D.C. RAPE CRISIS CENTER
Referral Guide
2014-2015

Revised 2/27/15
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Funding for abortions: If callers do not have money to pay for an abortion please have them contact the D.C. Abortion Fund at (202) 452-7464 or contact the National Abortion Federation (NAF). If the callers’ needs are not met through the D.C. Abortion Fund, Planned Parenthood or NAF, have them call the DCRCC business line at (202) 232-0789 for other referrals.

D.C. Abortion Fund
Address: P.O. Box 33722
Washington, D.C. 20033
Phone: (202) 452-7464
Email: info@dcabortionfund.org
Services: First priority to women who are pregnant because of a sexual assault. They will help others as funds allow. Serves residents in the entire Metro area. Call their hotline and leave a voicemail with all pertinent information and a case manager will get back to you.**
Website: www.dcabortionfund.org

Justice Fund Planned Parenthood of Metropolitan Washington
Phone: (202) 347-8500**
Services: This Fund is for women going to the Planned Parenthood in Washington, DC. Ask about the Justice Fund when you make your appointment. The Fund can also help pay for contraception, emergency contraception, and ultrasounds.
Website: www.fundabortionnow.org/funds/justice-fund-dc

Planned Parenthood (Three Locations: DC, Virginia, Maryland)
*All Planned Parenthood numbers lead to the main recording.

Planned Parenthood of Metro Washington:
Address: 1108 16th St. NW
Washington, DC 20036
Office Phone: (202) 347-8512
Office Phone Hours: M-F 9-5 Sat 9-2pm
National Hotline: (800) 230-PLAN (7526)
Fax: (202) 347-0281**
Clinic Hours: Monday, Wednesday-Friday 9am-4:30pm**
Tuesday 11am-6pm**
Saturday 9am-3pm*
Pregnancy Testing: (Walk-Ins) Urine Test: under 2-3 weeks late for period: $18; Beta Test: $40
Abortion Hours: Call clinic for schedule
Abortion Services: Counseling before abortion & follow-up, sonogram, vital signs. Patient can be sedated through IV, or consciously sedated.
Parental Consent: Not required
Fees: Abortion Pill: $475; In-Clinic: 4-11 weeks - $425, 12-13 weeks - $475, 14 weeks - $525; Conscious Sedation: 4-11 weeks $525, 12-13 weeks $575, 14 weeks $525, 15 weeks $600, 16-19 weeks $700-1075. **
Payment: Accepts some insurance. Cash, money orders, credit cards and personal checks accepted. Contact the appointment office @ the office phone for financial aid assistance (and information on Justice Fund) Be persistent. Medicaid accepted only in the case of rape, incest, or with a doctor’s note stating that having a baby would endanger the mother’s life. Pricing is on a sliding scale.
Other Services: All other GYN services available and HIV testing. Associated with the Justice Fund (provides screenings for them).
Spanish: Latina clinic open everyday.
Morning After Pill: (Walk-Ins**) Available
Website: www.plannedparenthood.org/ppmw
Planned Parenthood, other DC locations:

Address: 3937A Minnesota Ave. NE
Washington, DC 20019
Phone: (202) 388-4770
Fax: (202) 388-4777*

Services: Birth control education and supplies, emergency contraception, well women exams, HIV testing, STI testing, urinary tract infection testing and treatment, and pregnancy testing and counseling. No abortion services at this location.

Hours: Monday-Thursday 10-6pm**

Fees: Medicaid and insurance accepted. Fees for services based upon household income (must bring proof of household income). Accepts cash, debit/credit, and money orders.

Planned Parenthood Virginia:

Address: 303 S. Maple Ave, Ste. 300,
Falls Church, VA 22046
Phone: (703) 533-5651
Fax: (703) 533-1929

Phone Hours: Monday - Friday 9 am- 5 pm
Saturday 9 am-3 pm

Clinic Hours: Monday, Thursday, Friday 9 am- 5pm**
Tuesday 11 am- 7pm**

**Appointment required for all services except Emergency Contraceptives, HIV and Pregnancy testing.


Abortion Hours: Pre-operation appointment over the phone
Friday and Saturday 9 am-11:30 am procedure

Other Services: Pre- and post-abortion counseling, birth control education and supplies, STI testing, Urinary Tract Infection testing and treatment

Parental Consent: One parent must be informed 24 hours before and give consent

Anesthesia: Only local, conscious sedation

Fees: Call the office for prices.

Payment: Payment due at the time of service. Accepts Credit Cards, cash, check, VA Medicaid only, Kaiser (only for abortions), and most Blue Cross/Blue Shield plans.

Spanish: Yes

Morning After Pill: Available on a walk-in basis

Planned Parenthood Maryland:

Address: 1400 Spring Street # 450
Silver Spring, MD 20910
Phone: (301) 608-3448

Phone Hours: Monday 11am - 7pm
Tuesday-Friday 9 - 5 pm
Saturday 9 am - 5 pm

Office/Clinic Hrs: Monday 11 am- 6:30 pm**
Wednesday – Thursday 9:00-4:30pm**
Friday 8:30-4:30pm**
Saturday 8:30-3:00pm**

Pregnancy Testing: Urine Test: $18

Abortion Hours: Mandatory appointment is scheduled by doctor. Call during office hours.
Other Services: Counseling before abortion & follow-up, pregnancy testing, emergency contraception, HIV and STI testing, well women exams, birth control, urinary tract infection testing and treatment

Parental Consent: One parent must be informed. Can be excused by a doctor.

Anesthesia: Only local, conscious sedation

Fees: 5 weeks- high risk, depends on individual; 4-11 weeks $425, 12-13 weeks $475, 14 weeks $525. Sedation + $100**

Payment: Some insurance. Cash, money orders, credit cards, NO PERSONAL CHECKS.

Spanish: Yes

Morning After Pill: Available

Other Maryland locations:
Address: 19650 Clubhouse Road, Suite 104
Gaithersburg, MD 20879

Phone: (301) 208-1300

Clinic Hours: Monday, Friday 9am – 5pm
Tuesday 11am – 7pm
Saturday 9am – 5pm

Services: Pregnancy testing, emergency contraception, HIV and STI testing, well woman exams, birth control, urinary tract infection testing and treatment. No abortions offered at this location.

Fees: Medicaid and insurances accepted. Fees based upon household income (must bring proof). Accepts cash, credit/debit cards, and money orders.

Spanish: Yes

Morning after pill: Yes

Abortion Services - Other Clinics

Dr. Johnson’s Women’s Health Center
Address: 3794 Martin Luther King Ave., SE
Washington, DC 20032

Phone: (202) 563-1300

Office Hours: Open Saturdays

Pregnancy Testing: Wednesday, Thursday, Friday 9am-4pm by appointment only

Urine Test: $20 Blood Test: $50 with exam $75 and $50 for 2nd time

Hrs for Abortions: Hours vary, call office for times. Be prepared to stay for hours. Appointments required!

Abortion Services: Follow up care within two weeks.

Parental Consent: Required for patients under 18.

Anesthesia: Local.

Fees: CASH ONLY
6-11 weeks $250.00**
12 weeks $300.00**
+ an additional $25 if blood type is unknown

Abortions not given after 12 weeks of pregnancy.

Spanish: No

Payment: Cash only.

Other Services: Morning after pill provided. All other GYN services are available.

National Abortion Federation (NAF)
NOTE: the NAF is an exclusively a referral service. They will assist in funding, and finding a good clinic or a qualified doctor. When talking to a survivor, ask them to call the Hotline
Address: 1660 L Street NW, Suite 450
Washington, DC 20036

Phone: (202) 667-5881
Fax: (202) 667-5890
Clinic referral: (877) 257-0012 (clinic referral only, no funding)
Clinic referral hrs: Monday-Friday 7am – 11pm**
                        Saturday - Sunday: 9am – 9pm**
Hotline (800) 772-9100
Hotline Hours: Monday-Friday 9am-9pm**
                        Saturday 9am - 5pm**
Email: maf@prochoice.org
Website: www.prochoice.org

Washington Surgi-Clinic
Phone: (877) 659-9403 or (202) 659-9403
Address: 2112 F Street NW, Suite #400
Washington, DC 20037
Office Hours: Monday – Friday: 8am – 6pm
                        Saturday: 8am – 12pm
Pregnancy Testing: Appt only: M-F 9am-1pm. Urine - $30, Blood - $30
Hours for Abortions: By appointment only. 6 ½ weeks along. Morning appointments only!
Services Included: Everything that day, then a follow-up within the next 2 weeks. They also have
                        Depo-provera.
Parental Consent: Required for patients under 16 years old
Anesthesia: General, twilight, and local anesthesia available
Fees: Call ahead to verify prices
                        Local: Tuesday – Saturday / General: Thursday and Saturday
7-11 weeks $275.00          7-11 weeks $450.00
12-14 weeks $290.00         12-14 weeks $475.00
14 weeks $460.00            14-16 weeks $600.00
15 weeks $525.00            15 weeks $750.00
16 weeks $795.00 awake      16 weeks $995.00 asleep
17 weeks $1350.00           17 weeks $1350.00
18 weeks $1695.00           18 weeks $1695.00
19 weeks $1995.00           19 weeks $1995.00
20 weeks $2400.00           20 weeks $2400.00
Payment: Cash or credit card only
Other Services: Other GYN services available at low cost. Walk-in, confidential HIV testing
Hours: Tuesday-Friday 9:30 am- 11 am
Morning After Pill: Provided for $75.
Email: washsurgiclinic@aol.com
Website: www.washingtonsurgi-clinic.com
ADOPTION SERVICES

Adoption Services - District of Columbia

DC Government Department of Child and Family Services
Adoption/Foster Care Recruitment Hotline: (202) 671-5683

DC Child and Family Services Main Information
Address: 200 I St. SE
Washington, DC 20003
Phone: (202) 442-6100
Office Hours: Monday-Friday 8am – 4:45pm
Adoption or Foster Care Information: (202) 671-LOVE (5683)
Report Child Abuse and Neglect: (202) 671-SAFE (7233)
Services: If a woman wanted to give a child up, he/she would go into the DC system. This agency does not function like a private adoption agency! Must be a DC Resident
Fees: No fees; Public Agency
Info: Call for more information. Information is different for each case.
Website: www.cfsa.dc.gov
Email: cfsa@dc.gov

Family Matters of Greater Washington
Address: 1509 16th Street, NW
Washington, DC 20036
Phone: (202) 289-1510
Fax: (202) 518-8929
Office Hours: Monday-Friday 8:30 am - 5 pm, other times by appointment
Services: Foster care and adoption services; Winter and Summer camps offered; teen mother housing; senior services; mental health counseling.
Website: www.familymattersdc.org
Email: info@familymattersdc.org

Catholic Charities Archdiocese of Washington D.C. Pregnancy and Adoption Services
Address: 924 G St. NW
Washington, DC 20001
Phone: (202) 772-4300
Fax: (202) 772-4408
Services: Can provide assistance to individuals who want to put children up for private adoption
Fees: No fees
Website: http://www.catholiccharitiesdc.org

Adoption Services - Maryland

Catholic Charities of Maryland- Pregnancy and Adoption Services
Address: 2601 N. Howard St., Suite 200
Baltimore, MD 21218
Office Phone: (410) 547-5490
Counselor: (877) 677-9524 or (410) 659-4043
Hours: Monday-Friday 8:30am- 5pm
Services: Provide assistance to individuals who want to put children up for private
adoption. Offers short-term foster care for infants while the mother reconsiders adoption plans.

Website:  http://www.catholiccharities-md.org/adoptions/
Email:    decision@cc-md.org

Adoption Services - Virginia

Catholic Charities of Virginia
Address:  5294 Lyngate Court
          Burke, VA 22015
Phone:    (703) 425-0100
After-hours: (703) 973-0129
Fax:       (703) 425-2886
Office Hours: Monday-Friday 8:30 am – 4:30 pm
Services:  Provide counseling if they want to do parenting or adoption- Master’s Level Counselors. They can place children in homes.
Fees:      Free for pregnant women.
License:   Licensed in Virginia ONLY
Website:   http://centerforadoptionservices.org/
Email:     info@centerforadoptionservices.org

The Datz Foundation
Address:  311 Maple Avenue West, Suite E
          Vienna, VA 22180
Phone:    (703) 242-8800
Fax:       (703) 242-8804
Office Hours: Monday-Friday 9am-5pm
Services:  Can help birth mother place a child with a family. Works with other area agencies
Fees:      No fees for placing the children.
Licensing: Maryland, DC, Virginia, and North Carolina
Website:   www.datzfoundation.org
Email:     meckman@datzfoundation.org (Mark Meckman)
AIDS/HIV

AIDS/HIV - Information and Support

**AIDS info (Formerly: NIH/AIDS Clinical Trials Information Hotline)**

Phone: 1-800-HIV-0440 (1-800-448-0440)
TTY: 1-888-480-3739
Fax: (301) 315-2818
Hours: Monday – Friday: 1pm – 4pm**
Address: AIDS info
P.O. Box 6303
Rockville, MD 20849-6303
Services: Investigates drugs and enrollment (referrals). Offers information, publications, and technical assistance for HIV and HIV-related diseases.

**Spanish/Deaf:** Spanish & TTY services available
Website: [http://aidsinfo.nih.gov](http://aidsinfo.nih.gov)
Email: ContactUs@aidsinfo.nih.gov

**CDC INFO (Formerly the National AIDS Hotline)**

Phone: 1-800-CDC-INFO (232-4636)
TTY: 1-888-232-6348
Hours: Monday – Friday 8am-8pm**
Services: Anonymous, confidential AIDS information, including treatment and clinical trials currently available. Referrals are available.

**Spanish/Deaf:** Spanish and TTY services available
Website: [http://www.cdc.gov/hiv/](http://www.cdc.gov/hiv/)
Email: cdcinfo@cdc.gov

**Community Health Care, Inc.**

Unity Health Care East Of the River Health Center

Address: 123 45th St., NE
Washington, DC 20019

Phone: (202) 388-7891
Fax: (202) 388-5202
Appointment Line: (202) 469-4699

**Hours:** Monday, Tuesday, Thursday, Friday 8:00am-4:45pm
Wednesday 11am-7:30pm
To reach a physician after hours, call (301) 953-4574

Services: Primary health care, and support services for HIV positive individuals and persons with AIDS. Pediatrics, cardiology, ophthalmology, dermatology, podiatry, pulmonary medicine, OB-GYN, rheumatology, urology, social services, laboratory services, case management, and surgery services.

Fees: Sliding scale, insurance is accepted: some private insurance, Medicare, Medicaid, HealthRight/Alliance, Unison, and Chartered Health/Alliance.

**Spanish/Deaf:** Yes
Website: [www.unityhealthcare.org/HealthCenters/ServiceEastRiver.html](http://www.unityhealthcare.org/HealthCenters/ServiceEastRiver.html)
Damien Ministries
Mailing Address: P.O. Box 10202
Washington, DC 20018
Street address: 2200 Rhode Island Ave., NE
Washington, DC 20018
Phone: (202) 526-3020
Fax: (202) 526-9770
Food Bank: (202) 526-3188
Food Bank Hours: Tuesday, Thursday 11:30am-3pm
                      Wednesday 1:30pm-6pm
Office Hours: 10am -6pm
Services: Transitional Housing for men, women, and children who are HIV+. Apartment
          style living, substance abuse counseling, life skill counseling, individual
          counseling, support groups, spiritual development, access to the food bank, case
          management, retreats, and pastoral outreach to prisons, nursing homes, and
          private homes.
Requirements: To be eligible: individuals must have at least three months of sobriety; adults
              must be 18 years old; adult male or female must have one or two children; must
              receive Temporary Assistance to Needy Facilities (TANF), by TANF-eligible,
              receive SSI or income from employment; must submit a police clearance
              (criminal records do not automatically disqualify); must be Stage I or Stage II of
              HIV infection (documented by physician or health care provider); and must be
              free of tuberculosis and other communicable diseases (as documented by a
              physician or health care provider).
Restrictions: Referrals preferred from social worker.
Website: www.damienministries.org
Email: info@damienministries.org

D.C. Department of Health Administration for HIV/AIDS
Address: 899 North Capitol St NE, 4th Floor
Washington, DC 20002
Admin Phone: (202) 671-4900
Fax: (202) 673-4365
Hours: Monday- Friday 8:15 am – 4:45 pm
Info line: (202) 311-AIDS
Services: HAHSTA partners with health and community-based organizations to offer
          testing and counseling, prevention education and intervention, free condoms,
          medical support, free medication and insurance, housing, nutrition, personal care,
          emergency services, and direct services at its STI and TB Clinics and more for
          residents of the District and the metropolitan region.
Fees: Free
Email: http://dchealth.dc.gov/**

HIV Antibody Testing (anonymous) – DC HIV Counseling, Testing, and Referral Services
Phone: (202) 332-EXAM (3926)
Hours: Monday, Wednesday 12:30p-6:30p
               Tuesday, Thursday, and Friday 9:30a-4:30p
Services: Give referrals—where and how to get HIV testing. Results in 20 minutes!
Spanish: Available
Website: www.dchealth.dc.gov/doh
Gay/Bisexual Health Clinic – Whitman Walker Clinic

Address: 1701 14th St. NW
Washington, DC 20009

Phone: (202) 745-7000**
Fax: (202) 745-6162
Result Line: (202) 745-6112
Hours: Monday: 5:30-7:30pm
Friday: 1:30-4:30pm
Tuesday/Thursday: walk-ins 6pm
Spanish: Yes
Email: appointments@wwc.org

Metro Teen AIDS

Mailing Address: P.O. Box 15577
Washington, DC 20003

Address: 651 Pennsylvania Avenue SE
Washington, DC 20001

Phone: (202) 543-9355
Fax: (202) 543-8249
Hours: Monday-Friday 10am-8pm
Services: Free HIV Testing, call center for more information. Provide a variety of free
groups for adolescents, age 13-24, who are HIV+. Focus on prevention and
education. (Look under support group section). Three centers available, walk-in.
Also offer workshops and counseling. Offers free pregnancy testing and free
Gonorrhea and Chlamydia testing.

Website: www.metroteenaids.org

National AIDS Prevention Information Network

Mailing Address: PO Box 6003
Rockville, MD 20849-6003

Phone: 1-800-458-5231
Fax: 1-888-282-768
Hours: Monday-Friday 9 am - 6 pm
Website: www.cdcnpin.org
Email: info@cdcnpin.org
Live Online Chat: Yes

Project Inform

Address: 273 Ninth St.
San Francisco, CA 94103**
Hotline: (800) 822-7422 (National HIV Treatment Hotline)
Phone: (415) 558-8669
Fax: (415) 558-0684
HIV Services: HIV treatment and information on treatments, drugs, and infections for HIV+
people only. If give them address, they will send a packet of info. Will also
answer questions over the phone.
Website: www.projectinform.org

Infectious Disease Specialist
Jose M. Bordon, MD, Ph.D, AAHIVS
Address: Providence Medical Bldg, 1150 Varnum St NE, Ste 108
Phone Number: (202) 448-4052
Upper Cardozo Community Health Center (Unity Healthcare)

Address: 3020 14th St NW
          Washington, DC 20009

Phone: (202) 745-4300

Physician after hours: (301) 953-4574

Fax: (202) 299-1708

Hours: Monday-Friday: 8am-10pm
       Saturday/Sunday: 8am-2pm
       Urgent hours start at 5pm

Pharmacy Phone: (202) 722-5124

Pharmacy Hours: Monday-Friday: 8:30am- pm
                Saturday: 9am-5pm

Pharmacy Address: 508 Kennedy Street NW
                  Washington, DC 20010

WIC Hours: Monday-Friday: 8:30am-5pm
           Saturday: 8am-12pm

Services: Primary medical, dental, specialty care, including OB/GYN and HIV Care, health education, laboratory services, We Can Program, Social Services, including adolescent services, case management, and WIC.

Fees: Sliding scale based on income. Free services available for those in need.

Insurance: Accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance, and other private insurance plans

Virginia HIV, STI, Viral Hepatitis Hotline

*Disease prevention hotline

Phone: (800) 533-4148

Hours: Monday-Friday: 8am-5pm

Services: Statewide toll-free lines staffed by trained counselors to answer questions and provide crisis intervention, referrals, and written educational materials regarding STIs, HIV/AIDS, and Viral Hepatitis

Website: [http://www.vdh.state.va.us/epidemiology/DiseasePrevention/hotline.htm](http://www.vdh.state.va.us/epidemiology/DiseasePrevention/hotline.htm)

Whitman-Walker Clinic – Regional Locations

Elizabeth Taylor Medical Center

Address: 1701 14th St NW
         Washington, DC 20009

Phone: (202) 745-7000

Fax: (202) 745-6162**

Hours: Monday-Thursday 8am-8pm
       Friday 8am-5pm

HIV Testing Hours: Monday, Wednesday 9am-6pm
                  Tuesday, Thursday, Friday 9am-5pm

Fees: Free, donations required for certain services

Services: Primary medical care, HIV/AIDS-related care and culturally sensitive gay, lesbian, bisexual, and transgender health care. ANONYMOUS testing

Website: [http://www.wwc.org/hiv_aids_services/etmc.htm](http://www.wwc.org/hiv_aids_services/etmc.htm)

Email: wwcinfo@whitman-walker.org
Max Robinson Center
Address: 2301 Martin Luther King Jr. Ave, SE
Washington, DC 20020
Phone: (202) 797-3567
Hours: Monday-Friday 9am-5pm
Services: Primary medical care, mental health and addiction treatment, HIV testing and counseling, dental care, day treatment, and case management.
Fees: Sliding scale; takes Medicaid, Medicare, DC Alliance, private PPO plans
Spanish: Available
Website: www.wwc.org/regional_centers/max_robinson.html
Email: mrcwwc@whitman-walker.org

HIV and STI Testing

NOTE: Most hospitals will do a confidential HIV test. That is, they may report positive results to the Department of Health. An anonymous test, on the other hand, is one in which there is no way for anyone else to find out that a test was done, regardless of the results. Clients are anonymously provided an identification number and do not have to disclose their real names.

Alexandria Health Department
Address: 4480 King Street, 2nd Floor
Alexandria, VA 22302
HIV/AIDS Clinic: (703) 746-4976
STI Clinic: (703) 746-4846
Case Management: (703) 746-4899 (Care Clinic, AIDS Drug Assistance & Primary Medical Care)
Fax: (703) 746-4979
Monday-Friday: 8am-12pm, 1pm-5pm
Spanish-speaking health information specialists available at ext. 232
Hours: STI Clinic: Wednesday: 4pm-6pm
HIV Clinic: Wednesday: 1pm-3pm, Thursday: 5pm-6:30pm
Services: Provide free, anonymous, and confidential HIV and STI testing on a walk-in basis (No appointment necessary).

Arlington County Public Health
Address: 2100 Washington Blvd, 2nd Floor
Arlington, VA 22204
Phone: (703) 228-1200
Fax: (703) 228-1255
TTY: (703) 228-1298
HIV Clinic Hours: Wednesday: 3pm-6pm, Thursday: 12pm-2pm (no appointment necessary)
STI Clinic Hours: Monday: 12pm-3pm, Thursday: 3pm-6pm (appointment only)
Services: Provides free, anonymous or confidential HIV testing. Also have AIDS and drug assistant program for those with no insurance and/or no/low income. Intake only; Arlington County residents only
Joseph Willard Health Center
Address: 3750 Old Lee Hwy.
Fairfax, VA 22030-1806

Phone: (703) 246-7100 (TTY: 711)
Clinic Hours: Monday 8am-3:30pm (walk-ins welcome)
Tuesday 10am-6pm
Wednesday 8am-3:30pm (walk-ins welcome)
Thursday by appointment only
Friday 7:30am-12pm

Confidential STI Testing Hours: Tuesday: 10am-11:30am
Wednesday: 5pm-6pm only

HIV Testing: First and Third Wednesday every month, 5-6:30pm
Fees: Free
Spanish/Deaf: Access to Spanish interpreters and TTY. Other languages available.
Services: TB testing, immunization, pregnancy testing, refugee health screening,
international travel vaccines, and WIC

Montgomery County Health Department - (Multiple Locations-Not all listed)
Up-County: 12900 Middlebrook Rd
Germantown, MD 20874
Office Phone: 240-777-3420
Hours: Monday-Friday: 7:45am-5pm
Mid-County: 1301 Piccard Dr. (Montgomery County Crisis Center)
Rockville, MD 20850
24-Hr Crisis Line: 240-777-4000
24-Hour TTY #: 240-777-4815
Office Hours: Monday-Friday 8:30am-5pm
Down County: 3300 Briggs Chaney Rd.
Silver Spring, MD 20904
Office Phone: 240-777-4470
Hours: Monday-Friday 8:30am-4pm
STI/HIV Testing: Dennis Ave. Health Center
2000 Dennis Ave.
Silver Spring, MD 20902
Phone: (240) 777-1790
Hours: Monday-Friday 8am-4pm (with extended clinic hours
Fees: $10 donation for STI clinic required
Services: ANONYMOUS and free HIV testing. Confidential STI testing done by
appointment only. Appointments cannot be made more than a week in advance.
Most appointments made one day in advance. MUST PROVIDE PROOF OF
RESIDENCE IN MONTGOMERY UNLESS GETTING AN HIV TEST!
Oraquick (quick oral HIV test) on Tuesday only
Website: www.montgomerycountymd.gov/hhs

Planned Parenthood
(See ABORTION and PREGNANCY ASSISTANCE for locations and phone numbers)
Hours: Varies by location
Fees: $25 for adults, $10 for teens, sliding scale.
Services: ANONYMOUS testing. By appointment only.
Spanish/Deaf: Spanish

ALCOHOL AND DRUG ASSISTANCE
Alcoholics Anonymous
Address: 4530 Connecticut Ave NW, Suite 111
          Washington, DC 20008
Office Number: (202) 966-9783
24-Hour Hotline: (202) 966-9115
Spanish: (202) 797-9738 (answering machine)
Fax: (202) 966-4499
Locations: Must call first for a complete listing of times and places. Literature is available.
Website: http://www.aa-dc.org

Al-Anon/Alateen (for family and friends of alcoholics)
Address: PO Box 10898
          Parkville, MD 21234-0898
Hours: Monday-Friday: 2pm-6pm (& 24-hr. info recording)
          Saturday: 10am-1pm
Phone (DC): (202) 635-2023
Phone (Baltimore): (410)-832-7094 (check website for more MD numbers)
Locations: DC, Montgomery County, PG County, South Maryland suburbs.
Service Center Address: Seekers Church Building
          278 Carroll Street NW
          Washington, DC 20012
Fee: No dues, donations accepted from members only
Website: http://www.marylanddc-alanon.org/
Email: Area24@MarylandDC-Alanon.org

Georgetown University Medical Center—Psychiatry Department
Address: 3800 Reservoir Rd, NW,
          Kober Cogan Building, 5th Floor
          Washington, DC 20007
or
          2115 Wisconsin Ave, Suite 200
Phone: (202) 944-5400
Contact: Babette Wise, Drug/Alcohol counselor
Fax: (202) 944-5402
Hours: Monday - Friday, 8:30am-5pm
       Call for appointment.
Services: Referrals, advising and treatment. Treatment can include group, individual or family. Outpatient and geriatric programs offered. Services for spouses of substance abusers

Nar-anon – for friends and family of someone with a substance addiction (Multiple Locations)
National Address: 22527 Crenshaw Blvd. Suite 200B
                 Torrance, CA 90505
Phone: (800) 477-6291
Fax: (310) 534-8688
Meeting Address: Gethsemane Baptist Church (small dining room)
5119 4th Street, NW
Washington, DC 20011
Meeting Time: Thursdays: 6:30pm
Meeting Address: Providence Hospital – Seton House
1053 Buchanan St, NE
Washington, DC 20017
Meeting Time: Sundays: 1:30pm
Website: http://www.nar-anon.org
Email: wso@nar-anon.org

Narcotics Anonymous
Mailing Address: PO Box 9863
Washington, DC 20016
Phone: (202) 399-5316
(800) 543-4670 (24 hrs, automated)
Services: Call 24-hours for listing of meeting times and places, as well as resources and referrals.
Web Site: http://www.cprna.org
Email: helpline@cprna.org

National Council on Alcoholism and Drug Dependence
Phone: (800) 622-2255 24-hour HOPE line providing affiliate referrals
Business: (212) 269-7797
Fax: (212) 269-7510
Address: 20 Exchange Place
New York, NY 10005
Services: Referrals and information. Help teens with problems.
Website: www.ncadd.org
Email: national@ncadd.org

Psychiatric Institute of DC
Phone: (202) 885-5600 (24-hours)
(202) 885-5610 Admissions for appointments
Address: 4228 Wisconsin Ave., NW
Washington, D.C. 20016
Walk-in: 24hrs
Services: Assessment (free) and referrals. Outpatient and in-patient treatment center are also available. Services provided for children, adolescents, and adults. Trauma Center & Detox.
Web: www.psychintstitute.com

Drug Treatment Programs

Addiction Prevention and Recovery Administration (APRA)
Business: (202) 727-8857
Address: 1300 1st Street, NE
         Washington, DC 20002
Contact: Shaun Snyder- Interim Senior Deputy Director
Hours:  8:30am-5:30pm
Services: Counselors assess patients and make referrals
Assessment Referral Center Address: 70 N Street NE
                                      Washington, DC
Assessment Referral Center Phone: (202) 727-8473

Against Drugs and Alcohol with Planned Treatment (ADAPT)
Child and Family Assistance
Phone:  (202) 727-3966
Hotline: (202) 671-7233
Address: 400 6th Street, SW
          Washington, DC 20024
Sylvester Judge, Supervisors & ADAPT Family Services

Alcohol & Drug Services (ADS) of Fairfax County
Phone:  (703) 934-5476 Entry and Referral Services
Fax:    (703) 934-8742
TTY:    (703) 322-9080
Address: 3900 Jermantown Rd., Suite 201,
          Fairfax, VA 22030
Hours:  8:30am-4pm
Contact: William H. Williams, Program Manager: (703) 934-5476
Services: Referrals for treatment, outpatient counseling. Offers programs for youth,
           adolescents, adults, elderly, the homeless population, and women
Eligibility: Must live or work in Fairfax County
Fees:    Sliding scale

Cheverly County Addiction Program (Falls under Prince George’s County Addiction Program)
Phone:  (301) 583-5920
Address: 3003 Hospital Drive, Ground Floor
          Cheverly MD 20785
Hours:  Monday –Thursday 6:45am-7:30pm
       Friday 6:45am-5pm
Services: Outpatient program. Counseling and medication offered depending on need.
           Methadone treatment available.
Fees:    Sliding scale

Criminal Justice Division
Address: 1300 1st Street, NE, 2nd Floor
         Washington, DC 20002
Contact: Assistant Attorney General Lanny A. Breuer
Criminal Division Citizen Phone Line: (202) 353-4641
DOJ Switchboard: (202) 514-2000
Hours:  Monday – Friday 9am-1pm, 2pm-5:30pm
Services: Urine monitoring, Alcohol screening, Client tracking, Referrals to appropriate
           APRA treatments, Prisoners program
Email:  criminal.division@usdoj.gov

DuPont Circle Club
Phone:  (202) 234-STEP main # to the building
Address: 1623 Connecticut Ave, NW, Suite 200
Washington, DC 20009
Hours: Daily: 7:30am-1pm, 4pm-9:30pm
Tuesday/Thursday: meetings offered at 3pm
Services: Alcohol and substance abuse meetings, survivor of incest meetings, sex and love addicts meetings, and gamblers meetings. Debtors Anonymous; Overeaters Anonymous; Co-Dependents Anonymous
Website: www.dupontcircleclub.org

**RAP, Inc. (Regional Addiction Program)**

Phone: (202) 462-7500
Fax: (202) 462-7507
Address: 1949 4th Street, NE
Washington, DC 20002
Hours: Intakes Monday – Thursday 9-5.
Services: 24 hour facility provides medical services, psychological services, individual, family, parental counseling and education. Outpatient primary medical care offered for people with HIV. Emergency shelter for males with HIV
Email: info@rapinc.org

**Salvation Army Harbor Lights**

Phone: (202) 269-6333
Address: 2100 New York Avenue, NE
Washington, DC 20002
Services: Residential treatment center for drug and alcohol abuse. Open 24 hours.
Contact: Mr. Askew

**Second Genesis**

Phone: (301) 563-1545
Address: Anne Arundel Facility /DC Residential Facility /Mellwood Residential Facility
107 Circle Dr. /1320 Harvard St. NW /4620 Melwood Rd.
Crownsville, MD 21032/Washington, DC 20009/Upper Marlboro, MD 20772
Office Hours: Monday- Friday: 9am- 5pm
Services: Provides residential and outpatient substance abuse treatment and rehabilitation, services to men, women, women with children (up to 10 years of age), and individuals with co-occurring disorders.
Website: http://www.secondgenesis.org/
Email: info@secondgenesis.org

**University of Maryland Health Center**

Phone: (301) 314-8184
Nurse Line: (301) 314-9386

Hours: M-F 8AM-6PM
Sat 9AM-12PM
Services: Outpatient treatment program. Alcohol prevention; Substance Abuse Intervention Program; education and counseling. **For registered students only**
Contact: (301) 314-8106
Ronnie Brown, Substance Abuse Program
Nancy Harrise (Mental Health, Survivor Counseling)
Transitional Housing

Oxford Houses, Inc. – General Services

Phone: (301) 587-2916
Toll Free: (800) 689-6411
Fax: (301) 589-0302
Address: Various Locations throughout DMV
Services: Self-supporting, autonomous, self-governing recovery houses; must be sober and drug-free, non disruptive and pay rent; no counselors available. AA/NA oriented.
Web: www.oxfordhouse.org
Email: info@oxfordhouse.org

BISEXUAL, GAY, LESBIAN AND TRANSGENDER COMMUNITY RESOURCES

Black Lesbian Support Group

Phone: (202) 797-3593 # transfers to the mental health info line
Address: 1810 14th Street, NW
Washington, DC 20009
Services: Group Session that meets the 1st, 2nd, and 4th Saturday of the month 3-5pm. 35+ group that meets 1st Saturday of the month.
Meeting Address: University of DC, Building 38, B level, 4.0 lounge
Website: www.blsg.org
Email: postmaster@blsg.org

DC Center: for the LGBT Community
Phone: (202) 682-2245
Address: 1318 U Street, NW
         Washington, DC 20009
Hours: Monday-Friday: 12pm-6pm
       Saturday: 11am-3pm
Services: Provides support and recourses for LGBT community members.
Website: www.thedccenter.org
Email: contact@thedccenter.org

Helping Individual Prostitutes Survive (HIPS)
Phone: (202) 232-8150
Hotline: (800) 676-HIPS
Fax: (202) 232-8304
Address: 1309 Rhode Island Ave. NE, Suite B
         Washington, DC 20078
         or
         PO Box 21394
         Washington, DC 20009
Services: Assists female, male and transgender individuals engaging in sex work in DC
         and in leading healthy lives.
Website: www.hips.org
Email: hips@hips.org

Max Robinson Center (Whitman-Walker Clinic)
Phone: (202) 678-8877
Address: 2301 Martin Luther King, Jr Ave. SE
         Washington, DC
Hours: Monday-Friday: 9am-6pm
Services: Anonymous testing and Full AIDS clinic; Therapy, dental, physicals, etc.
Fees: Free
Spanish/Deaf: Spanish and ASL

Sexual Minority Youth Assistance League (SMYAL)
Phone: (202) 546-5940
Fax: (202) 544-1306
Address: 410 7th Street SE
         Washington, DC 20003
Hours: Call for hours
Services: Peer support groups, counseling for bisexuals, gays, lesbians and transgender persons.
          Youth leadership program for 13-21 year-olds

Whitman Walker Clinic
Phone: (202) 797-3500
Address: 1407 S St. NW
         Washington, DC 20009
Hours: Monday-Friday: 9am-5pm
Services: Telephone and walk-in counseling. Library available; Legal services; Referrals to
          lesbian-sensitive therapists given and other area resources.
Whitman-Walker Lesbian Services

Address: 1701 14th St., NW
Hours: Monday: 5:30pm-7:30pm
       Friday: 1:30pm-4:30pm
Contact: Provides gynecological care, peer support groups, health education, and therapy.
        Currently a 2-3 week appointment waiting period.
CHILDREN’S SERVICES
See also: Mental Health, Rape Crisis Centers & Programs

Hotlines

Al-Anon/Alateen - Family of Alcoholics
Phone: (757) 563-1600
Information Line: (800) 344-2666
Intake Line: (888) 425-2666
Hours: Monday-Friday: 8am-6pm
Inner AA Group. Also provides services in Spanish and French

Childhelp USA
Phone: (480) 922-8212
Hours: Monday-Friday: 8:30am-5:30pm (Mountain Standard Time)
Toll Free: (800) 422-4453 24hrs
Fax: (480) 922-7061
Address: National Headquarters
15757 N. 78th Street, Suite B
Scottsdale, AZ 85260
Services: Crisis counseling for child abuse and neglect, Referrals, Information, educational programs, (SUBS) Speak Up Be Safe
Spanish/Deaf: Spanish speakers available, over 140 different languages
Website: www.childhelp.org

Nar-Anon (for families of drug abusers)
Phone: (800) 477-6291
Hours: Monday-Thursday: 9am-5pm (Pacific Standard Time)
Friday: 9am-3pm
Services: Available to family and friends of drug abusers. Call for meeting times and locations.
Website: www.naranon-maryland.com (lists meetings for Maryland, Washington, DC and Northern Virginia)
Email: wso@nar-anon.org

National Center for the Prosecution of Child Abuse
Phone: (703) 549-9222
Fax: (703) 836-3195
Address: 99 Canal Center Plaza, Suite 330
Alexandria, VA 22314
Services: Literature, workshops and assistance to child abuse prevention professionals.
Prosecutors, no victim assistance.
Email: ncpca@ndaa.org

National Runaway Switchboard
Phone: 1-800-RUNAWAY 24hrs
Services: Crisis intervention and referral for runaway and family.
DHS Child and Family Protective Services
Phone: (202) 442-6100 (Child and Family Services)
Hotline: (202) 671-7233
Fax: (202) 727-6505
Address: 400 6th Street, SW
        Washington, DC 20024
Hours: Monday-Friday: 8:15am-4:45pm
Services: To report child abuse, contact Police Dept or DHHS. Provide referrals, etc.
OECD provides subsidized child care to eligible working parents. Provides investigation.
Spanish/Deaf: Some Spanish available.
Email: cfsa@dc.gov
Website: www.cfsa.dc.gov

Safe Shores—DC Children’s Advocacy Center
24Hr Hotline: (202) 671-SAFE (7233)
Phone: (202) 645-3200
Fax: (202) 280-1082
Address: 429 O Street, NW
        Washington, DC 20001
Hours: Monday - Friday 8:30am-5:30pm
Services: Assist agencies like MPD in investigation of child abuse. Also provide therapy,
clothing and on-site meals for clients. NO SHELTERS. Deals with children ages
0-13 ONLY
Fees: Free
Spanish/Deaf: Interpreters available if necessary.
Website: www.safeshores.org
Email: team@safeshores.org

Child Protection Services - Maryland

Montgomery County Protective Services and Child Welfare Services
Phone: (240) 777-3500 Administrative Line
        (240) 777-4417 24hr Reporting Crisis Line
        (240) 777-3556 TTY (office hours only)
Address: 1301 Piccard Drive
        Rockville, MD 20850
Hours: Monday-Friday: 8:30am-5pm
Fees: Free
Services: Investigates and follows up on cases of child abuse and neglect as well as
providing other family services. Can provide some legal and counseling referrals.
Walk-ins accepted.
Spanish/Deaf: Some Spanish

Prince George’s County Protective Services
Child Protection Services – Virginia

Alexandria Protective Services
Phone: (703) 746-5800
TTY: (703) 836-1493
Address: 2525 Mt. Vernon Ave, Alexandria, VA 22301
1900 N Beauregard Street, Suite 200
Alexandria, VA 22311
Hours: 8:30am-5pm
Fees: Free
Services: For Alexandria residents only. Investigates and follows up cases of child abuse and neglect. Provides family services. Referral service. Walk-ins accepted.
Spanish/Deaf: Spanish interpreters available.

Arlington Protective Services
Hotline: (703) 228-1500 (24 hours)
Phone: (703) 228-1550
TTY: (703) 228-1598
Address: Department of Human Services
3033 Wilson Blvd., Suite 500A, Arlington, VA 22201
Hours: Monday - Friday 8:30am-5pm; 24-hour phone service. (evening appointments available)
Fees: Free
Services: Investigates and follows up cases of child abuse and neglect. Referral service. Appointments preferred. Walk-ins accepted but not guaranteed.
Spanish/Deaf: Spanish.

Fairfax Protective Services
Phone: (703) 324-7400
Richmond State Hotline: (800) 552-7096 *regular # transfers to Richmond after hours
Address: 12011 Government Center Pkwy
Fairfax, VA 22035-1102
Hours: Monday-Thursday: 8:00am-5:00pm
Friday: 8:00am-4:30pm
Hotline 24 hours
Fees: Free
Services: Investigates and follows up cases of child abuse/neglect. Provides referrals to help people find mental health centers, therapy, community resources, etc.
Spanish/Deaf: Spanish and referrals to deaf services.
National Center for Missing and Exploited Children
Phone: (703) 274-3900
Hotline: (800) THE-LOST (800-843-5678)
Fax: (703) 224-2212
Address: 699 Prince Street
Alexandria, Virginia 22314-3175
Hours: Monday-Friday: 9am-5:30pm
Services: Finds missing children, and assists victims of child abduction and exploitation, their families, and professionals who serve them
Website: www.ncmec.org

Child Counseling – District of Columbia

Department of Mental Health
Administrative: (202) 673-7440
Hotline: 1 (888) 793-4357
Address: 64 New York Ave, NE, 4th Floor
Washington, DC 20002
*Currently at 609 H Street NE, but will be back at the main building in Sept.
Hours: 8:30am-5pm (Administrative Offices)
Hotline 24 hours
Fees: Free
Services: Family and individual counseling referrals.
Languages: Spanish, French, Korean, Vietnamese, Chinese (some)

DC Police Communications
(To make non-emergency reports call 311, for emergencies dial 911)
Non-Emergency business line: (202) 737-4404
DC Police Youth Division: (202) 576-6768
Child Abuse and Incest: (202) 671-7233
DC Gov. Information Line: (202) 727-1000
Spanish/Deaf: No formal services, interpreter can be requested.

Dickinson, Pentz, McCall, Honnald
Phone: (202) 728-1166
Address: 1660 L St NW, #503
Washington, DC 20036
Hours: Monday–Friday: 7am-8pm
Fees: sliding scale, $100/hr is their standard fee. No Medicaid
Ages: 16 and older
Services: Long or short term therapy for individuals and couples. Offer sex education, counseling for rape survivors, children of sexual abuse, and for sexual dysfunction.
They also treat sex offenders.
Spanish/deaf: None.

Family Matters of Greater Washington
Phone: (202) 289-1510
Address: 1509 16th St NW
Family & Medical Counseling Services, Inc. (FMCS)

Phone: (202) 889-7900 
Address: 2041 Martin Luther King, Jr. Avenue, SE #311
Washington, DC 20020

Hours: Monday-Friday 8:30am-5:30pm. Evenings and Saturdays by appointment only.
Fees: Call for prices
Services: Individuals, families, groups, and adolescents. Counseling and Psychotherapy.
Marriage counseling, alcohol/substance abuse counseling. Support groups.
HIV/AIDS services: case management, nutrition, food bank, entitlements, health care ed. Primary medical care for HIV.

Spanish/Deaf: None
Website: www.fmcsinc.org
Email: fmcsinc@fmcsinc.org

Main Child and Family Services

Phone: (202) 442-6100
Hotline: (202) 671-7233
Adoption & Foster Care Hotline: (202) 671-5683
Public Info: (202) 442-6180
Address: 400 6th Street, SW
Washington, DC 20024

Hours: Monday–Friday: 8:00am-4:45pm
Hotline 24 hours
Fees: Free or low-cost
Services: Referred after crisis or neglect. 24hr intakes, crisis intervention, deals with neglected children and families with children. Family preservation, family support, foster care, adoption.

Spanish/Deaf: Spanish (uses language line)
Website: www.cfsa.dc.gov

Meyer Treatment Center

Phone: (202) 237-2700**
Address: 5028 Wisconsin Ave Suite 400 NW
Washington, DC 20016

Hours: 
Phones: Monday-Friday: 8:30am-5pm
Therapy: Monday-Friday: 8am-8pm
Services: Long or short term individual counseling, family therapy, psychotherapy for clients of all ages. No session limits. Community Mental Health Outpatient service only with a minimum fee of $50—Medication management clinic for out of network plans

Fees: sliding scale with a minimum of $50. Insurance accepted.
Spanish/Deaf: Spanish, French, German, Croatian, Yiddish. No deaf services.
Website: www.wspdc.org
Progressive Life Center
Phone: (202) 842-2016
Fax: (202) 349-7687
Address: 1933 Montana Ave., NE
Washington, DC 20002
Hours: Monday–Thursday: 8:30am-5:30pm
Friday: 8:30am-5:00pm
Contact: Peter Fitts
Fees: Call for prices
Services: Provides Behavioral Health, Child & Family Welfare Services. They also have programs focused on the social, emotional and spiritual well-being of African-Americans and Africans throughout diaspora. Provides organizational development and training.
Spanish: Available
Website: www.ntuplc.org

Psychiatric Institute of DC
Phone: (202) 885-5600
(800) 369-2273
Address: 4228 Wisconsin Ave NW
Washington, DC 20016
Hours: 24 hours
Fees: No sliding scale. Most insurance accepted. Medicare. Medicaid for children under 18 in the MD and DC area only.
Services: A week- 30 day in-patient program. Four programs: Adolescent Unit, Survivors of Abuse (acute care), and Adult Substance Abuse unit, Psychiatric Unit. Out-patient support groups for survivors of trauma and chemical dependency. Children unit as young as 5. Partial-day program 5 days per week dealing with regular adult issues, geriatrics, and survivors of trauma.
Spanish/Deaf: ASL interpreters if needed (not available 24/7)
Website: www.psychinstitute.com

Victims of Crime Assistance Program (VOCAP)
Child and Adolescent Protection Center (part of Children’s Hospital)
Phone: (202) 476-3000
Appointment Line: (202) 476-4950
Children’s International BEAR Line: (888) 884-BEAR
CAPS: (202) 476-4100
Address: 111 Michigan Ave, NW
Washington, DC 20010
Hours: Office 8:30am-12pm and 1pm-4pm; On-call clinician 24 hrs in ER
Fees: Call for prices
Services: Services are for child and adolescent victims of intentional or non-accidental physical injury, sexual abuse or assault, children who are hospitalized and classified under hospital protocol as Victims of Violence. On-call clinician provides experienced and skilled crisis intervention. Additionally case management and referral services.
Spanish/Deaf: Interpreters available through the hospital

Victim Service Center
(Run by the Center for Child Protection and Family Support)

Phone: (202) 544-3144
Fax: (202) 547-3601
Address: 714 G St. SE
Washington, DC 20003
Contact: Linda Cherry
Hours: Monday-Friday: 9am-5pm, extended by appointment.
Fees: Free
Services: The Family Support Center provides preventive and community workshops, outreach, housing, tutoring, food, and utilities assistance. They also have mental health services for children ages 4-17 that have been victims of child abuse, neglect, and witnesses of violence.
Spanish/Deaf: None
Website: www.stopchildabusenow.org

Child Counseling - Maryland

Affiliated Santé Group
Phone: (301) 572-6585
Fax: (301) 572-5062
Address: 12120 Plum Orchard Drive
Silver Spring, MD 20904
Hours: Monday–Friday: 8:30am-4:30pm; additional evening and weekend hours
Fees: Sliding scale. Medicaid accepted.
Services: Long and short term individual and family therapy. Support groups for children whose parents are divorced or separated. Groups for special topics (self-esteem, social skills, etc.) Accepts clients of all ages.
Spanish/Deaf: No Spanish; access to deaf services
Website: www.thesantegroup.org

Family Services Foundation
Phone: (301) 459-2121 ext. 200—front desk
TTY: (301) 731-6141
Fax: (301) 459-0675
Address: 5301 76th Ave
Landover Hills, MD 20784
Hours: Monday/Thursday: 9am-9pm
Tuesday/Friday: 9am-5pm
Wednesday: 9am-9pm
Fees: Sliding fee based upon income; Accepts all insurance
Services: Short/long term therapy for individuals & families, support groups for parents & teens. Accepts clients 4 yrs. and older.
Spanish/Deaf: Deaf Services available.
Website: www.fsfinc.org

Child Counseling – Virginia

Alexandria Domestic Violence Program
Phone and TTY: (703) 838-4911
Sexual Assault Number: (703) 683-7273
Domestic Violence Hotline: (703) 746-4911
Hours: 24 hours
Address: 421 King St. #400
Alexandria, VA 22314
Fees: Free for Alexandria residents or, if assault happened in Alexandria
Services: Individual counseling and support groups. Shelter, outreach counseling, and court advocacy.
Spanish/Deaf: Spanish interpreters. TTY available on hotline. (uses language line)
Website: www.alexandria.gov/domesticviolence

Reston Counseling Center
Phone: (703) 437-0400
Address: 1800 Town Center Dr.
Reston, VA 20109
Hours: Monday–Thursday: 10am-8pm
      Friday: 10am-6pm
      Saturday by appointment only
Services: Counseling for children, adolescents, and adults. Have staff members who specialize in CSA and trauma for both adults and children. Also depression, PTSD, stress, anxiety, hypnosis, play therapy, sex therapy,
Intake: contact Linda Jackson for initial appointment
Fees: Sliding scale, accept some insurance; have payment programs.
Spanish/Deaf: Must bring own interpreter

Columbia Associates in Psychiatry
Phone: (703) 841-1290
Address: 2501 N. Glebe Road, Suite 303
Arlington, VA 22207
Hours: Monday–Friday: 8:30am-5pm
Fees: MSW’s: $300 for initial evaluation and then $150-250/Session. Psychologist: $200 for initial evaluation and then $165/Session. No sliding scale; no free services; no Medicaid. DON’T ACCEPT MOST INSURANCE. ONLY ACCEPT TRICARE. EAP Program only through Arlington County.
Services: Individual counseling for clients most ages, inpatient counseling with psychiatrist, family therapy. Also outpatient therapy, medication management, and psychological testing.

Dominion Psychiatric Treatment Center
Phone: (703) 536-2000
Address: 2960 Sleepy Hollow Road
Falls Church, VA 22044
Hours: 24 hours
Fees: Insurance — Medicaid (no adult 21 years or older), no MD Medicaid
Services: In-patient child, adolescent, and adult care. Deals with abuse trauma recovery, eating disorders, and dual diagnosis. Have partial programs for children, adolescents, and adults. Crisis intervention includes intake assessment/referral and eating disorder support group. Intake assessment/referral and support groups are free
Spanish/Deaf: Foreign language and deaf interpreters available if needed.

East River Family Strength Collaborative
Phone: (202) 397-7300
Family Counseling Center
Phone: (703) 368-1683
Contact: Dr. William McLaughlin
Address: 9300 Grant Avenue, Suite 300
Manassas, VA 20110
Hours: Monday-Friday: 9am-5pm (call for appointment)
Services: Private Mental Health Center offering a comprehensive range of services for children, adolescents and adults. Staff includes psychiatrists, psychologists, clinical social workers, professional counselors. Services include crisis intervention, psychotherapy, groups, etc for areas such as child sexual abuse and trauma, school problems, adolescent issues, ADHD/behavioral problems, etc.
Intake: by appointment, call center for initial evaluation and clinical director will assign staff member whose experience best meets needs of particular clients.
Fees: accept private health insurance.

Northern Virginia Family Service
Oakton-Headquarters: (571) 748-2500
Address: 10455 White Granite Drive, Suite 100
Oakton, VA 22124
Alexandria: (571) 748-2840
Address: 5249 Duke Street, Suite 308
Alexandria, VA 22304
Loudon: (571) 748-2790
Address: 2 Pidgeon Hill Drive, Suite 430
Sterling, VA 20165
Tysons Corner: (571) 748 2860
Address: 8301 Greensboro Drive, Suite 103
McLean, VA 22102
Multicultural Info & Referral Hotline: (703) 533-3302
Hours: Monday-Friday: 9am-5pm
Fees: Call for prices
Services: One-on-one individual counseling available for $90/hr as well as family counseling. Also tobacco prevention programs. Job training. Medical and dental services
Spanish/Deaf: Spanish speakers on site but no Spanish speaking counselor
Website: www.nvfs.org
Email: info@nvfs.org

Northwest Center for Community Mental Health
Phone: (703) 481-4100
Address: 1850 Cameron Glen Dr., Suite 600
Reston VA

Hours:
Monday-Thursday: 8am-9pm
Friday: 8am-5pm by appointment.
Emergency walk-ins Monday-Friday: 9am-5pm.

Fees:
$100 Sliding scale. Serve those without insurance.

Services:
Treats Fairfax County residents ONLY. Out-patient counseling for youth (5 and up) to adults, and geriatrics. Connected with abused women's shelter, emergency service. Offers crisis intervention and groups for domestic violence, and the mentally handicapped. Anger management group for abusers. Many support groups. Links to inpatient services, adolescent and adult day treatment programs. Adolescent program is set up like a school program, and for adults they help maintain stability after leaving the hospital.

Spanish/Deaf:
Several Spanish speaking counselors.

Sexual Assault Response and Awareness - Alexandria Office on Women

24 hr hotline: (703) 683-7273
Office Number: (703) 838-5030
Office of Women: (703) 746-5030
Address: 421 King Street, Suite 400
          Alexandria, VA 22314
Office Hours: Monday-Friday: 8am-5pm
Fees: Free
Services: 24-hour hotline; support groups including adolescent, adult CSA survivors, creative expression. Short term counseling for adults and children. Medical and legal advocacy. Will accompany survivor to ANOVA Fairfax Hospital, Alexandria Police, and Alexandria Courts. Must live in Alexandria or be victimized in that city/county. Support groups also offered to non-Alexandria residents.

Spanish/Deaf: Multicultural coordinator fluent in Spanish. No TTY. List of Deaf interpreters available.

(Woodbridge) Child & Family Counseling Center

Phone: (703) 670-5738
Address: Village Square, 13649 Office Place, Suite 102
          Woodbridge, VA 22192
Hours: Monday–Friday: 9am-12pm & 2pm-5pm (close at 4pm on Fri)
        Therapists here Monday-Friday
Fees: PhD's: $110-95; LICSW $100-85
Services: Individual counseling, family therapy for clients age 5 and older.

Woodburn Center

Phone: (703) 573-0523
Entry Referral: (703) 383-8500
Emergency Number: (703) 573-5679
Address: 3340 Woodburn Rd
          Annandale, VA 22003
Hours: 24 hours for emergency
Fees: Sliding scale for Fairfax County residents
Services: Individual for clients of all ages and family counseling for clients up to age 18. Support groups.
Spanish/deaf: Spanish and deaf, Vietnamese, Arabic
Parenting Programs

**Bell Multicultural High School**

**Phone:**  (202) 939-7700  
**Address:**  3101 16 St. NW  
                Washington, DC  
**Services:**  Specialized child and teen parent day care development program. All teen mothers attend regular classes while their children ages 2-36 months stay in the day care located within the school.
DEAF SERVICES

NOTE: DCRCC can sometimes provide a deaf or signing counselor; we can also provide referrals to deaf therapists who work on sexual assault issues. For referrals to counseling, see below or have the survivor call the DCRCC Business line using a relay service (preferred method) or calling the Center at TTY (202) 328-1371.

All business lines will need to be called using a relay service.

Assistance

Alcoholics Anonymous (AA)
Phone: (202) 966-9115
Website: www.aa-dc.org
Email: aa-dc@starpower.net

Alexandria Child and Family Protective Services
Phone: (703) 746-5800
TTY: (703) 836-1493

Alternative Solutions Center
Fax: (301) 493-6044
Email: asc@ascdeaf.com
Services: Deaf-owned and operated psychotherapy and consulting practice staffed by Deaf licensed professional therapists.
Website: http://www.ascdeaf.com/home.html

Arlington Sexual Assault
TTY: (703) 358-4610

CDC Info: HIV/AIDS and STI Hotline
Info/education: Monday-Friday: 8am-8pm (Eastern Standard Time)
Hotline: (800)-232-4636
TTY: (888) 232-6348

Deaf Abused Women’s Network (DAWN)
TTY: (202) 861-0258
Fax: (202) 742-1730
Video-Phone: (202) 559-5366
24 hour Hotline/TTY: (866) 290-DAWN (3296)
Or hotline@deafdawn.org
Address: 5231 1st Place, NE
Washington, DC 20011
Website: www.deafdawn.org
Email: info@deafdawn.org

Deaf-REACH
TTY & Voice: (202) 832-6681
Fax: (202) 832-8454
Services: Counseling and referrals regarding housing, job skills, etc.
Website: www.deaf-reach.org

Equal Employment Opportunity Commission (E.E.O.C.)
Phone: (202) 663-4900
TTY: (202) 663-4494
General Inquiry/Complaint: (800) 669-4000
Field Office: (800) 408-8075
Employee Line at Headquarters: (202) 663-4791
Website: www.eeoc.gov
Email: info@ask.eeoc.gov

Montgomery County Sexual Assault/Abuse Crisis Center
Crisis Center: (240) 777-4000
Sexual Assault: (240) 777-1355
VASA (Victims Assistance of Sexual Assault): (240) 777-1355 after hours line
VASA Address: 1301 Picard Drive
Rockville, MD
VASA Hours: Monday-Friday: 8am-4pm

National Domestic Violence Hotline
Phone: 1-800-799-SAFE(7233)
TTY: (800) 787-3224 24 hrs. Provides information and referrals.
Website: www.ndvh.org

Psychiatric Institute of DC
Phone: (202) 885-5610 admission
TTY: (202) 885-5615
Address: 4228 Wisconsin Ave, NW Washington, DC 20016
Services: In-patient, partial hospitalization, intensive out-patient services for all
adolescents up (13+). Day treatment for trauma and PTSD; Specialized program
for chemical dependency.
Website: www.psychinstitute.com

Sign Language Associates
Phone: (301) 946-9710
TTY/VOICE: (301) 946-9710
Hours: 8am-5pm Interpreting Service.
Email: info@signlanguage.com
Website: www.signlanguage.com

Deaf Services Police
Alexandria Police
TTY: (703) 838-4896 24hrs

Arlington Police & Fire
Non-emergency TTY: (703) 228-4613
Emergency TTY: 911

D.C. Metropolitan Police
TTY: 311
Emergency TTY: 911

Montgomery County Police
TTY: 911 24hrs
TTY/Voice Non-emergency: (301) 279-8000
General Info TTY: (240) 777-2545

Prince George's County Police
TTY: (301) 333-4000 24 hours (non-emergency)
Emergency TTY: 911

Deaf Services - Relay Services
NOTE: Anyone can use the relay services; just call the number and they will either relay the information from voice to TTY or from TTY to voice. Speak in the first person when using the relay service.

D.C. Relay Service
TTY/Voice: 711
TTY: (800) 643-3768
Voice: (800) 643-3769
Access for deaf DC residents, DC employees, and Gallaudet University students. Available to DCRCC.

Maryland Relay Service
TTY/Voice: 711
TTY: (800) 735-2258
Voice: (800) 201-7165
Access for deaf MD residents and MD employees.

Virginia Relay Service
TTY/Voice: 711
TTY: (800) 828-1120
Voice: (800) 828-1140
Access for deaf VA residents and VA employees.

SERVICES FOR PERSONS WITH DISABILITIES
The DC Center for Independent Living, Inc.
Main Office: (202) 388-0033
Fax: (202) 398-3018
TTY: (202) 388-0277
Address: 1400 Florida Avenue, NE
Washington, DC 20002

Anacostia Satellite Site
Phone: (202) 889-5802
Fax: (202) 889-1159
Address: 2041 Martin Luther King Jr. Ave SE*
Washington, DC 20020
Hours: MTuThF: 8:15am-4:45pm; W 11am-7pm**
Services: Staff and volunteers assist DC residents with disabilities to become more self-
sufficient, understand and advocate for their rights and services to which they are
entitled, and to work collectively for a barrier-free society. Programs include an
independent living program for older individuals who are blind (vision aids,
vision evaluations, reader service, etc.) And also a transition training center, a
program for persons with traumatic brain injuries. Refer to transitional housing
Fees: free
Spanish and TTY only available at Main Office
DOMESTIC VIOLENCE

SEE ALSO: Rape Crisis Centers, Shelters, and Mental Health sections
FOR PERPETRATORS: See Offenders Programs

Crisis Intervention

Alexandria Domestic Violence Program
Phone: (703) 838-4911
Address: 421 King Street, Suite 400 Alexandria, VA 22314
Hours: 24 hour phones
Services: Provide crisis counseling, support groups, court advocacy, and outreach for battered women and their children. This is also a shelter.
Eligibility: Must be Alexandria resident and for shelter must be actively in danger
Intake: Screening process. Must call first.
Spanish/Deaf: Both available

Arlington County Victims of Violence Program
Hotline: (703) 228-4848 (24/7)
Business: (703) 228-1200** (Monday - Friday, 8am-5pm)
TDD: (703) 228-1598
Address: 3033 Wilson Boulevard, Arlington, VA 22201
Hours: 24 hours; business line M-F 8am-5pm
Fees: none
Services: Services available primarily to Arlington County Residents. Group and individual counseling. Companion services are upon request. Accompany survivor to hospital and courts. Has ongoing support groups for violence but only periodic ones for sexual assault. Advocacy, referrals, and community education.
Spanish/Deaf: Spanish counselors available:
Dama Vasquez...(703)228-1513
Mari Michoud...(703)228-1517
Deaf Interpreters available upon request

Asian Pacific Islander Domestic Violence Resource Project
Phone: (202) 464-4477
Hours: M-F 10am-6pm
Website: www.dvrp.org

CHANA (Counseling, Helpline and Aid Network for Abused Women)
Phone: (410) 234-0023**
Hours: MTh 8:30am-8:30pm TuWF 8:30am-5:30pm**
Address: 101 W. Mount Royal Ave.
           Baltimore City, MD 21201-5781
Services: Hotline, support group, individual counseling, safehouse, legal services and referrals for Jewish victims of domestic violence. Rabbinical and lay professional training, speaker’s bureau.
Comprehensive Psychiatric Emergency Program  (Formerly: Emergency Psychiatric Response Division)

Admin: (202) 673-9319
Crisis Line/TTY: (202) 561-7000
Hours: 24 hours
Fees: No fee
Services: Affiliated with St Elizabeth's. Off-site intervention available. CPEP will send unit to meet someone if necessary.

DC City-wide Domestic Violence Hotline
Hotline: (202) 333-STOP

Doorways for Women and Families
Phone: (703) 237-0881
Services: Provide crisis counseling, support groups, court advocacy, and outreach for battered women and their children. This is also a shelter.

DC Coalition Against Domestic Violence
Phone: (202) 299-1181
Address: 5 Thomas Circle, NW
Washington, DC 20005
Website: www.dccadv.org

DC Safe
Phone: (202) 879-8740
Address: PO Box 7412
Washington, DC 20044
Services: Provides emergency services, court advocacy, and system reform in DC area
Website: dcsafe.org

District Alliance for Safe Housing (DASH)
Phone: (202) 462-3274
Address: 1926 14th Street, NW, #B
Washington, DC 20009
Website: www.dashdc.org

Legal Assistance

Georgetown University Domestic Violence Clinic
Phone: (202) 662-9640
Address: 111 F Street, NW, Suite 334
Washington, DC 20001
Hours: Monday-Friday 9am-5pm (appt. only)
Services: Work on Civil Protection Orders for victims of domestic abuse. Work done by students so less availability in summer. By appointment only. Make intake referrals and take cases.
Fees: Free
Spanish/Deaf: Spanish may be available
Email: dvclinic@law.georgetown.edu
Website: www.law.georgetown.edu
Network for Victim Recovery of DC (NVRDC)
Phone: (202) 472-1727
Fax: (202) 472-1723
Address: The Lighthouse: Center for Healing
5321 1st Place, NE
Washington, DC 20011
Website: www.nvrdc.org

International Women’s Human Rights Clinic
Phone: (202) 662-9640
Address: 111 F Street NW, Rm 334
Washington, DC 20001
Hours: Monday - Friday 9am-5pm (appt. only)
Fees: Free
Services: Propose legislation to help enhance women's rights. Collect data on the persecution of women in other countries.
Website: www.law.georgetown.edu

Legal Services of Northern Virginia
Address: 3401 Columbia Pike, Suite 301
Arlington, VA 22204
Phone: (703) 778-6800
Fax: (703) 532-3733
Main Office: 6066 Leesburg Parkway, Suite 500 Falls Church, VA 22041
Hours: Business: Monday-Friday: 9am-5pm; Call for intake hours; closed for lunch 12:30pm-1:30pm
Services: Serves Arlington, Fairfax, Alexandria, Prince William and Loudon counties, Route 1, Callmore (near 7 Corners) call for separate locations. Legal assistance and advocacy for men and women in domestic violence situations, survivors of sexual assault and CSA, etc. Civil cases only, no criminal or traffic cases.
Spanish/Deaf: Spanish Intake Specialist; No TTY, but will assist Deaf survivors
Website: www.lsnv.org
Email: webadmin@lsnv.org

Virginia Lawyer Referral Service
Phone: (800) 552-7977
Services: Refer one lawyer in the area for a half hour consultation (phone or in-service).
Fees: Consultation has a $35 fee. (Takes Visa & Mastercard)
Hours: 9am-5pm Closed on state holidays.

The Women’s Center
See entry in Mental Health.

Resource Guide/Services
DC Resources for Domestic Violence Survivors (Resource Manual)

Domestic Violence Resource Clinic
Phone: (202) 425-7573
Address: Westminster Presbyterian Church
         400 I Street, SW
         Washington, DC 20024
Website: clinic@devlp.org
When: Every Wednesday from 1:00 -- to 3:30 pm

Spanish Services

AYUDA (Legal Services for DV cases)
Phone: (202) 387-4848
Address: 6925 B Willow Street, NW
         Washington, DC 20009
Hours: Monday-Friday: 9am-5pm
       Consultation: Thursday: 9am-11am (by appointment ONLY)**
Fees: Consultation for immigration – $40 (Cash Only)**
Services: Immigration and domestic violence cases in DC only, for Latina women. Offers legal assistance, and referrals. Hermanas Unidas is a support group for battered Latina women. Immigration help for both males and females.
Website: www.ayudainc.org
Languages: Spanish, Polish, and French interpreters available. No deaf services.

La Clinica del Pueblo
Phone: (202) 462-4788
Fees: On a sliding scale
Services: Counseling and support for battered Hispanic and immigrant women
Website: www.lcdp.org
ELDERLY ASSISTANCE

**Adult Protection Services**  
24 Hour Hotline:  (202) 541-3950  
Address:  64 New York Avenue, NE, 4th Floor  
Washington, DC 20001  
Services:  Provide services for ages 18 and up dealing with abuse, neglect, and exploitation issues. DC residents only. Must have physical or mental impairment.

**Barney Neighborhood House Aging Program**  
Phone:  (202) 939-9020  
Fax:  (202) 939-5755  
Address:  5656A 3rd Street, NE, (Ward 4 only)  
Washington, DC 20011  
Hours:  Monday-Friday: 9:00am-5:00pm**

**Call ‘N’ Ride (WEHTS Office)**  
Phone:  (202) 715-7652  
Address:  2601 18th St., NE  
Washington DC 20018  
Hours:  Monday-Friday: 7:30am-6pm  
*Call 'n' Ride is a transportation service funded by the DC Office on Aging and administered by WEHTS. It allows elderly (60 years or older) DC residents who meet certain eligibility requirement to obtain transportation for a portion of its normal cost. It is a curb-to-curb service, and trips may be made for any purpose. Once your application has been approved, you will be issued a photo ID card and a coupon order form. You may buy coupons on a sliding scale fee depending upon income. The coupons must be paid for by check or money order. Taxicabs provide the transportation. Drivers will accept CALL 'N' RIDE coupons to cover the cost of fares for trips that you take. To find out if you are eligible for CALL 'N' RIDE services, please call the office.*

**D.C. Office On Aging**  
Phone:  (202) 724-5622  
Hours:  M-F 8:30am-5pm  
Address:  500 K Street, NE  
Washington, DC 20002  
They provide over forty different services for seniors 60 yrs and older. They have everything from senior housing to emergency assistance. Call for specific information.

**Seabury**  
Phone:  (202) 529-8701  
Fax:  (202) 832-0127  
Address:  2900 Newton Street, NE (wards 5)  
Washington, DC 20018  
Hours:  Monday-Friday: 9am-5pm

**Iona Senior Services**  
Phone:  (202) 895-9448  
TTY:  (202) 895-9444  
Fax:  (202) 895-0244  
Address:  4125 Albemarle St, NW
Iona Transportation Resources
Phone: (202) 895-0234
Fax: (202) 895-0244
Address: 4125 Albemarle St NW
Washington, DC 20016
Hours: Monday-Friday: 9am -5pm
Services: If you are 60 years or older and live in the IONA Senior Services Area (West of Rock Creek Park), call the above number, one week in advance, to arrange for transportation. DC Resident wards coordinate and provide transportation for senior citizens.

Metro Access
All routes have accessible buses, but not all are bus accessible. Will arrange a wheelchair lift bus to be put on a bus route once or on a regular schedule. Wheelchair users must be able to enter and exit the bus by themselves or bring an escort. Call 24 hours in advance and before 3pm.

Metro Paratransit Service for the Disabled
Phone: (301) 562-5360
Metro's Department of Americans with Disabilities Act will arrange door-to-door transportation for anyone who is disabled regardless of age. Any destination currently served by metrobus or metrorail. Applications must be completed and submitted with a physician's statement.

**Starting June 27, 2004, any Metro Access customer (person w/disability) and 1 accompanying customer may ride Metrobus and Metrorail free for a 18-month trial period. Call Metro Access at (301) 562.5370 between 8am-4:30pm, weekdays, for more info.

Metrobus Discounts
Metrobus Access: (202) 962-1234
Services: Persons 65 and older can get a discount card that allows them to ride for ½ price. Available at Giant Food Stores, Public Libraries, and IONA Senior Services. Proof of age/photo ID required. Must obtain card in advance (cannot purchase at station).
Website: www.wmata.com

National Center on Elder Abuse
Phone: (855) 500-3537
Hours: 9am-5pm
Website: www.ncea.aoa.gov
Email: ncea-info@aoa.hhs.gov

National Clearinghouse on Abuse in Later Life
Phone: (608) 255-0539  
Website: www.ncall.org  
Email: ncall@wcadv.org

National Committee for the Prevention of Elder Abuse  
Phone: (202) 682-4140  
Website: www.preventelderabuse.org  
Email: ncpea@verizon.net

UPO Senior Life Center  
Phone: (202) 547-0569  
Address: 1508 East Capitol Street, NE  
          Washington, DC 20003  
Hours: Monday-Friday: 8:30am-4:30pm

UPO Senior Services  
Phone: (202) 238-4711  
Hours: Monday-Friday: 9am-5pm  
Contact: Dianna Guinyard –CommunityDirector  
Eligibility: 18 years and above
EMERGENCY FOOD

6th Presbyterian Church
Phone: (202) 723-5377  
Address: 5413 16th St, NW  
Washington, DC 20011  
Hours: 12:30pm-2pm (every 2nd and 4th Wed of every month)  
Restrictions: for anyone; a person may receive a food bag twice; after 2 visits, required to have a referral

Action for Peace Through Prayer & Aid  
Phone: (202) 939-0754  
Address: 319 R Street, NW  
Washington, DC 20001  
Hours: 9-6pm (Monday-Saturday) Call for appointment  
Services: Food, clothing, chapel service, hair cuts (once a month: first Thursday at 2pm), dance class for children (4pm Tuesday), pastoral counseling; bilingual (Korean and English); free wedding dress service for homeless (sliding fee scale for laundry)  
Restrictions: none mentioned

Andromeda Transcultural Health  
Phone: (202) 291-4707  
Address: 1400 Decatur Street, NW  
Washington, DC 20011  
Hours: Monday-Friday: 9am-5pm  
Services: HIV/AIDS services; primary care; case management, mental health, substance abuse counseling  
Restrictions: none mentioned  
Website: www.andromedatransculturalhealth.org

A.P. Shaw Food Pantry  
Phone: (202) 562-1874  
Address: 3209 5th St, NW  
Washington, DC 20020  
Hours: Tuesday, Wednesday, Thursday: 12pm-3pm  
Services: emergency food (canned goods), clothing  
Restrictions: DC residents; ID required for food; no restrictions on clothing

Berean Baptist Church  
Phone: (202) 829-8454  
Address: Department of Community and Social Services  
924 Madison Street, NW  
Washington, DC 20011  
Hours: Friday: 9am-11am  
Services: food and clothing; religious counseling

Food and Friends  
Phone: (202) 269-2277
Address: 219 Riggs Road, NE  
Washington, DC 20011

Hours: Monday-Thursday: 8am-5pm  
Friday/Saturday: 8am-2pm

Services: home delivered meals for people with AIDS, cancer, and other life challenging illnesses; bilingual in Spanish and English

Restrictions: referrals preferred

Greater Washington Urban League Aging Services
*Contact Headquarters

Phone: (202) 265-8200
Address: 2901 14th Street, NW  
Washington, DC 20009

Plymouth Congregational Church Food Pantry

Phone: (202) 723-5330
Address: 5301 North Capitol Street, NE  
Washington, DC 20011

Hours: 10-noon (Sat)
Services: emergency food
Restrictions: Written referral from agency, facility, or church member who can certify need of client required

S.O.M.E. (Main Office)

Phone: (202) 797-8806
Address: 600 O Street, NW  
Washington, DC 20001
GYNECOLOGISTS (PRIVATE)

Ellen Whitaker M.D.
Phone: (202) 877-7000
Address: 106 Irving Street NW
        North Tower Suite 4400
        Washington, DC 20010
Hours: Monday-Friday: 9am-1pm; 2pm-4pm

H. Yeni Komshian, M.D.
Phone: (301) 656-5920
Address: 5530 Wisconsin Avenue Suite 855
        Chevy Chase, MD 20815
Language: English, Arabic, French, German, Turkish

Peggy Scurry, M.D.
Phone: (202) 291-0124
Address: Howard University Hospital
Hours: Monday-Friday: 8am-5pm
       1 month wait for new patients
Fees: Accept most insurance; without insurance call for prices
Spanish/Deaf: Can make arrangements

Sara L. Imershein, M.D.
Address: 2311 M. St. NW, Suite 304
        Washington, DC 20037
Phone: (202) 466-4800
Fax: (202) 466-4808
Hours: Monday - Friday 8am-4pm
Below is a list of clinics provided by Unity Health Care, Inc. The clinics mainly offer general health care, such as treatment for common colds, STIs, and follow-up treatment. Some do HIV testing but you need to call and find out.

801 East Building for the Homeless
Phone: (800) 535-7252
Address: St. Elizabeth's Hospital Grounds
2700 Martin Luther King, Jr. Ave, SE
Washington, DC 20032

Blair Shelter
Phone: (800) 535-7252
Address: 635 I St. NE, Ward 6
Washington, DC 20002
Hours: Tuesday: 5:30pm-9pm
Restrictions: Males only; primary medical care

Central Union Mission Center for the Homeless
Phone: (202) MISSION (202-647-7466)
Address: 1631 14th Street, NW
Washington, DC 20009

Christ House Medical Shelter
Phone: (202) 328-1100
Fax: (202) 232-4972
Address: 1717 Columbia Road, NW
Washington, DC 20009
Service Hours: Monday, Tuesday, Thursday: 1pm (first come, first serve)
Dr. Hours: Monday, Tuesday, Friday: 12:30pm (first come, first serve)

Federal City Shelter Clinic (CCNV)
Phone: (202) 508-0500
Address: 425 2nd St. NW
Washington, DC 20001
Hours: Monday-Friday: 7:45am-4pm
Services: Primary medical care for adult men and women, HIV testing and treatment, case management, psychiatric services, social services, substance abuse counseling and referrals.
Eligibility: Permanent 24 hours shelter for adults, call (202) 393-1909. Stay is about 1 year.
Admission: Men on Sundays at 6am. Elderly (over 50), Women, and Handicapped admitted on a daily basis.

Friendship Place Clinic
Phone: (202) 364-1419
Address: 4713 Wisconsin Ave., NW
         Washington, DC 20016
Hours: Monday: 12:30pm-4pm,
       Tuesday-Friday: 8:30am-11:30am, 1pm-3pm
Services: Comprehensive case management; permanent housing for formerly homeless mentally ill; temporary housing (walk-in)

Good Hope Road Clinic (formerly Bethlehem Clinic)
Phone: (202) 610-7280
Address: 1638 Good Hope Road, SE
         Washington, DC 20020
Hours: Monday–Friday: 8am-4:45pm
Intake: Families, Women and Men
Services: Primary medical care for adult men and women, HIV testing and treatment, case management, psychiatric services, social services, TB screenings and substance abuse referrals.
Website: www.unityhealthcare.org

Harborlights (Salvation Army)
Phone: (202) 269-6333
Address: 2100 NY Ave NE
         Washington, DC 20002

NY Ave Shelter
Phone: (202) 281-3884
Address: 1355 NY Ave NE
         Washington, DC 20002
HOSPITALS

NOTE: Survivors should go to a hospital in the area where they were raped, not where they live. Women raped in DC must go to a DC hospital. MD residents must go to a hospital in the County where they were raped. VA residents should call the hospital first. They will be asked where they were raped and directed to the correct hospital.

Female MD's may not be available; however, hospitals have a female attendant (usually a nurse) in the room with the survivor.

Although Police may be routinely called, survivors are not required to talk to the police or report the rape unless they wish to do so. Only at D.C., Alexandria, Arlington, and Fairfax Hospitals patients are required to talk to the police if they want FREE services. **The Rape Kit is always free. The hospital may charge a fee for any additional services provided.**

All hospitals accept Medicaid and no up front payment is needed. Survivors will be billed at a later date.

*See end of section for hospitals which DO NOT treat rape survivors.

Hospitals - District of Columbia

**Children’s National Medical Center**

- **Address:** 111 Michigan Ave. NW
  Washington, DC 20010
- **Main Number:** (202) 476-5000
- **ER:** (202) 476-5433
  (800) 884-5433
- **Testing/Counseling:** Child Protective Services does not see children in crisis. All survivors who have been assaulted within 72 hours are seen by Sexual Assault Nurse Examiners (SANE). Survivor is given complete physical examination as well as tested for gonorrhea and pregnancy. HIV test done by request. Advised to return for follow-up treatment. Emotional support routinely provided for both survivor and parents. Treats up to age 18.
- **Reporting Policy:** Will report to the police unless survivor refuses to provide information.
- **Consent Policy:** Parental consent is not required for rape survivors.
- **Fees:** Sliding scale
- **Female Gynecologist:** Sometimes available. Survivor can request one. No guarantee.
- **Morning After Pill:** Prescribed but not dispensed, have to ask for it. Given to minors who are rape survivors.
- **Spanish/Deaf:** Have Spanish and ASL interpreters.
- **Public Transportation:** Metro Red Line to Brookland, shuttle available to hospital
- **Website:** [www.childrensnational.org](http://www.childrensnational.org)

**Georgetown University Hospital**

- **Main Number:** (202) 444-2000
- **ER:** (202) 444-2119
- **Address:** 3800 Reservoir Road, NW
  Washington, DC 20007
- **Testing/Counseling:** Psychiatrist on call 24hrs; Refers survivor for further counseling: No abortions done; STI, HIV & Pregnancy testing in clinic not ER
- **Reporting Policy:** Parents must consent to a police report.
- **Consent Policy:** Officially, will not treat survivors under 18 w/o parental consent.
Fees: $250-350. Fee is for the Emergency room visit and any tests that Georgetown University Hospital runs. Fee charged even if report to police. Fees may vary depending on the situation. Some fees may be less and some more.

Female Gynecologist: Sometimes available. Can request one, but no guarantee.

Morning After Pill: Not available. No birth control.

Tranquilizers: Depends on case.

Spanish/Deaf: Spanish and ASL interpreters available.

Testing/Counseling: STI treatment provided and info. given. HIV testing available. Counseling services available through social services department. If extreme emergency, social services worker is on call.

Testing/Counseling: SANE or ER doctor treat in the ER and provide referrals. Social services do follow-up & counseling. Counseling regarding pregnancy and STI. STI screening and HIV testing available. Counseling through social services available.

Services: Sexual Assault Nurse Examiners Program (SANE) for adults

Testing/Counseling: SANE or ER doctor treat in the ER and provide referrals. Social services do follow-up & counseling. Counseling regarding pregnancy and STI. STI screening and HIV testing available. Counseling through social services available.

Reporting Policy: Will report to police no matter what

Consent Policy: Depends on case whether or not hospital will contact parents. They sometimes refer minors to Children's Hospital.

Fees: Payment plan. No sliding scale

Fees: Free through SANE program only, requires police report.

Female Gynecologist: Female SANE unless unavailable then on-call ER physician.

Morning After Pill: Available through SANE Program only

Spanish/Deaf: Spanish and ASL interpreters available.
Providence Hospital

Phone: (202) 269-7000  
Address: 1150 Varnum St. NE  
Washington, DC 20017

Testing/Counseling: STI and pregnancy tests given. HIV testing available if requested. No counselors on site, but can give referrals. Social workers on site. The survivor is allowed to have one person with her at all times. RCC counselors are allowed in this area.

Reporting Policy: Case management  
Fees: No sliding scale. Call for fees.  
Female Gynecologist: Sometimes available. Survivor can request one. No guarantee.  
Morning After Pill: Not available. No contraception provided.  
Tranquilizers: Available.  
Spanish/Deaf: Can call for Spanish and ASL interpreters.  
Public Transportation: Red Line to Brookland, Bus 80 (Fort Totten)  
Website: www.provhosp.org

United Medical Center

Phone: (202) 574-6000  
ER: (202) 574-5465  
Address: 1310 Southern Ave, SE  
Washington, DC

Services: Treat rape survivors who do not want to PG County Hospital. Sex Squad is called and they bring a rape kit for the examination.

Fees: Free rape kit  
Reporting Policy: Police are always called  
Consent Policy: Unclear  
Morning After Pill: Not available  
Tranquilizers: Available but rarely given  
Spanish/Deaf: Arrange for Spanish and ASL interpreters. Call in advance.  
Website: www.united-medicalcenter.com

Washington Hospital Center

ER: (202) 877-3627  
Main Services: (202) 877-7000  
Address: 110 Irving St., NW  
Washington, DC 20010

Hours: 24 hr ER  
Testing/Counseling: Pregnancy and STI tests given from 8-4:30pm. HIV tests available. Use DCRCC for counseling. Social services occasionally on-site. Assault kit is used in examination.

Reporting Policy: Police called at survivor's discretion. Must report to the police if survivor is under 18.  
Consent Policy: Parental consent required for under 18 yrs. The consent policy depends on the situation.  
Fees: No sliding scale. Financial counselors decide payment  
Female Gynecologist: Sometimes available. Survivor can request one.  
Morning After Pill: Prescribed in ER  
Tranquilizers: Available  
Spanish/Deaf: Access to Spanish and Deaf interpreters  
Public Transportation: Red Line to Brookland. Then H2 and H4 buses.  
Website: www.whcenter.org
**Holy Cross Hospital**

**Phone:** (301) 754-7000  
**Address:** 1500 Forest Glen Road  
Silver Spring, MD 20910  

**Testing/Counseling:** Testing and counseling for STI, pregnancy and HIV tests provided at patient's request. Counseling referrals made. Montgomery Co. DCRCC companions routinely called. *They have Religious counselors from every denomination available should the survivor request one.*

**Reporting Policy:** Always report to police.  
**Consent Policy:** Parental consent  
**Fees:** Will treat regardless of ability to pay.  
**Female Gynecologist:** Sometimes available. Survivor can request one. No guarantee. They will also refer the Survivor to the nearest SANE Program.  
**Morning After Pill:** Not available, but will give referrals.  
**Tranquilizers:** Available.  
**Spanish/Deaf:** Spanish and deaf interpreters.  
**Public Transportation:** Red Line to Forest Glen Metro-Ride On Bus #8.  
**Website:** www.holycrosshealth.org

**Prince George’s General Hospital**

**Phone:** (301) 618-2000  
**Address:** 3001 Hospital Dr.  
Cheverly MD 20785  

**Testing/Counseling:** Assault must have occurred in PG County or the survivor must be a PG resident in order to receive Emergency Treatment. STI, pregnancy test but NO HIV testing. Separate examination room. PG RCC staff always present at exam. Follow-up counseling available. Counseling provided by PGRCC. Group counseling/support group. Rape survivor group for adults.

**Reporting Policy:** Police are called at survivor's discretion.  
**Consent Policy:** Parental consent is only required for follow-ups for children under age 16. Consent is not required for initial exam.  
**Fees:** Initial visit and exam FREE only if reported to police.  
**Female Gynecologist:** Sometimes available. Survivor can request one. No guarantee.  
**Morning After Pill:** Available; Prescribed by the doctor  
**Tranquilizers:** Available  
**Spanish/Deaf:** Arrange Spanish and ASL interpreter by appointment  
**Public Transportation:** Orange Line to Cheverly. A12 bus  
**Website:** www.dimensionshealth.org

**Fairfax Hospital (INOVA Emergency Care Center)**

**Address:** 3300 Gallows Road  
Falls Church, VA 22042  
**Phone:** (703) 776-4001

Hospitals - Virginia
ER: (703) 776-3111
Sexual Assault Services Nurse: (703) 776-3505
(Emergency access facility sends survivors to Fairfax)

Testing/Counseling: Testing for STI, Pregnancy, HIV testing. Survivors are seen in Pediatric Abuse Section since it is more private. Survivors treated by nurses on the special Sexual Assault Unit. Counseling referrals can be made. Pediatric sexual assault nurse.

Reporting Policy: Police must be called to be treated by the Sexual Assault Nurses. If survivor doesn’t want to report, they will be treated by the ER or in the clinic—No evidence is collected.

Consent Policy: Parental needed for children under 13, some exceptions—call.
Fees: FREE if report to police

Female Gynecologist: 6 female nurses who examine if survivor reports to police. If doesn’t report, go to ER & may/may not get female gyno.

Morning After Pill: No, but is part of SANE exam
Tranquilizers: Rarely given, possibly if child needs to be sedated
Spanish/Deaf: Arrange Spanish and ASL interpreters

Public Transportation: Orange Line to Dun Loring exit, transfer to 26C bus.

Inova Alexandria Hospital
Phone: (703) 504-3000
Address: 4320 Seminary Road
Alexandria, VA

Testing/Counseling: STI & Pregnancy testing. Referrals for HIV testing & counseling. Always call RCC & survivor is referred to Rape Victim Companion Program in Alexandria

Reporting Policy: Police are always called
Consent Policy: Parental consent
Fees: Billed to insurance; all are treated
Female Gynecologist: Sometimes available. Can request but no guarantee.

Morning After Pill: available.
Tranquilizers: Given when appropriate, but only on one dose basis.
Spanish/Deaf: Access to Spanish interpreters.

Public Transportation: Blue/Yellow Line to King Street Station. 28B bus (Tysons Corner). Call for information on DASH passes, Metro tokens, and cab service within the city.

Virginia Hospital Center (formerly Arlington Hospital)
Phone: (703) 558-5000
Address: 1701 N. George Mason Drive
Arlington, VA

Testing/Counseling: STI and pregnancy tests available. Referrals for counseling. Have a nurse that will stay with the survivor.

Reporting Policy: Patient must sign general consent for examination.
Consent Policy: Depends on situation.
Fees: FREE if report to police. Sliding scale. Base fee $130
Female Gynecologist: Sometimes available. Survivor can request one. No guarantee.

Morning After Pill: Prescription available if requested.
Tranquilizers: available at Doctor's discretion.
Spanish/Deaf: Arrange Spanish and ASL interpreters.

Public Transportation: Orange Line to Ballston. Metro Bus 10C
Website: http://www.virginiahospitalcenter.com/
*Hospitals that do not treat rape survivors:

**St. Elizabeth Hospital (Mental Health)**
- Phone: (202) 562-4000
- CPEP: (202) 673-9319
- Address: 1100 Alabama Avenue, SE
  Washington, DC

**Medstar Montgomery General Hospital**
- Phone: (301) 774-8882
- Address: 18101 Prince Philip Drive
  Olney, MD 20832
- Website: [www.medstarmontgomery.com](http://www.medstarmontgomery.com)

**HOTLINES**

**Access Helpline (Department of Mental Health)**
(Formerly Emergency Psychological Response Division)
- Phone: 1-888-793-4357
- Information: Hotline and referrals for any mental health crisis/issue

**AIDS Information Line**
AIDS Hotline in Spanish
Phone: (800) 344-7432
Hours: 7 days/week 8am-2am

Al-Anon/Alateen
Phone: (202) 882-1334
Hours: Monday-Friday: 2pm-6pm.
Information: Information Center has lists of meetings and literature for family members and friends of alcoholics.

Alcohol Hotline
Phone: (800) 331-2900
Hours: 24 hours/7 days
Information: Alcohol and drug info and referrals; No counselors

Alcoholics Anonymous (AA)
Phone: (202) 966-9115
(Spanish): (703) 360-5447 or (301) 587-6191 or (202) 545-1050
Hours: 10am-10pm 365 days a year/14 hour calls are accepted
Information: Volunteer hotline. Referrals only, no counselors; Intergroup
Website: www.aa-dc.org

Answers Please!
Phone: (202) INFO 211 / 311 / (202) 463-6211
Information: A 24 hour computerized central information and referral network of social services. Callers are connected to professional Community Resource Advisors who provide direct links to public, private and social service programs throughout DC community. Multilingual

Childhelp U.S.A.
Phone: (800) 422-4453
Hours: 24 hours/7 days
Information: Crisis counseling regarding child abuse and neglect; Referrals

Children of the Night
Phone: (800) 551-1300
Hours: 24 hours/7 days
Information: Anyone involved in prostitution, but will deal with most everything else too. Give referrals and information. Shelter for former child prostitutes ages 11-17 only.

Community Crisis Services
Prince George’s County Hotline and Suicide Prevention Center
Crisis Response: (301) 927-4500
Homeless Hotline: 1-888-731-0999  
Suicide: (301) 864-7130 or 1-800-SUICIDE (784-2433)  
Hours: 24 hours  
Website: www.communitycrisis.org

**CrisisLink**  
Phone: (703) 527-4077 or 1-800-SUICIDE (784-2433) or 1-800-273-TALK  
Information: Deals with suicide and any crisis situation  
Website: www.crisislink.org

**Emergency Contraception Hotline**  
Phone: 1-800-584-9911 or 1-888-NOT 2 LATE  
Hours: 24 hours  
Information: By Association of Reproductive Health Providers; Confidential hotline available in both English and Spanish. The Hotline has a directory of over 1,800 family planning clinics, private doctors, and university health centers who will prescribe emergency contraception. (The morning after pill)

**Emergency Management Agency Hotline**  
Phone: (202) 727-6161  
Hours: 24 hours  
Information: Any emergency for Washington, DC (terrorist attack, chemical spill, etc.)

**Exhale**  
Phone: (866) 439-4253  
Hours: Monday–Friday: 5pm-10pm  
Saturday–Sunday: 12pm-10pm  
Information: Serves women who have an abortion and their family and friends  
Website: [http://www.4exhale.org/](http://www.4exhale.org/)

**Fairfax Survivor Assistance Network / Victim Assistance Network**  
Phone: (703) 360-RAPE  
TTY: (703) 435-1235  
Hours: 24 hours  
Information: Provides general information, information on legal options, societal services, counseling and support groups for sexual assault and domestic violence survivors. Provides referrals. Call and request Spanish speaking counselors. Free therapy (DV & SA support groups) for individuals raped in or residents of Fairfax County.

**Futures Without Violence**  
(Formerly named Family Violence Prevention Program)  
Phone: (202) 595-7382  
Phone: 1-800-799-SAFE (for emergency)  
Fax: (202) 299-1292  
Address: 1630 Connecticut Avenue, NW, Suite 501  
Washington, DC 20009  
Website: [www.futureswithoutviolence.org](http://www.futureswithoutviolence.org)  
Email: info@futureswithoutviolence.org
Gay & Lesbian Hotline of Whitman-Walker Clinic
Phone: (202) 332-2437
Hours: 7pm-10pm, 7 days a week
Information: Peer counseling, referrals, info, Spanish.

Gay & Lesbian National Hotline
Phone: (888) 843-4564
Hours: Monday-Friday: 4pm-12midnight
Saturday: 12noon-5pm EST
Website: www.glbp@nationalhelpcenter.org

Helping Individual Prostitutes Survive (H.I.P.S.)
Phone: (800) 676-HIPS
Office: (202) 232-8150
Fax: (202) 232-8304
Hours: 24 hours
*HOTLINE for females and males & transgender males under 21 who are in danger or want to leave prostitution. They also have a van service that offers outreach, counseling and referrals on Thursday 11pm-5am, Fridays and Saturdays from 10pm to 6am. They also distribute condoms. Client advocates provide referrals for shelter, clothing, medical care, etc via hotline.
Website: www.hips.org
Email: hips@hips.org

Homeless Shelter Line for Prince George’s County
Phone: (301) 864-7095 or (888) 731-0999
Hours: 24 hours
Information: Referrals for homeless shelters in PG County

Maryland Domestic Violence Hotline
Phone: (800) MD-HELPS
Hours: Monday-Friday: 9am-5pm
Information: No counselors; State Coalition provide referrals

Montgomery County Hotline
Phone: (301) 738-2255
Information: General purposes, suicidal callers, people who are just lonely, also make referrals; for anyone, not just Mont Co.

My Sister’s Place Hotline
Phone: (202) 529-5991
Hours: 24hrs
Information: Provides a shelter for women and children (male children up to age 12.) Counseling and referrals.

Narcotics Anonymous (NA)
Phone: (202) 399-5316
National Abortion Federation (NAF)
Phone: (800) 772-9100  
Hours: Monday-Friday: 7am-11pm  
Saturday: 9am-9pm  
Information: Counseling regarding options and procedures. Referrals and information about qualified abortion providers. Also provide funding assistance.

National AIDS & STI Hotline
Phone: (800) CDC-INFO  
TTY: (800) 243-7889  
Spanish: (800) 344-7432  
Hours: 24 hours  
Information: Run by CDC; answers questions and provides referrals

National CDC Info Hotline
Phone: (800) 232-4636  
Hours: Monday-Friday: 4pm-8pm

National Center for the Prosecution of Child Abuse
Phone: (703) 549-9222  
Hours: Monday-Friday: 8:30am-5pm  
Information: Literature and professional workshops.

National Center for Victims of Crime
Phone: (202) 467-8700  
Fax: (202) 467-8701  
TTY: (800) 211-7996  
Hours: Monday-Friday: 10am-6pm  
Address: 2000 M Street, NW, Suite 480  
Washington, DC 20036

National Domestic Violence Hotline
Phone: (800) 799-SAFE  
TTY: (800) 787-3224  
Hours: 24 hrs  
Information: Provide info and referrals. Has Spanish interpreters and access to the ATT language line

National Helpline
Phone: (800) 662-HELP  
Hours: 24 hrs  
Information: Substance abuse and mental health information and treatment referrals

National Runaway Switchboard
Phone: (800) RUNAWAY  
TTY: (800) 621-0394  
Hours: 24hrs  
Information: Crisis intervention and referral for runaways and their families. Translation available for 100+ languages

Phone Friend
Phone: (202) 223-2244
Hours: Monday-Friday: 3pm-9pm
Saturday: 1pm-5pm
Ages: 5-15 years
Information: Deals with any issue

Prince George's County Hotline
Voice/TTY: (301) 864-7161
Hours: 24 hrs
Information: Crisis and suicide prevention center

Poison Control
Phone: (800) 222-1222
Hours: 24 Hours

Rape, Abuse and Incest National Network (R.A.I.N.N.)
Phone: (800) 656-HOPE
Information: National Rape hotline number which directly connects you to your nearest rape crisis center.

24 Hour Online Hotline: https://hotline.rainn.org

Sexual Assault Response Awareness Program
Phone: (888) 947-7273
(703) 947-7273 (Serves Alexandria, VA residents)
Hours: 24 hrs
Information: Provides court advocacy, support groups run by advocates; Can assist deaf; no TTY

Women’s Health Line
Phone: (800) 994-9662
Hours: Monday-Friday: 9am-5pm

Shelter Hotline
Phone: (800) 535-7252
For shelter referrals, outreach and transportation services to homeless persons in the D.C. area

STI Hotline
Phone: (800) 227-8922
Hours: Monday-Friday: 9am-6pm
Information: Provides on STIs & AIDS over phone and will send written info; referrals to clinics
Website: www.ashaSTD.org

Victim Assistance and Sexual Assault Program
Part of the Montgomery County Community Crisis Center.
General Crisis Number: (240) 777-4000
Direct Number for VA & SA Program: (240) 777-1355
TTY: (240) 777-4815
Virginia Family Violence and Sexual Assault Hotline

Phone: (800) 838-82380

Information: Crisis intervention and referrals for those affected by domestic violence and sexual assault
INTERNATIONAL RESOURCES

International Crime Victim Compensation Program Directory
Website: www.ojp.usdoj.gov/ovc/intdir/intdir.htm

International Justice Statistics
Website: www.ojp.usdoj.gov/bjs/ijs.htm

The World Factbook of Criminal Justice Systems
Website: www.ojp.usdoj.gov/bjs/abstract/wfcj.htm

Australia
South Eastern Centre Against Sexual Assault (SECASA)
Website: www.secasa.com.au

Belarus
Young Women Christian Association of Belarus
Website: ywcabelarus@telecom.by
Address: Krupskaya 2-70
2201108 Minsk
Phone: Belaru375-17 2 4637 45

Bermuda
The Women’s Resource Centre
Website: www.wrcbermuda.com
Address: ‘Cap-a-Laige’- Charities House
25 Point Finger Road
Paget DV04
Bermuda
Phone: 441-295-3882
Hotline: 441-295-7273
Email: wrc@wrcbermuda.com

Bolivia
Defensor del Pueblo- Advice Center
Website: www.defensordelpueblo.es
Address: Heriberto Gutiérrez 2374
La Paz Bolivia
Phone: 00591-2 33269

Botswana
Metlhaetsile Women’s Centre, MWIC
Canada
Canadian Association of Sexual Assault Centres - Vancouver, BC
Website: www.casac.ca
Phone: (604) 876-2622
Fax: (604) 876-2622
Email: casac01@shaw.ca
Victoria Women’s Sexual Assault Centre - Victoria, BC
Website: www.vwsac.com
Phone: (250) 383-5545
Hotline: (250) 383-3232
Sexual Assault/Domestic Violence Care Centre - Hamilton, Ontario
Website: sadvcarecentre@hhsc.ca
Phone: (905) 521-2100 x 73557
Hotline: (905) 525-4162
The Sexual Assault/Rape Crisis Centre of Peel - Mississauga, Ontario
Website: www.sexualassault-peel.com
Hotline: (905) 273-9442
1-(800) 810-0180
Ottawa Rape Crisis Center - Ottawa, Ontario
Phone: (613) 562-2334
Hotline: (613) 562-2333
Website: www.orcc.net
Toronto Rape Crisis Centre - Toronto, Ontario
Website: www.trccmwar.ca
Hotline: (416) 597-8806
Montreal Rape Crisis Centre - Montreal, Quebec
Phone: (514) 934-0354
Hotline: (514) 931-4504

Estonia
Tartu Counseling Center
Website: tnk@tnk.tartu.ee
Address: Postimja p.k. 196
51003 Tartu
Phone: (+372) 742-7555

Finland
The Rape Crisis Centre Tukinainen
Website: kristina.valkama@tukinainen.kolmbus.fl
Address: PL 243
00121 Helsinki
Finland
Phone: (+358 (0) 9-58 60 360
Israel
Rape Crisis Center- Haifa
Website: www.usembassy-israel.org.il/publish/civic/iscivorg.html#15
Address: POB 44628
Haifa 31445 Israel
Phone: 972 4 8641278
Email: hrcc@zahav.net.il

Japan
Tokyo Rape Crisis Center
Website: www.tokyo-rcc.org
Address: Jyoto
P.O. Box 7
Koto-ku, Tokyo 136-8691
Phone: 03-3207-3692

Mexico
Casa Amiga-Centro de Crisis A.C.
Website: www.casa-amiga.org
Address: Durango #1916
Cd. Juarez, Chihuahua, Mexico
Phone: (01 656) 6908300
(01 656) 6908301

New Zealand
Auckland Rape Crisis
Website: www.rapecrisis.org.nz
Phone: 09-360-4001
Email: info@rapecrisis.org.nz

Pakistan
Sahil
Website: www.sahil.org (deals specifically with child abuse)
Address: Office No. 13, 1st Floor
Al-Babar Center, F-8 Markaz
Islamabad, Pakistan
Islamabad, Pakistan
Phone: 92-51-260636, 2856950
Fax: (92-51) 2254678
Toll-Free Line: 0800-13518
Email: info@sahil.org

Philippines
GABRIELA- National Alliance of Women’s Organizations in the Phillipines
Website: members.tripod.com/~gabriela_p
Address: P.O. Box 4386
Manila 2800
Russia
Crisis Centre for Women
  Website: women@aport.ru
  Address: Lermontova 315, 10
           Irkutsk 664082
  Phone: +395 2 465869

South Africa
Rape Crisis- Cape Town
  Website: www.rapecrisis.org.za

Speak Out
  Website: www.speakout.org.za

United Kingdom
Victim Support National Office- London
  Hotline: 0845 303 0900

For a map of UK rape crisis centers:
  Website: www.rapecrisis.co.uk/ukgroups.htm

Rape Crisis Federation- Wales and England- Nottingham
  Website: www.rapecrisis.co.uk
  Phone: 0115 934 8474

Scottish Rape Crisis Network
  Website: www.rapecrisisscotland.org.uk

Victim Support Scotland- Edinburgh
  Website: www.victimsupportsco.demon.co.uk
  Phone: 0131 668 4486

Drug Rape Trust
  Phone: +44 (0) 1702 317695
LEGAL SERVICES
Government Programs

**DC Crime Victim Compensation Program**

- **Phone:** (202) 879-4216
- **Address:** 515 5th St, NW, Room 104, Washington, DC 20001
- **Hours:** Monday-Friday: 9am-5pm
- **Fees:** Free
- **Services:** Assists innocent violent crime victims with crime-related expenses: medical, funeral, loss wages, etc, when there are no other funds to cover losses. This is for crimes that occurred in D.C. only.

**DC Department of Human Rights**

- **Phone:** (202) 727-4559
- **Address:** 441 4th St NW, Suite 570 North
- **Hours:** 8:30am-5pm; no intakes on Fridays
- **Fees:** Free
- **Services:** For all types of discrimination complaints, including sexual harassment. Call to schedule intake and certify.
  - **Spanish/Deaf:** Spanish.

**DC Superior Court Multi-Door Dispute Resolution Program**

- **Phone:** (202) 879-1549
- **Hours:** Monday-Friday: 8:30am-5:00pm
- **Address:** 515 5th Street, NW, Suite 114
  - Washington, DC 20001
- **Fees:** Free
- **Services:** Resolving civil disputes without filing a law suit, involving $2000 or more-including custody, child support, spousal support, visitation and/or property division. Also resolves small claims disputes ($2000 or less) such as accidents.
  - **Spanish/Deaf:** Use language line for Spanish callers; some Spanish-speaking staff

**Equal Employment Opportunity Commission (EEOC)**

- **Phone:** 1-800-669-4000
- **TTY:** 1-800-669-6820
- **Address:** 131 M St. NE, Fourth Floor, Suite 4NW02F
  - Washington, DC 20507-0100
- **Hours:** Walk-ins: Monday-Friday: 8am-4:30pm
- **Fees:** Free
- **Services:** For filing charges of sexual harassment and discrimination. Must file charge within 300 days of alleged discriminatory act. EEOC performs investigation: interviews complaint, employer, and any witnesses. If probable cause of discrimination found, EEOC will call perpetrator and if he does not comply, he can be subpoenaed. Will request back pay, lost benefits and reinvestment, depending on circumstances. Covers Businesses employing 15 or more persons (Title 7). **NOTE:** DC employees may first need to file with the Dept. of Human
Rights (202-724-1385). Persons employed by the federal government must first file within their agency.

Spanish/Deaf: Spanish. Deaf persons should call TTY to set up appointment with EEOC employees who know ASL.

Victim Witness Assistance Unit
Phone: (202) 514-7130
Fax: (202) 616-2117
Address: 555 4th St. NW Suite 1412
Hours: 8:30am-5pm
Fees: Free
Services: Help guide survivors through the criminal justice system. Offers short-term counseling, and referrals regarding counseling, medical, and legal services. Also assists witness who were threatened or harassed. Can give information on court proceedings and provides speakers for Community Education. Can get monetary compensation if they qualify. (also, see US Attorney’s Office)


LEGAL AID CLINICS

These clinics provide free legal services and are also good places to go to report mistreatment at the hands of the police, or other concerns about inadequate or inappropriate law enforcement behavior.

American University Legal Aid Clinic
Phone: (202) 274-4140
Address: 4801 Massachusetts Ave., NW Suite 417
Washington, DC
Hours: 9am-5pm
Fees: Free
Services: Domestic Violence and child support cases only. Ability to take cases based on availability of students.

Spanish/Deaf: Some Spanish.

Ayuda, Inc.
Phone: (202) 387-4848
Address: 6925 Willow Street, NW
Washington, DC 20012
Hours: Monday-Friday: 9am-4pm
Fees: Free for SA consultations
Services: Immigration and domestic violence cases for Latina women. Offers legal assistance, referrals, and support groups. Hermanas Unidas is a support group for battered Latina women.

Spanish/Deaf: Spanish (language line)
Website: www.ayudainc.org

Bread for the City
Phone: (202) 265-2400 (NW #)
(202) 587-0527 (SE #)
Address: 1525 7th St., NW
Washington, DC 20001
Eligibility: must be low-income

Services: Provides food, clothing, medical care, and legal and social services for low-income DC residents.

**CARECEN Central American Resource Center of Washington**

Phone: (202) 328-9799
Address: 1460 Columbia Rd., NW
         Washington, DC 20009
Hours: Monday-Friday: 9am-5pm
Fees: free; $20 for translation services
Services: Services for Central Americans. Limited help with immigration applications. Mostly handle cases involving Protective Status for Salvadorans. They have citizenship training and classes. Assistance with housing, community support services and provide translation services (letter, phone calls, etc.)
Spanish/Deaf: Spanish
Website: www.carecendc.org
Email: info@carecendc.org

**Catholic University of America**

Phone: (202) 319-6788
Address: 3602 John McCormick Rd, NE
         Washington, DC 20064
Services: Free legal services in cases involving domestic violence, child custody, abuse and neglect, public benefits, special education, landlord and tenant disputes. Causes taken depending on availability.
Website: law.cua.edu

**Georgetown University Domestic Violence Clinic and International Women’s Human Rights Clinic**

Phone: (202) 662-9640
Fax: (202) 662-9530
Address: 600 New Jersey Avenue, NW, Suite 334
         Washington, DC 20001
Hours: Monday-Friday: 9am-5:30pm; only do referrals for intake
Fees: Free
Services: Work on Civil Protection Orders for victims of domestic abuse. Work done by students so less availability in summer. By appointment only.
Spanish/Deaf: Make referrals for Spanish and Deaf.
Website: www.law.georgetown.edu/clinics/sdc

**George Washington University Law and Legal Aid Clinic**

Phone: (202) 994-7463
Address: 2000 G Street, NW, Suite 200
         Washington, DC
Hours: Monday-Friday: 9am-5:30pm
Fees: Call for prices
Services: Handles cases regarding: administrative, civil, immigration, small businesses, domestic violence and vaccine injury. For low-income DC residents ONLY. Vaccine clinic. During the school year. Must call first for an appointment; walk-ins not accepted.
Spanish/Deaf: Use relay service for hearing impaired
Legal Aid Society of D.C.
Phone: (202) 628-1161
Address: 1331 H Street, NW Suite 350
Washington, DC 20005
Hours: Monday-Friday: 9am-5pm
NW location walk-in intake:
Monday: 12:30pm-6pm
Thursday: 12:30pm-4pm
Eligibility: must be low-income
Fees: Free
Services: Family/landlord tenant law, domestic/family law and Child custody law. Civil protection order. General public assistance. Give referrals if income is too high to qualify.
Spanish/Deaf: Spanish, French, Vietnamese, access to ASL, & uses language line

Legal Counsel for the Elderly
Phone: (202) 434-2120
Services: Free service for people DC residents that are 60 or older. Helps with problem with housing situations and finances.
Fee: Sliding scale depending on income

Maryland Volunteer Lawyers Service (MVLS)
Phone: (410) 547-6537
Outside Baltimore: (800) 510-0050
Address: One North Charles St., Suite 222
Baltimore, MD 21201
Hours: Monday-Thursday: 9am-1pm
Friday: 9am-12pm
Services: Provides free or reduced fee civil legal representation to low-income individuals throughout Maryland
Website: www.mvlslaw.org

Neighborhood Legal Services Program
Address: 680 Rhode Island Ave NE (serving NW & NE WDC)
Washington, DC
Phone: (202) 269-5100
Address: 3101 Martin Luther King Jr. Ave, SE (serving SE & SW WDC)
Washington, DC
Hours: Monday-Friday: 9am-4:30pm
Intakes Monday-Friday all day
Fees: Free
Eligibility: low-income; DC resident or person with legal issue(s) in DC
Services: Free civil legal services for eligible DC residents and those with legal issues in DC.
Spanish/Deaf: Spanish.
Website: www.nlsp.org

Women’s Center, The
See entry in Mental Health.
Legal Organizations

**Domestic Violence Assistance Project (affiliated w/ House of Ruth-MD)**

- **Phone:** (888) 880-7884
- **Address:** 2201 Argonne Dr.
  Baltimore, MD 21218
- **Contacts:** Deena Hausner or Antonio Arenas: (240) 777-9078
  Staff Attorneys
  (If leave a message, must indicate that it is a safe number to call or he/she won’t call back.)
- **Hours:** 8:30am to 4:30pm
- **Services:** Provides legal services to survivors of sexual assault and domestic violence
- **Spanish/Deaf:** Spanish interpreter or language resource for translation services
- **Website:** [www.hruth.org](http://www.hruth.org)

**Network for Victim Recovery of DC (NVRDC)**

- **Phone:** (202) 472-1727
- **Fax:** (202) 472-1723
- **Address:** The Lighthouse: Center for Healing
  5321 1st Place, NE
  Washington, DC 20011
- **Website:** [www.nvrdc.org](http://www.nvrdc.org)

**Private Attorneys**

**NOTE:** The areas of law that a private attorney may be able to help a survivor with are as follows: third party liability, real estate/landlord tenant, civil protection orders, employment discrimination/sexual harassment, and general litigation.

**Bode & Grenier, LLP**

- **Contact:** Marian K. Riedy, Esq.
- **Address:** 1150 Connecticut Ave NW, 9th floor
  Washington, DC 20036
- **Phone:** 202-828-4100
- **Fees:** Call Marian Riedy for information
- **Website:** [www.bode.com](http://www.bode.com)

**Harmon, Curran, Spielberg & Eisenberg**

- **Address:** 1726 M St, NW Suite 600
  Washington, DC 20036
- **Phone:** (202) 328-3500
- **Services:** Anne Spielberg and Ruth Eisenberg
  Civil suits on sexual harassment and sexual discrimination. Free telephone consultation.
- **Hours:** 9am-5:30pm, by appointment only
- **Fees:** Attorneys set own rates-call for more info; sliding scale may be possible
- **Website:** [www.harmoncurran.com](http://www.harmoncurran.com)
# MEAL SERVICES

## Arlington Homeless Bagged Meal Program
- **Phone:** (703) 820-4357
- **Hours:** 6pm-6:20pm at the Oakland MiniPark (9th and N. Oakland St); 6:30-6:45pm at the Rosslyn Metro (between McDonald’s and Burger King) North Moore Street everyday
- **Services:** Food is provided in 2 outdoor locations 365 days a year
- **Restrictions:** none mentioned

## Bag Lunch Program
- **Phone:** (703) 635-9053
- **Address:** 322 North Alfred Street
  Alexandria, VA 22314
- **Hours:** 11:30am-12noon (Monday-Friday)- all year; Sat- Oct- April (bag lunches are not provided during summer months)

## Church of the Pilgrims
- **Phone:** (202) 387-6612
- **Address:** 2201 P Street, NW
  Washington, DC 20037
- **Hours:** 1:15pm-2pm, Sundays only
- **Services:** meals services only available on Sunday
- **Restrictions:** none mentioned
- **Website:** [www.churchofthepilgrims.org](http://www.churchofthepilgrims.org)

## First Baptist Church of Deanwood
- **Phone:** (202) 397-2011
- **Address:** 1008 45th Street, NE
  Washington, DC 20019
- **Hours:** Monday-Friday: 4:45pm- 6pm
- **Services:** “Feeding Hungry” on rotated months (June; speak with Dorothy Carter 4:45pm-6pm); “Meals on Wheels” (Nov. 1-April 1; Thursdays), now offering a year round program in far NE, hosted by 12 different churches
- **Restrictions:** none mentioned

## Miriam’s Kitchen
- **Phone:** (202) 452-8926
- **Address:** 2401 Virginia Ave, NW
  Washington, DC 20037
- **Hours:** 6:30am- 8am (Monday-Friday) Breakfast; 8am-10am (Monday-Friday) after-breakfast program: yoga, writing, poetry, music, art 12pm-2pm (Wednesday) Lunch 4:45pm-6pm Dinner
Services: Breakfast, counseling, case management, legal services (through partnership with the Washington Legal Clinic), medical clinic (through partnership with Unity Health Care); handicap accessible; Bilingual (Spanish, English); Case management Wednesday 8am-4pm—admin
Restrictions: none mentioned

<table>
<thead>
<tr>
<th><strong>Queen of Peace</strong></th>
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<tbody>
<tr>
<td><strong>Phone:</strong></td>
<td>(202) 562-6890</td>
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<tr>
<td><strong>Address:</strong></td>
<td>Missionaries of Charity</td>
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<tr>
<td></td>
<td>3310 Wheeler Road, SE</td>
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<td></td>
<td>Washington, DC 20032</td>
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<tr>
<td><strong>Hours:</strong></td>
<td>3:30pm-8:30am (daily) and 9:30am-11am</td>
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<tr>
<td><strong>Services:</strong></td>
<td>soup kitchen, shelter for pregnant women at same location for no charge</td>
</tr>
<tr>
<td><strong>Restrictions:</strong></td>
<td>must call for appointment; women under 18 must have parent/guardian approval; homeless pregnant women; also accepts children under 5 with mothers; do not take people under 18 unless it’s an emergency</td>
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<tr>
<th><strong>S.O.M.E. (Main Office)</strong></th>
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<tbody>
<tr>
<td><strong>Phone:</strong></td>
<td>(202) 797-8806</td>
</tr>
<tr>
<td><strong>Address:</strong></td>
<td>600 O Street, NW</td>
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<td>Washington, DC 20001</td>
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<thead>
<tr>
<th><strong>Thrive DC</strong></th>
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<tbody>
<tr>
<td><strong>Phone:</strong></td>
<td>(202) 737-9311</td>
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<tr>
<td><strong>Address:</strong></td>
<td>SE Steven Episcopal Church</td>
</tr>
<tr>
<td></td>
<td>1525 Newton Street, NW, Suite 1G</td>
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<tr>
<td></td>
<td>Washington, DC 20001</td>
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<tr>
<td><strong>Hours:</strong></td>
<td>Monday-Friday: 8:30-6pm</td>
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<tr>
<td><strong>Services:</strong></td>
<td>wheelchair accessible, vegetarian meal option, legal assistance, employment training, emergency referrals, computer workshop, showers, laundry</td>
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<tr>
<td><strong>Restrictions:</strong></td>
<td>none mentioned</td>
</tr>
<tr>
<td><strong>Website:</strong></td>
<td><a href="http://thrivedc.org">http://thrivedc.org</a></td>
</tr>
</tbody>
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MEDICAL CLINICS
Alexandria City Health Department
Phone: (703) 746-4922
Address: 4480 King Street, 2nd Floor
Alexandria, VA

Alexandria Hospital
Phone: (866) 256-6372

Arlington Anonymous HIV Testing
Phone: (703) 228-5200

Arlington Health Clinic
Phone: (703) 228-1200 – Family Planning
(703) 228-1200 – Pregnancy Testing
Address: 2100 Washington Blvd., 2nd Floor
Arlington, VA 22204

Bailey Health Center
Phone: (703) 237-3446
Address: 6196 Arlington Blvd., Falls Church

Bread for the City
Phone: (202) 265-2400 (NW location)
(202) 561-8587 (SE location)
Address: 1525 7th St. NW Washington, DC 20001
1640 Good Hope Rd, SE Washington, DC 20020
Hours: Monday-Thursday: 9 a.m. -5p.m. (NW location)
Monday-Thursday: 9 a.m. – 5 p.m. (SE location)
Both locations open on Friday: 9am-12pm
Fees: Free (for DC residents only)
Services: Adult general medicine, pediatrics, OB/GYN care and job physicals.
Southeast Medical Clinic is operated by Unity Healthcare. Non-medical services include food pantry, clothing room, social services, and legal services.
Spanish/Deaf: Spanish interpreters; ASL interpreters for deaf persons.
Casey Health Center
Phone: (703) 519-5979
Address: 1200 N Howard Street
Alexandria, VA 22304

Clínica del Pueblo, La
Phone: (202) 462-4788
Address: 2831 15th St., NW
Washington, D.C. 20009-4607
Hours: Monday-Friday: 9 a.m. -5p.m.
Fees: Charge on a sliding scale, depending on income; takes United insurance
Services: Provides general medical care, primarily to the Latino community (but will not
deny services to anyone). Free walk-in HIV testing and counseling. Develops
women and family programs as well as mental health programs. Teen clinic is
every Thursday 3p-5p of the month. Diabetes and TB Monday
9am-11am. Chiropractor 4:30pm-9pm.
Waiting Period: Call last Monday of month between 8:30a-9a to schedule appointment for new
patients.
Spanish/Deaf: Spanish; interpreting department available
Website: www.lcdp.org

Community of Hope Health Services (Marie Reed Health Center)
Phone: (202) 232-9022
Fax: (202) 232-8494
Address: 2250 Champlain Street, NW
Washington, DC 20009
Hours: Monday, Thursday, Friday: 8am-5pm
Tuesday & Wednesday: 8:30am-5pm
Fees: Sliding scale. Medicaid or self-pay. First time physicals are $55 for adults,
$40 for children. general visits are $30.
Services: Family practice, internal medicine, OB/GYN and pre-natal care. Also
operates a family shelter (202) 232-7356 with intakes done by the DC Central
Intake Office. Substance abuse and HIV testing and counseling. Parenting skills
and counseling for children.
Spanish/Deaf: Spanish
Website: www.communityofhopedc.org

Fairfax County Health Center
Phone: (703) 246-2205
Address: 10777 Main Street
Fairfax, VA

Fairfax Hospital OB/GYN Clinic
Phone: (703) 776-3418
Address: 3300 Gallow Road
Falls Church, VA 22042
Falls Church Clinic
Phone: (703) 534-8343
Address: 6245 Leesburg Pike

Herndon-Reston Center
Phone: (703) 481-4242
Address: 1850 Cameron Glen Drive
        Reston, VA

Joseph Willard Health Center
Phone: (703) 246-7100
Address: 3750 Old Lee Hwy
        Fairfax, VA

Loudon County Health Center
Phone: (703) 777-0236
Address: 209 Gibson Street, NW

Manassas Health Clinic
Phone: (703) 792-4700
Address: 9301 Lee Avenue

Planned Parenthood -- see entries in Abortion and Pregnancy Assistance

Prince William Hospital
Phone: (703) 369-8073

Sentara Potomac Hospital
Phone: (703) 523-1000
Address: 2300 Opitz Boulevard
        Woodbridge, VA

North County Health Center
Phone: (703) 689-2180
Address: 11484 Washington Place

Reston Hospital
Phone: (703) 689-9000

SOME, Inc. (So Others Might Eat) Medical Clinic
Phone: (202) 797-8806
Address: 60 O St., NW
        Washington, DC 20001
(Dining Room)
71 O St., NW
        Washington, DC 20001
Hours: Monday-Friday: 8-4p.m.
Physicals by appointment on Monday, Tuesday, and Wednesday
Social services Monday, Tuesday, Wednesday, Friday 8am-9am; Tuesday,
Wednesday, Friday from 1pm-2pm
Medical services 8am-11am; walk-ins for first 3 people.
Behavioral counseling walk-in Monday-Friday: 8am-11am and Monday-
Wednesday 1pm-3pm…appointment necessary. However for medical services
you must come in before 11am if you do not have an appointment.

Fees: Donations requested.

Eligibility: Medical services only for homeless (anyone living on the street or in a shelter.

Services: General medicine. Serves primarily homeless people. Prefer appointments
but can accept up to two walk-ins per morning. HIV education, counseling, and
testing. Serves breakfast (7:30am-8:30am) and lunch (11:30am-1:00pm) for
homeless people. The men must arrive at 7:30 to pick up a ticket. Only first 25
people only. Showers are available for Tuesday through Friday, men 9am-11am;
women 1pm-2pm.

Spanish/Deaf: None
Website: www.some.org
Contact: Linda Hollingshed (202-797-0701 ex 118)

South County Health Center
Phone: (703) 704-6100
Address: 8350 Richmond Hwy
Alexandria, VA

Springfield Center
Phone: (703) 569-1031
Address: 8136 Old Keene Mill Road

Sudley North Office (Manassas)
Phone: (703) 792-7700
Address: 7751 Ashton Ave.
Manassas, VA 20109

Unity Healthcare – Brentwood Square Health Center
Phone: (202) 832-8818
Fax: (202) 832-8575
Address: 1201 Brentwood Road, NE
Washington, DC 20018
Hours: Monday-Friday: 8:15am-4:45pm

Clinic is closed Monday-Friday from 12pm-1pm
Fees: DC Health Care Alliance; Medicaid; self-pay; sliding scale with proof of
income
Services: Family practice; OB/GYN
Website: http://www.unityhealthcare.org/Unity/Brentwood.htm

Unity Healthcare - East of the River Health Center
Phone: (202) 388-7890
Virginia Hospital Center
Phone: (703) 558-6144
Address: 1701 N. George Mason Drive
Arlington, VA 22205

Unity Healthcare, Inc. - Upper Cardozo Center
Phone: (202) 518-6459
Fax: (202) 462-6128
Address: Upper Cardozo Health Center
3020 14th St., NW
Washington, DC 20009
Hours: Monday, Tuesday, Thursday, Friday: 8:30am-5pm
Wednesday: 11am-7:30pm
Intake: Women, Men, and Children. Adult medicine, pediatrics, OB/GYN, and referrals.
Fees: Depends on income
Services: In-patient services. Comprehensive primary health care provided. Adult medicine, family wellness center, homeless health care, mental health and social services, OB/GYN, pediatrics, podiatry, and school and insurance physical exams.
Spanish/Deaf: Spanish
Website: www.unityhealthcare.org

Woodbridge Clinic
Phone: (703) 792-7300
Address: 4001 Prince William Pkwy, Suite 101
Woodbridge, VA
Hours: Monday-Friday: 8am-4:30pm

OB/GYN PRACTICES

Arlington Women’s Center (Sp, CNM)
Phone: (703) 717-4600
Address: Arlington

Birth Center – Birth Care and Women’s Health
Phone: (703) 549-5070
Address: 1501 King Street
Candace Thurston, MD
Phone: (703) 834-1071
Address: Reston and Fairfax

D.C. Practices – Capital Women’s Care
Phone: (202) 331-9293
Hours: Monday-Friday: 1am-4:30pm

Eveline Marquardt, MD
Phone: (703) 668-0520
Address: Reston

Fairfax OB/GYN Assoc. (CNM)
Phone: Fairfax: (703) 391-1500
Woodbridge: (703) 690-2295

Glenna Andersen, MD (CNM) & Darva Maanavi, MD
Phone: (703) 560-1611
Address: Alexandria

Jane Piness, MD
Phone: (703) 717-4093
Address: Arlington

Jean-Gilles Tchabo, MD
Phone: (703) 558-6591
Address:

Joanne Gutliph, MD
Phone: Manassas: (703) 361-7778
Gainesville: (571) 261-2236

Lori Maciulla, MD
Phone: (703) 528-4900
Address: 6707 Old Dominion Drive, #300
McLean, VA 22102

Capitol Women’s Care
Phone: (703) 368-1969
Address: Manassas

Marina Martinez, MD & Jennifer Kilmer, MD
Phone: (703) 717-4050
Address: Arlington

Miguel Gomez, MD (Sp)
Phone: Vienna: (703) 281-7620

Prince William OB/GYN Assoc.
Phone: Manassas: (703) 361-7778
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
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<tbody>
<tr>
<td>Richard Pei, MD</td>
<td>(703) 698-9668</td>
<td>Annandale</td>
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<tr>
<td>Sergio Rimola, MD (Sp)</td>
<td>Vienna: (703) 448-9140</td>
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<tr>
<td>Stefanie Filak, MD</td>
<td>(703) 550-4848</td>
<td>5021 Seminary Road, #109</td>
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<td>Alexandria, VA 22311</td>
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<tr>
<td>The Physician and Midwife Collaborative Practice (CNM)</td>
<td>(703) 370-4300</td>
<td>Alexandria</td>
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<tr>
<td>Virginia Women’s Health Assoc.</td>
<td></td>
<td>Reston: (703) 435-2555</td>
</tr>
<tr>
<td>Women to Women – Gwen Patterson-Cobbs, MD</td>
<td>(703) 816-4152</td>
<td>Arlington and Lansdowne</td>
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</tbody>
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MENTAL HEALTH
See also: Hotlines, Rape Crisis Centers, Ritual Abuse, Suicide Prevention, Support/Therapy Groups

Mental Health – District of Columbia

Andromeda Transcultural Health Center
Phone: (202) 291-4707
Address: 1400 Decatur St., NW
Washington, DC 20011
Hours: Monday-Friday: 9am-5pm**
Primary Focus: General mental and physical health services
Services Provided: Substance abuse treatment, mental treatment, HIV Treatment
Fees: $50 if the person has no insurance. Otherwise, it is a sliding scale.
Free pre/post HIV test counseling, Free STD testing & screening. **
Type of Care: Outpatient
Special Programs/Groups: Persons with HIV/AIDS, Women, Minorities**
Forms of Payment Accepted: Self payment, Medicaid, Medicare, Private health insurance
Payment Assistance: Payment assistance
Special Language Services: French, Spanish
Website: www.andromedatransculturalhealth.org

Center for Mental Health- Anacostia
Phone: (202) 561-1423
Address: 2041 Martin Luther King Jr. Ave. #103
Washington, DC 20020**
Website: www.anacostiacenter.org
Services Provided: Low counseling services
Fee: Medicaid is charged $20

Community Connections**
Phone: (202) 546-1512 – Main Line
Intake Coordinator: Tasha Bradley 202-281-2954 **
Intake Director: Suzanne Bechard 202-608-4743 **
Address: 801 Pennsylvania Ave, SE Suite 201
Washington, D.C. 20003-2152
Hours: Monday-Friday: 8am-5pm
Fees: No private insurance, only straight DC Medicaid; if no insurance, the Department of Mental Health assumes cost
Services: Offers counseling, therapy, and support groups for trauma survivors. Case management, Psychiatric treatment
Women’s Trauma Therapy, Anger Management Therapy**
Eligibility: must have mental illness
Website: www.communityconnectionsdc.org
Email: info@ccdc1.org
DC Department of Mental Health
Phone: (202) 673-2200
Fax: (202) 673-3433
TDD/TTY: (202) 673-7500
Hotline: (888) 793-4357
Address: 609 H St. NE, 5th Floor
Washington, DC 20002
Hours: 24 hours Referral Service.
Services: Provides emergency care and comprehensive mental health services and support to DC residents in need. No private insurance. Medication monitoring, case management. Suicide and crisis line.
Website: dmh.dc.gov
Email: dmh@dc.gov

Family Matters of Greater Washington
Phone: (202) 289-1510
Address: 1509 16th ST NW
Washington, DC 20036
Hours: Monday-Friday: 8:30am-5pm; evening appointments available.
Fees: sliding scale
Services: Individual, family and group counseling. Child services.
Spanish/Deaf: Spanish and deaf interpreters-sometimes available
Website: www.familymattersdc.org

Family and Medical Counseling Service, Inc. (FMCS)
Phone: (202) 889-7900
Address: 2041 Martin Luther King, Jr. Avenue, SE Suite 300
Washington, DC 20020
Hours: Monday-Friday: 8:30am-5:30pm
Fees: Sliding Scale; private insurance.
Spanish/Deaf: Spanish, ASL
Email: fmcsinc@fmcsinc.org

Georgetown University Hospital Outpatient Psychiatry
Phone: (202) 687-1606
Fax: (202) 687-7277
Address: 3800 Reservoir Rd NW
Washington, DC 20007
Hours: Monday-Friday: 8:30am-5pm by appointment
Fees: Sliding scale, insurance.
Services: Psychotherapy, couples, group counseling. Accept clients of all ages, have a child psychologist.
Spanish/Deaf: Can arrange for ASL and Spanish interpreter.
Website: http://georgetownpsychiatry.org

Northwest Family Center
Phone: (202) 673-2042
Psychiatric Institute of DC
Phone: (202) 885-5600
TTY: (800) 369-2273
Address: 4228 Wisconsin Ave. NW, Washington, DC 22066
Hours: 24-hour intake, call (202) 885-5610
Fees: No sliding scale. Most insurance accepted.
Services: In-patient program no longer than 10 days. Four programs:
1) Adolescent Unit (for children between 5 and 18 in MD/DC area)
2) Survivors of Abuse (acute care), and Adult Substance Abuse unit, Psychiatric Unit.
3) Out-patient support groups for survivors of trauma and also chemical dependency. Outpatient program is once a week. Intensive outpatient program is 5 days a week, 2 hours a day.
4) Partial day programs 5 days-a-week dealing with regular adult issues, geriatrics, and for trauma survivors. Day testing is 10am-4pm
Website: www.psychinstitute.com

Women’s Growth and Therapy Center
Phone: (202) 483-9376
Fax: (202) 364-6156
Address: 2607 Connecticut Ave., NW Washington, DC 20008
Hours: Monday-Friday: 7am-8pm (business) by appointment**
Fees: Insurance; Initial consultation $90; sliding scale $70-120 depending on counselor. Group fee $70/session. Accepts clients 18 years and older.
Spanish/Deaf: ASL

Viva Partnership, LLC
Phone: (202) 265-1000
Address: 1555 Connecticut Ave, NW, Suite 401 Washington, DC 20036
Hours: Contact office for information.
Fees: Sliding scale
Services: Individual, group psychotherapy, retreats, and workshops. Psychotherapy uses
the empowerment approach to capitalize on individual’s strengths, and seeking to
work through blocks using methods that incorporate mind, body, and spirit, such
as EMDR and Neurofeedback.

Spanish/Deaf: No interpreters available.
Web: www.vivapartnership.com

Mental Health - Maryland

**Montgomery County Crisis Center**
Phone: (240) 777-4190 (Administrative line for 9 a.m.-5p.m.) **
TTY: (240) 777-4815
Address: 1301 Piccard Drive
Rockville, MD 20850
24 hr Hotline (7 days): (301) 738-2255
24 hr Sexual Assault Services/Crisis Line: (240) 777-4000
Mobile Crisis Team (24 hour): (240) 777-4000
Sexual Assault Programs-Admin Line: (240) 777-1355
Abused Person's Programs/Intakes (9-5): (240) 777-4195
24 hr Abused Person’s Programs/Crisis Line: (240) 777-4673
Hours: 24 hrs
Fees: Free / Schedule sessions: sliding scale**
Services: Emergency crisis intervention. Short-term counseling. Children and adults of
Montgomery County are eligible for services.
Spanish/Deaf: Spanish speaking therapist on staff. Have access to ASL interpreters.
Website: www.montgomerycountymd.gov/hhstmpl.asp?url=/content/hhs/
crisis_center/default.asp

**Montgomery County Health and Human Services Health Access Team**
Phone: (240) 777-1770
(240) 777-4000 (Emergency)
(240) 777-1450 (Child and Adolescent Mental Health Clinic)
Address: 255 Rockville Pike
Rockville, MD
1301 Piccard Drive
Rockville, MD
Hours: Monday-Friday: 8:30am–5pm
Walk-ins 8:30am or 12:30pm for evaluations
Fees: No charge. Accepts individuals without health insurance or state insurance only;
no private insurance taken
Services: Montgomery County Residents only. Walk-in is for an evaluation with a
therapist. Will then be referred to a treatment facility.
Spanish/Deaf: Spanish, French, and Vietnamese; uses language line

**Threshold Services, Inc. – Outpatient Mental Health Centers**
(Formerly Rockville Mental Health Services)
Phone: 301-461-8993 (Silver Spring) **
301-467-8959 (Rockville) **
Address: 8818 Georgia Ave. Silver Spring, MD 20902
751 Twinbrook Pkwy. 1st Fl Rockville, MD 20851
Hours: Monday-Friday: 9am-5pm; closed for 30 minutes at 12p, for lunch
Fees: Medicaid or Medicare. Uninsured patients will be accepted on a case by case
Mental Health - Virginia

Alexandria Mental Health Center / Community Services Board
Phone: (703) 746-3400
TTY: (703) 838-5054
Address: 720 N. St. Asaph Street
Alexandria, VA
Hours: Monday, Tuesday, Wednesday: 8am-9pm
Thursday & Friday: 8am-5:00pm
Fees: Depends on ability to pay
Services: Walk-in services available.
referred to emergency services. Therapy for individuals, group, and families.
Psychiatric treatment also. Accepts clients of all ages.
Spanish/Deaf: Spanish counselors available; Deaf interpreters available

Dominion Psychiatric Treatment Center
Phone: (703) 536-2000
TTY: (703) 538-2872
Address: 2960 Sleepy Hollow Road
Falls Church, VA 22044
Hours: 24 hrs
Fees: Insurance, Ballpark figure of $600
Services: In-patient child, adolescent, and adult psychiatric care. Specializes in abuse
trauma recovery, eating disorders, dual diagnosis. Crisis intervention includes
intake evaluation/ assessment, which is free. All types of groups: eating
disorders, men’s issue, parent support. Also has a partial hospitalization unit.
Spanish/Deaf: Spanish interpreters available. ASL interpreters can be arranged.

Fairfax County Community Services Board: Four Sites

Mount Vernon Center for Community Mental Health
Address: 8119 Holland Road
Alexandria, VA 22306
Phone: (703) 360-6910
Hotline 24 hrs (Victim Assistance Network): (703) 360-7273
TTY: (703) 799-8253
Spanish TTY (Springfield Community Health Center): (703) 451-1245
Hours: Monday, Wednesday, Friday: 8am-5pm
Tuesday & Thursday: 8am-9pm
Emergency services Monday-Friday: 9am-5pm or
24hrs: Cecil Woodburn Center (703) 573-5679.
Fees: sliding scale beginning at $2 (based on income and services)
Services: Connected with the VAN network at the mental health center. Fairfax County
residents ONLY. Provide dual diagnosis treatment. Offers out-patient counseling

Spanish/Deaf: None.
Website: http://www.thresholdservices.org/
of all types. In addition individual counseling there are support groups.

**Spanish/Deaf:** Spanish speaking therapist available. Connected to the Springfield Community Health Center.

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**Northwest Center for Community Mental Health**

**Phone:** (703) 481-4100  
**Intake Line (1st time callers):** (703) 383-8500  
**Address:** 1850 Cameron Glen Drive, Suite 600  
                 Reston VA 20190  
**Hours:**  
     Monday: 8am-7pm  
     Tuesday: 8am-9pm  
     Wednesday: 8am-9pm  
     Thursday: 8am-9pm  
     Friday: 8am-5pm  
**Fees:** Sliding scale.  
**Services:** Treats Fairfax County residents ONLY. Out-patient counseling for youth (5 and up) to adults (including geriatrics). Connected with abused women's shelter, emergency service. Offers crisis intervention and groups for sex offenders and domestic violence. Anger management group for abusers.  

**Spanish/Deaf:** A few Spanish speaking counselors in every center.

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**John Marshall Family Institute**

**Phone:** (703) 243-1050  
**Crisis Line:** (703) 527 4077  
**Address:** 2501 N. Glebe Road, Suite 202  
              Arlington VA 22207-3558  
**Hours:** Monday–Friday by appointment only. Some evenings and Saturday hours.  
**Fees:** Insurance. Individual $80. Medicaid and Medicare are accepted. Sliding scale.  
**Services:** Therapy for survivors of sexual assault. Individual and family counseling. They have a playroom for children and a psychiatrist who sees children, adolescents and adults.

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**Multicultural Clinical Centers**

**Phone:** (703) 354-0000  
**Address:** 6563 Edsall Road  
              Springfield, VA  
**Hours:** Monday–Friday: 9am-5pm  
**Fees:** Flat Fees: Individual, couple, and family (LISW): $78  
**Services:** Counseling, emphasizes importance of culture in crisis/therapy.  
**Languages:** Sign language; Cambodian, Farsi, French, Hebrew, Indian, Korean, Portuguese, Spanish and Vietnamese.  
**Website:** [http://www.mccva.com/](http://www.mccva.com/)

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**Women’s Center, The – Vienna location**

**Phone:** (703) 281-2657  
**Fax:** (703) 242-1454  
**Address:** Administrative Building  
             133 Park Street, N.E.
**MORNING-AFTER PILL**

**Overview**

Emergency contraception (EC) can **prevent** pregnancy **after** unprotected vaginal intercourse. It is also called “morning-after” contraception, emergency birth control, or backup birth control. EC must be started up to 120 hours — five days — after unprotected intercourse to reduce the risk of pregnancy. The sooner it is started, the better. EC reduces the risk of pregnancy by 75-89 percent when the first dose is taken within 72 hours. EC contains hormones found in birth control pills and prevents pregnancy by stopping ovulation or fertilization. Theoretically, EC could also prevent implantation, but that has not been proven scientifically. **Plan B®** is a brand of hormone pills approved by the U.S. Food and Drug Administration (FDA) specifically for emergency contraception. Certain birth control pills may also be prescribed for use as emergency contraception. Some EC regimens use "combination pills" with estrogen and progestin — synthetic hormones like the ones a woman's body makes. Others, such as Plan B, are progestin-only. EC will not cause an abortion or affect an existing pregnancy. Still, a woman should not use emergency contraception if she is pregnant.

**How does the "morning-after" pill work?**

The morning-after pill prevents fertilization by creating an "inhospitable" environment in the uterus for the sperm. Ectopic pregnancy, or fertilization in the fallopian tube, is still possible because only implantation in the uterus itself is prevented by the morning-after pill.

**Effectiveness**

Progestin-only EC reduces the risk of pregnancy by 89 percent if started within 72 hours of unprotected intercourse. For example, eight out of 100 women will become pregnant after having unprotected sex once during the second or third week of their cycles. But only one woman out of 100 will become pregnant after taking progestin-only EC. Combination EC reduces the risk of pregnancy by 75 percent if started within 72 hours of unprotected intercourse. Only two out of 100 will become pregnant after taking combination EC. Emergency contraception is meant as backup birth control only. EC is not as effective as the correct and consistent use of reversible contraception the IUD, the shot, the pill, the patch, or the ring. EC does not continue to prevent pregnancy during the rest of the cycle. Other methods of birth control must be used. Emergency contraception offers no protection against sexually transmitted infections. You may want to consider testing for sexually transmitted infections if there is a possibility that unprotected sex put you at risk.

**Getting EC**

Plan B is now available over the counter for women 18 and older. Plan B and other forms of emergency contraception are also available by prescription for all women. Contact your local Planned Parenthood at 1-800-230-PLAN to get EC or to get a prescription for EC if you are younger than 18.
may also get EC at your local pharmacy if you are older than 18. If you are younger than 18, you may want to ask your clinician for a prescription for EC before you need it. This will allow you to use EC in emergency situations without having to wait to get an appointment.

Emergency Contraception Hotline
Phone: 1-800-584-9911 or 1-888-NOT 2 LATE
24 hr. confidential hotline available in both English and Spanish. The Hotline has a directory of over 1,800 family planning clinics, private doctors, and university health centers who will prescribe emergency contraception (the morning after pill).

Morning-After Pill – Hospitals – District of Columbia

George Washington University Hospital
Phone: (202) 715-4000
Address: 900 23rd Road NW
Washington, DC
Services: Provide exams, pills, pregnancy test
Fees: approx $200

Morning-After Pill – Hospitals - Maryland

Prince George’s General Hospital (Domestic Violence and Sexual Assault Center)
Phone: (301) 618-3154 (Sexual Assault Center)
Address: 3001 Hospital Drive
Cheverly, MD
Services: Will give the morning-after pill free if reported assault and have evidence collected for a sex kit. Must have a negative pregnancy test.

Morning-After Pill – Hospitals - Virginia

Inova Alexandria Hospital
Phone: (703) 504-3066 Emergency Department
(703) 504-3000
Address: 4320 Seminary Road
Alexandria, Virginia 22304
Hours: 24-hour emergency room
Services: Some doctors will provide the morning after pill.
Website: www.inova.org

Virginia Hospital Center (formerly Arlington Hospital)
Phone: (703) 558-6161 Emergency Department
Address: 1701 N. George Mason Drive
Fairfax, VA
Hours: Emergency room is 24 hours.
Services: Provide morning-after pill for sexual assault cases. Some doctors will give morning-after pill in other cases (warranted or requested).
Fee: If police are involved, no fee (police pay). If police are not involved: emergency
room fee.

Website: www.virginiahospitalcenter.com
OFFENDER PROGRAMS
See also: Support/Therapy Groups – Offender Groups.

The DC Rape Crisis Center does not treat perpetrators; please refer them to the following:

Afro-American Counseling & Psychotherapy Institute
Phone: 202-723-0030

Alexandria Office on Women, Domestic Violence Program
Phone: (703) 838-4911
TTY- same number
Address: 421 King Street, Suite 400, Alexandria VA 22314
Hours: 24hrs
Fees: Free
Services: Open to Alexandria residents ONLY. Offers anger management group for offenders in battery cases. English and Spanish women's support group. Also have a 24-hour shelter.
Spanish/Deaf: ASL interpreters, and Spanish speaking social worker. Access over phone to all other languages.

Anger Management Techniques
Address: Rockville, MD
Phone: (301) 963-2473
Fees: Call office to inquire
Services: Dispute resolution, anger management training, counseling

Family Matters of Greater Washington
See entry in Mental Health – District of Columbia

Family Crisis Shelter, Inc. of Prince George’s County
See entry in Women’s Shelters – Maryland.

Fairfax County Victims Assistance Network
See entry in Support/Therapy Groups – Offender Groups.

Maryland Institute for Individuals and Family Therapy Ltd.
Address: 7307 Baltimore Ave., Suite 208 College Park, MD
11249 Lockwood Dr. Silver Spring, MD
Phone: (301) 277-3250
Hours: Monday - Friday 9:00a.m.- 5:00 p.m. Saturday 10:00 a.m. – 1:00 p.m.
Fees: Individual $125-135, Groups $100. Accept Medicare; Accept some other insurance
Services: Have several groups: adult sex offenders (male), survivors of incest, adolescent sex offenders. Individual counseling as well. Can offer counseling for any outpatient mental health issues

Northwest Center for Community Mental Health
See entry in Mental Health – Virginia.

Child Protection Services
See entry in Support/Therapy Groups – Adolescent Support Groups.

Dickinson, Panson, McKall, Honald
See entry in *Children’s Services – D.C. Child Counseling.*

**Hotlines: CrisisLink, Access Helpline, Family Violence Prevention, Montgomery County Hotline**

**To receive immediate help:**

<table>
<thead>
<tr>
<th>Hotline</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>CrisisLink Hotline</td>
<td>1-800-273-TALK</td>
</tr>
<tr>
<td>Montgomery Crisis Hotline</td>
<td>301-738-2255</td>
</tr>
<tr>
<td>Prince George’s Co. Hotline</td>
<td>301-864-7161</td>
</tr>
<tr>
<td>Phone Friend Hotline (5-15 yrs.)</td>
<td>202-223-2244</td>
</tr>
</tbody>
</table>
OUT OF STATE RESOURCES

Alabama Coalition Against Rape
Phone: (334) 264-0123
Location: Montgomery, AL

Alaska Network on Domestic Violence & Sexual Assault (ANDVSA)
Phone: (907) 586-3650
Location: Juneau, AK

Arizona Sexual Assault Network (AzSAN)
Phone: (480) 831-1986
Location: Phoenix, AZ

Arkansas Coalition Against Sexual Assault
Phone: (479) 527-0900
Location: Fayetteville, AR

CALCASA Rape Prevention Resource Center
Phone: (916) 446-2520
Location: Sacramento, CA

Colorado Coalition Against Sexual Assault
Phone: (303) 861-7033
Location: Denver, CO

Connecticut Sexual Assault Crisis Services (CONNSACS)
Phone: (860) 282-9881
Location: East Hartford, CT

Contact Delaware
Phone: (302) 761-9800
Location: Wilmington, DE

Florida Council Against Sexual Violence
Phone: (850) 297-2000
Location: Tallahassee, FL

Georgia Network to End Sexual Assault (GNESA)
Phone: (404) 815-5261
Location: Atlanta, GA

Guam Healing Arts Crisis Center
Phone: (671) 647-5351
Hawaii State Coalition for the Prevention of Sexual Assault
Phone: (808) 733-9038
Location: Honolulu, HI

Idaho Coalition Against Sexual & Domestic Violence (ICASDV)
Phone: (208) 384-0419
Location: Boise, ID

Illinois Coalition Against Sexual Assault (ICASA)
Phone: (217) 753-4117
Location: Springfield, IL

Indiana Coalition Against Sexual Assault
Phone: (317) 423-0233
Location: Indianapolis, IN

Iowa Coalition Against Sexual Assault
Phone: (515) 244-7424
Location: Des Moines, IA

Kansas Coalition Against Sexual & Domestic Violence
Phone: (785) 232-9784
Location: Topeka, KS

Kentucky Association of Sexual Assault Programs
Phone: (866) 375-2727
Location: Frankfort, KY

Louisiana Foundation Against Sexual Assault (LAFASA)
Phone: (985) 345-5995
Location: Hammond, LA

Maine Coalition Against Sexual Assault
Phone: (207) 626-0034
Location: Augusta, ME

Maryland Coalition Against Sexual Assault
Phone: (410) 974-4507
Location: Arnold, MD

Jane Doe Inc./MCASADV
Phone: (617) 248-0922
Location: Boston, MA
Michigan Coalition Against Domestic & Sexual Violence
Phone: (517) 347-7000
Location: Okemos, MI

Minnesota Coalition Against Sexual Assault
Phone: (651) 209-9993
Location: St. Paul, MN

Missouri Coalition Against Sexual Assault
Phone: (573) 636-8776
Location: Jefferson City, MO

Montana Coalition Against Domestic Violence and Sexual Assault
Phone: (406) 443-7794
Location: Helena, MT

Nebraska Domestic Violence/Sexual Assault Coalition
Phone: (402) 476-6256
Location: Montgomery, AL

Nevada Coalition Against Sexual Violence
Phone: (702) 990-3460
Location: Las Vegas, NV

New Hampshire Coalition Against Domestic & Sexual Violence
Phone: (603) 224-8893
Location: Concord, NH

New Jersey Coalition Against Sexual Assault
Phone: (609) 631-4450
Location: Trenton, NJ

New Mexico Coalition of Sexual Assault Programs
Phone: (505) 883-8020
Location: Albuquerque, NM

New York City Alliance Against Sexual Assault
Phone: (212) 229-0345
Location: New York, NY

New York State Coalition Against Sexual Assault
Phone: (518) 482-4222
Location: Albany, NY
North Carolina Coalition Against Sexual Assault
Phone: (888) 737-CASA (2272)
Location: Raleigh, NC

North Dakota Council on Abused Women’s Services/CASAND
Phone: (701) 255-6240
Location: Bismarck, ND

Oklahoma Coalition Against Domestic Violence and Sexual Assault
Phone: (405) 524-0700
Location: Oklahoma City, OK

Oregon Coalition Against Domestic and Sexual Violence
Phone: (503) 230-1951
Location: Portland, OR

Pennsylvania Coalition Against Rape (PCAR)
Phone: (717) 728-9740
Location: Enola, PA

Day One (Rhode Island)
Phone: (401) 421-4100
Location: Providence, RI

South Carolina Coalition Against Domestic Violence & Sexual Assault
Phone: 1-800-260-9293
803-256-2900
Location: Columbia, SC

South Dakota Coalition Against Domestic Violence & Sexual Assault
Phone: (605) 945-0869
Location: Pierre, SD

Tennessee Coalition Against Domestic and Sexual Violence
Phone: (615) 386-9406
Location: Nashville, TN

Texas Association Against Sexual Assault
Phone: (512) 474-7190
Location: Austin, TX

Utah Coalition Against Sexual Assault
Phone: (801) 746-0404
Location: Salt Lake City, UT
Vermont Network Against Domestic Violence and Sexual Assault
Phone: (802) 223-1302
Location: Montpelier, VT

Virginia Sexual and Domestic Violence Action Alliance
Phone: (434) 979-9002
Location: Charlottesville, VA

Washington Coalition of Sexual Assault Programs
Phone: (360) 754-7583
Location: Olympia, WA

West Virginia Foundation for Rape Information and Services
Phone: (304) 366-9500
Location: Fairmont, WV

Wisconsin Coalition Against Sexual Assault
Phone: (608) 257-1516
Location: Madison, WI

Wyoming Coalition Against Domestic Violence & Sexual Assault
Phone: (307) 755-5481
Location: Laramie, WY

NOTE: If no information is found for the state you are looking for you may also refer to the RAINN (Rape, Abuse and Incest National Network) website where local Crisis Centers for their area may be found. Instruct them to Google: centers.rainn.org then click on “Local rape crisis centers/sexual assault…” then follow instructions (e.g. Pick a state or enter zip code)
PARK POLICE OF D.C., MARYLAND, AND VIRGINIA

Any assault which occurs on federal property should be reported to the DC Park Police. Assaults which occur on Maryland state property should be reported to Maryland Park Police and assaults which occur on Virginia state property should be reported to Virginia Park Police. All phone lines run 24 hours.

United States Parks

DC Park Police
Voice and TTY: (202) 610-7500
Address: 1100 Ohio Dr., SW
Washington, DC 20024

Maryland

Montgomery County Park Police
24 hrs: (301) 949-3010
TTY: (301) 942-1645
Address: 12751 Layhill Road
Silver Spring, MD 20906

Prince George’s County Park Police
Phone: (301) 459-9088
Emergency: (301) 459-3232
Address: 6700 Riverdale Road
Riverdale, MD 20737

Virginia

Fairfax County Park Police
Phone: (703) 691-2131
TTY: (703) 204-2264
Address: 3911 Woodburn
Fairfax County, VA 22030

POLICE SEXUAL ASSAULT UNITS
District of Columbia

*If an emergency: CALL 911

**DC Sexual Assault Unit**

Phone: (202) 727-3700  
Address: 300 Indiana Ave., NW  
*This number may also be used to be connected to the Children’s Sexual Assault Unit.*

The Caller may also choose to:

If the report is for an adult call Police communications at (202) 727-1010 and they will dispatch a beat cop who will talk to the survivor first and then contact a detective in the Sexual Assault Unit.

If the report is for a child: call DHS/CFS at 201-671-SAFE if the child was assaulted by someone in their family or call police communications at (202) 727-1010 if the child was assaulted by someone outside of their family.

Maryland

**Prince George’s County Sexual Assault Unit**

Phone: (301) 772-4908  
Address: 7600 Barlowe Road, Landover, MD

Virginia

**Alexandria Police**

24 hrs: (703) 838-4444  
Address: 2003 Mill Road, Alexandria, VA 22314

**Arlington Special Victims Unit**  
Before 10p.m. weekdays: (703) 228-4138

**Fairfax County Investigative Unit**

Phone: (703) 838-4911  
Police Communications: (703) 527-4077  
Criminal Investigations: (703) 246-7800  
Address: 4100 Chain Bridge Rd, Massey Building, 9th floor, Fairfax, VA

**PREGNANCY ASSISTANCE**

(These clinics do not provide ABORTIONS with the exception of some Planned Parenthood locations.)
**Family Place, The**

**Phone:** (202) 265-0149  
**Address:** 3309 16th St NW  
**Hours:** M-F 9 a.m. -5p.m.  
**Fees:** Free  
**Services:** Pre-natal classes for pregnant women and care for parents with children up to 5 years old. Domestic violence and parenting discussions. Referrals. Emergency food and clothing for those who qualify. Lunch (11:45 a.m. -12:30p.m.). Make an appointment for intake. No pregnancy testing.  
**Spanish/Deaf:** Classes are Spanish literate. Offer ASL.  
**Website:** www.thefamilyplacedc.org

**Northwest Pregnancy Center**

**Pregnancy center:** (202) 483-7008  
**Address:** 2702 Ontario Rd NW  
**Washington, DC 20009**  
**Hours:** Monday, Tuesday, Thursday and Friday 9:00 a.m. -5:00p.m.  
Wednesday- closed  
Saturday -Call for appointment  
**Fees:** Free  
**Services:** Free pregnancy test, baby supplies, referrals for prenatal care, and long-term counseling. Maternity housing for homeless pregnant women and children (Must be clean and sober for at least 1 year, no police record). Must call for appointments and for interviews.  
**Intakes:** Takes about a week and a half. Must obtain a doctor and police clearance.  
**Spanish/Deaf:** Some Spanish is available.  
**Website:** www.northwestcenter.net

**Planned Parenthood** – see also Abortion for other locations

**Address:** 370 S. Washington St., Falls Church, VA 22046  
**Phone:** (703) 533-5651  
**Hours:** Monday 9a.m. -5p.m., Tuesday 9a.m.- 5 p.m., Wednesday 9a.m.- 5p.m., Thursday 9a.m. - 5 p.m., Friday 9a.m.- 5 p.m. Saturday 9 a.m.- 3p.m.  
**Services:** Pregnancy Testing; Counseling for pregnancy options; Need appointment for pregnancy options counseling; Serves everyone in the Metro area. Abortions.  
**Walk-in Hours:** M, TH, Sat- 9:30-3:30; T- 10 a.m. -7p.m.; W- 12p.m.-3p.m.; F- 11 a.m. -3p.m.  
**Fees:** Sliding Scale, Pregnancy Testing- $7-$18; Pregnancy options- $18  
**Spanish:** Yes  
**Website:** www.ppmw.org

**Planned Parenthood / Ophelia Egypt Center (Title X clinic)**

**Phone:** (202) 388-4770  
**Address:** 3937 Minnesota Ave. NE  
**Washington, DC 20009**  
**Hours:** Monday, Wednesday, Thursday and Friday 9a.m. – 5p.m.  
Tuesday 9a.m.- 6p.m.  
**Fees:** Sliding-scale. Medicaid accepted. Blue Cross/ Blue Shield accepted.  
**Services:** Pregnancy testing and GYN care. HIV testing every other Wednesday. Morning after pill available. Reproductive health care services. No abortions.  
**Spanish/Deaf:** No/Yes (ASL Line)  
**Website:** www.ppmw.org
Women’s Services Center

Phone: (202) 698-3766
Address: Located in Building #13, D.C. General Hospital Campus
Hours: Medication: M-F 7:15 a.m. -11:30 am; 1:30 p.m.- 2:30 p.m.
      Weekends/Holidays: 7:15 a.m. - 10:15 a.m.
      Clinic: 7 a.m. - 3:30 p.m.
      Weekends/Holidays: 7 a.m. -11 am
Fees: sliding scale
Services: For women who are 18 and older, D.C. residents, are pregnant or have small
         children, and are drug users who are within child-bearing ages. WSC offers:
         support groups, medical exams, counseling, multi-modality drug treatment and
         health care referrals.

PRIVATE THERAPISTS

(For a list of private therapists in the metro area please call the DC Rape Crisis Center business line (202) 232-0789 during business hours (M-F 9 a.m. – 5 p.m.)

Lamar Henderson
240-472-5209

Shobar Nayar
301-806-6506

Schwanna C. Qualls
202-413-6240
RAPE CRISIS CENTERS AND PROGRAMS

Rape Crisis Centers and Programs - District of Columbia

DC Rape Crisis Center
24 hr Hotline: (202) 333-RAPE
Business Line: (202) 232-0789
TTY(9 a.m. - 5 p.m.): (202) 328-1371
Address: PO Box 34125, Washington, DC 20043
Business Hours: 9:00 a.m. - 5:00 p.m., Counseling available 8 a.m. – 7 p.m.
Fees: No charge
Services: Individual and group counseling by trained therapists free of charge for adults and children. Child therapy involving cognitive-behavioral art therapy and play therapy is available. Crisis intervention and companion services by volunteers who can accompany client at hospital, police station, and through the judicial process FREE.
Spanish/Deaf: Spanish-speaking therapists and volunteers are available.

Rape Crisis Centers and Programs - Maryland

Anne Arundel County Sexual Assault Crisis Response Center
Hotline: (410) 222-RAPE
Address: 7493 Baltimore-Annapolis Blvd.
Glenburnie, MD 21061
Hours: All lines answered 24 hours a day.
Fees: Free
Services: They have a therapist on-call, individual and group counseling, and hospital advocacy. The serve all age groups, men and women. The center focuses on rape/sexual assault, child sexual abuse, secondary victims (family, etc), adult survivors of sexual abuse. Their therapy is anonymous and confidential. Also give referrals.
Spanish/Deaf: Would provide interpreter if needed.

Prince George’s County Sexual Assault Center
Phone: (301) 618-3154
TTY: (301) 618-3607
Address: PG Hospital Center, 3001 Hospital Dr., Cheverly, MD
Hours: Monday-Thursday 8:00 a.m. - 8:00 p.m.; Friday 8:00 a.m. - 4:30 p.m.; Saturday 8:00 a.m. - 4 p.m. (someone will answer the phone, but no one is seen)
Fees: Free
Services: Individual, family and group therapy. Support groups. Provide medical exams for forensic evidence only if reporting to police. Companion services available at PG Hospital Center and volunteers sometimes available to meet with survivors in court. Accepts clients of all ages. 24 hr hotline which is the same number as the business line.
Spanish/Deaf: Deaf Interpreter service and TTY but no ongoing counseling. Interpreters available for French, Spanish, Middle-Eastern and Asian dialects.

STTAR Center, The
24 hr Hotline: (410) 997-3292
Business: (410) 290-6432
Victim Assistance & Sexual Assault Program
(part of the Montgomery County Crisis Center)

Phone: (240) 777-1355
Hotline: (301) 315-4357
Fax: (240) 777-1329
TTY: (240) 777-1347
Address: 1301 Piccard Dr., Suite 4100
Rockville, MD 20850
Hours: (Business) Monday - Thursday 9 a.m. – 7 p.m.; Friday 9 a.m. – 5 p.m.
Counseling by appointment only.
Fees: Sliding scale; Depends on income.
Services: Available to residents/persons assaulted in Montgomery County ONLY. 6 months-1 year duration counseling and support groups available on a sliding scale. Will send a companion to hospital or police station to meet survivors. Accepts clients of all ages.
Spanish/Deaf: 2 ASL interpreters, 4 therapist and survivor assistants that speak Spanish and French. Interpreters provided if needed.

Rape Crisis Centers and Programs – Virginia

Arlington County Victims of Violence Program

Hotline: (703) 228-4848
Business: (703) 228-1515
TTY: (703) 228-5242
Address: 3033 Wilson Blvd., Arlington, VA 22205
Hours: 24 hr Hotline
Fees: Sliding scale for counseling. Victims Assistance services free.
Services: Services available primarily to Arlington County Residents. Group and Individual counseling. Companion services are available 24hrs. Accompany survivor to hospital and courts. Has periodic support groups call for list. Accepts clients 3 yrs and older.
Spanish/Deaf: 2 Spanish counselors available:
Dama Dasquez: (703) 228-4869, Mirtha Jones: (703) 228-4867

Loudon County Survivor Witness Program

Business: (703) 777-0417
Address: 18 East Market St.
Leesburg, VA 20176
Hours: 8:30am-5pm Monday-Friday
Fees: Free to victims of crime in Loudon County
Services: Refer counselors through referrals. Works with police. Companion program. Notifies witness of court date, prepares witness with information, restitution, and education on
procedure. Accepts clients of all ages. Crisis intervention, refer to more substance counseling, Courtroom advocacy (has a Sexual Assault case manager). Can be paged thru Sheriff’s office.

Spanish/Deaf: Can refer persons to Spanish counselor on short notice. Sheriff’s Department has a TTY.

Prince William County Sexual Assault Victims Advocacy Services (S.A.V.A.S)

Hotline: (703) 368-4141
Office: (703) 497-1192
TTY: (703) 368-6544
Address: PO Box 4783 Woodbridge, VA 22194
Hours: Monday-Friday 10 a.m. – 4 p.m. (business); 24 hours (hotline)
Fees: Free
Services: Available to all, but mostly PW County. Information and referrals. Support groups for adults molested as children, teens, parental support, rape survivors, and significant others of survivors. Men’s support groups also. Free counseling as needed if no group available. Companion services to court and hospital. Accepts adolescents and adults. Also offers RAD classes (self-defense).

Spanish/Deaf: Spanish speaking advocates and counselors; no deaf services

Rappahannock Counsel Against Sexual Assault

Business: (540) 371-6771
Hotline: (540) 371-1666 (for after 5 p.m.)
Address: 2601 Princess Anne, Suite 104
Fredericksburg, VA 22401
Mailing Address: 2601 Princess Anne, Suite 102
Fredericksburg, VA 22401
Hours: Monday-Friday 9 am – 5 pm; 24 hr hotline
Fees: Free
Services: Available to all in Rappahannock area. Support groups for adult survivors, significant others of survivors, teens, male survivors, plus education workshops, and crisis intervention. Referrals. Companion program. Accepts clients 13 yrs and older (varies). They also have legal advocacy and hospital companionship.

Spanish/Deaf: Limited Spanish and Sign language (varies).

Sexual Assault Response and Awareness (SARA)

Phone: (703) 838-5030
Hotline: (703) 683-RAPE 24hrs
TTY: (703) 838-5053
Address: 421 King Street, Suite 400, Alexandria, VA 22314
Hours: Monday-Friday 8am -5pm
Fees: Suggested donations
Services: Services available to Alexandria residents and to victims assaulted in Alexandria. Support groups open to all VA residents, but first priority is to Alexandria residents. Have short-term individual counseling as well as support groups for adult survivors of Incest and Sexual Assault survivors and partners of survivors. 24hr Companion service to hospital and through court proceedings. Police available through hotline.

Spanish/Deaf: Spanish speaking staff and volunteers; TTY but no services for deaf

Virginia Sexual and Domestic Violence Action Alliance

Hotline: (703) 704-6355
Business: (703) 360-7273
TTY: (703) 799-8253
Address: 8119 Holland Rd., South County Bldg., Alexandria, VA 22306
Fees: Free
Services: Priority to Fairfax County residents. Individual counseling for up to 6 weeks.
Support groups for Sexual Assault survivors, domestic violence, and parents of children assaulted by a non-family member, sex. assault seminar for concerned men. Referrals for medical help, shelters, and legal assistance. Have companion services, but not always 24 hrs. Center has access to a women's shelter. Also will provide information and legal information to victims of stalkers.

Spanish/Deaf: Spanish, French, Hindi, Korean, Nepali, Ugandan speaking counselors and male counselors available on request. TTY not directly connected with hotline.
RITUAL ABUSE
Ritual abuse is a brutal form of abuse. The focus of the abuse can be children, adolescents, and/or adults. It consists of physical, sexual, and psychological abuse involving the use of rituals (not necessarily satanic). The physical abuse is usually severe, sometimes including torture and killing. The sexual abuse is painful and humiliating. It is intended as a means of control over the survivor. The psychological abuse involves mind control techniques, sometimes mind altering drugs and ritual intimidation.

See THERAPIST REFERRAL GUIDE IN DCRCC OFFICE (Anne Riley or Dr. Wilson)

SELF-DEFENSE COURSES
Self-Defense Courses - D.C./Maryland/Virginia area

DC-IMPACT
Phone: (202) 328-1203
Address: 1716 Newton Street, NW Washington, DC 20010-1822 (18th & Newton St)
Office hours: Monday – Friday 12-5pm
Class locations: Varies - facilities in DC, MD, and VA
Classes:
   a) 1-session basic workshop (offered 8-10 times per year.)
      *Co-ed, though usually predominantly female.
Fees: $49 for option A, $595 for option B (discounts available)
Website: http://www.dcimpact.org/
Email: Info@dcimpact.org

Langelan & Associates
A group or organization that wants a training class should call Marty Langelan at 301-654-0176.

Self-Defense Courses - District of Columbia

DC Self-Defense Karate Association
(The DCRCC works a great deal with them through the year.)
Phone: (202) 328-1203
Address: 1716 Newton Street
Washington, DC 20010
Hours: Monday- Friday 12-5pm
Website: http://www.dcsdka.org/

Sexual Assault Awareness Month (SAAM)
DCRCC-coordinated program offers workshops in April.

Universal Martial Arts Center
Phone: (202) 387-8622 cell phone number
Fax: (202) 387-1797
Self-Defense Courses - Virginia

Jeff Smith Karate
Phone: (703) 450-4422
Address: 21800 Town Center Plaza Suite #263
Sterling, VA 20164
Classes: Offers 3-session courses every other month (both single-sex and coed).
Fee: Trial classes for $10
Website: http://www.jeffsmithkarate.com
Email: wcjskarate@aol.com

Self-Defense Courses - Maryland

Black Belt University
Voice mail: (301) 736-7616
Leave name and number
Address: 7823 Suite G, Parsons Dr., Forestville, MD 20747
9407 Darcy Road, Upper Marlboro, MD 20772
Classes: A) 4-week course (four 50 minute sessions). Single-sex or coed.
B) Key chain self-defense seminar (1 day, 3 hours). Single-sex or coed.
Fee: $65 (only if referred by DCRCC, otherwise much more expensive)

Wu Shen Tao
Phone: (301) 270-0665
Address: P.O. Box 5927
Takoma Park, MD 20913
Services: Group and private instructional courses for adults and children in different forms of martial arts. Ongoing co-ed courses in defense at $85/month. Also offers quarterly group workshops in women’s self-defense (5- and 10- hour courses) at $20/hour.
Web: http://www.wushentao.com/
Email: wushen@wushentao.com

SEX TRADE (PROSTITUTION) ASSISTANCE
**Children of the Night**

**Hotline:** 1-800-551-1300  
**Business:** (818) 908-4474  
**Address:** 14530 Sylvan Street  
Van Nuys, California 91411  
**Services:** 24-hour hotline for women and children involved in prostitution, but will deal with most everything else too. Give referrals and information. Located in CA.

**Helping Individual Prostitutes Survive (HIPS)**

**Business:** (202) 232-8150  
**Hotline:** 1-800-676-HIPS  
**Address:** 1309 Rhode Island Avenue, NE, #2B  
Washington, DC 20018  
**Outreach Director:** Katie Aldworth  
**Client Advocate:** Gigi Thomas  
**Hours:** 10 a.m. – 6 p.m. business; 24 hr hotline  
**Services:** 24-hour help for female prostitutes, male and transgendered sex workers of all ages. Also have a van services 10p.m.-5am Fridays and Saturdays and 10p.m.-1am Thursdays to do crisis intervention, education and support. H.I.P.S. offers immediate shelter, counseling, temporary housing, food and clothing, peer education and support groups for male and transgendered sex workers. Also provide referrals.  
**Spanish/Deaf:** No  
**Website:** www.hips.org

**Polaris Project**

**Hotline:** 1-888-3737-888 (24 hr)  
**Business:** (202) 745-0008  
**Hours:** 9 a.m. – 5 p.m. business; 24-hr hotline  
**Address:** P.O. Box 77892; Washington, DC 20013  
**Services:** 24-hour help for victims of all forms of human trafficking, including sex and labor trafficking. Polaris provides comprehensive case management services, counseling, support groups, and a daily drop-in center. Crisis Response/Emergency Services available. Polaris Project works with people of all ages.  
**Spanish/Deaf:** Yes/No  
**Website:** www.polarisproject.org
SEXUALLY TRANSMITTED INFECTIONS (STI) CLINICS
See also: AIDS/HIV, Medical Clinics

Bread for the City (Northwest Center)
Phone: (202) 265-2400
Address: 1525 7th St. NW
Hours: M-F 9 a.m. -4 p.m.
Fees: Free.
Services: Must be a DC resident. GYN by appointment only. Food, social agencies, legal agencies, general medicine and STI testing.
Spanish/Deaf: Spanish; interpreters for deaf clients
Website: www.breadforthecity.org

Center for Disease Control (CDC) National Prevention Information Line
(National STI Hotline)
Phone: 1-800-232-4436
Hours: M-F 8 a.m. -11 p.m.
Website: http://www.cdc.gov/STI/

Planned Parenthood
Phone: (202) 347-8512
Address: 1108 16th St. NW
Washington, DC 20036:
Hours: Monday-Friday 9:00 a.m. - 5:00 p.m. Saturday 9:00 a.m. - 2:00 p.m.
Clinic: Monday-Wednesday, Friday 9:00 a.m. - 4:30 p.m. Thursday 8:30 a.m. - 4:30 p.m.
Saturday 9:00 a.m. - 2:00 p.m.
Phone: (202) 388-4770
Address: 3937 Minnesota Ave, NE 20019:
Phone & Clinic: Monday- Friday 9:00 a.m. - 5:00 p.m. Saturday 10:00 a.m. - 2:00 p.m.
Phone: (703) 533-5651
Address: 370 S. Washington St., Ste 300
Falls Church, VA 22046:
Phone: Monday-Friday 9:00 a.m. -5:00 p.m. Saturday 9:00 a.m. - 3:00 p.m.
Clinic: Monday, Thursday, Friday, Saturday 9:00 a.m. - 5:00 p.m. Tuesday 9:00 a.m. - 8:00 p.m. Wednesday 12:00 p.m. - 6:00 p.m.
1400 Spring St. Suite 450, Silver Spring, MD 20910:
Phone: (301) 608-3448
Address: 1400 Spring St. Suite 450
Silver Springs, MD 20910
Phone: Monday- Friday: 9:00 a.m. - 5:00 p.m. Saturday 10:00 a.m. - 2:00 p.m.
Clinic: Monday- Thursday, Friday, Saturday 9:00 a.m. - 6:00 p.m. Tuesday- Thursday 9:00 a.m. - 4:00 p.m.
Saturday 8:30 a.m. - 1:00 p.m.
Fees: depends and payment is expected at time of service
Services: Physical exam including pap smear for established patients. $95-100 based on income.
Spanish/Deaf: Spanish. Will arrange for deaf interpreters.

SE STI Clinic
Phone: (202) 698-4070
SHELTERS

Shelter Hotline 1-800-535-7252
For shelter referrals, outreach and transportation services to homeless persons in the D.C. area

Shelters for Women

Women’s Shelters - District of Columbia

Calvary Women’s Services
Phone: (202) 289-2111
Address: 928 5th St. NW
Hours: Business: 9 a.m. – 5 p.m.
      Shelter: M-Sat 5 p.m. – 8 am, Sun 24 hrs. (residents)
Residents: 25
Services: Serve dinner to residents at 6 p.m. every day. Life skills program for 8 weeks.
          Various support groups 7 days a week. Provides tokens for transportation; limited
          storage space; access to phone and laundry. Case management, A.A. and N.A.
          meetings.
Eligibility: Single, adult homeless women. Must be 18 years or older and have a referral (DV
          victim, eviction papers, etc.) Call for intake info. Wait-list of 10 people. Women
          must go to shelter to put name on the wait-list at 7 p.m. – 8 p.m. Everyday after
          that they must call the office from 10 a.m. – 2 p.m. to keep their name on the list.
          If they fail to call, they lose their spot on the waiting list. Also, not handicapped-
          accessible. Must be able to climb stairs and do light chores.
Spanish/Deaf: No Spanish or deaf
Website: www.calvaryservices.org

Catholic Charities

New York Avenue HAC
Phone: (202) 772-4300
Address: 1355-57 New York Ave, NE
         Washington, DC 20002
Hours: Business: 7am-7pm for clients
       Shelter: 24/7
Residents: 360
Eligibility: Homeless men who are 18 or older

John Young Center at the Federal City Center
Phone: (202) 639-8469
Address: 119 D Street, NW
Harriet Tubman Women's Shelter
Phone: (202) 547-1924
Address: 1900 Massachusetts Ave SE
Washington, DC 20003
Hours: 7p-7a
Eligibility: homeless women

Hermano Pedro Day Shelter
Phone: (202) 246-6643
Address: Sacred Heart Parish, 3211 Pine Street, NW
Washington, DC 20010
Hours: M-F 7:30 am - 4:00 pm
Eligibility: Homeless and other low-income men and women
Services: Serves breakfast and lunch, showers, laundry and clothing. Bilingual social services and group therapy.

DC General Hypothermia Shelter
Phone: 1-800-535-7252
Hours: 7pm-7am daily
Residents: 75
Eligibility: homeless

Coalition for the Homeless
Phone: (202) 347-8870
Address: 1234 Massachusetts Ave., NW, Suite C-1015
Washington, DC 20005
Hours: M-F 9am-5pm; Shelter 24hrs, 7 days a week.
Number of Residents: 150 women, 900 men (approx.)
Services: Medical services and HIV testing. Clean and sober department. Infirmary unit. Men only.
Eligibility: Permanent 24 hr shelter for adults. Stay approx. 6 months.
Admission Process: Men on sundays at 6am. Elderly (over 50), women and handicapped on a daily basis – call ahead of time.
Dwelling Place for Abused Elderly
Phone: (202) 583-7602
Address: 2812 Pennsylvania, SE
         Washington, DC 20020
Hours: 24/7
Residents: 7
Services: temporary shelter with social services, clothing, medical and dental services, housing assistance, counseling, crisis intervention, transportation and educational services
Eligibility: must be 60 years or older, be a DC resident and able to use steps. Referrals and proof of residency required. By appointment only.

Courtney’s House
Phone: (202) 276-4487
Address: Opening soon
Hours: 24/7
Residents: 10
Services: long-term shelter for sex trafficked girls between the ages of 11 and 17 years

Community of Hope
Phone: (202) 232-7356
(202) 724-4208 (Central Intake Office)
Address: 2250 Champlaign Street, NW, Washington, DC 20009
Hours: M-W 9 a.m. - 5p.m.; Th 1- 8p.m.; F 9 a.m. – 12 p.m.
Intake: Families (small families only). Referrals done through
Services: Case management, housing aid, and substance abuse.
Website: www.communityofhopedc.org
Email: info@communityofhopedc.org

House of Ruth Homeless Shelter
Phone: (202) 667-7001
Address: S Thomas Circle, NW
Hours: Open 24 hrs
No. of Residents: 64
Eligibility: Adult homeless women. Length of stay based on individual situation. Emergency Shelter.
Admission: Walk-in first come, first served at 4:30 p.m.. Case workers must call for eligibility before sending a client.
Services: Breakfast, case workers, etc. Can give references to other programs such as Mother's Program, Unity Inn, and Battered Women’s shelter. Counseling and support groups for women staying in the shelter. Dinner is served from 4:30-5p.m.. Empowerment Center is open 9-3:30 M-F. The activities there include field trips, arts and crafts and movies. Provide meals, health clinic on site, day program, therapeutic activities, and services.
Website: www.houseofruth.org

Mt. Carmel
*not an emergency shelter
Phone: (202) 289-6315
Address: 471 G Place NW
Hours: 24 hours
Number of Residents: 20
Eligibility: 25 and older biological women in transition. Must be clean and sober. Must be referred to case manager if not an emergency. Social workers available to help women. Substance abuse counselor available. Can stay up to 90 days.
Admission Process: Intake by interview (2).
Spanish/Deaf: None.

My Sister's Place
Phone: (202) 529-5261
Hotline: (202) 529-5991
Address: P.O. Box 29596, Washington, DC 20017
Hours: 24 hrs
Number of Residents: 24 women
Eligibility: Battered women and children, sons to age 12. Must be clean and sober.
Admission Process: Intake over phone on hotline.
Services: Emergency shelter. Assist women with finding jobs, apartments, anything they would need to get back on their feet. Will help with getting kids to school, finding daycare etc. Also has a counseling center.
Spanish/Deaf: Spanish, ASL interpreters provided - varies.
Website: www.mysistersplaceldc.org

Open Doors Shelter for Women
Phone: (202) 639-8093
Case Management Office: (202) 408-9584
Address: 425 2nd Street, NW
Washington, DC 20001
Hours: 24 hrs
Residents: 108
Services: 18 24-hour beds with case management for women
Website: http://www.newhopeministriesdc.org/id3.html

Virginia Williams Family Resource Center
Phone: (202) 526-0017
Address: 920 A Rhode Island Avenue, NE
Hours: Monday-Friday 8:15 a.m. - 4:45 p.m.
Services: Must come FIRST thing in the morning for central intake facility for DC families seeking shelter. Employment, training and placement offered. Social services available.
Eligibility: Need ID, SS# and a letter explaining living circumstances.
Spanish/Deaf: Spanish and interpreters for deaf

BETHANY CENTER does all intakes for Luther Place, Harriet Tubman, Sarah House, and Anna Center. To enter any of these program you must go through
Bethany Center first.

**Bethany Day Center**
- **Phone:** (202) 939-2076
- **Fax:** (202) 319-1508
- **Address:** 1333 N St., NW
  - Washington, DC 20005
- **Hours:** Monday-Friday 7:30 am– 4pm, Sat-Sun & Holidays 9am-4pm
- **Eligibility:** Adult women. Day program which provides support groups. RAP group and teen support group. Also have a women’s Substance abuse issues group: 3 meetings a week at the church across the street. Also provide lunch, counseling, and case management.
- **Web:** http://www.nstreetvillage.org/
- **Email:** info@nstreetvillage.org

Referrals for Anna Center, Harriet Tubman, Luther Place, and Sarah House.

**Luther Place Night Shelter**
- **Phone:** (202) 387-5464
- **Address:** 1333 N St, NW
- **Hours:** M-F 4p.m.-7:30am, Sat-Sun 4p.m.-9am
- **Number of Residents:** 31
- **Eligibility:** Adult single, homeless women. To get into the night shelter the woman must have a recent physical exam (the center can help set that up). If the woman is in recovery from substance abuse she must be in a program; if the woman has mental health issues, she is not required to see a psychiatrist, decisions made on a case by case basis. TB test must be done within two weeks prior to intake. Can get one M-F 10 a.m. -12p.m.
- **Admission:** Must call **Bethany Center (202) 939-2060** before 3p.m. for intake.
  - Must also go to Bethany in person after call.
- **Services:** Include dinner, which is served from 7 - 7:30 p.m. and breakfast on the weekends at 7 a.m. and on weekdays 6 – 7 a.m. at the center across the street.
- **Spanish/Deaf:** None

**Women’s Shelters - Maryland**

**Bethesda House**
- **Phone:** (301) 907-9597
- **Address:** 4848 Cordell Avenue
  - Bethesda, MD 20814
- **Hours:** 24/7
- **Services:** shelter, 3 meals, case management
- **Eligibility:** referrals required from Montgomery County Government, ID and proof of residency required

**Community Ministry of Prince George’s County**
- **Phone:** (301) 499-2319
- **Address:** 311 68th Place
Family Crisis Shelter, Inc. of Prince George’s County
Address: 3601 Taylor St., Brentwood, MD 20722
Office Number: (301) 779-2100
Office Hours: Monday-Friday 8:30a.m.-5:00p.m.
Group Hours: Monday-Wednesday & Friday 8:30a.m.-9:00p.m. Thursday 8:30a.m.-7:00p.m.
Hotline: (301) 731-1203 -24 hours
Fax: (301) 779-2104

Montgomery County Crisis Center
Phone: (240) 777-4000 (Administrative line for 9 a.m.-5p.m.)
TTY: (240) 777-4815
Address: 1301 Piccard Drive, Rockville, MD 20850
24 hr Hotline (7 days): (240) 777-4000
24 hr Sexual Assault Services/Crisis Line: (240) 777-4000
Mobile Crisis Team (Daily 12p.m.-midnight): (240) 777-4000
Sexual Assault Programs-Admin Line: (240) 777-1355
Abused Person's Programs/Intakes (9-5): (240) 777-4195
24 hr Abused Person’s Programs/Crisis Line: (240) 777-4673
Hours: 24 hrs
Fees: Sliding scale. First visit is free.
Services: First visit anyone, continuing services for Montgomery County residents ONLY. Crisis line and walk-in services. Counseling, legal advice (need appointment), assessment and referrals for abused persons, sexual assault services and companion services (need appointment), emergency shelter for abused women. Also have abused person’s program. Referral services available. Crisis intervention. Outreach for stress debriefing. For traumatic incidents outreach to community.
Spanish/Deaf: Spanish speaking therapist on staff. Have access to ASL interpreters.

Stepping Stones Shelter
Phone: (301) 251-0567
Address: P.O. Box 712
Rockville, MD 20848
Hours: 9am-5pm M-F
Services: food, clothing, case management
Eligibility: women or men with children
Website: www.steppingstonesshelter.org

Women’s Shelters - Virginia
Alexandria Battered Women’s Shelter
Phone: (703) 838-4911
Alexandria Office on Women
Phone: (703) 838-5030
24 hr. Hotline: (703) 683-RAPE Sexual Assault Hotline
(703) 838-4911 Domestic Violence Hotline
Address: 421 King Street Suite 400, Alexandria, VA 22314
Hours: 8:30-5p.m. (office)
Number of Residents: 14
Eligibility: For Alexandria Residents only. Domestic Violence Program and Shelter for battered women and children (boys under 14 or through 17 on case by case basis). Maximum stay: 28 days.
Admission Process: Intake over phone.
Spanish/Deaf: Counseling and support groups available for Hispanic women and abusers. The Domestic Crisis Line has access to Spanish interpreters.
Website: ct.alexandria.va.us/oow

ALIVE! House
Phone: (703) 684-1430
Address: 125 South Payne Street
Alexandria, VA 22314
Hours: 24/7 (services), 9am-5pm (business hrs)
Services: emergency shelter, handicap accessible
Eligibility: serves women and families only (no single men). No walk-ins.

Arlington Safe House for Battered Women and Children
Phone: (703) 237-0881

Bethany House for Battered Spouses
Phone: (703) 658-9500
Fax: (703) 658-9522
Address: 6121 Lincolnia Road, Suite 303, Alexandria, VA 22312
Hours: M-F 9 a.m. -5:30p.m. (office)
Number of Residents: 45
Eligibility: Battered women and their children (girls up to 16 years old and boys up to 12 years old).
Services: Provide long-term housing (4-6 months max. stay), counseling, support groups, etc.
Intake: Must call Administrative office for an interview.
Spanish/Deaf: No services available.
Website: www.bhnv.org

Fairfax County Women’s Shelter
Business and Hotline: (703) 435-4940
TTY: (703) 435-1235
Fax: (703) 435-4940
Mailing Address: 1850 Cameron Glen Drive, Suite 600, Reston, VA 20190
Hours: 24hrs.
Number of Residents: 17
Eligibility: Battered women and their children. Maximum stay is 21 days. Residents or those that live or work in Fairfax County only. Exceptions depending on space and circumstances.
Admission Process: Must call for telephone screening. Information is confidential.
Additional Services: Individual and group counseling is required by residents.
Spanish/Deaf: Translators and language lines as needed

Volunteers of American Chesapeake, Inc.
Phone: (703) 820-7623  
Address: Baileys Crossroads Community Shelter  
3525 Moncure Avenue  
Falls Church, VA 22041  
Hours: 24/7  
Residents: 50  
Services: 24 hour shelter with meals, social services, clothing, public health nurse, mental health counseling, substance abuse counseling, adult education classes, aftercare program  
Eligibility: referrals may be required, call for bed availability, single adults (18+)

Teen Shelters - District of Columbia  
*As a general rule, parents or guardians will be contacted if the stay is longer than 24 hours.

**Girls and Boys Town of Washington**  
Phone: (202) 832-7343  
National Hotline: 1-800-448-3000  
Address: 4801 Sargent Road, NE  
Washington, DC 20017  
Hours: M-F 8:30am-5:30pm  
Residents: 16, wheelchair accessible  
Eligibility: boys and girls ages 9-18  
Website: www.boystownwashingtondc.org

**Sasha Bruce House**  
Business: (202) 546-4900  
Hotline: (202) 547-7777  
Shelter: 1022 Maryland Ave, NE DC  
Address: 741 8th Street SE, Washington, DC  
Hours: 24hrs  
Number of Residents: 15  
Eligibility: Will accept MD, VA and DC residents. Co-ed teen facility for ages 12-17. Parents are contacted within 72 hours. Maximum stay is 2 weeks (but can be prolonged if necessary).  
Admission Process: Walk-in or over the phone. Need parental consent and always require family to participate.  
Spanish/Deaf: Access to both Spanish and ASL interpreters.  
Website: www.sashabruce.org  
Email: gjohnson@sashabruce.org

Teen Shelters - Maryland

**Hearts and Homes for Youth, Inc.**  
Phone: (301) 589-8444  
Address: 1320 Fenwick Lane, Suite 800, Silver Spring, MD  
Hours: Monday-Friday 9a-5p  
Website: www.hh4y.org
Teen Shelters - Virginia

**Alternative House**

Phone: (703) 356-6360  
1-800-SAY TEEN

Address: 2100 Gallows Rd, Vienna VA 22182

Hours: 24hrs

Number of Residents: 8

Eligibility: Accepts Metro area residents. 13-17 years (18 spec. circumstances) Co-ed teen shelter. Maximum stay is 2 weeks. Offers individual, group, and family counseling. In case of abuse, CPS is contacted. Otherwise parents contacted for permission to stay.

Admission Process: Over-the-phone and in-person intake.

Other Services: Provides recreational activities and outings. Referrals to foster homes and the Keller Center for substance abuse. Also walk-in counseling (no walk-ins for the shelter).

Spanish/Deaf: No services Available

Website: www.thealternativehouse.org

**Assisting Young Mothers (AYM)**

Phone: (703) 280-2162

Address: 2710 Elsmore Street  
Fairfax, VA 22031

Services: 18-month transitional living, group home provides food, shelter, counseling, support.

Eligibility: women 18-21 and their children, must be pregnant and parenting mothers (children must be 4 or younger), women must work or attend school

SHELTERS FOR THE HOMELESS

*See also: Health Care for the Homeless*

**Main S.O.M.E.**

*central office for all S.O.M.E. shelters*

Phone: (202) 797-8806

Address: 71 O St NW  
Washington, DC 20001-1290

Hours: Monday - Friday 8:00-4:00pm  
Monday - Friday 8-5pm (clinic)

Eligibility: Low-income or homeless individuals and families.

Intake: Walk-in

Services: Housing for families in need. Breakfast served from 7:30 to 8:30am and lunch from 11:30-1p.m.. Main Some also has a medical clinic, a dental office, clothing and shower rooms, a center for employment training and social services. Substance abuse treatment, both in- and out-patient.

**SOME Anna Cooper House**

Phone: (202) 328-6644

Address: 1338 R St. NW DC 20009-6644

Services: 50 rooms of temporary, long-term housing. All housing is drug and alcohol free.
Both Jeremiah and Anna Cooper houses are subsidized by HUD, tenants pay 30% of their income for rent.

Intakes: Terina Williams -- (202) 328-6644

SOME Dwelling Place
Main Office: (202) 582-7138
Shelter: (202) 583-7602
Address: 2812 Pennsylvania Ave. SE DC 20020-7138
Hours: Shelter is open 24 hours
Senior Center hours - M-F 10-2p.m.
Services: Senior Center is a day program for senior citizens over 60, living in the community. Provides social work services, counseling, meals, health education services, recreation and transportation.
Intake: walk-in
Contact: Senior Center—Edwinta Jenkins
Shelter—David Lamason

*The Shelter is for abused elderly over 60. It is a transitional shelter for 7 senior citizens who have been battered, neglected or psychologically abused. Max. stay is 90 days or until housing is found. Intake for shelter by referral, contact David Lamason

SOME Harvest House
Phone: (202) 292-4403
Address: 1307 1st Street, NW, Washington, DC 20001
Hours: 24 hr. Program.
Office Hours: M-F 8:30 a.m. -4:30 p.m.
Number of Residents: 12
Services: The Harvest House is a transitional place for women who have completed the 90 day in-patient program for drug abuse. The home stresses recovery first and then employment. The stay is 4 months.
Intake: Referrals only.
Contact: Program coordinator or Addictions counselor.

SOME Jeremiah House
Phone: (202) 292-4401
Address: #2 18th St. SE DC 20003-1605
Services: Housing for single adults (Sub., Section 8)
Intakes: Over the telephone as well as a follow-up interview.

SOME Jordan House
Phone: (202) 526-8491
Address: 1509 North Capitol Street, NE Washington, DC 20002
Fax: (202) 526-0564
Hours: 24 hr. program
Services: Residential treatment program for DC residents experiencing psychiatric crises.

SOME Shalom House
Phone: (202) 832-3451
Address: 1876 4th St. NE DC 20002-1575
Services: Residence for 93 formerly homeless men and women, including the elderly and the disabled. Must be capable of independent living. Must pay rent with a stable income. Must be clean and sober for at least 6 months.
Intakes: Pre-screening over the phone and interview needed.
Contact: James Edelin and Deena Bubrich
SOME Thea Bowman House

Phone: (202) 292-4485
Address: 4065 Minnesota Avenue, NE DC 20019-3503
Services: Offers transitional (max. 2 years), affordable housing to formerly homeless families only. Must have had 6 months of treatment if an (former) addict. Low income housing for families in transition or in a documented housing crisis. Rent is 30% of net income.
Intake: Contact coordinator: Portia M-Laws, 8:30 a.m. -4:30p.m.

Other Homeless Shelters

Isaiah House
Phone: (202) 797-8806 extension: 269
Address: 75 Hanover Place NW DC
Hours: M-F 8 a.m. -4p.m.
Services: For Men and Women. This is a therapeutic day program for homeless people who are mentally ill. Offers social work services, counseling, educational programs, and recreation. Socializing program.

Unity Health Care Medical Clinic and Social Work Department
(CCNV Social Work Office)
Phone: (202) 393-2290
Hours: 24 hours
Services: Provides social workers and counseling to women and men

SOUTH ASIAN WOMEN SERVICES
Therapy and Mental Health

CHAI (Counselors Helping South Asians/Indians, INC.
Phone: (443) 615-1355
Services: CHAI is a non profit organization that provides information and referrals to the South Asian community for therapy as well as outreach materials on mental health in the Baltimore/Washington metropolitan area.
Website: www.chaicounselors.org/

SPANISH SERVICES
Spanish Services - AIDS Services

Center for Disease Control (CDC) AIDS Line
Phone: 1-800-344-7432
Hours: 24/7

National AIDS (& STI) Information Clearing House
Phone: 1-800-344-7432
Hours: 7 days; 8a-2a
Services: Referrals, information on treatment and clinical trials.

Prevention Information Network
Phone: 1-800-458-5231
Hours: M-F: 9 a.m. -8p.m.
Services: Referrals, information on treatment & clinical trials.

Spanish Services - Child Care

Barbara Chambers Day Care Center
Phone: (202) 387-6755
(202)387-0214
Address: 1470 Irving St. NW. Washington, DC 20010
Hours: M-F 7 a.m. -6p.m.
Fees: $125 per week/ $500 per month
Services: Day care for children ages 2 ½-5 yrs. Also for children 5-14 before and after school hours. There are 31 slots available through the Department of Human Services- these slots are available on a sliding scale. 3 meals free. Non-traditional child care 6m-10p.m. Mon-Fri.
Website: www.barbarachambers.org

Family Place, The
(for pregnant women and parents with children under 3).
Phone: (202) 265-0149
Address: 3309 16th St. NW Washington, DC 20010
Hours: M-F: 8:30 a.m. -5p.m.
Fees: Free
Services: For pregnant women and parents with children under 3. Family support services, domestic violence, pre-natal classes, and parenting discussions. Also do referrals. Serve lunch from 12-1 p.m. Intakes are done when they come in for the first time.
Website: www.thefamilyplacedc.org

GAP (Centro de Cuidado Infantil)
Phone: (202) 462-3636
Address: 3636 16th St. NW. Suite A-131. Washington, DC 20010
Hours: 7 a.m. -6p.m.
Fees: $240/week for children up to age 2yrs. $210/week for children 2-4yrs. Accept DHS contracts and vouchers.
Services: Day care for children 6 wks to 4 yrs.
Website: www.gapccc.org

Latin American Youth Center
Phone: (202) 319-2225
Address: 1419 Columbia Rd., NW. Washington, DC 20009
Hours: 8 a.m. -8p.m., Teen Center, M-F, Saturday 10am-5pm
Fees: Free
Services: After school programs for youth 7-21. English classes, computer classes, AmeriCorps, job placement, and clerical training. Social services, program for teen mothers. Transitional living program for boys.
Website: www.layc-dc.org
Mary’s Center for Maternal and Child Care

Main Phone: 202-483-8196
Phone: (202) 483-8196
Fax: (202) 797-2628
Address: 2333 Ontario Rd, NW Washington, D.C. 20009
508 Kennedy Street, N.W. Washington, D.C. 20011
Hours: M-F 8:30-5p.m., call for appointment
Fees: sliding scale, accept Medicaid.
Also offer parenting classes, family literacy programs and STI prevention.
Website: www.maryscenter.org
Email: info@maryscenter.org

Rosemount Center

Phone: (202) 265-9885
Fax: (202) 265-2636
Address: 2000 Rosemont Ave. NW, Washington, DC 20010
Hours: M-F 7:30 a.m. -6:00p.m.
Fees: sliding scale
Services: Infant, toddler, and preschool programs. Therapeutic nursery, and case management. Daycare.
Intakes: Through social services.
Website: www.rosemountcenter.com

Spanish Services - Domestic Violence

Alexandria Office on Women Domestic Violence Program

Phone: (703) 838-5030
Spanish/English 24-hrs. Hotline: (703) 838-4911
Address: 421 King St, Suite 400, Alexandria, VA
Hours: Monday – Friday 8:00a.m.- 5:00p.m.
Fees: Free

Spanish Services - Education Services

Change, Inc.

Phone: (202) 387-3725
Address: 1413 Parks Rd. NW
Hours: Monday – Friday 9:00 a.m. -5:30p.m.
Fees: Free
Services: Programs in nutrition, income management, housing, health, and employment education. Provide counseling and referrals about health programs and services (particularly HIV and substance abuse). Have a translator for Spanish, French and Portuguese clients. Computer classes.
Educational Organization for United Latin Americans (EOFULA)
Phone: (202) 483-5800
Fax: (202) 588-5806
Address: 1842 Carver Street, NW
Washington, DC 20009
Hours: Monday-Friday 9:00 a.m. -5:00p.m.

Latin American Youth Center
Phone: (202) 319-2225
Fax: (202) 462-5696
Address: 1419 Columbia Road, NW Washington, DC 20009
Services: Advocacy, substance abuse prevention and treatment, case management,
counseling, crisis intervention, housing, tutoring assistance.
Website: www.layc-dc.org

Spanish Services - Housing Assistance

Coalition for the Homeless
Phone: (202) 347-8870
La Casa (202) 673-3592 (All-male shelter)
Coalition: 1234 Massachusetts Ave, NW, Suite C1015, WDC 20005
Shelter: 1436 Irving Street, NW (emergency shelter for men only)
Hours: Monday-Friday 9:00 a.m. -5:00p.m.
Fees: Free.
Services: Emergency shelter and 2 transitional houses for MEN. Two transitional homes
for substance abusers. Veterans are given priority in one of the homes. Family
shelters. Case workers will refer people. La Casa (the male shelter) has 25
emergency beds, the rest are transitional.
Website: www.dccfh.org

Housing Counseling Services
Phone: (202)667-7007
Address: 2410 17th Street. NW. Suite 100
Washington, DC 20009
Hours: Monday –Friday 8:00 a.m.- 5:00p.m.
Fees: Free.
Services: Help with housing problems such as landlord/tenant problems, late mortgage
payments, and credit. Assist with first time home buyers. Advocacy, provides
training workshops.
Website: www.housingetc.org

Spanish Services - Legal Assistance

Ayuda, Inc.
Phone: (202) 387-4848
(See also Legal section for more information)
Address: 1707 Kalorama Road, NW
Hours: Monday- Friday 9:00 a.m. -5:00 p.m.
Fees: $20 consultations
Services: Immigration and domestic violence cases for Latina women. Offers legal assistance, and referrals.
Hermanas Unidas is a support group for battered Latina women. No legal advice is given over the
phone, you must make an appointment.
Carecen
Phone: (202) 328-9799
Fax: (202) 328-7894
Address: 1460 Columbia Rd, NW
Washington, DC 20009
Hours: Monday-Friday 9:00a.m.-5:00p.m.; consultations: Monday-Friday 9:00a.m.-5:00p.m. first come, first serve
Fees: $15
Services: Services for Latino Americans only. Limited help with immigration applications. Mostly handle cases involving Protective Status for Salvadorans. One stop service-filling out employment forms, Medicaid application and assist with translation. Also provides citizenship training and classes
Spanish: Yes
Web: www.carecendc.org

National Center for Victims of Crime
Phone: (800) FYI-CALL
TTY: (800) 211-7996
Services: Referrals for counseling, legal assistance, support groups, and victim’s compensation.

Neighborhood Legal Services Program
Northeast/ Northwest Office
Address: 701 4th St., NW. Washington, DC 20001
Phone: (202) 269-5100
Hours: Monday – Friday 9:00a.m.- 4:30p.m.
Southeast/ Southwest Office
Address: 3101 Marin Luther King Ave. SE. Washington, DC 20032
Phone: (202) 678-2000
Hours: Monday – Friday 9:00a.m.- 4:30p.m
Fees: Free to income eligible clients
Services: Civil litigation, non-criminal, divorces, no custody cases unless part of divorce. Also deal with Social Security, Medicare, Medicaid, AFDC and food stamp denial cases. Housing cases-landlord/tenant. No child support unless part of divorce case.
Website: www.nlsp.org

SPANISH SERVICES – MEDICAL & MENTAL HEALTH CLINICS

Andromeda
Phone: (202) 291-4707
Hotline: (202) 291-9100
Address: 1400 Decatur St. NW
Hours: Monday - Friday 9:00 a.m. -5:00p.m.
Fees: $50 per visit. Sliding Scale. Insurance accepted.
Services: Center for counseling substance abusers, refugees, child abuse, HIV (confidential), and referrals. They also have marriage, group, and individual counseling.
Intake: call for an appointment
Insurance: Medicare, Medicaid accepted.
Website: www.andromedahealthcenter.org
Clinica del Pueblo

Phone: (202) 462-4788
Address: 2831 15th Street, NW
Hours: Monday, Tuesday, Thursday, Friday 8:30 a.m.-5:00 p.m.
       Wednesday 2:00 p.m.-8:00 p.m.
Fees: Free ($10 donation accepted)
Services: Provides general medical care, primarily to the Latino-American community. Free HIV testing and counseling (both confidential and anonymous). Develops woman and family programs as well as mental health programs. Teen clinic. By appointment ONLY.
Waiting Period: often 4-5 weeks.
Website: www.lcdp.org

Multicultural Clinical Centers

Phone: (703) 354-0000
Address: 6563 Edsall Rd. Springfield, VA 22151
Hours: M-F 9-5 p.m. (office)
       Evenings and Weekends (Psychotherapy)
Fees: Flat fee ($75 for therapy)
Services: All types of counseling, emphasizes importance of culture in responding to crisis/therapy. Homebase counseling (go to patient’s home do counseling).
Spanish/Deaf: Spanish, Cambodian, Farsi, French, Hebrew, Indian, Korean, Portuguese, Vietnamese, Iranian, Pakistani, etc.
Website: www.mccva.com

Multicultural Services Division

Phone: (202) 673-2058
Address: 1250 U St. NW
Hours: M-F 8:30 a.m.-5:00 p.m.
Fees: sliding scale and insurance
Services: Psychiatric and counseling services.
Spanish/Deaf: English, Spanish and French speakers available.

Planned Parenthood – see entries in Abortion for more details

Phone: (202) 347-8512
Address: 1108 16th St. NW DC:
Phone: (301) 608-3448
Address: 1400 Spring St. Suite 450, Silver Spring MD:
Phone: (703) 533-5651
Address: 370 S. Washington St., Falls Church, VA:
Hours: Monday-Friday 9:00 a.m.-5:00 p.m., but may differ on certain days
Fees: sliding scale
Services: All Gynecological services.

Sacred Heart Community Center

Phone: (202) 234-8000
Address: 16th St. and Park NW
Hours: Monday- Friday 9:00 a.m.-5:00 p.m.
Services: Distributes food to needy families. Works in conjunction with the Hispanic Catholic Center with referrals.
Spanish Catholic Center
Phone: (202) 939-2437
Dental: (202) 939-2423
Medical, Social Services, Employment, Immigration: (202) 939-2400
Address: 1618 Monroe St. NW, Washington DC 20009
Hours: Monday -Friday 8:30-5:00p.m.
Fee: Sliding scale. Medical and dental only uninsured.
Services: Medical and dental clinic. Social & employment Food distribution, legal counseling, immigration counseling. Intake by appointment only.

Upper Cardozo Health Center
Phone: (202) 745-4300
Address: 3020 14th St NW (Upper Cardozo)
Hours: Monday 8:00a.m.-7:30p.m. Tuesday - Friday 8:00a.m.- 5:00p.m. Wednesday (HEALTH CENTER) 10:00A.M.-7:00P.M.
Fees: Sliding scale, depending on income.
Services: Pediatrics, OBGYN, internal medicine, podiatry, dental services, WIC, and social workers. Provide services for homeless people.
Insurance: Medicaid, Medicare, some private.

Whitman-Walker Clinic
Phone: (202) 797-3500
Address: 1701 14th St., NW
Hours: Monday-Friday 9:00 a.m. -6:00p.m.
Fees: Income based
Services: Variety of services for gays and lesbians: medical, legal, housing, substance abuse, education, and HIV counseling.
STALKING

National Center for Victims of Crime
Phone: 1-800-FYI-CALL
Services: Provides referrals for counseling and legal assistance.

Victim Assistance Network of Fairfax County
Hotline: (703) 360-7273
TTY: (703) 435-1235
Address: 8119 Holland Rd., Alexandria, VA 22306
South County Center: 8350 Richmond Highway, Suite 507
Alexandria, VA 22309
Email: fcvan@erols.com
Website: www.fcdvc.org/van.htm
Hours: 24 hour hotline.
Services: Referrals, legal assistance, counseling, and support on what to do if your being stalked. Educational programs. Sexual abuse, domestic violence, one on one and group counseling. Provide referral services for incest survivors.
SUICIDE PREVENTION

*You can also call 911

Suicide Prevention – District of Columbia

Comprehensive Psychiatric Emergency Program
(Formally: Emergency Psychological Response Division)
Phone: (202) 673-9319
Crisis Hotline: (888) 793-4357

Suicide Prevention – Maryland

Baltimore Hotline:
24 hr hotline: (410) 752-2272

Community Crisis Services
Hotline: (301) 864-7161

Hyattsville Hotline:
24 hr hotline: (301) 864-7130

Montgomery County Hotline
24 hr hotline: (301) 738-2255
Business: (240) 777-4000

Prince George’s County Hotline:
24 hr hotline: (301) 864-7161

Suicide Prevention – Virginia

CrisisLink (Northern VA Hotline):
24 hr hotline: (703) 527-4077

Prince William County:
24 hr hotline: (703) 368-4141

Norfolk:
24 hr hotline: (757) 622-1126

Roanoke:
24 hr hotline: (540) 344-1948
SUPPORT GROUPS

DC Rape Crisis Center
Business: (202) 232-0789
Hotline: (202) 333-RAPE
Services: Offers Support Groups throughout the year for rape survivors, adults sexually abused as children, and for women in recovery from drug and/or alcohol abuse.

Sexual Assault Center
Phone: (301) 618-3154
Address: Prince George’s Hospital Center
PG Sexual Assault Center
3001 Hospital Drive
Cheverly, MD 20785
Services: Provide support group for PG County teens and parents who have been sexually assaulted in PG County. Ongoing, free, individual therapy. Also do forensic exams and have SANE nurses on staff.

SOS (Support Our Survivors) Center
Main Office: (202) 299-1181
Court Advocacy: (202) 879-7851
(202) 879-7857
SOS Center: (202) 889-8878
Hours: Monday-Friday 9:00 a.m.-5:00 p.m. (court advocacy hours 8:30 a.m.-4:30 p.m.)
Fees: FREE
Services: Support for survivors of domestic violence. Case management and resource referrals, crisis intervention, assistance with emergency needs and help with transportation expenses (limited).
Intake: Over the phone or in person
Website: www.dccadv.org

Survivors of Sexual Assault Group
Phone: (703) 746-5030
24 hr. hotline: (703) 683-7273
Address: Office on Women, 421 King Street, Suite 400, Alexandria, VA 22314
Services: Free of charge for Alexandria residents or those raped within the city limits. Incest and rape survivor groups. Designed for women no longer in crisis but who want mutual support in rebuilding their lives. They have a group for adult survivors of sexual assault, a group for adult survivors of CSA, a group for adolescent survivors of sexual assault, and a group for partners of survivors of sexual assault.

Women’s Support Groups
24 hr. hotline: (703) 360-7273
Fairfax County Victim Assistance Network: (703) 704-6727
Services: Free support groups for female survivors of non-incest sexual abuse & domestic violence. They have sexual assault therapists. Free individual therapy for survivors of sexual assault and/or domestic violence. Free educational prevention programs.

Women’s Center, The
Phone: (703) 281-2657
Address: 133 Park St., NE, Vienna VA 22180
Services: counseling, group therapy, incest survivors group, experts in domestic violence mediation, workshops, classes (assertiveness training), etc.
Fee: $45 for non-licensed, $75-100 for licensed, depending on therapist.
Contact: Janet Kimberling (Clinical Director)
        Jane Delpopolo—group coordinator (703-281-4928 x307)
Website: www.thewomenscenter.org

Women's Center (Washington, D.C.)
Phone: (202) 293-4580
Address: 1101 15th St, NW, Suite 202, Washington, DC 20005
Fees: Sliding Scale; also call for information
Licensed Therapist: $81
Non-licensed: $41
Services: Group Counseling, Individual counseling. Personal Growth education programs.
Website: www.thewomenscenter.org
Spanish/Deaf: Spanish speaking counselors available.

ADOLESCENT SUPPORT GROUPS

Child Protection Services
Phone: (202) 884-4950
Medical appointment and inquiry line: (202) 884-4100
Address: 111 Michigan Ave. (Children's Hospital)
Services: Therapy group for teenage girls (ages 14-17). Also treat male survivors and juvenile offenders. Groups meet weekly (there is a fee).
Fee: They take insurance and Medicaid.
Contact: Dr. Herman Tolbert
        Section 6717

Metro Teen AIDS
Phone: (202) 543-9355
Address: 651 Pennsylvania Ave., SE. Washington, DC 20003
Hours: Monday-Friday: 9:00a.m-5:00p.m.
Drop-in center is open late afternoon and evenings (4-8 p.m.)
Services: Provide support and information for adolescents who are HIV+. Focus on HIV/AIDS prevention and education. A variety of support groups are offered.
Website: www.metroteenaids.org

Support Groups for Teens
Phone: (703) 281-2657
Address: The Women's Center, 133 Park Street, NE, Vienna, VA. 22180
Topics Include: Eating disorders, drugs and alcohol, school performance, adult children of dysfunctional families, men's groups, health groups, surviving betrayal which focuses on dealing with anger and shock. Individual and career counseling. Call for appointment with Jane Delpopolo.
Fee: Depends on therapist.

CHILD SEXUAL ASSAULT (CSA)/INCEST SURVIVORS SUPPORT GROUPS
**Adult Survivors of Abuse**

**Phone:** (202) 885-5752  
**Address:** The Center for Post-Traumatic and Associative Disorders, Psychiatric Institute, 4228 Wisconsin Ave NW  
**Services:** Community education groups for adult survivors of CSA. 1 women's group, 1 men's group, 1 group for partners.

**Manassas Family Counseling Center**

**Phone:** (703) 368-1683  
**Address:** 8421 Dorsey Circle suite 102 Manassas, VA  
**Services:** All kinds of group therapy available off and on.  
**Contact:** Dr. William McGlotwin

**Survivors of Incest Anonymous**

**Phone:** (410) 893-3322  
**Address:** PO box 190 Benson, MD 21018  
**Services:** Information line and weekly groups. 18 and older, abuse occurred prior to 18. 12 step program for women and men who were abused or think they were abused as children. Many different groups such as men only, women only, women and men. Call for schedule and contact person.  
**Website:** www.siawso.org

**Survivors of Sexual Abuse Group (Women’s Center)**

**Phone:** (703) 281-2657  
**Address:** 133 Park St. NE, Vienna, VA 22180  
**Services:** Groups meet once/week for 1 ½ hours. Individual counseling as well.  
**Fees:** Flexible fees. Individual counseling fees vary depending on type of therapist.  
**Contact:** Intake desk  
**Spanish/Deaf:** No deaf interpreters but Spanish, Italian, Arabic, Yiddish and German available

**SEXUAL ASSAULT MALE SURVIVOR SUPPORT GROUPS**

**David O. McCall, PhD**

**Phone:** (202) 728-1166  
**Address:** 1660 L Street, NW, Suite 503  
**Hours:** M-F, 7:30 a.m. -8:00p.m.  
**Intake:** Must call for appointment  
**Services:** Therapy center and many therapists.

**OFFENDER SUPPORT GROUPS**

*NOTE: The policy of the DCRCC is to not work with offenders, whether they want to talk on the hotline or come in for counseling. We do, however, provide referrals.*

*See also: Offender Programs*
Fairfax County Victims Assistance Network

Hotline: (703) 360-7273

ADAPT (Domestic Violence Services): (703) 968-4052
Business Line: (703) 968-4000

Fee: Free for women, men and children who are domestic violence and sexual assault survivors. Offender program is 18 weeks and costs $420, there is a $60 intake charge and a $20 charge for each group.

Services: 24-hour hotline! Provide free counseling, offer support groups for domestic abuse and sexual abuse. They have a men’s and women’s program for offenders. It is 4 months long with a follow up for individuals. Call for details and location nearest.

Information: Call Business line for information about specific programs!

PARENTS OF SURVIVORS SUPPORT GROUPS

Fairfax County Victim Assistance Network

Phone: (703) 704-6727
Hotline: (703) 360-7273
TTY: (703) 799-8253

Services: Groups for parents of sexually abused kids by non-family members
Contact: Anne Van Ryzin

Institute for Individual and Family Therapy

Phone: (301) 277-3250
Address: Maryland Institute, 7307 Baltimore Avenue, Suite 208, College Park, MD 20740
Hours: 8:00 a.m. -6:00 p.m.
Fees: Limited insurance accepted, sliding scale
Services: Counseling provided, licensed psychologists and social workers, family and individual therapy, referrals, walk-ins accepted, but prefer appointments.

SURVIVOR ASSISTANCE PROGRAMS

DC Crime Victim Compensation Program

Phone: (202) 879-4236
Address: 515 5th St., NW, Rm 203, Washington, DC 20001
Hours: Monday -Friday 9:00 a.m. -5:00 p.m.
Fees: Free
Services: Assists innocent crime victims (adults and children) with crime-related expenses: medical, funeral, lost wages, etc, when there are no other funds to cover losses. Also provide reimbursement for occupational therapy and mental health expenses. This is for crimes that occurred in D.C. Also provides referrals.

**National Organization for Victim Assistance**

Phone: (703) 535-NOVA
Hot line: 1-800-TRYNOVA (1-800-879-6682) \( (703) \) 535-6682
Address: NOVA, 510 King Street, Suite 424
Alexandria, VA 22314
Hours: Monday-Friday 9:00 a.m. -6:00p.m. (varies)
Fees: Free
Spanish/Deaf: None
Website: www.trynova.org

**WOMEN’S EMPLOYMENT RESOURCES**

**DC Employment Justice Center**

Phone: (202) 828-WORK (9675)
Overflow Voicemail: (202) 659-9589
Address: 727 15th Street NW, 2nd Floor
Washington, DC 20005
Hours: Monday-Friday 9:00 a.m. -6:00p.m. W 6p.m.-8p.m., free employment and legal clinic for low income workers at Bread for the City, 1625 7th St, NW
Services: Offers support and legal advice if you feel that you are having difficulties at your place of employment. If you are a survivor and need assistance with your employer, for example, for missing work, attend the Women’s Rights clinic on the 1st and 3rd Wednesday of every month from 6p.m.-8p.m. at Bread for the City (see above).
Website: www.DCEJC.org
E-mail: justice@dcejc.org
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