for Tuesday through Friday, men 9am-11am; women 1pm-2pm.

Spanish/Deaf: None

Website: www.some.org

Contact: Linda Hollingshed (202-797-0701 ex 118)

South County Health Center

Phone: (703) 704-6100
Address: 8350 Richmond Hwy
Alexandria, VA

Springfield Center

Phone: (703) 569-1031
Address: 8136 Old Keene Mill Road

Sudley North Office (Manassas)

Phone: (703) 792-7700
Address: 7751 Ashton Ave.
Manassas, VA 20109

Unity Healthcare – Brentwood Square Health Center

Phone: (202) 832-8818
Fax: (202) 832-8575
Address: 1201 Brentwood Road, NE
Washington, DC 20018
Hours: Monday-Friday: 8:15am-4:45pm

Fees: Clinic is closed Monday-Friday from 12pm-1pm
DC Health Care Alliance; Medicaid; self-pay; sliding scale with proof of income

Services: Family practice; OB/GYN

Website: <http://www.unityhealthcare.org/Unity/Brentwood.htm>

Unity Healthcare - East of the River Health Center

Phone: (202) 388-7890

Fax: (202) 388-5202
Address: 123 45th St., NE
Washington, DC 20019
Hours: Monday, Tuesday, Thursday, Friday: 8:30am-5pm
Wednesday: 11am-7:30pm
Services: Outpatient services. Comprehensive primary health care. Adult medicine, cardiology, dentistry, family wellness center, homeless health care, mental health and social services, OB/GYN, pediatrics, podiatry, school & insurance physical exams, WIC program. Surgery by consultation
Fees: Accepts all major insurance; sliding scale; self-pay
Spanish/Deaf: Spanish-multilingual staff; deaf use phone relay service
Website: http://www.unityhealthcare.org/Unity/east_of_the_river.htm

Virginia Hospital Center

Phone: (703) 558-6144
Address: 1701 N. George Mason Drive
Arlington, VA 22205

Unity Healthcare, Inc. - Upper Cardozo Center

Phone: (202) 518-6459
Fax: (202) 462-6128
Address: Upper Cardozo Health Center
3020 14th St., NW
Washington, DC 20009
Hours: Monday, Tuesday, Thursday, Friday: 8:30am-5pm
Wednesday: 11am-7:30pm
Intake: Women, Men, and Children. Adult medicine, pediatrics, OB/GYN, and referrals.
Fees: Depends on income
Services: In-patient services. Comprehensive primary health care provided. Adult medicine, family wellness center, homeless health care, mental health and social services, OB/GYN, pediatrics, podiatry, and school and insurance physical exams.
Spanish/Deaf: Spanish
Website: www.unityhealthcare.org

Woodbridge Clinic

Phone: (703) 792-7300
Address: 4001 Prince William Pkwy, Suite 101
Woodbridge, VA
Hours: Monday-Friday: 8am-4:30pm

OB/GYN PRACTICES

Arlington Women's Center (Sp, CNM)

Phone: (703) 717-4600
Address: Arlington

Birth Center – Birth Care and Women's Health

Phone: (703) 549-5070
Address: 1501 King Street

Candace Thurston, MD

Phone: (703) 834-1071
Address: Reston and Fairfax

D.C. Practices – Capital Women’s Care

Phone: (202) 331-9293
Hours: Monday-Friday: 1am-4:30pm

Eveline Marquardt, MD

Phone: (703) 668-0520
Address: Reston

Fairfax OB/GYN Assoc. (CNM)

Phone: Fairfax: (703) 391-1500
Woodbridge: (703) 690-2295

Glenna Andersen, MD (CNM) & Darya Maanavi, MD

Phone: (703) 560-1611
Address: Alexandria

Jane Piness, MD

Phone: (703) 717-4093
Address: Arlington

Jean-Gilles Tchabo, MD

Phone: (703) 558-6591
Address:

Joanne Gutliph, MD

Phone: Manassas: (703) 361-7778
Gainesville: (571) 261-2236

Lori Maciulla, MD

Phone: (703) 528-4900
Address: 6707 Old Dominion Drive, #300
Mclean, VA 22102

Capitol Women’s Care

Phone: (703) 368-1969
Address: Manassas

Marina Martinez, MD & Jennifer Kilmer, MD

Phone: (703) 717-4050
Address: Arlington

Miguel Gomez, MD (Sp)

Phone: Vienna: (703) 281-7620

Prince William OB/GYN Assoc.

Phone: Manassas: (703) 361-7778

Gainesville: (571) 261-2236

Richard Pei, MD

Phone: (703) 698-9668
Address: Annandale

Sergio Rimola, MD (Sp)

Phone: Vienna: (703) 448-9140

Stefanie Filak, MD

Phone: (703) 550-4848
Address: 5021 Seminary Road, #109
Alexandria, VA 22311

The Physician and Midwife Collaborative Practice (CNM)

Phone: (703) 370-4300
Address: Alexandria

Virginia Women's Health Assoc.

Phone: Reston: (703) 435-2555

Women to Women – Gwen Patterson-Cobbs, MD

Phone: (703) 816-4152
Address: Arlington and Lansdowne

MENTAL HEALTH

See also: Hotlines, Rape Crisis Centers, Ritual Abuse, Suicide Prevention, Support/Therapy Groups

Mental Health – District of Columbia

Andromeda Transcultural Health Center

Phone: (202) 291-4707
Address: 1400 Decatur St., NW
Washington, DC 20011
Hours: Monday-Friday: 9am-5pm**
Primary Focus: General mental and physical health services
Services Provided: Substance abuse treatment, mental treatment, HIV Treatment
Fees: \$50 if the person has no insurance. Otherwise, it is a sliding scale.
Free pre/post HIV test counseling, Free STD testing & screening. **
Type of Care: Outpatient
Special Programs/Groups: Persons with HIV/AIDS, Women, Minorities**
Forms of Payment Accepted: Self payment, Medicaid, Medicare, Private health insurance
Payment Assistance: \Payment assistance
Special Language Services: French, Spanish
Website: www.andromedatransculturalhealth.org

Center for Mental Health- Anacostia

Phone: (202) 561-1423
Address: 2041 Martin Luther King Jr. Ave. #103
Washington, DC 20020**
Website: www.anacostiacycenter.org
Services Provided: Low counseling services
Fee: Medicaid is charged \$20

Community Connections**

Phone: (202) 546-1512 – Main Line
Intake Coordinator: Tasha Bradley 202-281-2954 **
Intake Director: Suzanne Bechard 202-608-4743 **
Address: 801 Pennsylvania Ave, SE Suite 201
Washington, D.C. 20003-2152
Hours: Monday-Friday: 8am-5pm
Fees: No private insurance, only straight DC Medicaid; if no insurance, the Department of Mental Health assumes cost
Services: Offers counseling, therapy, and support groups for trauma survivors. Case management, Psychiatric treatment
Women's Trauma Therapy, Anger Management Therapy**
Eligibility: must have mental illness
Website: www.communityconnectionsdc.org
Email: info@ccdc1.org

DC Department of Mental Health

Phone: (202) 673-2200
Fax: (202) 673-3433
TDD/TYY: (202) 673-7500
Hotline: (888) 793-4357
Address: 609 H St. NE, 5th Floor
Washington, DC 20002
Hours: 24hours Referral Service.
Services: Provides emergency care and comprehensive mental health services and support to DC residents in need. No private insurance. Medication monitoring, case management. Suicide and crisis line.
Website: dmh.dc.gov
Email: dmh@dc.gov

Family Matters of Greater Washington

Phone: (202) 289-1510
Address: 1509 16th ST NW
Washington, DC 20036
Hours: Monday-Friday: 8:30am-5pm; evening appointments available.
Fees: sliding scale
Services: Individual, family and group counseling. Child services.
Spanish/Deaf: Spanish and deaf interpreters-sometimes available
Website: www.familymattersdc.org

Family and Medical Counseling Service, Inc. (FMCS)

Phone: (202) 889-7900
Address: 2041 Martin Luther King, Jr. Avenue, SE Suite 300
Washington, DC 20020
Hours: Monday-Friday:8:30am-5:30pm
Fees: Sliding Scale; private insurance.
Services: Individuals, families, groups, and adolescents. Counseling and Psychotherapy. HIV/AIDS outreach and entitlement counseling. Marriage counseling, alcohol/substance abuse counseling. Support groups. Food bank, nutritionist.
Spanish/Deaf: Spanish, ASL
Email: fmcsinc@fmcsinc.org

Georgetown University Hospital Outpatient Psychiatry

Phone: (202) 687-1606
Fax: (202) 687-7277
Address: 3800 Reservoir Rd NW
Washington, DC 20007
Hours: Monday-Friday: 8:30am-5pm by appointment
Fees: Sliding scale, insurance.
Services: Psychotherapy, couples, group counseling. Accept clients of all ages, have a child psychologist.
Spanish/Deaf: Can arrange for ASL and Spanish interpreter.
Website: <http://georgetownpsychiatry.org>

Northwest Family Center

Phone: (202) 673-2042

Fax: (202) 673-7642
Address: 1250 U St. NW, 2nd Floor
Washington, DC 20009
Hours: Monday: 8:30am–9pm
Tuesday: 8:30am-8pm
Wednesday: 8:30am-8pm
Thursday: 8:30am-8pm
Friday: 8:30am-6pm
Fees: Sliding scale
Services: Any health insurance accepted. Serving children, youth, and their families with emotional, learning, or behavioral problems. Emphasis on working with families. ADHD and Hearing Impaired clinics. Therapeutic summer camp. Refer emergencies to Access (202) 727-6944.
Spanish/Deaf: Spanish and deaf services

Psychiatric Institute of DC

Phone: (202) 885-5600
(800) 369-2273
TTY: (202) 965-8403
Address: 4228 Wisconsin Ave. NW,
Washington, DC 22066
Hours: 24-hour intake, call (202) 885-5610
Fees: No sliding scale. Most insurance accepted.
Services: In-patient program no longer than 10 days. Four programs:
1) Adolescent Unit (for children between 5 and 18 in MD/DC area)
2) Survivors of Abuse (acute care), and Adult Substance Abuse unit, Psychiatric Unit.
3) Out-patient support groups for survivors of trauma and also chemical dependency. Outpatient program is once a week. Intensive outpatient program is 5 days a week, 2 hours a day.
4) Partial day programs 5 days-a-week dealing with regular adult issues, geriatrics, and for trauma survivors. Day testing is 10am-4pm
Website: www.psychinstitute.com

Women's Growth and Therapy Center

Phone: (202) 483-9376
Fax: (202) 364-6156
Address: 2607 Connecticut Ave., NW
Washington, DC 20008
Hours: Monday-Friday: 7am-8pm (business) by appointment**
Fees: Insurance; Initial consultation \$90; sliding scale \$70-120 depending on counselor. Group fee \$70/session. Accepts clients 18 years and older.
Services: Individual, couple, and group counseling. Psychotherapy specializing in sexual abuse, depression, anxiety disorders, relationship issues.
Spanish/Deaf: ASL

Viva Partnership, LLC

Phone: (202) 265-1000
Address: 1555 Connecticut Ave, NW, Suite 401
Washington, DC 20036
Hours: Contact office for information.
Fees: Sliding scale

Services: Individual, group psychotherapy, retreats, and workshops. Psychotherapy uses the empowerment approach to capitalize on individual's strengths, and seeking to work through blocks using methods that incorporate mind, body, and spirit, such as EMDR and Neurofeedback.

Spanish/Deaf: No interpreters available.

Web: www.vivapartnership.com

Mental Health - Maryland

Montgomery County Crisis Center

Phone: (240) 777-4190 (Administrative line for 9 a.m.-5p.m.) **

TTY: (240) 777-4815

Address: 1301 Piccard Drive
Rockville, MD 20850

24 hr Hotline (7 days): (301) 738-2255

24 hr Sexual Assault Services/Crisis Line: (240) 777-4000

Mobile Crisis Team (24 hour): (240) 777-4000

Sexual Assault Programs-Admin Line: (240) 777-1355

Abused Person's Programs/Intakes (9-5): (240) 777-4195

24 hr Abused Person's Programs/Crisis Line: (240) 777-4673

Hours: 24 hrs

Fees: Free / Schedule sessions: sliding scale**

Services: Emergency crisis intervention. Short-term counseling. Children and adults of Montgomery County are eligible for services.

Spanish/Deaf: Spanish speaking therapist on staff. Have access to ASL interpreters.

Website: www.montgomerycountymd.gov/hhstmpl.asp?url=/content/hhs/crisis_center/default.asp

Montgomery County Health and Human Services Health Access Team

Phone: (240) 777-1770
(240) 777-4000 (Emergency)
(240) 777-1450 (Child and Adolescent Mental Health Clinic)

Address: 255 Rockville Pike
Rockville, MD
1301 Piccard Drive
Rockville, MD

Hours: Monday-Friday: 8:30am-5pm
Walk-ins 8:30am or 12:30pm for evaluations

Fees: No charge. Accepts individuals without health insurance or state insurance only; no private insurance taken

Services: Montgomery County Residents only. Walk-in is for an evaluation with a therapist. Will then be referred to a treatment facility.

Spanish/Deaf: Spanish, French, and Vietnamese; uses language line

Threshold Services, Inc. – Outpatient Mental Health Centers

(Formerly Rockville Mental Health Services)

Phone: 301-461-8993 (Silver Spring) **
301-467-8959 (Rockville) **

Address: 8818 Georgia Ave. 751 Twinbrook Pkwy. 1st Fl
Silver Spring, MD 20902 Rockville, MD 20851

Hours: Monday-Friday: 9am-5pm; closed for 30 minutes at 12p, for lunch

Fees: Medicaid or Medicare. Uninsured patients will be accepted on a case by case

Services: basis, contingent to income.
Montgomery County residents only. Medication monitoring. Individual and group counseling for chronic mentally ill patients.

Spanish/Deaf: None.

Website: <http://www.thresholdservices.org/>

Mental Health - Virginia

Alexandria Mental Health Center / Community Services Board

Phone: (703) 746-3400
TTY: (703) 838-5054
Address: 720 N. St. Asaph Street
Alexandria, VA
Hours: Monday, Tuesday, Wednesday: 8am-9pm
Thursday & Friday: 8am-5:00pm
Fees: Depends on ability to pay
Services: Walk-in services available.
After hours walk-ins and telephone patients referred to emergency services. Therapy for individuals, group, and families. Psychiatric treatment also. Accepts clients of all ages.
Spanish/Deaf: Spanish counselors available; Deaf interpreters available

Dominion Psychiatric Treatment Center

Phone: (703) 536-2000
TTY: (703) 538-2872
Address: 2960 Sleepy Hollow Road
Falls Church, VA 22044
Hours: 24 hrs
Fees: Insurance, Ballpark figure of \$600
Services: In-patient child, adolescent, and adult psychiatric care. Specializes in abuse trauma recovery, eating disorders, dual diagnosis. Crisis intervention includes intake evaluation/ assessment, which is free. All types of groups: eating disorders, men's issue, parent support. Also has a partial hospitalization unit.
Spanish/Deaf: Spanish interpreters available. ASL interpreters can be arranged.

Fairfax County Community Services Board: Four Sites

Mount Vernon Center for Community Mental Health

Address: 8119 Holland Road
Alexandria, VA 22306
Phone: (703) 360-6910
Hotline 24 hrs (Victim Assistance Network): (703) 360-7273
TTY: (703) 799-8253
Spanish TTY (Springfield Community Health Center): (703) 451-1245
Hours: Monday, Wednesday, Friday: 8am-5pm
Tuesday & Thursday; 8am-9pm
Emergency services Monday-Friday: 9am-5pm or 24hrs: Cecil Woodburn Center (703) 573-5679.
Fees: sliding scale beginning at \$2 (based on income and services)
Services: Connected with the VAN network at the mental health center. Fairfax County residents ONLY. Provide dual diagnosis treatment. Offers out-patient counseling

Spanish/Deaf: of all types. In addition individual counseling there are support groups. Spanish speaking therapist available. Connected to the Springfield Community Health Center.

Northwest Center for Community Mental Health

Phone: (703) 481-4100
Intake Line (1st time callers): (703) 383-8500
Address: 1850 Cameron Glen Drive, Suite 600
Reston VA 20190
Hours: Monday: 8am-7pm
Tuesday: 8am-9pm
Wednesday: 8am-9pm
Thursday: 8am-9pm
Friday: 8am-5pm
Refer emergency clients to Woodburn Center
Fees: Sliding scale.
Services: Treats Fairfax County residents ONLY. Out-patient counseling for youth (5 and up) to adults (including geriatrics). Connected with abused women's shelter, emergency service. Offers crisis intervention and groups for sex offenders and domestic violence. Anger management group for abusers.
Spanish/Deaf: A few Spanish speaking counselors in every center.

John Marshall Family Institute

Phone: (703) 243-1050
Crisis Line: (703) 527 4077
Address: 2501 N. Glebe Road, Suite 202
Arlington VA 22207-3558
Hours: Monday–Friday by appointment only. Some evenings and Saturday hours.
Fees: Insurance. Individual \$80. Medicaid and Medicare are accepted. Sliding scale.
Services: Therapy for survivors of sexual assault. Individual and family counseling. They have a playroom for children and a psychiatrist who sees children, adolescents and adults.

Multicultural Clinical Centers

Phone: (703) 354-0000
Address: 6563 Edsall Road
Springfield, VA
Hours: Monday–Friday: 9am-5pm
Fees: Flat Fees: Individual, couple, and family (LISW): \$78
Services: Counseling, emphasizes importance of culture in crisis/therapy.
Languages: Sign language; Cambodian, Farsi, French, Hebrew, Indian, Korean, Portuguese, Spanish and Vietnamese.
Website: <http://www.mccva.com/>

Women’s Center, The – Vienna location

Phone: (703) 281-2657
Fax: (703) 242-1454
Address: *Administrative Building*
133 Park Street, N.E.

Vienna, VA 22180
Intake Building
127 Park Street, N.E.
Vienna, VA 22180

Hours: Monday-Thursday: 9am-8pm
Friday: 9am-5pm
Saturday: 9am-3pm

Services: Individual psychological counseling, on-going support and therapy groups, educational workshops, and career counseling. Support & therapy groups. Also legal services, financial services, and educational programs. Rolling admission; monthly fees for on-going therapy.

Website: www.thewomenscenter.org

MORNING-AFTER PILL

Overview

Emergency contraception (EC) can **prevent** pregnancy *after* unprotected vaginal intercourse. It is also called "morning-after" contraception, emergency birth control, or backup birth control. EC must be started up to 120 hours — five days — after unprotected intercourse to reduce the risk of pregnancy. The sooner it is started, the better. EC reduces the risk of pregnancy by 75-89 percent when the first dose is taken within 72 hours. EC contains hormones found in birth control pills and prevents pregnancy by stopping ovulation or fertilization. Theoretically, EC could also prevent implantation, but that has not been proven scientifically. **Plan B®** is a brand of hormone pills approved by the U.S. Food and Drug Administration (FDA) specifically for emergency contraception. Certain birth control pills may also be prescribed for use as emergency contraception. Some EC regimens use "combination pills" with estrogen and progestin — synthetic hormones like the ones a woman's body makes. Others, such as Plan B, are progestin-only. EC will not cause an abortion or affect an existing pregnancy. Still, a woman should not use emergency contraception if she is pregnant.

How does the "morning-after" pill work?

The morning-after pill prevents fertilization by creating an "inhospitable" environment in the uterus for the sperm. Ectopic pregnancy, or fertilization in the fallopian tube, is still possible because only implantation in the uterus itself is prevented by the morning-after pill.

Effectiveness

Progestin-only EC reduces the risk of pregnancy by 89 percent if started within 72 hours of unprotected intercourse. For example, eight out of 100 women will become pregnant after having unprotected sex once during the second or third week of their cycles. But only one woman out of 100 will become pregnant after taking progestin-only EC. Combination EC reduces the risk of pregnancy by 75 percent if started within 72 hours of unprotected intercourse. Only two out of 100 will become pregnant after taking combination EC. Emergency contraception is meant as backup birth control only. EC is not as effective as the correct and consistent use of reversible contraception the IUD, the shot, the pill, the patch, or the ring. EC does not continue to prevent pregnancy during the rest of the cycle. Other methods of birth control must be used. Emergency contraception offers no protection against sexually transmitted infections. You may want to consider testing for sexually transmitted infections if there is a possibility that unprotected sex put you at risk.

Getting EC

Plan B is now available over the counter for women 18 and older. Plan B and other forms of emergency contraception are also available by prescription for all women. Contact your local Planned Parenthood at 1-800-230-PLAN to get EC or to get a prescription for EC if you are younger than 18. You

may also get EC at your local pharmacy if you are older than 18. If you are younger than 18, you may want to ask your clinician for a prescription for EC before you need it. This will allow you to use EC in emergency situations without having to wait to get an appointment.

Emergency Contraception Hotline

Phone: 1-800-584-9911 or 1-888-NOT 2 LATE
24 hr. confidential hotline available in both English and Spanish.
The Hotline has a directory of over 1,800 family planning clinics, private doctors, and university health centers who will prescribe emergency contraception (the morning after pill).

Morning-After Pill – Hospitals – District of Columbia

George Washington University Hospital

Phone: (202) 715-4000
Address: 900 23rd Road NW
Washington, DC
Services: Provide exams, pills, pregnancy test
Fees: approx \$200

Morning-After Pill – Hospitals - Maryland

Prince George’s General Hospital (Domestic Violence and Sexual Assault Center)

Phone: (301) 618-3154 (Sexual Assault Center)
Address: 3001 Hospital Drive
Cheverly, MD
Services: Will give the morning-after pill free if reported assault and have evidence collected for a sex kit. Must have a negative pregnancy test.

Morning-After Pill – Hospitals - Virginia

Inova Alexandria Hospital

Phone: (703) 504-3066 Emergency Department
(703) 504-3000
Address: 4320 Seminary Road
Alexandria, Virginia 22304
Hours: 24-hour emergency room
Services: Some doctors will provide the morning after pill.
Website: www.inova.org

Virginia Hospital Center (formerly Arlington Hospital)

Phone: (703) 558-6161 Emergency Department
Address: 1701 N. George Mason Drive
Fairfax, VA
Hours: Emergency room is 24 hours.
Services: Provide morning-after pill for sexual assault cases. Some doctors will give morning-after pill in other cases (warranted or requested).
Fee: If police are involved, no fee (police pay). If police are not involved: emergency

Website: room fee.
www.virginiahospitalcenter.com

OFFENDER PROGRAMS

See also: *Support/Therapy Groups – Offender Groups.*

The DC Rape Crisis Center does not treat perpetrators; please refer them to the following:

Afro-American Counseling & Psychotherapy Institute

Phone: 202-723-0030

Alexandria Office on Women, Domestic Violence Program

Phone: (703) 838-4911

TTY- same number

Address: 421 King Street, Suite 400, Alexandria VA 22314

Hours: 24hrs

Fees: Free

Services: Open to Alexandria residents ONLY. Offers anger management group for offenders in battery cases. English and Spanish women's support group. Also have a 24-hour shelter.

Spanish/Deaf: ASL interpreters, and Spanish speaking social worker. Access over phone to all other languages.

Anger Management Techniques

Address: Rockville, MD

Phone: (301) 963-2473

Fees: Call office to inquire

Services: Dispute resolution, anger management training, counseling

Family Matters of Greater Washington

See entry in *Mental Health – District of Columbia*

Family Crisis Shelter, Inc. of Prince George's County

See entry in *Women's Shelters – Maryland.*

Fairfax County Victims Assistance Network

See entry in *Support/Therapy Groups – Offender Groups.*

Maryland Institute for Individuals and Family Therapy Ltd.

Address: 7307 Baltimore Ave., Suite 208 College Park, MD
11249 Lockwood Dr. Silver Spring, MD

Phone: (301) 277-3250

Hours: Monday - Friday 9:00a.m.- 5:00 p.m. Saturday 10:00 a.m. – 1:00 p.m.

Fees: Individual \$125-135, Groups \$100. Accept Medicare; Accept some other insurance

Services: Have several groups: adult sex offenders (male), survivors of incest, adolescent sex offenders. Individual counseling as well.
Can offer counseling for any outpatient mental health issues

Northwest Center for Community Mental Health

See entry in *Mental Health – Virginia.*

Child Protection Services

See entry in *Support/Therapy Groups – Adolescent Support Groups.*

Dickinson, Panson, McKall, Honald

See entry in *Children's Services – D.C. Child Counseling*.

Hotlines: CrisisLink, Access Helpline, Family Violence Prevention, Montgomery County Hotline

To receive immediate help:

CrisisLink Hotline	1-800-273-TALK
Montgomery Crisis Hotline	301-738-2255
Prince George's Co. Hotline	301-864-7161
Phone Friend Hotline (5-15 yrs.)	202-223-2244

OUT OF STATE RESOURCES

Alabama Coalition Against Rape

Phone: (334) 264-0123
Location: Montgomery, AL

Alaska Network on Domestic Violence & Sexual Assault (ANDVSA)

Phone: (907-586-3650
Location: Juneau, AK

Arizona Sexual Assault Network (AzSAN)

Phone: (480) 831-1986
Location: Phoenix, AZ

Arkansas Coalition Against Sexual Assault

Phone: (479) 527-0900
Location: Fayetteville, AR

CALCASA Rape Prevention Resource Center

Phone: (916) 446-2520
Location: Sacramento, CA

Colorado Coalition Against Sexual Assault

Phone: (303) 861-7033
Location: Denver, CO

Connecticut Sexual Assault Crisis Services (CONNSACS)

Phone: (860) 282-9881
Location: East Hartford, CT

Contact Delaware

Phone: (302) 761-9800
Location: Wilmington, DE

Florida Council Against Sexual Violence

Phone: (850) 297-2000
Location: Tallahassee, FL

Georgia Network to End Sexual Assault (GNESA)

Phone: (404) 815-5261
Location: Atlanta, GA

Guam Healing Arts Crisis Center

Phone: (671) 647-5351

Location: Tamuning, GU
Hawaii State Coalition for the Prevention of Sexual Assault
Phone: (808) 733-9038
Location: Honolulu, HI

Idaho Coalition Against Sexual & Domestic Violence (ICASDV)
Phone: (208) 384-0419
Location: Boise, ID

Illinois Coalition Against Sexual Assault (ICASA)
Phone: (217) 753-4117
Location: Springfield, IL

Indiana Coalition Against Sexual Assault
Phone: (317) 423-0233
Location: Indianapolis, IN

Iowa Coalition Against Sexual Assault
Phone: (515) 244-7424
Location: Des Moines, IA

Kansas Coalition Against Sexual & Domestic Violence
Phone: (785) 232-9784
Location: Topeka , KS

Kentucky Association of Sexual Assault Programs
Phone: (866) 375-2727
Location: Frankfort, KY

Louisiana Foundation Against Sexual Assault (LAFASA)
Phone: (985) 345-5995
Location: Hammond, LA

Maine Coalition Against Sexual Assault
Phone: (207) 626-0034
Location: Augusta, ME

Maryland Coalition Against Sexual Assault
Phone: (410) 974-4507
Location: Arnold, MD

Jane Doe Inc./MCASADV
Phone: (617) 248-0922
Location: Boston, MA

Michigan Coalition Against Domestic & Sexual Violence

Phone: (517) 347-7000
Location: Okemos, MI

Minnesota Coalition Against Sexual Assault

Phone: (651) 209-9993
Location: St. Paul, MN

Missouri Coalition Against Sexual Assault

Phone: (573) 636-8776
Location: Jefferson City, MO

Montana Coalition Against Domestic Violence and Sexual Assault

Phone: (406) 443-7794
Location: Helena, MT

Nebraska Domestic Violence/Sexual Assault Coalition

Phone: (402) 476-6256
Location: Montgomery, AL

Nevada Coalition Against Sexual Violence

Phone: (702) 990-3460
Location: Las Vegas, NV

New Hampshire Coalition Against Domestic & Sexual Violence

Phone: (603) 224-8893
Location: Concord, NH

New Jersey Coalition Against Sexual Assault

Phone: (609) 631-4450
Location: Trenton, NJ

New Mexico Coalition of Sexual Assault Programs

Phone: (505) 883-8020
Location: Albuquerque, NM

New York City Alliance Against Sexual Assault

Phone: (212) 229-0345
Location: New York, NY

New York State Coalition Against Sexual Assault

Phone: (518) 482-4222
Location: Albany, NY

North Carolina Coalition Against Sexual Assault

Phone: (888) 737-CASA (2272)
Location: Raleigh, NC

North Dakota Council on Abused Women's Services/CASAND

Phone: (701) 255-6240
Location: Bismarck, ND

Oklahoma Coalition Against Domestic Violence and Sexual Assault

Phone: (405) 524-0700
Location: Oklahoma City, OK

Oregon Coalition Against Domestic and Sexual Violence

Phone: (503) 230-1951
Location: Portland, OR

Pennsylvania Coalition Against Rape (PCAR)

Phone: (717) 728-9740
Location: Enola, PA

Day One (Rhode Island)

Phone: (401) 421-4100
Location: Providence, RI

South Carolina Coalition Against Domestic Violence & Sexual Assault

Phone: 1-800-260-9293
803-256-2900
Location: Columbia, SC

South Dakota Coalition Against Domestic Violence & Sexual Assault

Phone: (605) 945-0869
Location: Pierre, SD

Tennessee Coalition Against Domestic and Sexual Violence

Phone: (615) 386-9406
Location: Nashville, TN

Texas Association Against Sexual Assault

Phone: (512) 474-7190
Location: Austin, TX

Utah Coalition Against Sexual Assault

Phone: (801) 746-0404
Location: Salt Lake City, UT

Vermont Network Against Domestic Violence and Sexual Assault

Phone: (802) 223-1302

Location: Montpelier, VT

Virginia Sexual and Domestic Violence Action Alliance

Phone: (434) 979-9002

Location: Charlottesville, VA

Washington Coalition of Sexual Assault Programs

Phone: (360) 754-7583

Location: Olympia, WA

West Virginia Foundation for Rape Information and Services

Phone: (304) 366-9500

Location: Fairmont, WV

Wisconsin Coalition Against Sexual Assault

Phone: (608) 257-1516

Location: Madison, WI

Wyoming Coalition Against Domestic Violence & Sexual Assault

Phone: (307) 755-5481

Location: Laramie, WY

NOTE: If no information is found for the state you are looking for you may also refer to the RAINN (Rape, Abuse and Incest National Network) website where local Crisis Centers for their area may be found. Instruct them to Google: centers.rainn.org then click on “Local rape crisis centers/sexual assault...” then follow instructions (e.g. Pick a state or enter zip code)

PARK POLICE OF D.C., MARYLAND, AND VIRGINIA

Any assault which occurs on federal property should be reported to the DC Park Police. Assaults which occur on Maryland state property should be reported to Maryland Park Police and assaults which occur on Virginia state property should be reported to Virginia Park Police. All phone lines run 24 hours.

United States Parks

DC Park Police

Voice and TTY: (202) 610-7500
Address: 1100 Ohio Dr., SW
Washington, DC 20024

Maryland

Montgomery County Park Police

24 hrs: (301) 949-3010
TTY: (301) 942-1645
Address: 12751 Layhill Road
Silver Spring, MD 20906

Prince George's County Park Police

Phone: (301) 459-9088
Emergency: (301) 459-3232
Address: 6700 Riverdale Road
Riverdale, MD 20737

Virginia

Fairfax County Park Police

Phone: (703) 691-2131
TTY: (703) 204-2264
Address: 3911 Woodburn
Fairfax County, VA 22030

POLICE SEXUAL ASSAULT UNITS

District of Columbia

***If an emergency: CALL 911**

DC Sexual Assault Unit

Phone: (202) 727-3700

Address: 300 Indiana Ave., NW

***This number may also be used to be connected to the Children's Sexual Assault Unit.**

The Caller may also choose to:

If the report is for an **adult** call Police communications at **(202) 727-1010** and they will dispatch a beat cop who will talk to the survivor first and then contact a detective in the Sexual Assault Unit.

If the report is for a **child**: call DHS/CFS at **201-671-SAFE** if the child was assaulted by someone in their family or call police communications at **(202) 727-1010** if the child was assaulted by someone outside of their family.

Maryland

Prince George's County Sexual Assault Unit

Phone: (301) 772-4908

Address: 7600 Barlowe Road
Landover, MD

Virginia

Alexandria Police

24 hrs: (703) 838-4444

Address: 2003 Mill Road,
Alexandria, VA 22314

Arlington Special Victims Unit

Before 10p.m. weekdays: (703) 228-4138

Fairfax County Investigative Unit

Phone: (703) 838-4911

Police Communications: (703) 527-4077

Criminal Investigations: (703) 246-7800

Address: 4100 Chain Bridge Rd, Massey Building, 9th floor
Fairfax, VA

PREGNANCY ASSISTANCE

(These clinics do not provide ABORTIONS with the exception of some Planned Parenthood locations.)

Family Place, The

Phone: (202) 265-0149
Address: 3309 16th St NW
Hours: M-F 9 a.m. -5p.m.
Fees: Free
Services: Pre-natal classes for pregnant women and care for parents with children up to 5 years old. Domestic violence and parenting discussions. Referrals. Emergency food and clothing for those who qualify. Lunch (11:45 a.m. -12:30p.m.). Make an appointment for intake. No pregnancy testing.
Spanish/Deaf: Classes are Spanish literate. Offer ASL.
Website: www.thefamilyplacedc.org

Northwest Pregnancy Center

Pregnancy center: (202) 483-7008
Address: 2702 Ontario Rd NW
Washington, DC 20009
Hours: Monday, Tuesday, Thursday and Friday 9:00 a.m. -5:00p.m.
Wednesday- closed
Saturday -Call for appointment
Fees: Free
Services: Free pregnancy test, baby supplies, referrals for prenatal care, and long-term counseling. Maternity housing for homeless pregnant women and children (Must be clean and sober for at least 1 year, no police record). Must call for appointments and for interviews.
Intakes: Takes about a week and a half. Must obtain a doctor and police clearance.
Spanish/Deaf: Some Spanish is available.
Website: www.northwestcenter.net

Planned Parenthood – see also Abortion for other locations

Address: 370 S. Washington St., Falls Church, VA 22046
Phone: (703) 533-5651
Hours: Monday 9a.m.-5p.m., Tuesday 9a.m.- 5p.m., Wednesday 9a.m.- 5p.m., Thursday 9a.m.- 5p.m., Friday 9a.m.- 5 p.m. Saturday 9 a.m.- 3p.m.
Services: Pregnancy Testing; Counseling for pregnancy options; Need appointment for pregnancy options counseling; Serves everyone in the Metro area. Abortions.
Walk-in Hours: M, TH, Sat- 9:30-3:30; T- 10 a.m. -7p.m.; W- 12p.m.-3p.m.; F- 11 a.m. -3p.m.
Fees: Sliding Scale, Pregnancy Testing- \$7-\$18; Pregnancy options- \$18
Spanish: Yes
Website: www.ppmw.org

Planned Parenthood / Ophelia Egypt Center (Title X clinic)

Phone: (202) 388-4770
Address: 3937 Minnesota Ave. NE
Washington, DC 20009
Hours: Monday, Wednesday, Thursday and Friday 9a.m. – 5p.m.
Tuesday 9a.m.- 6p.m.
Fees: Sliding-scale. Medicaid accepted. Blue Cross/ Blue Shield accepted.
Services: Pregnancy testing and GYN care. HIV testing every other Wednesday.
Morning after pill available. Reproductive health care services. No abortions.
Spanish/Deaf: No/Yes (ASL Line)
Website: www.ppmw.org

Women's Services Center

Phone: (202) 698-3766
Address: Located in Building #13, D.C. General Hospital Campus
Hours: Medication: M-F 7:15 a.m. -11:30am; 1:30 p.m.- 2:30 p.m.
Weekends/Holidays: 7:15 a.m. - 10:15 a.m.
Clinic: 7 a.m. - 3:30 p.m.
Weekends/Holidays: 7 a.m. -11am
Fees: sliding scale
Services: For women who are 18 and older, D.C. residents, are pregnant or have small children, and are drug users who are within child-bearing ages. WSC offers: support groups, medical exams, counseling, multi-modality drug treatment and health care referrals.

PRIVATE THERAPISTS

(For a list of private therapists in the metro area please call the DC Rape Crisis Center business line (202) 232-0789 during business hours (M-F 9 a.m. – 5 p.m.)

Lamar Henderson

240-472-5209

Shobar Nayar

301-806-6506

Schwanna C. Qualls

202-413-6240

RAPE CRISIS CENTERS AND PROGRAMS

Rape Crisis Centers and Programs - District of Columbia

DC Rape Crisis Center

24 hr Hotline: (202) 333-RAPE
Business Line: (202) 232-0789
TTY(9 a.m. -5p.m.): (202) 328-1371
Address: PO Box 34125, Washington, DC 20043
Business Hours: 9:00 a.m. - 5:00 p.m., Counseling available 8 a.m. – 7 p.m.
Fees: No charge
Services: Individual and group counseling by trained therapists free of charge for adults and children. Child therapy involving cognitive-behavioral art therapy and play therapy is available. Crisis intervention and companion services by volunteers who can accompany client at hospital, police station, and through the judicial process FREE.
Spanish/Deaf: Spanish-speaking therapists and volunteers are available.

Rape Crisis Centers and Programs - Maryland

Anne Arundel County Sexual Assault Crisis Response Center

Hotline: (410) 222-RAPE
Address: 7493 Baltimore-Annapolis Blvd.
Glenburnie, MD 21061
Hours: All lines answered 24 hours a day.
Fees: Free
Services: They have a therapist on-call, individual and group counseling, and hospital advocacy. The serve all age groups, men and women. The center focuses on rape/sexual assault, child sexual abuse, secondary victims(family, etc), adult survivors of sexual abuse. Their therapy is anonymous and confidential. Also give referrals.
Spanish/Deaf: Would provide interpreter if needed.

Prince George's County Sexual Assault Center

Phone: (301) 618-3154
TTY: (301) 618-3607
Address: PG Hospital Center, 3001 Hospital Dr., Cheverly, MD
Hours: Monday-Thursday 8:00 a.m. -8:00p.m.; Friday 8:00a.m.-4:30p.m.; Saturday 8:00a.m.-4p.m. (someone will answer the phone, but no one is seen)
Fees: Free
Services: Individual, family and group therapy. Support groups. Provide medical exams for forensic evidence only if reporting to police. Companion services available at PG Hospital Center and volunteers sometimes available to meet with survivors in court. Accepts clients of all ages. 24hr hotline which is the same number as the business line.
Spanish/Deaf: Deaf Interpreter service and TTY but no ongoing counseling. Interpreters available for French, Spanish, Middle-Eastern and Asian dialects.

STTAR Center, The

24 hr Hotline: (410) 997-3292
Business: (410) 290-6432

Address: 9810 Patuxent Woods Drive, Suite C, Columbia, MD 21046
Hours: Monday- Thursday 10:00 a.m. -7:00p.m.
Friday 10:00a.m. - 2:00p.m.
Fees: Sliding scale to \$40 per session. Accepts insurance. If no insurance, sliding scale (\$0-\$90) based on income. Free intake.
Services: For victims of sexual crimes and child abuse. Services available to residents of Maryland. Howard County residents have priority. Follow-up counseling/psychotherapy by trained therapists for clients of all ages. Crisis intervention and companion services by volunteers who can accompany client to hospital, police station, and through the judicial process FREE. Legal accompaniment for children, adults, and families.
Spanish/Deaf: Some volunteers speak Spanish, but none of the therapists do. Would provide interpreter for the deaf.
Website: www.sttarcenter.org

Victim Assistance & Sexual Assault Program
(part of the Montgomery County Crisis Center)

Phone: (240) 777-1355
Hotline: (301) 315-4357
Fax: (240) 777-1329
TTY: (240) 777-1347
Address: 1301 Piccard Dr., Suite 4100
Rockville, MD 20850
Hours: (Business) Monday - Thursday 9 a.m. – 7 p.m.; Friday 9 a.m. – 5 p.m.
Counseling by appointment only.
Fees: Sliding scale; Depends on income.
Services: Available to residents/persons assaulted in Montgomery County ONLY. 6 months-1 year duration counseling and support groups available on a sliding scale. Will send a companion to hospital or police station to meet survivors. Accepts clients of all ages.
Spanish/Deaf: 2 ASL interpreters, 4 therapist and survivor assistants that speak Spanish and French. Interpreters provided if needed.

Rape Crisis Centers and Programs – Virginia

Arlington County Victims of Violence Program

Hotline: (703) 228-4848
Business: (703) 228-1515
TTY: (703) 228-5242
Address: 3033 Wilson Blvd., Arlington, VA 22205
Hours: 24 hr Hotline
Fees: Sliding scale for counseling. Victims Assistance services free.
Services: Services available primarily to Arlington County Residents. Group and Individual counseling. Companion services are available 24hrs. Accompany survivor to hospital and courts. Has periodic support groups call for list. Accepts clients 3 yrs and older.
Spanish/Deaf: 2 Spanish counselors available:
Dama Dasquez: (703) 228-4869, Mirtha Jones: (703) 228-4867

Loudon County Survivor Witness Program

Business: (703) 777-0417
Address: 18 East Market St.
Leesburg, VA 20176
Hours: 8:30am-5pm Monday-Friday
Fees: Free to victims of crime in Loudon County
Services: Refer counselors through referrals. Works with police. Companion program. Notifies witness of court date, prepares witness with information, restitution, and education on

procedure. **Accepts clients of all ages.** Crisis intervention, refer to more substance counseling, Courtroom advocacy (has a Sexual Assault case manager). Can be paged thru Sheriff's office.

Spanish/Deaf: Can refer persons to Spanish counselor on short notice. Sheriff's Department has a TTY.

Prince William County Sexual Assault Victims Advocacy Services (S.A.V.A.S)

Hotline: (703) 368-4141
Office: (703) 497-1192
TTY: (703) 368-6544
Address: PO Box 4783 Woodbridge, VA 22194
Hours: Monday-Friday 10 a.m. – 4 p.m. (business); 24 hours (hotline)
Fees: Free
Services: Available to all, but mostly PW County. Information and referrals. Support groups for adults molested as children, teens, parental support, rape survivors, and significant others of survivors. Men's support groups also. Free counseling as needed if no group available. Companion services to court and hospital. Accepts adolescents and adults. Also offers RAD classes (self-defense).

Spanish/Deaf: Spanish speaking advocates and counselors; no deaf services

Rappahannock Counsel Against Sexual Assault

Business: (540) 371-6771
Hotline: (540) 371-1666 (for after 5 p.m.)
Address: 2601 Princess Anne, Suite 104
Fredericksburg, VA 22401
Mailing Address: 2601 Princess Anne, Suite 102
Fredericksburg, VA 22401
Hours: Monday-Friday 9 am – 5 pm; 24 hr hotline
Fees: Free
Services: Available to all in Rappahannock area. Support groups for adult survivors, significant others of survivors, teens, male survivors, plus education workshops, and crisis intervention. Referrals. Companion program. Accepts clients 13 yrs and older (varies). They also have legal advocacy and hospital companionship.

Spanish/Deaf: Limited Spanish and Sign language (varies).

Sexual Assault Response and Awareness (SARA)

Phone: (703) 838-5030
Hotline: (703) 683-RAPE 24hrs
TTY: (703) 838-5053
Address: 421 King Street, Suite 400, Alexandria, VA 22314
Hours: Monday-Friday 8am -5pm
Fees: Suggested donations
Services: Services available to Alexandria residents and to victims assaulted in Alexandria. Support groups open to all VA residents, but first priority is to Alexandria residents. Have short-term individual counseling as well as support groups for adult survivors of Incest and Sexual Assault survivors and partners of survivors. 24hr Companion service to hospital and through court proceedings. Police available through hotline.

Spanish/Deaf: Spanish speaking staff and volunteers; TTY but no services for deaf

Virginia Sexual and Domestic Violence Action Alliance

Hotline: (703) 704-6355
Business: (703) 360-7273
TTY: (703) 799-8253
Address: 8119 Holland Rd., South County Bldg., Alexandria, VA 22306
Fees: Free
Services: Priority to Fairfax County residents. Individual counseling for up to 6 weeks.

Support groups for Sexual Assault survivors, domestic violence, and parents of children assaulted by a non-family member, sex. assault seminar for concerned men. Referrals for medical help, shelters, and legal assistance. Have companion services, but not always 24 hrs. Center has access to a women's shelter. Also will provide information and legal information to victims of stalkers.

Spanish/Deaf:

Spanish, French, Hindi, Korean, Nepali, Ugandan speaking counselors and male counselors available on request. TTY not directly connected with hotline.

RITUAL ABUSE

Ritual abuse is a brutal form of abuse. The focus of the abuse can be children, adolescents, and/or adults. It consists of physical, sexual, and psychological abuse involving the use of rituals (not necessarily satanic). The physical abuse is usually severe, sometimes including torture and killing. The sexual abuse is painful and humiliating. It is intended as a means of control over the survivor. The psychological abuse involves mind control techniques, sometimes mind altering drugs and ritual intimidation.

See **THERAPIST REFERRAL GUIDE IN DCRCC OFFICE (Anne Riley or Dr. Wilson)**

SELF-DEFENSE COURSES

Self-Defense Courses - D.C./Maryland/Virginia area

DC-IMPACT

Phone: (202) 328-1203
Address: 1716 Newton Street, NW Washington, DC 20010-1822 (18th & Newton St)
Office hours: Monday – Friday 12-5pm
Class locations: Varies - facilities in DC, MD, and VA
Classes: a) 1-session basic workshop (offered 8-10 times per year.)
*Co-ed, though usually predominantly female.
b) Full-length self-defense course 25 hrs. Single sex.
Fees: \$49 for option A, \$595 for option B (discounts available)
Website: <http://www.dcimpact.org/>
Email: Info@dcimpact.org

Langelan & Associates

A group or organization that wants a training class should call Marty Langelan at 301-654-0176.

Self-Defense Courses - District of Columbia

DC Self-Defense Karate Association

(The DCRCC works a great deal with them through the year.)

Phone: (202) 328-1203
Address: 1716 Newton Street
Washington, DC 20010
Hours: Monday- Friday 12-5pm
Website: <http://www.dcsdka.org/>

Sexual Assault Awareness Month (SAAM)

DCRCC-coordinated program offers workshops in April.

Universal Martial Arts Center

Phone: (202) 387-8622 cell phone number
Fax: (202) 387-1797

Address: 716 Georgia Ave NW
Phone: (301) 585-8622
Fax: (301) 585-8620
Address: 8120 Georgia Avenue
Silver Spring, MD 20910
Classes: Ongoing, coed
Hours: Monday - Friday, 7 am - 9:30 pm
Fee: Rates vary, but willing to offer free courses to survivors of domestic Violence
Web: www.universalmartialartscenter.com
Email: info@universalmartialartscenter.com

Self-Defense Courses - Virginia

Jeff Smith Karate

Phone: (703) 450-4422
Address: 21800 Town Center Plaza Suite #263
Sterling, VA 20164
Classes: Offers 3-session courses every other month (both single-sex and coed).
Fee: Trial classes for \$10
Website: <http://www.jeffsmithkarate.com>
Email: wcjskarate@aol.com

Self-Defense Courses - Maryland

Black Belt University

Voice mail: (301) 736-7616
Leave name and number
Address: 7823 Suite G, Parsons Dr., Forestville, MD 20747
9407 Darcy Road, Upper Marlboro, MD 20772
Classes: A) 4-week course (four 50 minute sessions). Single-sex or coed.
B) Key chain self-defense seminar (1 day, 3 hours). Single-sex or coed.
Fee: \$65 (only if referred by DCRCC, otherwise *much* more expensive)

Wu Shen Tao

Phone: (301) 270-0665
Address: P.O. Box 5927
Takoma Park, MD 20913
Services: Group and private instructional courses for adults and children in different forms of martial arts. Ongoing co-ed courses in defense at \$85/month. Also offers quarterly group workshops in women's self-defense (5- and 10- hour courses) at \$20/hour.
Web: <http://www.wushentao.com/>
Email: wushen@wushentao.com

SEX TRADE (PROSTITUTION) ASSISTANCE

Children of the Night

Hotline: 1-800-551-1300
Business: (818) 908-4474
Address: 14530 Sylvan Street
Van Nuys, California 91411
Services: 24-hour hotline for women and children involved in prostitution, but will deal with most everything else too. Give referrals and information. Located in CA.

Helping Individual Prostitutes Survive (HIPS)

Business: (202) 232-8150
Hotline: 1-800-676-HIPS
Address: 1309 Rhode Island Avenue, NE, #2B
Washington, DC 20018
Outreach Director: Katie Aldworth
Client Advocate: Gigi Thomas
Hours: 10 a.m. – 6 p.m. business; 24 hr hotline
Services: 24-hour help for female prostitutes, male and transgendered sex workers of all ages. Also have a van services 10p.m.-5am Fridays and Saturdays and 10p.m.-1am Thursdays to do crisis intervention, education and support. H.I.P.S. offers immediate shelter, counseling, temporary housing, food and clothing, peer education and support groups for male and transgendered sex workers. Also provide referrals.
Spanish/Deaf: No
Website: www.hips.org

Polaris Project

Hotline: 1-888-3737-888 (24 hr)
Business: (202) 745-0008
Hours: 9 a.m. – 5 p.m. business; 24-hr hotline
Address: P.O. Box 77892; Washington, DC 20013
Services: 24-hour help for victims of all forms of human trafficking, including sex and labor trafficking. Polaris provides comprehensive case management services, counseling, support groups, and a daily drop-in center. Crisis Response/Emergency Services available. Polaris Project works with people of all ages.
Spanish/Deaf: Yes/No
Website: www.polarisproject.org

SEXUALLY TRANSMITTED INFECTIONS (STI) CLINICS

See also: AIDS/HIV, Medical Clinics

Bread for the City (Northwest Center)

Phone: (202) 265-2400
Address: 1525 7th St. NW
Hours: M-F 9 a.m. -4p.m.
Fees: Free.
Services: Must be a DC resident. GYN by appointment only. Food, social agencies, legal agencies, general medicine and STI testing.
Spanish/Deaf: Spanish; interpreters for deaf clients
Website: www.breadforthecity.org

Center for Disease Control (CDC) National Prevention Information Line

(National STI Hotline)

Phone: 1-800-232-4436
Hours: M-F 8 a.m. -11p.m.
Website: <http://www.cdc.gov/STI/>

Planned Parenthood

Phone: (202) 347-8512
Address: 1108 16th St. NW
Washington, DC 20036:
Hours: Monday-Friday 9:00a.m.- 5:00p.m. Saturday 9:00a.m.-2:00p.m.
Clinic: Monday-Wednesday, Friday 9:00a.m.-4:30p.m. Thursday 8:30a.m.-4:30p.m.
Saturday 9:00a.m.-2:00p.m.

Phone: (202) 388-4770
Address: 3937 Minnesota Ave, NE 20019:
Phone & Clinic: Monday- Friday 9 :00a.m.- 5 :00p.m. Saturday 10 :00a.m.-2 :00p.m.

Phone : (703) 533-5651
Address: 370 S. Washington St., Ste 300
Falls Church, VA 22046:
Phone: Monday-Friday 9:00a.m. -5:00p.m. Saturday 9:00a.m. -3:00p.m.
Clinic: Monday, Thursday, Friday, Saturday 9:00a.m.-5:00p.m. Tuesday 9:00a.m.-8:00p.m. Wednesday 12:00p.m.-6:00p.m.
1400 Spring St. Suite 450, Silver Spring, MD 20910:

Phone: (301) 608-3448
Address: 1400 Spring St. Suite 450
Silver Springs, MD 20910
Phone: Monday- Friday: 9:00a.m.- 5:00p.m. Saturday 10:00a.m.-2:00p.m.
Clinic: Monday 9:00a.m.-6:00p.m. Tuesday- Thursday 9:00a.m.-4:00p.m.
Saturday 8:30a.m.-1:00p.m.
Fees: depends and payment is expected at time of service
Services: Physical exam including pap smear for established patients. \$95-100 based on income.
Spanish/Deaf: Spanish. Will arrange for deaf interpreters.

SE STI Clinic

Phone: (202) 698-4070

Address: 19th St. & Massachusetts, SE (building 8 at D.C. General)
Hours: Mon - Friday 8am-3pm: First come, first served but will serve everyone
Fees: Free
Services: HIV and any STI testing. Hepatitis A & B vaccination.
Spanish/Deaf: No- must bring an interpreter.
Website: <http://dchealth.gov>

SHELTERS

Shelter Hotline 1-800-535-7252

For shelter referrals, outreach and transportation services to homeless persons in the D.C. area

Shelters for Women

Women's Shelters - District of Columbia

Calvary Women's Services

Phone: (202) 289-2111
Address: 928 5th St. NW
Hours: Business: 9 a.m. – 5 p.m.
Shelter: M-Sat 5 p.m. – 8 am, Sun 24 hrs. (residents)
Residents: 25
Services: Serve dinner to residents at 6 p.m. every day. Life skills program for 8 weeks. Various support groups 7 days a week. Provides tokens for transportation; limited storage space; access to phone and laundry. Case management, A.A. and N.A. meetings.
Eligibility: Single, adult homeless women. Must be 18 years or older and have a referral (DV victim, eviction papers, etc.) Call for intake info. Wait-list of 10 people. Women must go to shelter to put name on the wait-list at 7 p.m. – 8 p.m. Everyday after that they must call the office from 10 a.m. – 2 p.m. to keep their name on the list. If they fail to call, they lose their spot on the waiting list. Also, not handicapped-accessible. Must be able to climb stairs and do light chores.
Spanish/Deaf: No Spanish or deaf
Website: www.calvaryservices.org

Catholic Charities

New York Avenue HAC

Phone: (202) 772-4300
Address: 1355-57 New York Ave, NE
Washington, DC 20002
Hours: Business: 7am-7pm for clients
Shelter: 24/7
Residents: 360
Eligibility: Homeless men who are 18 or older

John Young Center at the Federal City Center

Phone: (202) 639-8469
Address: 119 D Street, NW

Washington, DC 20001
Hours: 7pm-7am
Residents: 80-100
Eligibility: single adult women who are 18 or older who are homeless

Harriet Tubman Women's Shelter

Phone: (202) 547-1924
Address: 1900 Massachusetts Ave SE
Washington, DC 20003
Hours: 7p-7a
Eligibility: homeless women

Hermano Pedro Day Shelter

Phone: (202) 246-6643
Address: Sacred Heart Parish, 3211 Pine Street, NW
Washington, DC 20010
Hours: M-F 7:30 am - 4:00 pm
Eligibility: Homeless and other low-income men and women
Services: Serves breakfast and lunch, showers, laundry and clothing. Bilingual social services and group therapy.

DC General Hypothermia Shelter

Phone: 1-800-535-7252
Hours: 7pm-7am daily
Residents: 75
Eligibility: homeless

Coalition for the Homeless

Phone: (202) 347-8870
Address: 1234 Massachusetts Ave., NW, Suite C-1015
Washington, DC 20005
Hours: M-F 9am-5pm
Services: residential transitional housing, emergency shelter, substance abuse counseling, employment services, bilingual staff (Spanish, English)

Community for Creative Non-Violence (CCNV)

Phone: (202) 393-1909
(202) 393-4409
Fax: (202) 783-3254
Hours: 24 hrs-doors closed from midnight to 5:30 am. Opens once every half hour.
Number of Residents: 150 women, 900 men (approx.)
Services: Permanent 24-hour shelter for adult women and men.
Eligibility: Adult women and men. Intake for women stops at 9 p.m. Intake for men under 50 is on Sundays at 6 a.m. Intake for men over 50 is 24 hours. Drug-free (no alcohol or drugs allowed in building).
Admission Process: Intakes daily at 9am with a picture ID. Allowed to stay up to 6 months.
Allowed to stay up to 2 weeks without a picture ID.
Spanish/Deaf: No Spanish or deaf
Website: <http://users.erols.com/ccnv>
Phone: (202) 393-1909
Address: 425 2nd St., NW, WDC, 20001
Hours: Office M-S 9-5p.m.; Shelter 24hrs, 7 days a week.
Number of Residents: 1350 (150 women)
Services: Medical services and HIV testing. Clean and sober department. Infirmary unit. Men only.
Eligibility: Permanent 24 hr shelter for adults. Stay approx. 6 months.
Admission Process: Men on sundays at 6am. Elderly (over 50), women and handicapped on a daily basis – call ahead of time.

Dwelling Place for Abused Elderly

Phone: (202) 583-7602
Address: 2812 Pennsylvania, SE
Washington, DC 20020
Hours: 24/7
Residents: 7
Services: temporary shelter with social services, clothing, medical and dental services, housing assistance, counseling, crisis intervention, transportation and educational services
Eligibility: must be 60 years or older, be a DC resident and able to use steps. Referrals and proof of residency required. By appointment only.

Courtney's House

Phone: (202) 276-4487
Address: Opening soon
Hours: 24/7
Residents: 10
Services: long-term shelter for sex trafficked girls between the ages of 11 and 17 years

Community of Hope

Phone: (202) 232-7356
(202) 724-4208 (Central Intake Office)
Address: 2250 Champlaign Street, NW, Washington, DC 20009
Hours: M-W 9 a.m. - 5p.m.; Th 1- 8p.m.; F 9 a.m. – 12 p.m.
Intake: Families (small families only). Referrals done through
Services: Case management, housing aid, and substance abuse.
Website: www.communityofhopedc.org
Email: info@communityofhopedc.org

House of Ruth Homeless Shelter

Phone: (202) 667-7001
Address: S Thomas Circle, NW
Hours: Open 24 hrs
No. of Residents: 64
Eligibility: Adult homeless women. Length of stay based on individual situation. Emergency Shelter.
Admission: Walk-in first come, first served at 4:30 p.m.. Case workers must call for eligibility before sending a client.
Services: Breakfast, case workers, etc. Can give references to other programs such as Mother's Program, Unity Inn, and Battered Women's shelter. Counseling and support groups for women staying in the shelter. Dinner is served from 4:30-5p.m.. Empowerment Center is open 9-3:30 M-F. The activities there include field trips, arts and crafts and movies. Provide meals, health clinic on site, day program, therapeutic activities, and services.
Website: www.houseofruth.org

Mt. Carmel

***not an emergency shelter**

Phone: (202) 289-6315
Address: 471 G Place NW
Hours: 24 hours
Number of Residents: 20
Eligibility: 25 and older biological women in transition. Must be clean and sober. Must be referred to case manager if not an emergency. Social workers available to help women. Substance abuse counselor available. Can stay up to 90 days.

Admission Process: Intake by interview (2).

Spanish/Deaf: None.

My Sister's Place

Phone: (202) 529-5261

Hotline: (202) 529-5991

Address: P.O. Box 29596, Washington, DC 20017

Hours: 24 hrs

Number of Residents: 24 women

Eligibility: Battered women and children, sons to age 12. Must be clean and sober.

Admission Process: Intake over phone on hotline.

Services: Emergency shelter. Assist women with finding jobs, apartments, anything they would need to get back on their feet. Will help with getting kids to school, finding daycare etc. Also has a counseling center.

Spanish/Deaf: Spanish, ASL interpreters provided - varies.

Website: www.mysistersplacedc.org

Open Doors Shelter for Women

Phone: (202) 639-8093

Case Management Office: (202) 408-9584

Address: 425 2nd Street, NW
Washington, DC 20001

Hours: 24 hrs

Residents: 108

Services: 18 24-hour beds with case management for women

Website: <http://www.newhopeministriesdc.org/id3.html>

Virginia Williams Family Resource Center

Phone: (202) 526-0017

Address: 920 A Rhode Island Avenue, NE

Hours: Monday-Friday 8:15 a.m. -4:45p.m.

Services: Must come FIRST thing in the morning for central intake facility for DC families seeking shelter. Employment, training and placement offered. Social services available.

Eligibility: Need ID, SS# and a letter explaining living circumstances.

Spanish/Deaf: Spanish and interpreters for deaf

BETHANY CENTER does all intakes for Luther Place, Harriet Tubman, Sarah House, and Anna Center. To enter any of these program you must go through

Bethany Center first.

Bethany Day Center

Phone: (202) 939-2076
Fax: (202) 319-1508
Address: 1333 N St., NW
Washington, DC 20005
Hours: Monday-Friday 7:30 am– 4pm, Sat-Sun & Holidays 9am-4pm
Eligibility: Adult women. Day program which provides support groups. RAP group and teen support group. Also have a women’s Substance abuse issues group: 3 meetings a week at the church across the street. Also provide lunch, counseling, and case management.
Web: <http://www.nstreetvillage.org/>
Email: info@nstreetvillage.org

Referrals for Anna Center, Harriet Tubman, Luther Place, and Sarah House.

Luther Place Night Shelter

Phone: (202) 387-5464
Address: 1333 N St, NW
Hours: M-F 4p.m.-7:30am, Sat-Sun 4p.m.-9am
Number of Residents: 31
Eligibility: Adult single, homeless women. To get into the night shelter the woman must have a recent physical exam (the center can help set that up). If the woman is in recovery from substance abuse she must be in a program; if the woman has mental health issues, she is not required to see a psychiatrist, decisions made on a case by case basis. TB test must be done within two weeks prior to intake. Can get one M-F 10 a.m. -12p.m..
Admission: Must call **Bethany Center (202) 939-2060** before 3p.m. for intake. Must also go to Bethany in person after call.
Services: Include dinner, which is served from 7 - 7:30 p.m. and breakfast on the weekends at 7 a.m. and on weekdays 6 – 7 a.m. at the center across the street.
Spanish/Deaf: None

Women’s Shelters - Maryland

Bethesda House

Phone: (301) 907-9597
Address: 4848 Cordell Avenue
Bethesda, MD 20814
Hours: 24/7
Services: shelter, 3 meals, case management
Eligibility: referrals required from Montgomery County Government, ID and proof of residency required

Community Ministry of Prince George’s County

Phone: (301) 499-2319
Address: 311 68th Place

Seat Pleasant, MD 20743
Hours: 8:30am- 5pm M-F
Services: community place café, smoking cessation and community base smoking prevention, community base anti-gang prevention, wheelchair accessible
Eligibility: homeless, low income residents of Prince George's County

Family Crisis Shelter, Inc. of Prince George's County

Address: 3601 Taylor St., Brentwood, MD 20722
Office Number: (301) 779-2100
Office Hours: Monday-Friday 8:30a.m.-5:00p.m.
Group Hours: Monday-Wednesday & Friday 8:30a.m.-9:00p.m. Thursday 8:30a.m.-7:00p.m.
Hotline: (301) 731-1203 -24 hours
Fax: (301) 779-2104

Montgomery County Crisis Center

Phone: (240) 777-4000 (Administrative line for 9 a.m.-5p.m.)
TTY: (240) 777-4815
Address: 1301 Piccard Drive, Rockville, MD 20850
24 hr Hotline (7 days): (240) 777-4000
24 hr Sexual Assault Services/Crisis Line: (240) 777-4000
Mobile Crisis Team (Daily 12p.m.-midnight): (240) 777-4000
Sexual Assault Programs-Admin Line: (240) 777-1355
Abused Person's Programs/Intakes (9-5): (240) 777-4195
24 hr Abused Person's Programs/Crisis Line: (240) 777-4673
Hours: 24 hrs
Fees: Sliding scale. First visit is free.
Services: First visit anyone, continuing services for Montgomery County residents ONLY. Crisis line and walk-in services. Counseling, legal advice (need appointment), assessment and referrals for abused persons, sexual assault services and companion services (need appointment), emergency shelter for abused women. Also have abused person's program. Referral services available. Crisis intervention. Outreach for stress debriefing. For traumatic incidents outreach to community.
Spanish/Deaf: Spanish speaking therapist on staff. Have access to ASL interpreters.

Stepping Stones Shelter

Phone: (301) 251-0567
Address: P.O. Box 712
Rockville, MD 20848
Hours: 9am-5pm M-F
Services: food, clothing, case management
Eligibility: women or men with children
Website: www.steppingstonesshelter.org

Women's Shelters - Virginia

Alexandria Battered Women's Shelter

Phone: (703) 838-4911

Alexandria Office on Women

Phone: (703) 838-5030

24 hr. Hotline: (703) 683-RAPE Sexual Assault Hotline
(703) 838-4911 Domestic Violence Hotline
Address: 421 King Street Suite 400, Alexandria, VA 22314
Hours: 8:30-5p.m. (office)
Number of Residents: 14
Eligibility: For Alexandria Residents only. Domestic Violence Program and Shelter for battered women and children (boys under 14 or through 17 on case by case basis). Maximum stay: 28 days.
Admission Process: Intake over phone.
Spanish/Deaf: Counseling and support groups available for Hispanic women and abusers. The Domestic Crisis Line has access to Spanish interpreters.
Website: ci.alexandria.va.us/oow

ALIVE! House

Phone: (703) 684-1430
Address: 125 South Payne Street
Alexandria, VA 22314
Hours: 24/7 (services), 9am-5pm (business hrs)
Services: emergency shelter, handicap accessible
Eligibility: serves women and families only (no single men). No walk-ins.

Arlington Safe House for Battered Women and Children

Phone: (703) 237-0881

Bethany House for Battered Spouses

Phone: (703) 658-9500
Fax: (703) 658-9522
Address: 6121 Lincolnia Road, Suite 303, Alexandria, VA 22312
Hours: M-F 9 a.m. -5:30p.m. (office)
Number of Residents: 45
Eligibility: Battered women and their children (girls up to 16 years old and boys up to 12 years old).
Services: Provide long-term housing (4-6 months max. stay), counseling, support groups, etc.
Intake: Must call Administrative office for an interview.
Spanish/Deaf: No services available.
Website: www.bhmv.org

Fairfax County Women's Shelter

Business and Hotline: (703) 435-4940
TTY: (703) 435-1235
Fax: (703) 435-4940
Mailing Address: 1850 Cameron Glen Drive, Suite 600, Reston, VA 20190
Hours: 24hrs.
Number of Residents: 17
Eligibility: Battered women and their children. Maximum stay is 21 days. Residents or those that live or work in Fairfax County only. Exceptions depending on space and circumstances.
Admission Process: Must call for telephone screening. Information is confidential.
Additional Services: Individual and group counseling is required by residents.
Spanish/Deaf: Translators and language lines as needed

Volunteers of American Chesapeake, Inc.

Phone: (703) 820-7623
Address: Baileys Crossroads Community Shelter
3525 Moncure Avenue
Falls Church, VA 22041
Hours: 24/7
Residents: 50
Services: 24 hour shelter with meals, social services, clothing, public health nurse, mental health counseling, substance abuse counseling, adult education classes, aftercare program
Eligibility: referrals may be required, call for bed availability, single adults (18+)

Teen Shelters - District of Columbia

*As a general rule, parents or guardians will be contacted if the stay is longer than 24 hours.

Girls and Boys Town of Washington

Phone: (202) 832-7343
National Hotline: 1-800-448-3000
Address: 4801 Sargent Road, NE
Washington, DC 20017
Hours: M-F 8:30am-5:30pm
Residents: 16, wheelchair accessible
Eligibility: boys and girls ages 9-18
Website: www.boystownwashingtondc.org

Sasha Bruce House

Business: (202) 546-4900
Hotline: (202) 547-7777
Shelter: 1022 Maryland Ave, NE DC
Address: 741 8th Street SE, Washington, DC
Hours: 24hrs
Number of Residents: 15
Eligibility: **Will accept MD, VA and DC residents.** Co-ed teen facility for ages 12-17. Parents are contacted within 72 hours. Maximum stay is 2 weeks (but can be prolonged if necessary).
Admission Process: Walk-in or over the phone. Need parental consent and always require family to participate.
Spanish/Deaf: Access to both Spanish and ASL interpreters.
Website: www.sashabruce.org
Email: gjohnson@sashabruce.org

Teen Shelters - Maryland

Hearts and Homes for Youth, Inc.

Phone: (301) 589-8444
Address: 1320 Fenwick Lane, Suite 800, Silver Spring, MD
Hours: Monday-Friday 9a-5p
Services: Education, Residential, mental health and independent living programs. Crisis shelter and long-term residential housing for teens ages 13-18. Therapeutic foster care for children from birth-age 21. Independent living care for older teens. Therapeutic group home for children ages 8-12 and 13-17.
Website: www.hh4y.org

Teen Shelters - Virginia

Alternative House

Phone: (703) 356-6360
1-800-SAY TEEN

Address: 2100 Gallows Rd, Vienna VA 22182

Hours: 24hrs

Number of Residents: 8

Eligibility: Accepts Metro area residents. 13-17 years (18 spec. circumstances) Co-ed teen shelter. Maximum stay is 2 weeks. Offers individual, group, and family counseling. In case of abuse, CPS is contacted. Otherwise parents contacted for permission to stay.

Admission Process: Over-the-phone and in-person intake.

Other Services: Provides recreational activities and outings. Referrals to foster homes and the Keller Center for substance abuse. Also walk-in counseling (no walk-ins for the shelter).

Spanish/Deaf: No services Available

Website: www.thealternativehouse.org

Assisting Young Mothers (AYM)

Phone: (703) 280-2162

Address: 2710 Elsmore Street
Fairfax, VA 22031

Services: 18-month transitional living, group home provides food, shelter, counseling, support.

Eligibility: women 18-21 and their children, must be pregnant and parenting mothers (children must be 4 or younger), women must work or attend school

SHELTERS FOR THE HOMELESS

*See also: Health Care for the Homeless

Main S.O.M.E.

*central office for all S.O.M.E. shelters

Phone: (202) 797-8806

Address: 71 O St NW
Washington, DC 20001-1290

Hours: Monday - Friday 8:00-4:00pm
Monday - Friday 8-5pm (clinic)

Eligibility: Low-income or homeless individuals and families.

Intake: Walk-in

Services: Housing for families in need. Breakfast served from 7:30 to 8:30am and lunch from 11:30-1p.m.. Main Some also has a medical clinic, a dental office, clothing and shower rooms, a center for employment training and social services. Substance abuse treatment, both in- and out-patient.

SOME Anna Cooper House

Phone: (202) 328-6644

Address: 1338 R St. NW DC 20009-6644

Services: 50 rooms of temporary, long-term housing. All housing is drug and alcohol free.

Both Jeremiah and Anna Cooper houses are subsidized by HUD, tenants pay 30% of their income for rent.

Intakes: Terina Williams -- (202) 328-6644

SOME Dwelling Place

Main Office: (202) 582-7138
Shelter: (202) 583-7602
Address: 2812 Pennsylvania Ave. SE DC 20020-7138
Hours: Shelter is open 24 hours
Senior Center hours - M-F 10-2p.m.
Services: Senior Center is a day program for senior citizens over 60, living in the community. Provides social work services, counseling, meals, health education services, recreation and transportation.
Intake: walk-in
Contact: Senior Center—**Edwinta Jenkins**
Shelter—**David Lamason**

*The Shelter is for abused elderly over 60. It is a transitional shelter for 7 senior citizens who have been battered, neglected or psychologically abused. Max. stay is 90 days or until housing is found. Intake for shelter by referral, contact David Lamason

SOME Harvest House

Phone: (202) 292-4403
Address: 1307 1st Street, NW, Washington, DC 20001
Hours: 24 hr. Program.
Office Hours: M-F 8:30 a.m. -4:30 p.m.
Number of Residents: 12
Services: The Harvest House is a transitional place for women who have completed the 90 day in-patient program for drug abuse. The home stresses recovery first and then employment. The stay is 4 months.
Intake: Referrals only.
Contact: **Program coordinator or Addictions counselor.**

SOME Jeremiah House

Phone: (202) 292-4401
Address: #2 18th St. SE DC 20003-1605
Services: Housing for single adults (Sub., Section 8)
Intakes: Over the telephone as well as a follow-up interview.

SOME Jordan House

Phone: (202) 526-8491
Address: 1509 North Capitol Street, NE
Washington, DC 20002
Fax: (202) 526-0564
Hours: 24 hr. program
Services: Residential treatment program for DC residents experiencing psychiatric crises.

SOME Shalom House

Phone: (202) 832-3451
Address: 1876 4th St. NE DC 20002-1575
Services: Residence for 93 formerly homeless men and women, including the elderly and the disabled. Must be capable of independent living. Must pay rent with a stable income. Must be clean and sober for at least 6 months.
Intakes: Pre-screening over the phone and interview needed.
Contact: James Edelin and Deena Bubrich

SOME Thea Bowman House

Phone: (202) 292-4485
Address: 4065 Minnesota Avenue, NE DC 20019-3503
Services: Offers transitional (max. 2 years), affordable housing to formerly homeless families only. Must have had 6 months of treatment if an (former) addict. Low income housing for families in transition or in a documented housing crisis. Rent is 30% of net income.
Intake: Contact coordinator: Portia M-Laws, 8:30 a.m. -4:30p.m.

Other Homeless Shelters

Isaiah House

Phone: (202) 797-8806 extension: 269
Address: 75 Hanover Place NW DC
Hours: M-F 8 a.m. -4p.m.
Services: For Men and Women. This is a therapeutic day program for homeless people who are mentally ill. Offers social work services, counseling, educational programs, and recreation. Socializing program.

Unity Health Care Medical Clinic and Social Work Department (CCNV Social Work Office)

Phone: (202) 393-2290
Hours: 24 hours
Services: Provides social workers and counseling to women and men

SOUTH ASIAN WOMEN SERVICES

Therapy and Mental Health

CHAI (Counselors Helping South Asians/Indians, INC.)

Phone: (443) 615-1355
Services: CHAI is a non profit organization that provides information and referrals to the South Asian community for therapy as well as outreach materials on mental health in the Baltimore/Washington metropolitan area.
Website: www.chaicounselors.org/

SPANISH SERVICES

Spanish Services - AIDS Services

Center for Disease Control (CDC) AIDS Line

Phone: 1-800-344-7432
Hours: 24/7

National AIDS (& STI) Information Clearing House

Hours: Phone: 1-800-344-7432
7 days; 8a-2a

Services: Referrals, information on treatment and clinical trials.

Prevention Information Network

Phone: 1-800-458-5231

Hours: M-F: 9 a.m. -8p.m.

Services: Referrals, information on treatment & clinical trials.

Spanish Services - Child Care

Barbara Chambers Day Care Center

Phone: (202) 387-6755

(202)387-0214

Address: 1470 Irving St. NW. Washington, DC 20010

Hours: M-F 7 a.m. -6p.m.

Fees: \$125 per week/ \$500 per month

Services: Day care for children ages 2 ½-5 yrs. Also for children 5-14 before and after school hours. There are 31 slots available through the Department of Human Services- these slots are available on a sliding scale. 3 meals free. Non-traditional child care 6m-10p.m. Mon-Fri.

Website: www.barbarachambers.org

Family Place, The

(for pregnant women and parents with children under 3).

Phone: (202) 265-0149

Address: 3309 16th St. NW Washington, DC 20010

Hours: M-F: 8:30 a.m. -5p.m.

Fees: Free

Services: For pregnant women and parents with children under 3. Family support services, domestic violence, pre-natal classes, and parenting discussions. Also do referrals. Serve lunch from 12-1 p.m. Intakes are done when they come in for the first time.

Website: www.thefamilyplacedc.org

GAP (Centro de Cuidado Infantil)

Phone: (202) 462-3636

Address: 3636 16th St. NW. Suite A-131. Washington, DC 20010

Hours: 7 a.m. -6p.m.

Fees: \$240/week for children up to age 2yrs.
\$210/week for children 2-4yrs. Accept DHS contracts and vouchers.

Services: Day care for children 6 wks to 4 yrs.

Website: www.gapccc.org

Latin American Youth Center

Phone: (202) 319-2225

Address: 1419 Columbia Rd., NW. Washington, DC 20009

Hours: 8 a.m. -8p.m., Teen Center, M-F, Saturday 10am-5pm

Fees: Free

Services: After school programs for youth 7-21. English classes, computer classes, AmeriCorps, job placement, and clerical training. Social services, program for teen mothers. Transitional living program for boys.

Website: www.layc-dc.org

Mary's Center for Maternal and Child Care

Main Phone: 202-483-8196
Phone: (202) 483-8196
Fax: (202) 797-2628
Address: 2333 Ontario Rd, NW Washington, D.C. 20009
508 Kennedy Street, N.W. Washington, D.C. 20011
Hours: M-F 8:30-5p.m., call for appointment
Fees: sliding scale, accept Medicaid.
Services: Pediatrics, prenatal care. Women's health and teenage program. Social workers.
Also offer parenting classes, family literacy programs and STI prevention.
Website: www.maryscenter.org
Email: info@maryscenter.org

Rosemount Center

Phone: (202) 265-9885
Fax: (202) 265-2636
Address: 2000 Rosemont Ave. NW, Washington, DC 20010
Hours: M-F 7:30 a.m. -6:00p.m.
Fees: sliding scale
Services: Infant, toddler, and preschool programs. Therapeutic nursery, and case management. Daycare.
Intakes: Through social services.
Website: www.rosemountcenter.com

Spanish Services - Domestic Violence

Alexandria Office on Women Domestic Violence Program

Phone: (703) 838-5030
Spanish/English
24-hrs. Hotline: (703) 838-4911
Address: 421 King St, Suite 400, Alexandria, VA
Hours: Monday – Friday 8:00a.m.- 5:00p.m.
Fees: Free
Services: Women and children. For Alexandria residents only. Domestic Violence hotline and shelter. Crisis intervention and referrals on phone. Small shelter for women and children. Counseling and support groups for survivors of battering, and sexual assault. Sub-group of the Alexandria Rape Victim Companion Program.

Spanish Services - Education Services

Change, Inc.

Phone: (202) 387-3725
Address: 1413 Parks Rd. NW
Hours: Monday – Friday 9:00 a.m. -5:30p.m.
Fees: Free
Services: Programs in nutrition, income management, housing, health, and employment education. Provide counseling and referrals about health programs and services (particularly HIV and substance abuse). Have a translator for Spanish, French and Portuguese clients. Computer classes.

Educational Organization for United Latin Americans (EOFULA)

Phone: (202) 483-5800
Fax: (202) 588-5806
Address: 1842 Carver Street, NW
Washington, DC 20009
Hours: Monday-Friday 9:00 a.m. -5:00p.m.

Latin American Youth Center

Phone (202) 319-2225
Fax: (202) 462-5696
Address: 1419 Columbia Road, NW Washington, DC 20009
Services: Advocacy, substance abuse prevention and treatment, case management, counseling, crisis intervention, housing, tutoring assistance.
Website: www.layc-dc.org

Spanish Services - Housing Assistance

Coalition for the Homeless

Phone: (202) 347-8870
La Casa (202) 673-3592 (All-male shelter)
Coalition: 1234 Massachusetts Ave, NW, Suite C1015, WDC 20005
Shelter: 1436 Irving Street, NW (emergency shelter for men only)
Hours: Monday -Friday 9:00 a.m. -5:00p.m.
Fees: Free.
Services: Emergency shelter and 2 transitional houses for MEN. Two transitional homes for substance abusers. Veterans are given priority in one of the homes. Family shelters. Case workers will refer people. La Casa (the male shelter) has 25 emergency beds, the rest are transitional.
Website: www.dccfh.org

Housing Counseling Services

Phone: (202)667-7007
Address: 2410 17th Street. NW. Suite 100
Washington, DC 20009
Hours: Monday –Friday 8:00 a.m.- 5:00p.m.
Fees: Free.
Services: Help with housing problems such as landlord/tenant problems, late mortgage payments, and credit. Assist with first time home buyers. Advocacy, provides training workshops.
Website: www.housingetc.org

Spanish Services - Legal Assistance

Ayuda, Inc.

Phone: (202) 387-4848
(See also Legal section for more information)
Address: 1707 Kalorama Road, NW
Hours: Monday- Friday 9:00 a.m. -5:00 p.m.
Fees: \$20 consultations
Services: Immigration and domestic violence cases for Latina women. Offers legal assistance, and referrals. Hermanas Unidas is a support group for battered Latina women. No legal advice is given over the phone, you must make an appointment.

Carecen

Phone: (202) 328-9799
Fax: (202) 328-7894
Address: 1460 Columbia Rd, NW
Washington, DC 20009
Hours: Monday-Friday 9:00a.m.-5:00p.m.; consultations: Monday-Friday 9:00a.m.-5:00p.m. first come, first serve
Fees: \$15
Services: Services for Latino Americans only. Limited help with immigration applications. Mostly handle cases involving Protective Status for Salvadorans. One stop service-filling out employment forms, Medicaid application and assist with translation. Also provides citizenship training and classes
Spanish: Yes
Web: www.carecencdc.org

National Center for Victims of Crime

Phone: (800) FYI-CALL
TTY: (800) 211-7996
Services: Referrals for counseling, legal assistance, support groups, and victim's compensation.

Neighborhood Legal Services Program

Northeast/ Northwest Office

Address: 701 4th St., NW. Washington, DC 20001
Phone: (202) 269-5100
Hours: Monday – Friday 9:00a.m.- 4:30p.m.

Southeast/ Southwest Office

Address: 3101 Marin Luther King Ave. SE. Washington, DC 20032
Phone: (202) 678-2000
Hours: Monday – Friday 9:00a.m.- 4:30p.m
Fees: Free to income eligible clients
Services: Civil litigation, non-criminal, divorces, no custody cases unless part of divorce. Also deal with Social Security, Medicare, Medicaid, AFDC and food stamp denial cases. Housing cases-landlord/tenant. No child support unless part of divorce case.
Website: www.nlsp.org

SPANISH SERVICES – MEDICAL & MENTAL HEALTH CLINICS

Andromeda

Phone: (202) 291-4707
Hotline: (202) 291-9100
Address: 1400 Decatur St. NW
Hours: Monday - Friday 9:00 a.m. -5:00p.m.
Fees: \$50 per visit. Sliding Scale. Insurance accepted.
Services: Center for counseling substance abusers, refugees, child abuse, HIV (confidential), and referrals. They also have marriage, group, and individual counseling.
Intake: call for an appointment
Insurance: Medicare, Medicaid accepted.
Website: www.andromedahealthcenter.org

Clínica del Pueblo

Phone: (202) 462-4788
Address: 2831 15th Street, NW
Hours: Monday, Tuesday, Thursday, Friday 8:30 a.m. -5:00p.m.
Wednesday 2:00p.m.-8:00p.m.
Fees: Free (\$10 donation accepted)
Services: Provides general medical care, primarily to the Latino-American community. Free HIV testing and counseling (both confidential and anonymous). Develops woman and family programs as well as mental health programs. Teen clinic. By appointment ONLY.
Waiting Period: often 4-5 weeks.
Website: www.lcdp.org

Multicultural Clinical Centers

Phone: (703) 354-0000
Address: 6563 Edsall Rd. Springfield, VA 22151
Hours: M-F 9-5p.m. (office)
Evenings and Weekends (Psychotherapy)
Fees: Flat fee (\$75 for therapy)
Services: All types of counseling, emphasizes importance of culture in responding to crisis/therapy. Homebase counseling (go to patient's home do counseling).
Spanish/Deaf: Spanish, Cambodian, Farsi, French, Hebrew, Indian, Korean, Portuguese, Vietnamese, Iranian, Pakistani, etc.
Website: www.mccva.com

Multicultural Services Division

Phone: (202) 673-2058
Address: 1250 U St. NW
Hours: M-F 8:30 a.m. -5:00p.m.
Fees: sliding scale and insurance
Services: Psychiatric and counseling services.
Spanish/Deaf: English, Spanish and French speakers available.

Planned Parenthood – see entries in Abortion for more details

Phone: (202) 347-8512
Address: 1108 16th St. NW DC:
Phone: (301) 608-3448
Address: 1400 Spring St. Suite 450, Silver Spring MD:
Phone: (703) 533-5651
Address: 370 S. Washington St., Falls Church, VA:
Hours: Monday-Friday 9:00 a.m. -5:00p.m., but may differ on certain days
Fees: sliding scale
Services: All Gynecological services.

Sacred Heart Community Center

Phone: (202) 234-8000
Address: 16th St. and Park NW
Hours: Monday- Friday 9:00a.m.-5:00p.m.
Services: Distributes food to needy families. Works in conjunction with the Hispanic Catholic Center with referrals.

Website: www.shcstheheart.org

Spanish Catholic Center

Phone: (202) 939-2437
Dental: (202) 939-2423
Medical, Social Services, Employment, Immigration: (202) 939-2400
Address: 1618 Monroe St. NW, Washington DC 20009
Hours: Monday -Friday 8:30-5:00p.m.
Fee: Sliding scale. Medical and dental only uninsured.
Services: Medical and dental clinic. Social & employment Food distribution, legal counseling, immigration counseling. Intake by appointment only.

Upper Cardozo Health Center

Phone: (202) 745-4300
Address: 3020 14th St NW (Upper Cardozo)
Hours: Monday 8:00a.m.-7:30p.m. Tuesday - Friday 8:00a.m.- 5:00p.m. Wednesday (HEALTH CENTER) 10:00A.M.-7:00P.M.
Fees: Sliding scale, depending on income.
Services: Pediatrics, OBGYN, internal medicine, podiatry, dental services, WIC, and social workers. Provide services for homeless people.
Insurance: Medicaid, Medicare, some private.

Whitman-Walker Clinic

Phone: (202) 797-3500
Address: 1701 14th St., NW
Hours: Monday-Friday 9:00 a.m. -6:00p.m.
Fees: Income based
Services: Variety of services for gays and lesbians: medical, legal, housing, substance abuse, education, and HIV counseling.

STALKING

National Center for Victims of Crime

Phone: 1-800-FYI-CALL
Services: Provides referrals for counseling and legal assistance.

Victim Assistance Network of Fairfax County

Hotline: (703) 360-7273
TTY: (703) 435-1235
Address: 8119 Holland Rd., Alexandria, VA 22306
South County Center: 8350 Richmond Highway, Suite 507
Alexandria, VA 22309
Email: fcvan@erols.com
Website: www.fcdvc.org/van.htm
Hours: 24 hour hotline.
Services: Referrals, legal assistance, counseling, and support on what to do if your being stalked. Educational programs. Sexual abuse, domestic violence, one on one and group counseling. Provide referral services for incest survivors.

SUICIDE PREVENTION

*You can also call 911

Suicide Prevention – District of Columbia

Comprehensive Psychiatric Emergency Program

(Formerly: Emergency Psychological Response Division)

Phone: (202) 673-9319

Crisis Hotline: (888)793-4357

Suicide Prevention – Maryland

Baltimore Hotline:

24 hr hotline: (410) 752-2272

Community Crisis Services

Hotline: (301) 864-7161

Hyattsville Hotline:

24 hr hotline: (301) 864-7130

Montgomery County Hotline

24 hr hotline: (301) 738-2255

Business: (240) 777-4000

Prince George's County Hotline:

24 hr hotline: (301) 864-7161

Suicide Prevention – Virginia

CrisisLink (Northern VA Hotline):

24 hr hotline: (703) 527-4077

Prince William County:

24 hr hotline: (703) 368-4141

Norfolk:

24 hr hotline: (757) 622-1126

Roanoke:

24 hr hotline: (540) 344-1948

SUPPORT GROUPS

DC Rape Crisis Center

Business: (202) 232-0789
Hotline: (202) 333-RAPE
Services: Offers Support Groups throughout the year for rape survivors, adults sexually abused as children, and for women in recovery from drug and/or alcohol abuse.

Sexual Assault Center

Phone: (301) 618-3154
Address: Prince George's Hospital Center
PG Sexual Assault Center
3001 Hospital Drive
Cheverly, MD 20785
Services: Provide support group for PG County teens and parents who have been sexually assaulted in PG County. Ongoing, free, individual therapy. Also do forensic exams and have SANE nurses on staff.

SOS (Support Our Survivors) Center

Main Office: (202) 299-1181
Court Advocacy: (202) 879-7851
(202) 879-7857
SOS Center: (202) 889-8878
Hours: Monday-Friday 9:00 a.m. -5:00p.m. (court advocacy hours 8:30a.m.- 4:30pm.
Fees: FREE
Services: Support for survivors of domestic violence. Case management and resource referrals, crisis intervention, assistance with emergency needs and help with transportation expenses (limited).
Intake: Over the phone or in person
Website: www.dccadv.org

Survivors of Sexual Assault Group

Phone: (703) 746-5030
24 hr. hotline: (703) 683-7273
Address: Office on Women, 421 King Street, Suite 400, Alexandria, VA 22314
Services: Free of charge for Alexandria residents or those raped within the city limits. Incest and rape survivor groups. Designed for women no longer in crisis but who want mutual support in rebuilding their lives. They have a group for adult survivors of sexual assault, a group for adult survivors of CSA, a group for adolescent survivors of sexual assault, and a group for partners of survivors of sexual assault.

Women's Support Groups

24 hr. hotline: (703) 360-7273
Fairfax County Victim Assistance Network: (703) 704-6727
Services: Free support groups for female survivors of non-incest sexual abuse & domestic violence. They have sexual assault therapists. Free individual therapy for survivors of sexual assault and/or domestic violence. Free educational prevention programs.

Women's Center, The

Phone: (703) 281-2657

Address: 133 Park St., NE, Vienna VA 22180
Services: counseling, group therapy, incest survivors group, experts in domestic violence mediation, workshops, classes (assertiveness training), etc.
Fee: \$45 for non-licensed, \$75-100 for licensed, depending on therapist.
Contact: Janet Kimberling (Clinical Director)
Jane Delpopolo—group coordinator (703-281-4928 x307)
Website: www.thewomenscenter.org

Women's Center (Washington, D.C.)

Phone: (202) 293-4580
Address: 1101 15th St, NW, Suite 202, Washington, DC 20005
Fees: Sliding Scale; also call for information
Licensed Therapist: \$81
Non-licensed: \$41
Services: Group Counseling, Individual counseling. Personal Growth education programs.
Website: www.thewomenscenter.org
Spanish/Deaf: Spanish speaking counselors available.

ADOLESCENT SUPPORT GROUPS

Child Protection Services

Phone: (202) 884-4950
Medical appointment and inquiry line: (202) 884-4100
Address: 111 Michigan Ave. (Children's Hospital)
Services: Therapy group for *teenage girls* (ages 14-17). Also treat male survivors and juvenile offenders. Groups meet weekly (there is a fee).
Fee: They take insurance and Medicaid.
Contact: Dr. Herman Tolbert
Section 6717

Metro Teen AIDS

Phone: (202) 543-9355
Address: 651 Pennsylvania Ave., SE, Washington, DC 20003
Hours: Monday-Friday: 9:00a.m-5:00p.m.
Drop-in center is open late afternoon and evenings (4-8 p.m.)
Services: Provide support and information for adolescents who are HIV+. Focus on HIV/AIDS prevention and education. A variety of support groups are offered.
Website: www.metroteenaids.org

Support Groups for Teens

Phone: (703) 281-2657
Address: The Women's Center, 133 Park Street, NE, Vienna, VA. 22180
Topics Include: Eating disorders, drugs and alcohol, school performance, adult children of dysfunctional families, men's groups, health groups, surviving betrayal which focuses on dealing with anger and shock. Individual and career counseling. Call for appointment with Jane Delpopolo.
Fee: Depends on therapist.

CHILD SEXUAL ASSAULT (CSA)/INCEST SURVIVORS SUPPORT GROUPS

Adult Survivors of Abuse

Phone: (202) 885-5752
Address: The Center for Post-Traumatic and Associative Disorders, Psychiatric Institute,
4228 Wisconsin Ave NW
Services: Community education groups for adult survivors of CSA. 1 women's group, 1
men's group, 1 group for partners.

Manassas Family Counseling Center

Phone: (703) 368-1683
Address: 8421 Dorsey Circle suite 102 Manassas, VA
Services: All kinds of group therapy available off and on.
Contact: Dr. William McGlottwin

Survivors of Incest Anonymous

Phone: (410) 893-3322
Address: PO box 190 Benson, MD 21018
Services: Information line and weekly groups. 18 and older, abuse occurred prior to 18. 12
step program for women and men who were abused or think they were abused as
children. Many different groups such as men only, women only, women and
men. Call for schedule and contact person.
Website: www.siawso.org

Survivors of Sexual Abuse Group (Women's Center)

Phone: (703) 281-2657
Address: 133 Park St. NE, Vienna, VA 22180
Services: Groups meet once/week for 1 ½ hours. Individual counseling as well.
Fees: Flexible fees. Individual counseling fees vary depending on type of therapist.
Contact: Intake desk
Spanish/Deaf: No deaf interpreters but Spanish, Italian, Arabic, Yiddish and German available

SEXUAL ASSAULT MALE SURVIVOR SUPPORT GROUPS

David O. McCall, PhD

Phone: (202) 728-1166
Address: 1660 L Street, NW, Suite 503
Hours: M-F, 7:30 a.m. -8:00p.m.
Intake: Must call for appointment
Services: Therapy center and many therapists.

OFFENDER SUPPORT GROUPS

*NOTE: The policy of the DCRCC is to not work with offenders, whether they want to talk on the
hotline or come in for counseling. We do, however, provide referrals.*

*See also: Offender Programs

Fairfax County Victims Assistance Network

Hotline: (703) 360-7273

ADAPT

(Domestic Violence

Services): (703) 968-4052

Business Line: (703) 968-4000

Fee: Free for women, men and children who are domestic violence and sexual assault survivors. Offender program is 18 weeks and costs \$ 420, there is a \$60 intake charge and a \$20 charge for each group.

Services: **24-hour hotline!** Provide free counseling, offer support groups for domestic abuse and sexual abuse. They have a men's and women's program for offenders. It is 4 months long with a follow up for individuals. Call for details and location nearest.

Information: Call Business line for information about specific programs!

PARENTS OF SURVIVORS SUPPORT GROUPS

Fairfax County Victim Assistance Network

Phone: (703) 704-6727

Hotline: (703) 360-7273

TTY: (703) 799-8253

Services: Groups for parents of sexually abused kids by non-family members

Contact: Anne Van Ryzin

Institute for Individual and Family Therapy

Phone: (301) 277-3250

Address: Maryland Institute, 7307 Baltimore Avenue, Suite 208, College Park, MD 20740

Hours: 8:00 a.m. -6:00p.m.

Fees: Limited insurance accepted, sliding scale

Services: Counseling provided, licensed psychologists and social workers, family and individual therapy, referrals, walk-ins accepted, but prefer appointments.

SURVIVOR ASSISTANCE PROGRAMS

DC Crime Victim Compensation Program

Phone: (202) 879-4236

Address: 515 5th St., NW, Rm 203, Washington, DC 20001

Hours: Monday -Friday 9:00 a.m. -5:00p.m.

Fees: Free
Services: Assists innocent crime victims (adults and children) with crime-related expenses: medical, funeral, lost wages, etc, when there are no other funds to cover losses. Also provide reimbursement for occupational therapy and mental health expenses. This is for crimes that occurred in D.C. Also provides referrals.

National Organization for Victim Assistance

Phone: (703) 535-NOVA
Hot line: 1-800-TRYNOVA (1-800-879-6682) \ (703) 535-6682
Address: NOVA, 510 King Street, Suite 424
Alexandria, VA 22314
Hours: Monday-Friday 9:00 a.m. -6:00p.m. (varies)
Fees: Free
Services: National Hotline for victims of violent crimes. Provides referrals, and information.
Spanish/Deaf: None
Website: www.trynova.org

WOMEN’S EMPLOYMENT RESOURCES

DC Employment Justice Center

Phone: (202) 828-WORK (9675)
Overflow Voicemail: (202) 659-9589
Address: 727 15th Street NW, 2nd Floor
Washington, DC 20005
Hours: Monday-Friday 9:00 a.m. -6:00p.m. W 6p.m.-8p.m., free employment and legal clinic for low income workers at Bread for the City, 1625 7th St, NW
Services: Offers support and legal advice if you feel that you are having difficulties at your place of employment. If you are a survivor and need assistance with your employer, for example, for missing work, attend the Women’s Rights clinic on the 1st and 3rd Wednesday of every month from 6p.m.-8p.m. at Bread for the City (see above).
Website: www.DCEJC.org
E-mail: justice@dcejc.org

INDEX

6 th Presbyterian Church	44
801 East Building for the Homeless	47
ABORTION SERVICES	3
Access Helpline	55
Action for Peace through Prayer and Aid	44
Addiction Prevention and Recovery Administration	17
ADOPTION SERVICES	7
District of Columbia	7
Maryland	7
Virginia	8
Adult Protection Services	41
Adult Survivors of Abuse	129
Against Drugs and Alcohol with Planned Treatment	17
Affiliated Santé Group	28
Afro-American Counseling & Psychotherapy Institute	88
AIDS/HIV	9
AIDS Information Hotline	9, 55
AIDS Hotline in Spanish	55
Alabama Coalition Against Rape	90
Al-Anon/Alateen- Family of Alcoholics	15, 22, 55
Alaska Network on Domestic Violence and Sexual Assault	90
ALCOHOL AND DRUG ASSISTANCE	15
Hotlines	15
Alcohol and Drug Services of Fairfax County	17
Alcoholics Anonymous	15, 33, 55
Alexandria Battered Women's Shelter	113
Alexandria Child and Family Protective Services	33
Alexandria City Health Department	72
Alexandria Domestic Violence Program	29, 37
Alexandria Hospital	72, 86
Alexandria Mental Health Center	83
Alexandria Office on Women	88, 113
Domestic Violence Program	37, 88
Spanish	120
Alexandria Police	35, 96
Alexandria Protective Services	24
ALIVE! House	113
Alternative House	115
Alternative Solutions Center	33
American University Legal Aid Clinic	66
Anacostia Satellite Site	36
Andromeda Transcultural Health	44, 79
Spanish	122
Anger Management Techniques	88
Anne Arundel County Sexual Assault Crisis Response Center	99
Answers Please!	55
AP Shaw Food Pantry	44
Arizona Sexual Assault Network	90
Arkansas Coalition Against Sexual Assault	90

Arlington Anonymous HIV Testing	72
Arlington County Public Health	13
Arlington County Victims of Violence Program	37, 100
Arlington Health Clinic	72
Arlington Homeless Bagged Meal Program	70
Arlington Police and Fire	35
Arlington Protective Services	24
Arlington Safehouse for Battered Women and Children	113
Arlington Sexual Assault	33
Arlington Special Victims Unit	96
Arlington Women’s Center (Sp, CNM)	77
Asian Pacific Islander Domestic Violence Resource Project	37
Assisting Young Mothers (AYM)	115
Australia	61
AYUDA	66
Spanish	40, 121
Bag Lunch Program	70
Bailey Health Center	72
Baltimore Hotline	126
Barbara Chambers Day Care Center	118
Barney Neighborhood House Aging Program	41
Bell Multicultural High School	32
Berean Baptist Church	44
Belarus	61
Bethany Day Center	111
Bethany House for Battered Spouses	113
Bethesda House	112
Birth Center – Birth Care and Women’s Health	77
BISEXUAL, GAY, LESBIAN, TRANSGENDER RESOURCES	20
Black Belt University	104
Black Lesbian Support Group	20
Blair Shelter	47
Bode & Grenier, LLP	69
Bolivia	61
Botswana	62
Bread for the City	66, 72, 106
CALCASA Rape Prevention Resource Center	90
Call n’ Ride	41
Calvary Women’s Services	107
Canada	62
Candace Thurston, MD	77
Capital Women’s Care	78
CARECEN	67, 121
Casey Health Center	73
Catholic Charities	7, 107
New York Avenue HAC	107
John Young Center at the Federal City Center	108
Hermano Pedro Day Shelter	108
DC General Hypothermia Shelter	108
Catholic Charities Archdiocese of Washington D.C.	7
Catholic Charities of Maryland	7

Catholic Charities of Virginia	8
Catholic University of America	67
CDC Info – HIV/AIDS	9, 33, 58, 118
Spanish	9
CDC National Prevention Information Line	106
CHANA	37
Change, Inc.	120
Center for Mental Health – Anacostia	79
Central Union Mission Center for the Homeless	47
Cheverly County Addiction Program	17
CHAI	118
Child Protection Services	23, 88, 128
Childhelp USA	22, 55
Children’s Hospital Child Protective Center	27
Children’s National Medical Center	49
Children of the Night	56, 105
CHILDREN’S SERVICES	22
Christ House Medical Shelter	47
Church of the Pilgrims	70
Clinica del Pueblo, La	40
Coalition for the Homeless	108
Spanish	120
Colorado Coalition Against Sexual Assault	90
Columbia Associates in Psychiatry	29
Community Connections	79
Community for Creative Nonviolence (CCNV)	108
Community Crisis Services	56, 126
Community Healthcare, Inc.,	9
Community of Hope	109
Community of Hope Health Services	73
Community Ministry of Prince George’s County	112
Comprehensive Psychiatric Emergency Program	38, 126
Connecticut Sexual Assault Crisis Services	90
Contact Delaware	90
Courtney’s House	109
Criminal Justice Division	17
CrisisLink (Northern Virginia)	56, 89, 126
Damien Ministries	10
Datz Foundation	8
David O. McCall, Ph.D.	129
DC Center for Independent Living	36
DC Child and Family Services	7
DC City-wide Domestic Violence Hotline	38
DC Crime Victim Compensation Program	65, 131
DC Coalition Against Domestic Violence	38
DC Department of Health – HIV/AIDS	10
DC Department of Human Rights	65
DC Department of Mental Health	80
DC Employment Justice Center	131
DC General Hypothermia Shelter for Women	108
DC-IMPACT	103

DC Metropolitan Police (Deaf Services)	35
DC Office on Aging	41
DC Park Police	95
DC Police Communications	25
DC Rape Crisis Center	88, 99, 127
DC Relay Service	35
DC Safe	38
DC Self Defense Karate Association	103
DC Sexual Assault Unit	96
DC Superior Court Multi-Door Dispute Resolution Program	65
Deaf Abused Women’s Network (DAWN)	33
Deaf-REACH	34
DEAF SERVICES	33
DHS Child and Family Protective Services	23
Dickinson, Pentz, McCall, Honnald	25, 89
DISABILITIES, SERVICES FOR PERSONS WITH	36
District Alliance for Safe Housing (DASH)	38
DOMESTIC VIOLENCE	37
DC Citywide Domestic Violence Hotline	38
Domestic Violence Assistance Project	69
Domestic Violence Hotline, National	58
Domestic Violence Resource Clinic	40
Dominion Psychiatric Treatment Center	29, 83
Doorways for Women and Families	38
Dr. Johnson’s Women’s Health Center	5
Drug Treatment Programs	17
Dupont Circle Club	18
Dwelling Place for Abused Elderly	109
East River Family Strength Collaborative	30
Educational Organization for United Latin Americans	120
ELDERLY ASSISTANCE	41
Ellen Whitaker, MD	46
Emergency Contraception Hotline	56, 86
EMERGENCY FOOD	44
Emergency Management Agency Hotline	56
Equal Employment Opportunity Commission (EEOC)	34, 65
Estonia	62
Eveline Marquardt, MD	77
Exhale	56
Fairfax County Community Services Board	83
Fairfax County Health Center	73
Fairfax County Investigative Unit	96
Fairfax County Park Police	95
Fairfax County Victims Assistance Network	88, 130
Fairfax County Women’s Shelter	114
Fairfax Hospital	53
Fairfax Hospital OB/GYN Clinic	74
Fairfax OB/GYN Assoc. (CNM)	77
Fairfax Protective Services	24
Fairfax Survivor Assistance Network	56
Falls Church Clinic	74

Family Counseling Center	30
Family Crisis Shelter Inc. of Prince George’s County	88, 112
Family Matters of Greater Washington	7, 26, 80, 88
Family & Medical Counseling Services	26, 80
Family Place	97, 118
Family Services Foundation	28
Federal City Shelter Clinic	47
Finland	63
First Baptist Church of Deanwood	70
Florida Council Against Sexual Violence	90
Food and Friends	45
Friendship Place Clinic	48
Futures Without Violence	57
GAP (Centro de Cuidado Infantil)	119
Gay and Lesbian National Hotline	57
George Washington University Law and Legal Aid Clinic	67
George Washington University Hospital Center	50, 86
Georgetown University Domestic Violence Clinic	38, 67
Georgetown University Hospital	49
Outpatient Psychiatry	80
Georgetown University Medical Center	
Psychiatry Department	15
Georgia Network to End Sexual Assault	90
Girls and Boys Town of Washington	114
Glenna Andersen, MD (CNM) & Darya Maanavi, MD	77
Good Hope Road Clinic	48
Guam Healing Arts Crisis Center	91
GYNECOLOGISTS (PRIVATE)	46
H. Yeni Komshian, MD	46
Harborlights	48
Harriet Tubman Women’s Shelter	109
Harmon, Curran, Spielberg, and Eisenberg	69
Hawaii State Coalition for the Prevention of Sexual Assault	91
HEALTHCARE FOR THE HOMELESS	47
Hearts and Homes for Youth, Inc.	115
Helping Individual Prostitutes Survive (HIPS)	20, 57, 105
Hermano Pedro Day Shelter	108
Herndon-Reston Center	74
HIV Antibody Testing	10
Holy Cross Hospital	52
Homeless Shelter Line for Prince George’s County	57
HOSPITALS	49
HOTLINES	55
House of Ruth Homeless Shelter	109
Housing Counseling Services	121
Howard University Hospital	50
Hyattsville Hotline	126
Idaho Coalition Against Sexual and Domestic Violence	91
Illinois Coalition Against Sexual Assault	91
Indiana Coalition Against Sexual Assault	91
Inova Alexandria Hospital	53, 86

Institute for Individual and Family Therapy	130
International Crime Victim Compensation Programs	61
International Justice Statistics	61
INTERNATIONAL RESOURCES	61
International Women’s Human Right’s Clinic	39
Iona Senior Services	41
Iona Transportation Resources	42
Iowa Coalition Against Sexual Assault	91
Isaiah House	119
Israel	63
Jane Doe, Inc./MCASADV	92
Jane Piness, MD	77
Japan	63
Jean-Gilles Tchabo, MD	77
Jeff Smith Karate	104
Joanne Gutliph, MD	77
John Marshall Family Institute	84
John Young Center, at the Federal City Center	108
Jose M. Bordon, MD, PH.D., AAHIVS	11
Joseph Willard Health Center	14, 74
Kansas Coalition Against Sexual and Domestic Violence	91
Kentucky Association of Sexual Assault Programs	91
Langelan & Associates	103
Latin American Youth Center	120
Legal Aid Society of DC	68
Legal Counsel for the Elderly	68
LEGAL SERVICES	65
Legal Services of Northern Virginia	39
Lori Maciulla, MD	77
Loudon County Health Center	74
Loudon County Survivor Witness Program	100
Louisiana Foundation Against Sexual Assault	91
Luther Place Night Shelter	111
Main Child and Family Services	26
Maine Coalition Against Sexual Assault	91
Manassas Family Counseling Center	129
Manassas Health Clinic	74
Marina Martinez, MD & Jennifer Kilmer, MD	78
Maryland Coalition Against Sexual Assault	91
Maryland Domestic Violence Hotline	57
Maryland Institute for Individuals and Family Therapy Ltd.	88
Maryland Relay Service	35
Maryland Volunteer Lawyers Service (MVLS)	68
Mary’s Center for Maternal and Child Care	119
Max Robinson Center	13, 20
MEAL SERVICES	70
MEDICAL CLINICS	72
MENTAL HEALTH	79
Metro Teen AIDS	11, 128
Metro Paratransit Service for the Disabled	42
Metrobus Discounts	42

Mexico	63
Meyer Treatment Center	26
Michigan Coalition Against Domestic & Sexual Violence	92
Miguel Gomez, MD	78
Minnesota Coalition Against Sexual Assault	92
Miriam's Kitchen	70
Missouri Coalition Against Sexual Assault	92
Montana Coalition Against Sexual Assault	92
Montgomery County Crisis Center	82, 112
Montgomery County Health Department	14
Montgomery County Health and Human Services Access	82
Montgomery County Hotline	58, 89, 126
Montgomery County Park Police	95
Montgomery County Police (Deaf Services)	35
Montgomery County Protective Services & Child Welfare	23
Montgomery County Sexual Assault/Abuse Crisis Center	34
Montgomery General Hospital	54
Mount Vernon Center for Community Mental Health	83
MORNING-AFTER PILL	85
Mt. Carmel	110
Multicultural Clinical Centers	84, 122
Multicultural Services Division	123
My Sister's Place	110
Hotline	58
Nar-anon (for friends & family)	16, 22
Narcotics Anonymous	16, 58
Hotline	58
National Abortion Federation	58
National AIDS and STI Hotline	58
Spanish	58, 118
National AIDS Prevention Information Network	11
Spanish	118
National CDC Info Hotline	58
National Center on Elder Abuse	42
National Center for Missing and Exploited Children	25
National Center for the Prosecution of Child Abuse	22
Hotline	58
National Center for Victims of Crime	58
Spanish	121
National Clearinghouse on Abuse in Later Life	43
National Committee for the Prevention of Elder Abuse	43
National Council on Alcoholism and Drug Dependence	16
National Domestic Violence Hotline	34, 58
National Helpline	59
National Organization for Victim Assistance	131
National Runaway Switchboard	22, 59
Nebraska Sexual Assault Coalition	92
Neighborhood Legal Services Program	68
Spanish	121
Network for Victim Recovery of DC (NVRDC)	39, 69
Nevada Coalition Against Sexual Violence	92

New Hampshire Coalition Against Sexual Violence	92
New Jersey Coalition Against Sexual Assault	92
New Mexico Coalition of Sexual Assault Programs	92
New York Avenue HAC	107
New York City Alliance Against Sexual Assault	92
New York State Coalition Against Sexual Assault	93
New Zealand	63
Norfolk Suicide Hotline	126
North Carolina Coalition Against Sexual Assault	93
North Dakota Council on Abused Women’s Services	93
Northern Virginia Family Service	30
Northwest Center for Community Mental Health	31, 84, 88
Northwest Family Center	81
Northwest Pregnancy Center	97
NY Ave Shelter	48
OB/GYN PRACTICES	77
OFFENDER PROGRAMS	88
Support Groups	130
Oklahoma Coalition Against Sexual Assault	93
Open Doors Shelter for Women	110
Oregon Coalition Against Domestic and Sexual Violence	93
OUT OF STATE RESOURCES	90
Oxford Houses, Inc.	19
Pakistan	63
PARK POLICE	95
Peggy Scurry, MD	46
Pennsylvania Coalition Against Rape	93
Philippines	64
Phone Friend	59, 89
Planned Parenthood	3-5, 14, 97, 106
Spanish	123
Plymouth Congregational Church Food Pantry	45
Physician and Midwife Collaborative Practice	78
Poison Control	59
Polaris Project	105
POLICE SEXUAL ASSAULT UNITS	96
PREGNANCY ASSISTANCE	97
Prevention Information Network	118
Prince George’s County Park Police	95
Prince George’s County Police (Deaf Services)	35
Prince George’s County Protective Services	24
Prince George’s County Hotline	56, 59, 126
Prince George’s County Sexual Assault Center	99
Prince George’s County Sexual Assault Unit	96
Prince George’s General Hospital	52, 86
Prince William County Suicide Hotline	126
Prince William County Sexual Assault Victims Services	101
Prince William Hospital	74
Prince William OB/GYN Association	78
PRIVATE THERAPISTS	98
Progressive Life Center	27

Project Inform	11
Providence Hospital	51
Psychiatric Institute of DC	16, 27, 34, 81
Queen of Peace	71
Rape, Abuse, and Incest National Network (RAINN)	59
RAPE CRISIS CENTERS AND PROGRAMS	99
Rappahannock Counsel Against Sexual Assault	101
RAP, Inc. (Regional Addiction Program)	18
Reston Counseling Center	29
Reston Hospital	75
Rhode Island Against Sexual Violence (Day One)	93
Richard Pei, MD	78
RITUAL ABUSE	103
Roanoke Suicide Hotline	126
Rosemount Center	119
Russia	64
Sacred Heart Community Center	123
Safe Shores	23
Sara L Imershein, MD	46
Sasha Bruce House	114
SE STI Clinic	107
Second Genesis	18
SELF-DEFENSE COURSES	103
Sentara Potomac Hospital	74
Sergio Rimola, MD	78
SERVICES FOR PERSONS WITH DISABILITIES	36
SEX TRADE (PROSTITUTION) ASSISTANCE	105
Sexual Assault Center	127
Sexual Assault Response and Awareness (SARA)	31, 101
Sexual Minority Youth Assistance League	20
Shelter Hotline	59
SHELTERS	107
Sign Language Associates	34
SOME	
Main Office	45, 71, 116
Medical Clinic	75
Shalom House	117
Thea Bowman House	117
Jeremiah House	117
Anna Cooper House	116
Dwelling Place	116
Harvest House	116
Jordan House	117
South Africa	64
SOUTH ASIAN WOMEN SERVICES	118
South Carolina Coalition Against Sexual Assault	93
South County Health Center	75
South Dakota Coalition Against Sexual Assault	93
SPANISH SERVICES	118
Spanish Catholic Center	123
Springfield Center	75

STALKING	125
St. Elizabeth Hospital	54
STI CLINICS	106
STI Hotline	60
Stefanie Filak, MD	78
Stepping Stones Shelter	113
STTAR Center	99
Woodbridge Clinic	76
SUICIDE PREVENTION	126
SUPPORT GROUPS	127
Support Groups for Teens	128
Support our Survivors (SOS) Center	127
SURVIVOR ASSISTANCE PROGRAMS	131
Survivors of Incest Anonymous	129
Survivors of Sexual Abuse Group (Women’s Center)	129
Survivors of Sexual Assault Group	127
Tennessee Coalition Against Domestic and Sexual Violence	93
Texas Association Against Sexual Assault	93
Threshold Services	83
Thrive DC	71
United Kingdom	64
United Medical Center	51
United States Attorney’s Office	70
Unity Healthcare, Inc.	
Brentwood Square Health Center	75
East of the River Health Center	76
Upper Cardozo Center	12, 76
Unity Healthcare Medical Clinic and Social Work Dept.	117
University of Maryland Health Center	18
Universal Martial Arts Center	103
UPO Senior Life Center	43
UPO Senior Services	43
Upper Cardozo Community Health Center	12
Spanish	123
Utah Coalition Against Sexual Assault	94
Vermont Network Against Sexual Assault	94
Victim Assistance Network of Fairfax County	125
Victim Assistance and Sexual Assault Program	60
Victims of Crime Assistance Program (VOCAP)	27
Victim Service Center	28
Victim Witness Assistance Unit	66
Virginia Family Violence and Sexual Assault Hotline	60
Virginia HIV, STI, Hepatitis C Hotline	12
Virginia Hospital Center	53, 76, 87
Virginia Lawyer Referral Service	39
Virginia Relay Service	35
Virginia Sexual and Domestic Violence Action Alliance	94, 101
Virginia Williams Family Resource Center	111
Virginia Women’s Health Association	78
Viva Partnership, LLC	82
Volunteers of American Chesapeake, Inc.	114

Washington Coalition of Sexual Assault Programs	94
Washington Hospital Center	51
Washington Surgi Clinic	6
Washington Urban League Aging Services	45
West Virginia Foundation for Rape Information & Services	94
Whitman-Walker Clinic	12
Regional Locations	12
Max Robinson Center	13, 20
HIV Antibody Testing	11
Lesbian Services	21
Gay and Lesbian Hotline	57
Spanish	124
Wisconsin Coalition Against Sexual Assault	94
Women To Women	78
WOMEN’S EMPLOYMENT RESOURCES	131
Women’s Growth and Therapy Center	81
Women’s Health Line	59
Women’s Center	39, 69, 85, 128
Washington, D.C.	128
Survivors of Sexual Abuse Group	129
Women’s Services Center	98
Women’s Support Groups	127
Woodbridge Child and Family Counseling Center	31
Woodbridge Clinic	76
Woodburn Center	32
World Factbook of Criminal Justice Systems	61
Wu Shen Tao	104
Wyoming Coalition Against Sexual Assault	94